

info matters



A newsletter to Medical Specialists and GPs throughout Northland, Auckland and Te Manawa Taki Midland regions

June 2025

HEALTHPOINT NEWS

www.healthpoint.co.nz

Tairāwhiti joins Healthpoint, completing Te Manawa Taki Midland region health service directory coverage

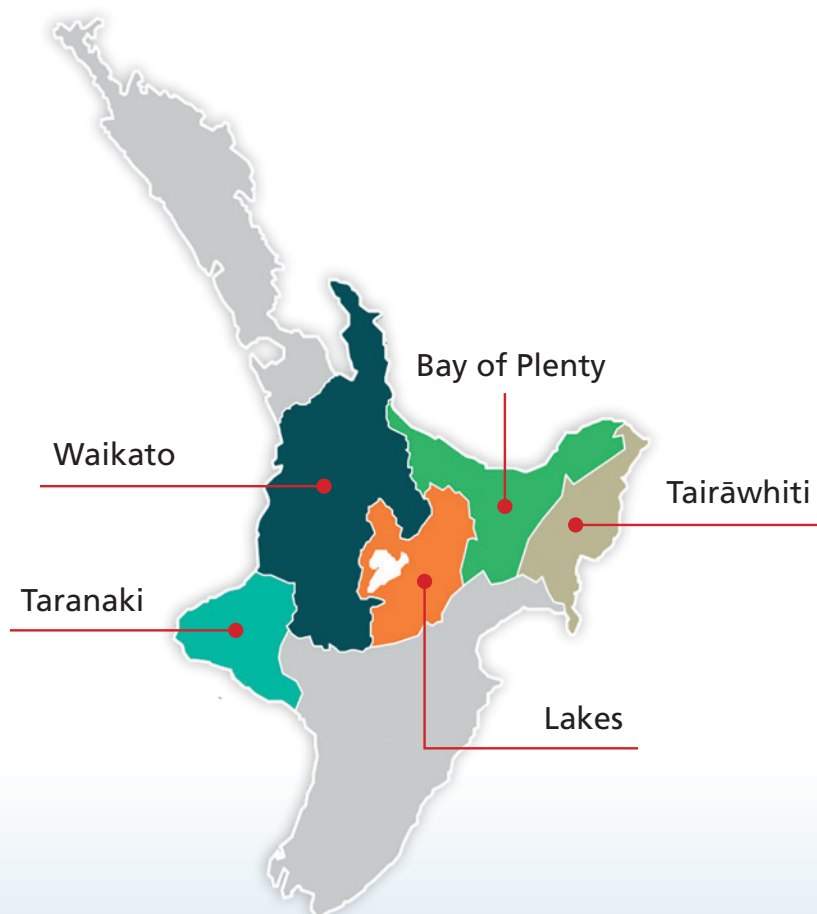
We are thrilled to announce that the Tairāwhiti district has officially joined the Healthpoint directory, marking a significant milestone in our mission to provide comprehensive healthcare information across the Te Manawa Taki region.

This expansion means that from the East Coast to the West Coast, across the entire Te Manawa Taki region, whānau and health professionals are able to search for and connect with every Health NZ funded GP, pharmacy, hospital, maternity, and community health service. This includes Hauora Māori and Pacific services too. This

integration will enhance our ability to connect whānau with holistic healthcare services across the entire region.

As we celebrate the completion of the Te Manawa Taki district coverage, we look forward to the positive impact this will have on the community. The Healthpoint directory is a testament to our commitment to improving healthcare access and quality for all residents.

We invite everyone to explore the new listings and take advantage of the wealth of information available. Together, we are building a healthier, more connected community.



KATARZYNA MACKENZIE

PLASTIC SURGEON



Katarzyna Mackenzie MD, PhD, FRACS (Plast)

Katarzyna is a New Zealand fully trained plastic, reconstructive and hand surgeon. Awarded PhD in Skin Cancer by the University of Otago and has completed prestigious fellowships in:

- Breast reconstruction, microsurgery, hand surgery at St Andrew's Centre for Plastic Surgery & Burns, Chelmsford, UK
- Breast reconstruction and microsurgery, The Royal Marsden Hospital, London, UK
- Aesthetic Breast Surgery, Banf, Canada
- Aesthetic Surgery Fellowship, London, UK

Areas of Specialisation

BREAST

Reduction/Lift
Reconstruction
Augmentation
Gynecomastia

HAND

Carpal tunnel
Cubital tunnel
Dupuytren's
Trigger finger
Ganglions
De Quervain's
Thumb base arthritis

SKIN CANCER SURGERY AND RECONSTRUCTION

Skins cancer
and melanoma

FACE

Eyelid surgery

BODY

Abdominoplasty
Liposuction
Fat Transfer
Labiaplasty

M: 0211651025 P: 0277665597

One Health Building, Level 2,
122 Remuera Rd, Auckland 1050
E: info@visageplasticsurgery.co.nz
EDI: plassurg



URGENT APPOINTMENTS AVAILABLE

Southern Cross, NIB, AIA and other
Insurance Companies Affiliated Provider

www.visageplasticsurgery.co.nz

Your patients can get moving again with our disability equipment repairs & servicing

Comprehensive repairs, modifications, and servicing of all disability equipment in Waikato, Lakes, and Bay of Plenty.



Refer your patients to our specialist team:



0800 109 433
repairs@seatingtogo.co.nz
www.seatingtogo.co.nz



Skin Cancer Doctors - Northland's Leading Private Skin Cancer Service Provider



Skin Cancer Doctors is a well-established primary care skin cancer clinic located in central Whangārei. We offer affordable and timely skin cancer care to the Northland community.

We provide your patients with expert mole and skin cancer checks using dermoscopy and digital dermoscopic imaging. Total body photography is available for high risk patients. Our doctors are passionate about early detection and timely management of both melanoma and non-melanoma skin cancers.

Our rooms are modern and comfortable with two dedicated procedure rooms for skin surgery. All our procedures are done under local anaesthetic and our competencies include skin flaps and grafts. We hold NZS 8165:2005 Rooms/Office-based surgery and procedures standard.

We remove over 1,000 skin cancers per year, over 150 of which are melanomas, thus providing a valuable service to your patients, working alongside you to address the high rates of skin cancer in our community.

We are Southern Cross Affiliated Providers and NIB first choice providers.

For appointments, please contact:

Ph: (09) 438 2188
Email: admin@skincancerdoctors.co.nz
Website: www.skincancerdoctors.co.nz
Healthlink EDI: waltonmc
Address: 11 Norfolk Street, Whangārei



Dr Shirley Wallace



Dr Christian Wieser



Dr Claire Douglas

NEW NAME. SAME HEART.



No doubt you'll have heard that one of New Zealand's largest private healthcare groups is changing its name.

MercyAscot and Mercy Radiology have been at the heart of healthcare since 1850, but our journey with the Sisters of Mercy has come to a close.

And because we believe in simplifying healthcare, we think we should also simplify our name. So we're bringing our brands together into one house.


Allevia Health. As in 'alleviate'. Born from our mission to alleviate the health concerns of our collective patients.

Still a proud New Zealand company, MercyAscot's two well-established hospitals are simply renamed Allevia Hospital Epsom and Allevia Hospital Ascot. Mercy Radiology becomes Allevia Radiology, and Mercy Breast Clinic is now Allevia Breast Institute.

We are proud of our incredible people, their dedicated level of care and our state-of-the-art technology and facilities, and it's important to us that your patients have an exceptional experience with us.

Because we believe every patient deserves *A Better Health Journey*. And you can be reassured that they are in good hands.

**Allevia
Hospitals**

Formerly
 MercyAscot

**Allevia
Radiology**

Formerly
 Mercy
Radiology

A better health journey
alleviahealth.co.nz



Kevin Huo | Vascular Sonographer

Kevin is a specialist vascular sonographer who specialises in using ultrasound technology to diagnose and monitor vascular conditions.

Vascular ultrasound is a non-invasive imaging method used to assess blood flow and detect vascular conditions. These tests are safe, painless, and provide real-time information. With short wait times for appointments and fast results, we ensure efficient and timely care for every patient.



- **Venous Incompetence Study:** Evaluates the veins in the lower limbs for valve dysfunction and reflux, which can cause swelling and chronic venous insufficiency.
- **Renal Artery Study:** Assesses blood flow to the kidneys to detect renal artery stenosis, a narrowing that can lead to high blood pressure and kidney issues.
- **Upper & Lower Limb Arterial Study:** Examines the arteries in the arms and legs to identify peripheral arterial disease (PAD). Duplex ultrasound helps detect blockages, narrowing, and aneurysms.
- **Aorta & Iliac Artery Study:** Uses duplex ultrasound to assess the abdominal aorta and iliac arteries for stenosis, plaque, or aneurysms, guiding potential interventions.

Advance Ultrasound is a Southern Cross Affiliated Provider.

For appointments please contact:

Ph: (09) 277 4495

Email: botany@advanceultrasound.co.nz

Website: www.advanceultrasound.co.nz



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Visit Dovida.co.nz



ICPMSK PROGRAMME

Careway Integrated Care Pathways Musculoskeletal (ICPMSK) is an ACC funded programme that provides injured New Zealanders with better access to great healthcare services.

- No co-payment for physiotherapy treatments
- Earlier diagnosis
- Faster time to treatment
- Easy access to healthcare services including surgery
- Quicker recovery times

Fast access to free, coordinated care

WHAT SERVICES ARE PROVIDED?

The Interdisciplinary Team (IDT) will work with your patient, as required, providing a range of quality, no cost, healthcare services to help them get better, faster:

- Orthopaedic Surgeons
- Physiotherapists
- Sports Physicians
- Psychologists
- Vocational/ Occupational Therapists
- Pain Management Specialists

EASY, FAST REFERRALS



Refer your patient to your local Orthopaedic Surgeon or Careway Physiotherapist via SR or through your usual referrals channels (just be sure to say for 'Careway')

Healthlink EDI: **carewaym**

or email: info@careway.co.nz



Find your local Careway Providers at www.careway.co.nz/providers

Contact us: info@careway.co.nz 0800 883 884

Join the friendly team at CareHQ

Are you a GP Fellow looking for a work life balance? Here's 5 reasons why CareHQ might be right for you.

- Work from anywhere, even overseas
- You choose your hours, we have a flexible roster
- Our inbox team help manage results
- Work with engaged, supportive peers with regular catch ups
- Supported by our highly skilled nurses

For more information or a confidential chat, please contact Tyler via admin@carehq.co.nz



Veronique Nicolaou – Physician/Endocrinologist

Dr Veronique Nicolaou is an experienced specialist physician and endocrinologist consulting at Allevia Specialist Centre. She brings a comprehensive background in internal medicine and endocrinology, with particular expertise in women's health, thyroid disorders (including thyroid nodules and cancer), transgender medicine, and a wide range of other endocrine conditions.



Dr Nicolaou completed her medical education at the University of the Witwatersrand in South Africa, earning her MBChB in 2002. She subsequently trained as a specialist in internal medicine (2011) and endocrinology (2014). She also holds a Master of Medicine and a PhD in the field of gestational diabetes and continues to review journal articles and publish papers.

Dr Nicolaou served as a full-time clinician with an academic role at a leading tertiary hospital in Johannesburg until she relocated to New Zealand in 2021. She worked at Whangārei Hospital, Northland, as a specialist physician and endocrinologist from 2021 to 2025 and continues to support their endocrine services remotely. In 2023, she was admitted as a Fellow of the Royal Australasian College of Physicians (Adult Medicine Division) and holds full vocational registration with the Medical Council of New Zealand. She is an honorary member at the University of Auckland.

Dr Nicolaou welcomes referrals for all aspects of endocrinology and internal medicine.

For appointments at Allevia Specialist Centre, Mountain Road, Epsom please contact:

Ph: (09) 623 1170

Email: admin@medspecs.co.nz

Mr Imran Ali – Urologist

Imran is an experienced New Zealand and Australian-trained urological surgeon. A graduate of the University of Otago, Imran obtained his fellowship from the Royal Australasian College of Surgeons. He has also had the privilege of being a General Practitioner and believes in providing holistic and patient-centered care.

He is a consultant at Auckland City Hospital and Manukau SuperClinic and a trustee of Friends of Fiji Health.

He specialises in:

- Kidney stones including ureteroscopy and laser surgery
- Robotic and laparoscopic surgery
- Prostate cancer including the **groundbreaking and minimally invasive NanoKnife therapy**
- Benign Prostatic Hyperplasia (BPH) including laser and minimally invasive iTind treatment and Rezum
- Erectile dysfunction including penile prosthesis surgery
- Surgical correction of Peyronie's Disease
- Neonatal, paediatric and adult circumcisions
- Haematuria and bladder cancer

Imran's rooms are at Kakariki Hospital, Greenlane. He also has regular clinics in Silverdale and Henderson.

For appointments, please contact Donna:

Ph: (09) 631 1947

Email: info@imranali.co.nz

Website: www.imranali.co.nz

Healthlink EDI: imranali



Appointments Available

Dr Tien Ming Lim Dermatologist

Omnicare Health is pleased to announce dermatologist Dr Tien Ming Lim now has bookings available at short notice at 106 Remuera Road in Remuera, Auckland.

I am a consultant dermatologist at Te Whatu Ora Waitematā. I completed my training at Chelsea and Westminster Hospital, London, before returning to NZ as a consultant. I am originally from Malaysia and grew up in NZ.

Full registration 30th November 2004.

Languages spoken: Mandarin, Hokkien and Teo Chew.

Interests include - general dermatology, acne, psoriasis and eczema, skin cancer diagnosis, excision and surveillance.

How to contact us:

Ph: (09) 523 5959

Email: reception@omnicare.co.nz

Healthlink EDI: omnicare

Clinic Days: Monday 08.30am to 11.30am. Tuesday 8.30am to 3pm.





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2025
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- Disability Support & Rehabilitation
- Palliative Care
- Personal Care, Home Help
- Post-Surgical & Accident Care
- Respite Care
- Spinal & Brain Injury Care
- Wound Care

0800 002 722
www.healthcarenz.co.nz



Mr Ashish Taneja – General, Trauma & Emergency Surgeon

Mr Ashish Taneja is a general surgeon at Auckland City Hospital and unit head of the Acute Surgical Unit in the Department of General Surgery.

In addition to his rooms at Allevia Specialist Centre, Epsom, he has now established rooms at **Ormiston/Botany Junction** to accommodate patients from South and East Auckland to more easily access his service.

Languages spoken: English, Hindi and Punjabi.

His private practice comprises all general surgical cases with an interest in:

- Laparoscopic hernias
- Complex ventral hernias with abdominal wall reconstruction
- Laparoscopic gallbladder surgery, including complex cases
- Colon/Bowel surgery
- Skin & minor anorectal surgery
- Pilonidal Disease
- Minor anorectal conditions
- Skin lesions, lumps and bumps and ingrown toenails

Ashish Taneja is a specialist in his field, ensuring that you get the best treatment.

For appointments please contact Tracey:

Ph: (09) 623 7521

Email: admin@surgeons.net.nz

Website: www.aucklandgeneralsurgeons.co.nz

Healthlink EDI: acklsurg



OSTEOPOROSIS Risk Assessment & Management

Auckland Bone Density has been serving doctors and patients since 1994. Southern Cross affiliated.

Bone density (DXA) scans for fracture risk assessment, reported by experienced endocrinologists including management advice.

Body composition (DXA) scans for metabolic health, including lean mass, fat mass, visceral fat, regional fat.

Endocrinologists:

- A/Prof Andrew Grey
- Prof Ian Holdaway
- Prof Warwick Bagg
- Dr Brandon Orr-Walker
- Dr Steven Miller
- Dr Zaven Panossian
- Dr Carl Peters

For appointments at Rosedale, Epsom, Botany or Henderson:

Ph: (09) 623 2301

Email: admin@bonedensity.co.nz

Website: www.bonedensity.co.nz

Healthlink EDI: akldbone

AUCKLAND
Bonedensity

Managing Bone Health



Mr William Anderson: Breast, Skin and General Surgeon



Will has been a consultant general surgeon at Whangārei Hospital since 2022, where he has taken on leading roles in both skin and breast cancer services. Will began his medical journey in Yorkshire, UK, where he completed his undergraduate training at the University of Leeds. He then ventured to New Zealand for a year abroad and decided to stay. He completed specialty training in New Zealand, earning his Fellowship of the Royal Australasian College of Surgeons.

Will completed three fellowship years in Darwin, Geelong, and the Gold Coast. These years provided him with invaluable experience in skin cancer surgery, minimally invasive hernia surgery, and oncoplastic breast surgery, including implant reconstruction.

Will is happy to treat a range of general surgical problems including open and minimally invasive hernia surgery, gallbladder surgery and endoscopy. Having completed a 2 year BreastSurgANZ fellowship Will has a special interest in all aspects of breast surgery and reconstruction.

Consulting in Whangārei and Kaitia. Operating at Kensington Hospital Whangārei.

Phone: (09) 430 2388

Email: info@WillAndersonSC.co.nz

Website: www.northlandendoscopy.co.nz

Healthlink EDI: surgwill



Arise Psychiatry and Wellness: Ms. Uyen Hoang - Consultant Psychiatrist

Uyen is a general adult psychiatrist who values a person-centered, collaborative, and holistic approach to care.

She has 10+ years of clinical experience divided between the United States and New Zealand helping clients with complex mental health problems. After a long period in public service (community mental health) with Te Whatu Ora, she is currently in private practice part-time seeing adults via telehealth in New Zealand.

Uyen completed her medical and psychiatric training in the United States. She has full vocational registration with the MCNZ and affiliate membership with the RANZCP.

Arise Psychiatry and Wellness is solely a video-based / telehealth practice. For appointments from anywhere in New Zealand:

Email: connect@arisewellness.co.nz

Website: www.arisewellness.co.nz



If you are interested in profiling yourself and your services please email: will@healthpoint.co.nz or phone (09) 630 0828

Bay Skin Cancer Clinic - Tauranga and Ōmokoroa Clinics

"Our ultimate goal is to provide affordable and effective Skin Cancer Treatment for the people of Tauranga and the Bay of Plenty in a relaxed, yet professional setting."

What we do:

- Lesion and full body skin checks
- Biopsies
- Skin cancer surgical excisions
- Non-cancerous excisions for lipomas, sebaceous cysts and seborrhoeic keratosis
- Non-surgical treatments such as Photodynamic therapy, Efudix/ Daivonex, Imiquimod and Cryotherapy

Who we are:

- Dr Morné Du Plessis
- Dr Satvinder Chauhan
- Dr Lia Brugha
- Dr Matt Haver
- Dr Marthe Kampinga
- Dr Lara Cubison

For appointments or referrals in Tauranga or Ōmokoroa please contact us.

Ph: (07) 777 0990

Email: bayskincancer@gmail.com

Website: bayskincancer.com

Healthlink EDI: cenctmed



Dr Nicola Davis – General and Oncoplastic Breast Surgeon

Nicola is a highly experienced general and oncoplastic breast surgeon, offering compassionate, expert care across a wide range of procedures. She holds advanced post-fellowship training through BreastSurgANZ and a Master's in Advanced Breast Surgery from the University of Sydney. She is the Lead Surgeon for BreastScreen Midland.



In addition to breast surgery, Nicola offers a wide range of general surgery services with particular expertise in gallbladders, hernias, thyroids, melanoma and other skin cancers.

Services include:

- Breast surgery – benign and malignant, including WLE, mastectomy, immediate reconstruction, flaps, fat grafting, breast reduction/ mammoplasty
- Gallbladder
- Hernias – laparoscopic and open techniques
- Thyroid
- Melanoma and other skin cancer

Nicola is a Southern Cross Affiliated Provider and nib First Choice Provider.

For appointments please contact:

Tauranga Specialist Centre, 752 Cameron Road, Tauranga 3112

Ph: (07) 571 5548

Fax: (07) 571 5549

Email: hello@nicoladavis.co.nz

Website: www.nicoladavis.co.nz

Healthlink EDI: skinderm

Urgent appointments are available



Cancer & Lymph Rehab Claire Boyce

Orewa & Rosedale locations

Claire Boyce is an oncology & lymphoedema physiotherapist.

BHSc & certified Australasian Lymphology Association Lymphoedema Therapist.

Claire provides comprehensive assessment and treatment plans for lymphoedema and cancer clients, including:

- Preventative care: pre-treatment baseline assessments aid early identification and treatment for the side effects of oncological treatments
- Restorative care: to address the impact from oncology treatments, restore movement, strength and function
- Supportive care: to aid clients and their families in developing self-care strategies
- Palliative care: to increase or maintain the person's comfort and function

Claire's special interests are:

- Head and neck cancer
- Breast cancer
- Lymphoedema prevention and management

Bookings can be made

Online at: www.cancerlymphrehab.co.nz

Or email your referral to: info@cancerlymphrehab.co.nz



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Fully-funded disability support that matches needs and preferences.



We can provide:

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- + Aged Care
- + Dementia Care
- + Palliative Care
- + Disability Support & Rehabilitation
- + Chronic Long Term Support
- + Post-Surgical & Post Accident Care
- + Spinal & Brain Injury Care
- + Children and Youth With Health or Injury Related Needs Care

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to live their best life.**



genevahealth.com | 0800 436 382





Terry Choat Dietitian

Aged Residential Care and Older Adult
Specialist Dietitian

With nearly a decade of experience in aged care and older adult nutrition, I have supported individuals, families, and facilities across Auckland, working with some of New Zealand's largest Aged Residential Care providers. I am committed to the belief that - good nutrition helps people flourish at every age.

Expert dietetic care is crucial in managing chronic conditions, unintentional weight loss, malnutrition, and promoting wound healing, all of which contribute to enhanced quality of life for older adults.

Tailored nutrition interventions improve clinical outcomes, support mobility, reduce hospital admissions, and help preserve independence.

Good food helps older adults flourish

Available in the Auckland Region, virtual services nationwide

www.terrychoatdietitian.co.nz

Phone: 027 3333 930 | Email: terryn@terrychoatdietitian.co.nz

Nitasha Chand-Prasad – Audiologist MNZAS

Having worked in the audiology industry for 21 years in both the public hospital and private sectors I have set up my independent audiology clinic branches in Howick and Papakura.

The Hearing Corner is a centre of excellence for both paediatric and adult hearing health services.

I also work as an advanced audiology practitioner at Health NZ- Counties Manukau in the assessment and management of otitis media with effusion.

Services offered:

- Ear cleaning for children (3 yrs and above) and adults
- Assessment of drop in hearing due to middle ear infections in children and referral to ENT made when required
- Children's hearing tests ages 6 months and above
- Auditory Processing Disorder assessment
- Adults' hearing assessments including ACC patients
- Children and Adults Hearing Aid fittings and repairs.

For appointment bookings in Howick and Papakura please contact using the methods below:

Ph: (09) 217 1389, Email: contact@thehearingcorner.co.nz

Website: www.thehearingcorner.co.nz (online bookings)



EmpowerHer Clinic – Trusted Women's Health Support for Your Patients



EmpowerHer Clinic is a virtual integrative health service led by **Dr Nayana Shah, Integrative GP**, offering expert support for women experiencing **hormonal imbalances, perimenopause, menopause, fatigue, fertility concerns, PMS, PMDD, PCOS and complex chronic health conditions.**



We provide evidence-based, personalised care that targets the root causes of symptoms through hormone balancing, nutrient optimisation, and lifestyle medicine.

Our service is designed to support busy clinics and complement your care:

- No wait times
- Streamlined online booking
- Regular updates and shared care
- Collaborative, professional support for complex cases

We've helped hundreds of women regain energy, restore hormonal balance, and improve their quality of life, especially when answers have been elusive.

Whether your patient faces unresolved symptoms or requires a more in-depth assessment, EmpowerHer offers trusted, integrative care that complements your practice, helping women feel seen, supported, and understood.

For appointments please contact:

Email: hello@empowerherclinic.com

Healthlink EDI: shahnihc

Follow us on Instagram: [drnayana.empowerher](https://www.instagram.com/drnayana.empowerher)

For virtual appointments all over New Zealand, book directly through our website

Website: www.empowerherclinic.com/get-started

Dr Nikki Tugnet – Rheumatologist | INTEGRATED RHEUMATOLOGY

Dr Nikki Tugnet is a UK-trained rheumatologist and Yoga Medicine® Therapeutic Specialist. She holds an appointment at Auckland Hospital/ Te Toka Tumai, where her research interest is in lupus.

Nikki combines her unique training as both physician & yoga therapist to provide an integrative approach to musculoskeletal pain & autoimmune rheumatic disease. She is interested in the effects of lifestyle on pain and the area of mind-body medicine.

Nikki welcomes referrals for all adult rheumatology conditions, including myofascial pain, fibromyalgia, soft tissue rheumatic syndromes, and holistic management of inflammatory arthritis.

Integrated Rheumatology is a New Zealand-wide service, providing in-person or telehealth consultation.

Southern Cross Affiliated.

For appointments please contact:

Ph: (09) 360 5000

Email: info@integratedrheumatology.co.nz

Website: www.nikkigtugnet.com

Healthlink EDI: jervoisr

E-refer live via SR (Specialist Referrals)



HARBOUR
CANCER & WELLNESS

Leading personalised cancer care.

Our medical oncologists and haematologists integrate treatment with wellness therapies to optimise patient outcomes.

We're participating in clinical trials that provide promising new treatments for cancer and offer patients access to cutting-edge medicines that are otherwise unavailable in New Zealand.

To make a referral

email: referrals@harbourcancer.co.nz
or visit: [Specialists Referral \(SR\)](#)
online portal (EDI: [cancwell](#)) by
scanning the QR code

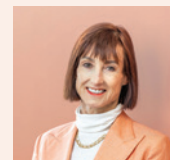


To explore if a trial is right for your patient

email: trials.coordinator@harbourcancer.co.nz

Leading personalised haematology care.

Our team of haematologists welcome referrals for patients with a range of blood disorders.



Clockwise from top: Dr Anna Elinder-Camburn, Dr Leanne Berkahn, Dr Tom Sapsford, Dr Rory Bennett.

Wairau Clinic
Gate A, 212 Wairau Road,
Wairau Valley, Auckland

Newmarket Clinic
105 Carlton Gore Road,
Newmarket, Auckland

T (09) 220 3333
harbourcancer.co.nz



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We are always looking to the future at Ormiston Hospital & Healthcare. That's why investing in leading technology that improves patient outcomes and gives our community access to more treatment options is so important. Alongside our existing investment in da Vinci Surgical Robotics, we are now proud to add a Mako knee and hip replacement robot and a CO2 Laser for use in scar revision to our healthcare hub.

If you're a GP looking for more information about accessing our new procedures for your patients, or a specialist keen to work with us, we'd love to hear from you.

09 250 1157
enquiries@ormistonhospital.co.nz
ormistonhospital.co.nz

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Flat Bush
Auckland 2016

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Our specialist Occupational Therapists assess the impact of injury, illness, disability, or ageing on your patients' medical fitness to drive.

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Holmens Health – Supporting Men's Sexual Health Across New Zealand

HOLMENS HEALTH

Holmens Health is a dedicated telehealth service helping men across New Zealand improve their sexual health and overall wellbeing. We offer discreet, accessible support for common concerns like erectile dysfunction, premature ejaculation, low libido, and intimacy challenges — all from the comfort of your home.

Through personalised online consultations, we connect men with medical practitioners, sex therapy services, and dietitian support to address both physical and lifestyle factors that may impact sexual performance and confidence. Our approach combines medical care with wellness-focused support, making it easier for men to take control of their health without the need for in-person visits.

Whether you're looking for prescription treatments, intimacy therapy, or guidance on lifestyle changes, Holmens Health provides a safe and confidential space to talk openly — no waiting rooms, no awkward conversations, just care that works around you.

Available New Zealand-wide. Private. Convenient. Judgement-free.

For virtual appointments please contact:

Ph: (09) 802 1614
Email: hello@holmenshealth.co.nz

Hoarding Unpacked

Hoarding Unpacked offers training, supervision, and consultation to front line workers and organisations who are responding to hoarding behaviours.



Hoarding Unpacked has provided training to over 1500 professionals, covering topics such as different types of hoarding, fire risks, OH&S issues, children safety concerns, at risk tendencies, RSPCA, council or tenancy issues, and strategies or case coordination with multiple service providers.

Training – Hoarding Unpacked Training Program is available online and travels around NZ and Australia each year delivering approximately 20 training programs a year. See online for training locations available or request a training near you.

Supervision – One-on-one supervision is highly focused and intensive support around those difficult and overwhelming cases, and/or developing skill sets in this area.

Consultancy – Project focused, focusing on specific organisational needs. This could be creating or reviewing company procedures, assessing staff capacity, or support and strategic direction for specific cases.

Ph: (027) 394 3379

Email: maire@hoardingunpacked.com

Website: www.hoardingunpacked.com

Dr Massimo Giola, FRACP, FACHSHM – Infectious Disease & Sexual Health Physician, Sexologist



Kia ora

My private practice in Tauranga welcomes referrals in the fields of infectious diseases and sexual health medicine, including gender-affirming care for adults, medical sexology, and men's sexual health.



For example, I can help your male patients with erectile dysfunction not responding to oral medications, by prescribing and sourcing intracavernosal injections and other implements. I am also happy to assess and manage men with concerns of low libido/low testosterone.

I can provide your patients who had a reactive syphilis test at Immigration NZ medicals with the necessary specialist certification.

NZ-wide, both in-person and telehealth consults are available.

For appointments in Tauranga please contact Suite 9 at Promed House:

Ph: (07) 578 1208

Fax: (07) 577 9964

Email: reception@suite9.co.nz

Website: www.suite9.co.nz/sexual-health

Healthlink EDI: baycardi

Tired, Achy Or Swollen Legs? It Could Be Varicose Veins

Incompetent veins are not always visible on the surface of the leg, sometimes the symptoms are the clearest indicators.

Common Symptoms

- Cramping or aching
- Restless legs
- Swelling and skin changes
- Symptoms worsen after prolonged sitting/standing

Risk Factors

- Pregnancy
- Advancing age
- Being overweight
- Family history
- Lots of time spent on feet



Treatment Is Fast And Effective



Before And After

- Walk in, walk out treatments
- No time off work needed in most cases
- No stitches and minimal risk of scarring
- Insurance funded if there is a medical need e.g. pain



About Palm Clinic, Auckland

We are one of NZ's longest standing vein clinics approaching 30 years in business. We offer leading varicose vein treatments - Radiofrequency Ablation and Ultrasound Guided Sclerotherapy - which are proven to be more effective and less painful than the alternatives.

We're an affiliated provider to Southern Cross and have achieved their top rating for client experience. We're also a preferred provider to NIB and are covered by most other insurers.

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Dr Niky D'Hulster – Psychiatrist

Dr Niky is a psychiatrist with special interest in women's mental health and neurodevelopmental disorders.

She trained at the University of Ghent, completed a psychiatry specialisation across Belgium and Luxembourg in 2007 and holds a psychotherapy degree at the University of Leuven.

She is fluent in English, Dutch and French.

Niky moved to NZ in 2018 with her family and initially worked as consultant psychiatrist at Health NZ (Counties Manukau DHB).

She now provides patient-centred psychiatric care at her private consultation for adolescents aged 16 or more, and adults.

She welcomes all types of mental health challenges ranging from mood and anxiety disorders, trauma, OCD, ADHD, ASD, psychosis, etc.

All enquiries can be directed via my online Contact Form (my preference) or via email at nikydhps@icloud.com

Practice: 39 Bishop Dunn Place, Botany, Auckland



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Dr Craig McCaffer – Paediatric and Adult Otolaryngologist

Craig is a fellowship trained ENT surgeon specialising in general adult and paediatric otolaryngology. Based both at Starship Children's Hospital and ENT Associates, Remuera, he is the co-director of the Paediatric ORL Fellowship.



His practice encompasses all general ENT cases.

Specific expertise is in: snoring and sleep apnoea in children, tonsillitis, adenoidectomy and tonsillectomy (coblation), paediatric hearing loss, glue ear and grommets, ear infections, perforated ear drum, nasal obstruction, rhinitis and sinus problems, tongue tie, Neck lumps, Congenital head and neck abnormalities, including branchial and thyroglossal cysts, noisy breathing, stridor and airway disorders in children, laryngomalacia, pre-auricular sinuses and skin tags.

Craig delivers a child friendly, family centred approach to his surgical care.

Craig is committed to delivering compassionate and quality surgical care to patients. He is available for urgent referrals/reviews.

For appointments please contact:

Ph: (09) 529 0399

Fax: (09) 529 0599

Email: info@entassociates.co.nz

Website: www.entassociates.co.nz/your-surgeons/craig-mccaffer

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Website: www.echonorth.co.nz

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Canopy Cancer Care

World-class cancer care, delivered locally

About Canopy Cancer Care

Canopy is a leading provider of private oncology and haematology care for adults.

As part of the Canopy Healthcare group, we offer New Zealand's only fully integrated cancer care model, combining diagnostic imaging, advanced oncology and haematology therapies and coordinated support services. This streamlined approach reduces treatment delays and improves patients outcomes.

We have:

- 8 clinics across the North Island with
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Welcoming New Specialists

We're pleased to welcome
Drs Lauren Brown, Mahendra Naidoo
and **Sheridan Wilson** to Canopy
Cancer Care.



Dr Lauren Brown
Breast Oncology
North Shore



Dr Sheridan Wilson
Breast Oncology
Epsom, Ormiston



Dr Mahendra Naidoo
Gastro-Intestinal & Gynae
Cancers, Epsom, Ormiston

Why Choose Canopy?

- Rapid Access:** Patients are clinically assessed within 7 days of referral
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- Email: admin@canopycancercare.co.nz

DR GIRI MAHADEVAN

MBChB (University of Otago, 1998)

FRACS (Vascular, Royal Australasian College of Surgeons, 2009)

AUCKLAND VEINS LIMITED



I am a New Zealand trained vascular surgeon with 15 years of experience working full-time as a consultant at Counties Manukau and a senior lecturer at the University of Auckland. At Counties Manukau, majority of my work is related to diabetic foot disease and renal access. My work at the University of Auckland involves supervising the surgical cohort at South Auckland Clinical Campus, including teaching and electives.

This year, I have started a new private practice located at Kakariki Hospital, Greenlane. The new facility offers modern amenities, easy accessibility and most importantly, parking. I also perform consultations at Southern Cross North Harbour Hospital, Glenfield. I am available on a semi-urgent basis and perform all superficial venous interventions.

VARICOSE VEIN TREATMENTS

Private insurers in Aotearoa currently fund patients with ultrasound-proven reflux disease of GSV or SSV, given they have symptoms or signs. Due to a limitation of two treatments per limb per lifetime, it is important to intervene appropriately and treat as much length as possible in order to prevent reoccurrence.

There are many treatments available for lower limb veins. Mainstay of treatment is thermal ablation, either laser or RFA. Thermal ablation involves multiple injections administering normal saline tumescent to prevent skin burns, however some patients do not tolerate this well.

Adhesive glue, n-Butyl cyanoacrylate, has been used for decades to close skin wounds. The novel use of this glue to seal veins has been in practice since 2015. It provides a less painful option than thermal ablation as it usually involves one needle. Non-inferiority trial has shown similar sealing rates to thermal ablation.

Both thermal ablation and adhesive glue are effective in treating straight and continuous length of GSV and SSV. However, many patients have tortuosity, interruptions or duplication that make treatment with just these two modalities not possible. Common technique is to treat the proximal segment with either thermal ablation or adhesive glue, then use sclerotherapy, 3% sodium tetradecyl sulphate (STS), for the rest. However, STS made as foam has a high reoccurrence rate and therefore, is best used as an adjunct after the main procedure rather than a primary treatment.



Surgical stripping and avulsions are less commonly employed with the availability of above options. It remains the preferred option in treating particularly large diameter veins (>2cm) and tortuous veins, especially the anterior accessory saphenous vein which traverses the front of the thigh. Modern surgical techniques now result in less morbidity and can be performed as day stay.

As clinicians we know patients come with varied pathology and expectations. It is not possible to state what is the best venous treatment for all, just what treatment is best for each patient.

EDI: AKLVEINS

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We believe health and happiness go together, and we're passionate about restoring both. Whether your patients need support with musculoskeletal pain, post-surgical rehab, or other health concerns, we're here to help.

We hope to put a smile on our patients' faces the moment they step through our doors and see them leave feeling better than when they came in.

Let's work together to help your patients feel better – and smile brighter.

For appointments in Auckland please contact:

Ph: (09) 218 2992
Email: contact@happipuncture.co.nz
Website: www.happipuncture.co.nz
Instagram/Facebook: [@happipuncture](https://www.instagram.com/happipuncture)

Dr Nick Turnbull - Dermatologist

My new clinic is located on the North Shore of Auckland. Our goal is to provide the best care for your patients. The vision is a smaller, personal practice with an up-to-date and evidence-based approach from an experienced dermatologist. A wide range of dermatological services are provided.



I am a dermatologist and dermatopathologist. My training was undertaken in Auckland and completed in London. My fellowship in dermatopathology was completed in Warwick, England. I have been awarded an honorary senior lecturer for the University of Auckland and awarded the title Distinguished Clinical Teacher in 2024. My particular interests include skin cancer, medical dermatology, male genital dermatology, research and clinical trials.

I have worked in public for Auckland, Waitematā and Northland and private practice for more than ten years. I have been warmly welcomed by my friends at Waitematā Surgeons. Thank you for considering us for your patients.

For appointments Waitematā Specialist Centre, 15 Shea Terrace, Auckland:

Ph: (09) 441 2750

Email: consult@wsurg.co.nz

Website: www.drnickturnbulldermatology.com

Healthlink EDI: waitemas

The Child Psychology Service

Supporting Tamariki, Rangatahi, and Their Whānau Across Aotearoa



At The Child Psychology Service we understand the unique challenges and opportunities that come with each child's developmental journey.

Our team of qualified and experienced psychologists and psychiatrists provides personalised, evidence-based support for children and young people aged 5–25 as well as their families and caregivers.

We offer a range of services, including:

- Individual therapy
- Behaviour support
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- Comprehensive assessments
- Psychiatry & diagnosis of neurodevelopmental disorders

Our interventions are grounded in best-practice approaches such as CBT, DBT, ACT, and psychoeducation. We work collaboratively as a multi-disciplinary team, bringing together a range of professional expertise to ensure each young person receives the care they need. We also work closely with whānau to support positive, lasting outcomes.

We are a nationwide service offering both in-person and virtual support and we are a registered NIB provider.

Referrals and Contact

We welcome referrals and are happy to discuss how we can support your patients or clients.

Ph: 027 827 7112 (business hours)

Email: info@thechildpsychologyservice.co.nz

Website: thechildpsychologyservice.co.nz



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X-ray Professionals is a dedicated diagnostic clinic offering x-ray services only. To have an x-ray done, you will need a referral form from your healthcare provider. The easiest way to communicate with us is via email, and bookings can be made quickly and conveniently through our website. We happily accept walk-in patients too but there may be a wait. We charge a \$30 ACC surcharge and are an Affiliated Provider with Southern Cross. For added convenience, Afterpay is also available as a payment option. At X-ray Professionals, we are here to serve our community by delivering efficient and compassionate imaging services in a warm, welcoming environment. We value every patient and aim to provide an easy and comfortable experience. We look forward to welcoming you to our clinic for your x-ray needs.



For appointments, please book through our website or contact us on:

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Ben is a New Zealand trained ENT surgeon with subspecialist training in advanced head & neck cancer, and thyroid surgery. He is also an expert in sinus and nasal surgery.

Ben has previously worked in Christchurch where he was the chair of the regional head and neck cancer MDM but has recently relocated to Auckland for family reasons.

Ben places great emphasis on helping patients understand their symptoms and getting the best result whether it be through surgery or conservative management. He is actively involved in surgical training and is a current selector for the national ENT training program.

Please feel free to contact Ben if you have any clinical questions or need advice.

For phone advice please call 021 195 6993

Appointments can be made easily by calling the practice manager, Ella, on (09) 218 9720

Suite 10, Mauranui Clinic, 86 Great South Rd, Epsom, Auckland

Email: admin@headandnecksurgery.co.nz

Website: www.headandnecksurgery.co.nz

Healthlink EDI: necksurg



Dr Vincent Chong Urologist

General & Robotic Surgery
Female and Male Incontinence Surgery



With a passion to serve patients from all walks of life and a dedication to high-quality medical care, Dr. Vincent Chong has established an excellent reputation as a conscientious and compassionate urologist. He is committed to supporting you and your family throughout your urological journey.

Vincent's practice encompasses all general urological cases. Specific expertise is in:

- (1) Robotic & Laparoscopic surgery
- (2) Female and Male Incontinence surgery

He is available for urgent referrals/reviews.
Languages spoken: English, Mandarin, Cantonese

For appointments, please contact:

Ph : 021 146 2770

Email : drvincentchong@gmail.com

Website : www.aucklandurocare.co.nz

Healthlink EDI: glmscdoc



Consulting at Greenlane Medical Specialist - Ground floor, Building A. 93 Ascot Avenue. Remuera

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Ascot Cardiology Group



We are thrilled to announce the merger of Ascot Cardiology consulting rooms and the Ascot Angiography catheter lab into a single, cohesive group.

Though we are yet to finalise our new name, which will align with the updated branding of Allevia Hospitals, we are pleased to reassure you that our services remain uninterrupted, ensuring that our patients continue to receive the exceptional care they deserve.

This exciting development combines convenience with excellence, by offering seamless continuity of care from first consultation to additional diagnostic investigations and treatment.

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Ascot Cardiology Group

Ph: (09) 520 9540

Email: reception@ascotcardiology.co.nz

Website: www.ascotcardiology.co.nz

Healthlink EDI: ascadio



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Julie Lucas
CEO