

info matters



A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato, Lakes and BoP regions

June 2024

HEALTHPOINT NEWS

www.healthpoint.co.nz

Transforming healthcare delivery with SNOMED implementation

Healthpoint has launched SNOMED Clinical Terminology into their health and social services directory API (www.healthpointapi.com). This will enable applications and users of the Healthpoint API to use standardised clinical terminology, reducing the chance of misinterpreting a clinical need, and ensuring greater accuracy when connecting people to the correct service.

The use of SNOMED CT within the Healthpoint API can assist in processes such as health promotion, patient journey mapping, referrals, and appointment bookings.

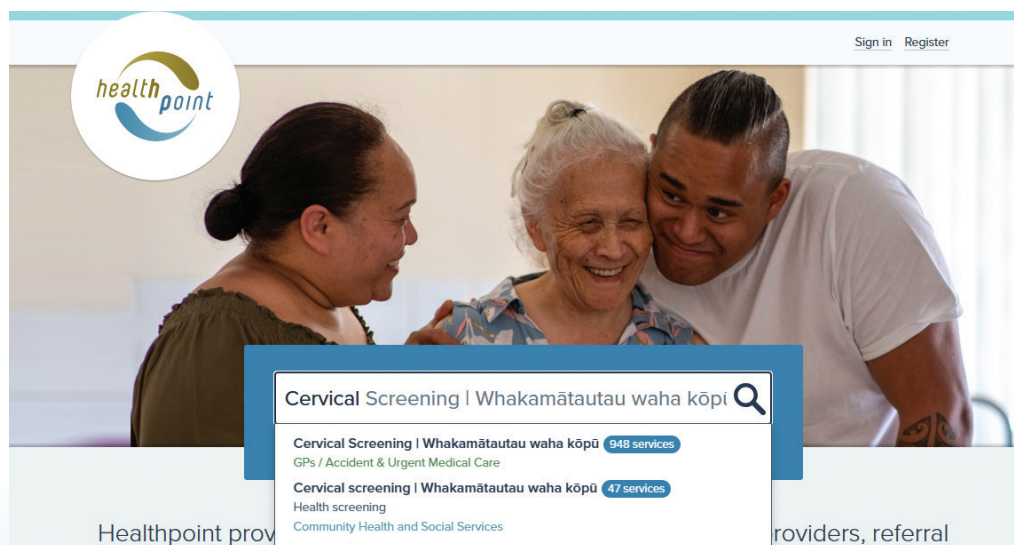
"SNOMED CT's introduction is a game-changer for New Zealand's health sector. It's a crucial keystone for digital modernisation, allowing us to leverage data for better patient outcomes and a more efficient healthcare system" Kate Rhind CEO, Healthpoint

An advantage of SNOMED CT is that reference sets and language reference sets can be created that are relevant to New Zealand. Healthpoint is working with the SNOMED

National Release Centre at Health New Zealand – Te Whatu Ora, to validate mapping from existing Healthpoint categorisations, and provide patient-friendly concepts in English and Te Reo Māori.

Providing patient-friendly terminology in Healthpoint and the Healthpoint API could benefit health organisations and patients nationwide. Imagine a doctor using "fracture of humerus" and a patient using "broken arm". SNOMED enables the use of synonyms but provides a single code, ensuring everyone is referencing the same concept.

With this upgrade a person will be able to search the public-facing Healthpoint directory using patient friendly terms in either English or Te Reo Māori and get results for relevant specialists or services. For example, for "Cervical Screening" or "Whakamātautau waha kōpū". At the same time an application can query the Healthpoint API by the SNOMED code for this concept and return the same list of services.



SNOMED CT
The global language of healthcare

Consult365 Accident and Medical Walk-in Clinic – new hybrid clinic in Papamoa.



The Consult365 Accident and Medical Walk-in Clinic has been dubbed a 'hybrid model' because patients are treated in-person but the clinic also leverages telehealth.

This is the first bricks and mortar clinic to be opened by award-winning telehealth provider Emergency Consult.

Nursing staff take the lead in this new model. Patients are triaged by a Registered Nurse (RN) and assigned to the relevant clinician; they're seen and treated in-person by a Nurse Practitioner or Extended Care Paramedic - or remotely by an Emergency Medicine Doctor with assistance from the RN.

The Consult365 Pāpāmoa Accident and Medical Walk-in Clinic is open 7 days from 9am to 9pm.

Ph: (07) 222 4144

Email: papamoa@consult365.co.nz

Website: papamoa.consult365.co.nz

Healthlink EDI: emergcon

Emergency specialists online 24-hours



With Emergency Consultants online 24-hours, 7-days we're available to provide expert oversight, manage complex presentations, provide after-hours support, and enable you to cope with unexpected patient overflow.

Our telehealth doctors are available via a unique video chat system that doesn't require any downloads, apps, enrolment, or patient bookings.

You'll be able to facilitate smoother operational management with dependable online back-up that can be tapped into on-demand and scaled up if the need arises.

Our doctors are Fellows of the Australasian College of Emergency Medicine (FACEMs). We become an extension of your team and pride ourselves on providing friendly acute and after-hours support that complements your patient relationships.

To find out how we can support your organisation please contact us on 021 249 6674 or admin@emergencyconsult.co.nz during business hours. Or advise your patients to contact us anytime online at emergencyconsult.co.nz.

Ph: 0800 300 108

Email: admin@emergencyconsult.co.nz

Website: emergencyconsult.co.nz

Healthlink EDI: emergcon

If you are interested in profiling yourself and your services please email: will@healthpoint.co.nz or phone (09) 630 0828

Beyond Radiology

beyondradiology.co.nz

The clarity you need.

Beyond Radiology is New Zealand owned and clinician led.

Our team of healthcare professionals is driven to provide excellence in patient care using leading imaging technology, including New Zealand's first EOS machine.



CT
EOS

ULTRASOUND
MAMMOGRAPHY
NUCLEAR MEDICINE

INTERVENTION

X-RAY

MRI



SILVERDALE | silv.bookings@beyondradiology.co.nz

GRAFTON | bookings@beyondradiology.co.nz

MERIVALE | chch.bookings@beyondradiology.co.nz

Mr Andrew Irving – Spinal Surgeon

Andrew is a New Zealand and internationally trained Orthopaedic Surgeon specialising in spinal surgery in Auckland.

He has a public appointment in Middlemore Hospital in the supra-regional spinal cord injury service.

His private practice is primarily in Ascot Office Park with The Orthopaedic Group. Andrew also offers regular outreach clinics, north in Silverdale, east in Half Moon Bay and south in Papatoetoe.

Andrew has a surgical focus for patients but often recommends and completes adequate non-operative management, avoiding unnecessary surgery. If it transpires that surgery is the best option, Andrew supports patients in that decision-making.

Andrew has an interest in minimally invasive and motion preservation techniques to achieve surgical goals. He offers a wide range of surgery through the whole spine from microdiscectomy to deformity correction.

Ph: (09) 523 2766

Email: office@theorthogroup.co.nz

Healthlink EDI: orthogrp



Access Community Health | Uru Ātea

We are on a mission to make lives better!

Guided by best practice, always, we provide a network of care and support, alongside whānau to meet each individual's needs. We ensure everyone has a voice in the care they receive.

Short or long-term care : 24 hours a day, or just a few hours per week, our dedicated team of caregivers and nurses provide a range of funded and private services to people of all ages and stages, in their own home.

Personal Care, ACC Burn & Wound Care, Personalised Nursing, Disability Support Services, Individualised Funding, Palliative Care, Spinal cord injury, Autism, Domestic Assistance.

We also support telehealth services by ensuring there is timely follow up care in the home for welfare, medication and vitals.

For service or referral enquiries please contact :

Ph: 0508 124 010

Email: referral_enquiry@access.org.nz

Website: www.access.org.nz



Acorn Neurodiversity – providing multidisciplinary specialist services for children with challenges related to autism, ADHD, and other neurodevelopmental concerns.



Acorn is a charity in Auckland serving neurodivergent children and young people. Acorn supports children and young people ages 1- 22 yrs old who are experiencing challenges related to:

- autism
- ADHD
- sensory processing
- developmental delays
- developmental coordination disorder
- giftedness
- auditory and language processing

We provide:

- comprehensive diagnostic assessments
- speech and language therapy
- occupational therapy
- behavioural therapy
- mental health services
- parent and teacher training

all in one place with coordinated care, giving every family a support team.

We serve families across Auckland in our centres, clients' homes and schools. We support clients nationally via telehealth.

To schedule an appointment, please email us at admin@acornneurodiversity.co.nz or visit our website at www.acornneurodiversity.co.nz.

Ph: (09) 281 4857

Email: admin@acornneurodiversity.co.nz

Website: www.acornneurodiversity.co.nz

www.healthpoint.co.nz

WE

are dedicated to exceptional patient care

We have been serving the Auckland community for over 16 years. With increased capacity, the Waitematā Endoscopy Group are providing reduced wait times for Colonoscopy/ Gastroscopy appointments at both its Auckland clinics, **within 7 working days of an Open Access referral***.

Referrals are available through the Specialists Referral (SR) online portal (EDI: Sxhospwe), by emailing us at admin@waitemataendoscopy.co.nz, calling us on (09) 925 4449 or scanning the QR code.

URGENT APPOINTMENTS AVAILABLE



waitemataendoscopy.co.nz



Anglesea Gynaecology is a renowned gynaecology practice catering to women of the Midland Region. Since its inception in 1990 by the late Dr Stewart Hastie, our group has treated thousands of women for full range of gynaecological conditions.

We are highly rated by our patients and pride ourselves in offering cutting edge gynaecological services in a caring environment.

We are leaders in our field, offering:

- Comprehensive gynaecological services under one roof
- Highly experienced team with proven track record - Dr. Singh and Dr. Ravikanti are well-recognised for their advanced surgical skills nationally and internationally
- Evidence based best practice using cutting edge technology
- In-house bedside ultrasound
- Well-trained, caring, supportive and passionate staff
- Urgent appointments

PROCEDURES AND TREATMENTS:

- | | |
|---|--|
| • Endometriosis and Chronic Pelvic Pain (Multidisciplinary Model) | • Pelvic Organ Prolapse Surgery |
| • Laparoscopic Resection of Endometriosis (Mild, Moderate and Severe) | • Tubal Ligation and Tubal Ligation Reversal |
| • Total Laparoscopic Hysterectomy | • Abnormal Smears (Colposcopy, Treatment of Cervical Dysplasia) |
| • Management of Fibroids including Laparoscopic Myomectomy | • Menstrual Disorders – Heavy Menstrual Bleeding, Dysmenorrhoea, Intermenstrual Bleeding |
| • Laparoscopic Management of Ovarian Cysts | • Office Gynaecology – General Gynaecological Check-Up and Menopause Management |
| • Stress Incontinence – Urodynamics and Surgical Treatment | |

Anglesea Gynaecology utilises world-class technology for performing advanced laparoscopic surgeries, including the use of 4K and 3D technology, working as a team for complex cases and adopting innovations early to give the best possible care.



The friendly team at Anglesea Gynaecology go out of their way to put every patient at ease in a sensitive, caring and professional manner.

Our team of three highly skilled gynaecologists are all very well regarded in their fields within New Zealand and Australia.



DR VP SINGH

GYNAECOLOGIST, LAPAROSCOPIC AND PELVIC FLOOR SURGEON



DR LAKSHMI RAVIKANTI

GYNAECOLOGIST, LAPAROSCOPIC AND PELVIC FLOOR SURGEON



DR DEIRDRE ROHLANDT

GYNAECOLOGIST, COLPOSCOPIST AND URODYNAMICS



John Sullivan House, Gate 3, Level 1
62 Tristram Street, Hamilton 3240

angleseagynae.co.nz | 07 858 0757

tāmakihands

HAND ■ WRIST ■ ELBOW
PHYSIOTHERAPY & OCCUPATIONAL THERAPY

Registered Hand Therapists @ Sylvia Park, no ACC surcharges.

Refer your patients with **Hand, Wrist, Forearm and Elbow** injuries to Tāmaki Hands. We treat adults & children, remove casts, manage sutured wounds, fabricate custom splints & casts, fit & issue braces, alongside physio assessment & rehab. We can also submit new ACC claims, refer to x-ray, USS & hand surgeons.

Our clinic is in Sylvia Park medical centre: easily accessible by car & public transport for patients who live or work near Sylvia Park & surrounding suburbs.

To refer: use our referral pad, email, phone, your P.M.S., healthlink, S&R (Specialists & Referrals), fax or hand deliver.

To book an appointment phone reception (24 hours), online: www.tamakihands.co.nz or through Facebook. Tāmaki Hands is open Mon-Fri. Phones answered 24/7 by our clinic receptionist or call centre.

We look forward to helping your patients return to activities at home, work & leisure.

Ph: 09 950 4849 / 088 950 485

Fax: 09 950 6818

Email: office@tamakihands.co.nz

Website: www.tamakihands.co.nz

Address: Sylvia Park, Medical Centre Level-1,
3 Te Kahu Way, Mt Wellington, Auckland

You don't need an ADHD label to get support

Wherever you are on your journey with ADHD, Beehyve is here to support you with the best of care.

Beehyve is a buzzing hub of adult ADHD-centric counsellors, coaches and therapists, delivering online support across Aotearoa. Our team combines decades of lived experience with leading-edge research.

We 'get' adult ADHD, and our clients find they're heard and understood. We don't make judgements or force people through difficult administrative hoops.

Our focus is practical strategies that help people reach their goals. We're here to see each person thrive because of their quirks, not despite them.

The Beehyve team has special interest in the areas of anxiety, depression, relationships, parenting, trauma and PTSD, executive function, and LGBTQIA+.

Together we're different. And different is great!

Give us a buzz

Ph: (07) 808 3080

Email: hello@beehyve.health

Website: www.beehyve.health

PO Box 67019, Auckland 1349



Ascot Cardiology Group: Expert, Integrated Cardiac Care

Ascot Cardiology Group is committed to providing the highest standard of cardiac care, ensuring your patients are in the safest hands. Our team is composed of 14 highly qualified consulting cardiologists, supported by dedicated nursing and administrative staff, each expert in their respective fields including general, interventional, and the increasingly important area of cardiac electrophysiology.

At Ascot Cardiology Group, convenience meets excellence; we offer an integrated approach to treatment providing all essential tests and investigations during a single visit at our well-equipped facility.

Should your patient require angiography or electrophysiology, this will be scheduled to be carried out at Ascot Angiography & Electrophysiology Catheter Lab, which is situated just next door on the same level.

We pride ourselves on our speed of access and commitment to quality. Your referrals will ensure that patients are seen as soon as possible by one of our Cardiologists, reducing wait times and expediting the path to recovery.

Conveniently situated at Greenlane's Ascot Hospital and with a satellite clinic at East Care A&M in Howick, Ascot Cardiology Group is ideally located to serve your patients promptly and efficiently.

Trust us to provide the comprehensive, expert care your patients deserve, supported by a full team committed to their health and well-being.



Ascot Cardiology Group

Ph: (09) 520 9540

Email: reception@ascotcardiology.co.nz

Website: www.ascotcardiologygroup.co.nz

HealthLink EDI: ascadio



We create healthy futures

We're a team of Paediatric Specialists who are dedicated to creating a healthy future for your child.

For appointments please contact:
 Phone: 09 242 3777
 Email: admin@tinygiants.co.nz
 Unit 2, 188 St Heliers Bay Rd,
 St Heliers, Auckland 1071

www.tinygiants.co.nz




Our Services

We treat paediatric patients of all ages - from newborns and toddlers, to youngsters throughout their childhood and into their older teens. With such a large variety of patients, our team brings together a wide range of general and specialist experience to ensure the best result for your child.

- General Paediatric
- Paediatric Endocrinology
- Paediatric Gastroenterology
- Clinical Genetic

- Paediatric Allergy and Immunology
- Paediatric Dietary Service
- Child and Family Psychology
- Developmental, educational and cognitive assessments

Our Specialists

Our talented team provide expertise and experience across multiple paediatric disciplines. All team members are highly qualified and exceptionally trained. Many have gained experience at world-leading institutions, in New Zealand and overseas.

Dr Ronnie Stein
Paediatric Endocrinologist

Dr Nir Fireman
Paediatric Gastroenterologist and Endoscopist

Dr Annaliese Blincoe
Paediatric Immunologist and Allergist

Dr Candice Feben-Small
Clinical Geneticist

Dr Khang Gan
General Paediatrician and Paediatric Emergency Medicine Specialist

Rebecca Bruce
Paediatric Dietitian

Dr Jemila Chadwick
Educational and Child Psychologist

Phillippa Walker
Child Psychologist

Caroline Worth
Paediatric Dietitian

PAEDIATRIC SPECIALISTS

www.tinygiants.co.nz

OSTEOPOROSIS Risk Assessment & Management



Auckland Bone Density has been serving doctors and patients since 1994.

We provide:

- Bone density scans at 4 locations around Auckland.
- Reports by experienced endocrinologists include suggested management plans.
- Endocrinologists available for advice.
- Body composition analysis also available.

Endocrinologists:

- Assoc Prof Andrew Grey
- Dr Brandon Orr-Walker
- Prof Ian Holdaway
- Prof Warwick Bagg
- Dr Steven Miller
- Dr Zaven Panossian
- Dr Carl Peters

For appointments at Albany, Epsom, Botany and Henderson:

Ph: (09) 623 2301

Email: admin@bonedensity.co.nz

Website: www.bonedensity.co.nz

Healthlink EDI: akldbone



Dr Charlotte Allen | Lower Limb Orthopaedic Surgeon

Dr Charlotte Allen grew up in Auckland, trained at The University of Auckland Medical School and subsequently completed the New Zealand Orthopaedic training program, moving throughout New Zealand.

Charlotte then undertook fellowship training at renowned St Paul's Hospital in Vancouver, Canada, in Foot and Ankle surgery and Sports Knee and has returned to New Zealand as a consultant surgeon.



Interests include:

- foot and ankle procedures and conditions
- knee procedures and conditions
- joint replacement
- general orthopaedics

Charlotte understands how knee and foot problems can affect your life and is committed to helping you get back your mobility and into your activities.

Please call our office on (09) 390 1514, Monday to Friday between 9am to 4pm for an appointment (referrals necessary) or go to the website www.allenorthopaedics.co.nz for further information.

Email: admin@allenorthopaedics.co.nz

Healthlink EDI: allenort

Charlotte consults regularly in Remuera and Pukekohe

Skin Institute – New Zealand’s premier destination for Skin, Veins & Appearance Medicine



The experts at Skin Institute have been committed to providing patients with effective treatments and procedures in the areas of skin cancer, veins, appearance medicine and dermatology for almost 30 years.

Skin Institute aims to provide New Zealanders with one place to go for all their dermatological, skin cancer, cosmetic surgery, vein and appearance medicine needs. We’ve grown into a multi-disciplinary specialist centre with 12 clinics nationwide. Our team of specially trained surgeons, specialists, doctors, and nurses are dedicated to helping patients take care of their skin, wherever they are on their journey.

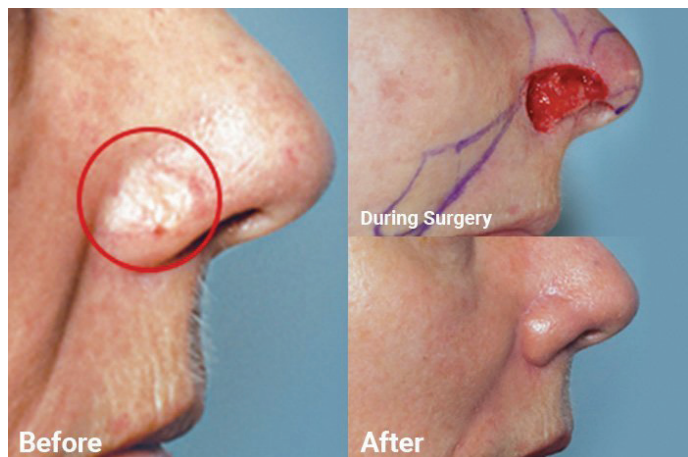


Our Mohs/PDEMA surgeons: Dr Kenneth Wong, Mr Rajan Patel, Mr Mark Izzard.

Skin Cancer: Full circle of care from detection to world-leading treatment

Early detection of skin cancer can save a life and is the best defence against becoming another skin cancer statistic. A regular skin cancer consultation offers a comprehensive, full body assessment to identify any indicators of skin cancer that may need further analysis.

At Skin Institute, your patient receives care of the highest standard, from detection right through to diagnosis and treatment. We offer our own fast-tracked in-house lab service (in Auckland and Wellington) along with world-leading advanced surgical treatments Mohs Micrographic and PDEMA (Peripheral and Deep En Face Margin Assessment) surgery - formerly CCPDMA – which is the most advanced and sophisticated method of removing skin cancers (mainly from the face) and achieves success rates that are higher than any other technique.



See our www.skininstitute.co.nz/find-a-clinic contact page for all clinic contact details:

Website: www.skininstitute.co.nz

Healthlink EDI: skininst



The Cooper Clinic – The Vasectomy Specialist Kiwis Trust



The Cooper Clinic is NZ’s leading vasectomy clinic with a track record of thousands of happy men who successfully had their vasectomy with us. Located in major cities across New Zealand, our clinics are very popular due to our easy booking process, our superior clinic sites focusing on privacy and comfort, alongside a track record of successful vasectomies.

One of the strengths in our model is our Friday single visit clinics which offers both consultation and procedure at the same time. Our friendly team and experienced doctors put men at ease in one of the most important decisions that many men make in their lifetime.

Anyone can enquire and no referral is needed. All our bookings across NZ are done through our headquarters.

Ph: 0800 88 44 08

Email: info@thecooperclinic.co.nz

Website: www.thecooperclinic.co.nz

Dr Eileen Merriman – Haematologist & Thrombosis Specialist



Venous thromboembolism (VTE), comprised largely of DVT (deep vein thrombosis) and PE (pulmonary embolism) affects 80 in 100,000 New Zealanders. Predisposing conditions including hereditary factors, recent surgery, cancer, trauma and obesity.

Dr Merriman is the past-president of the Thrombosis & Haemostasis Society of Australia and New Zealand, Clinical Director of Haematology at Waitemata Health and New Zealand Haematology Working Group Chair.

Thrombocare Specialists is a virtual New Zealand-wide service offering Zoom, telephone, or (if necessary) face-to-face appointments for patients with disorders of haemostasis and thrombosis, along with a range of non-malignant haematology conditions, including myeloproliferative disorders and immune thrombocytopenia (ITP). Dr Merriman’s interests include antiphospholipid syndrome and pregnancy-related haematology conditions.

Thrombocare Specialists is Southern Cross and NIB-affiliated.



For appointments, please contact:

Email: thrombocare@gmail.com

Website: www.thrombocare.co.nz

Virtual Consultation via Zoom or telephone



www.healthpoint.co.nz



Family Hearing Centre

As independent audiologists in Auckland, we are dedicated to delivering high-quality and affordable hearing care to individuals of all ages, from infants to seniors.

We take pride in offering a wide range of audiology services designed to enhance hearing health. Each service is delivered with expertise, compassion, and a personalised touch, ensuring that our visitors receive the best possible care.

Chatu Nelumdeniya and Leanne Ma are senior MNZAS audiologists who are passionate about hearing and all things related to ears. We love learning and adapt our practices to stay up-to-date with newest research.

Our Services

- Hearing tests – all ages (down to infants 6 months old)
- Auditory Processing Disorder APD
- Tinnitus assessment and consultation
- Ear wax micro-suction, curettage & ear health advice
- Comprehensive hearing tests for adults (including hearing-in-noise)
- Independent hearing aid services
- Custom ear plugs – swimming, noise protection, sleeping
- Government and ACC-registered
- Southern Cross Easy-Claim provider
- 5-star audiology clinic rated on Google – loved by our visitors!

Appointments at 371 Manukau Rd, Epsom:

Ph: (09) 217-6944

Email: leanne@familyhearing.co.nz

Website: www.familyhearing.co.nz



Grief Centre

The Grief Centre offers loss and grief support to youth, adults and whānau experiencing any form of significant loss. This includes the death of a loved one, relationship loss, redundancy, natural disaster, illness, pet loss and more.

Our kaupapa is to assist anyone, regardless of financial circumstance, to live through loss.

Our services include:

- Counselling
- Grief and loss information and resources
- Professional development training, webinars and workshops – CPD/OPD points.
- Supervision and staff support for professionals
- Bereavement support services, provided through funeral homes.

For counselling and general enquiries throughout New Zealand please contact us on:

Phone: (09) 418 1457

Freephone: 0800 331 333

Email: admin@griefcentre.org.nz

Website: www.griefcentre.org.nz



Headway – Brain Injury Auckland

Do you have a patient struggling with concussion or brain injury?

Headway – Brain Injury Auckland is here to help with free, person-centred brain injury support, education, and navigation services.

Peer Support Groups provide vital support, skills, and knowledge to those impacted by brain injury and their whānau in a safe and welcoming environment. Delivered from multiple Auckland locations and online, there will be a support group near your client.

Headway Community Navigators resource and support clients and whānau to be able to make informed decisions about their health and well-being during a difficult time.

Our website has the latest concussion advice and valuable resources. If they require additional support, referrals to Headway are simple: a short client form on our website or self-referral.

Ph: (09) 520 4807

Email: information@headway.org.nz

Website: www.headway.org.nz



www.healthpoint.co.nz



Caring and professional breast care delivered by our multidisciplinary team

- Breast Cancer Management, Surgery, Reconstruction
- Breast Examination
- Ultrasound
- Family History Clinic
- Breast Pain
- Lactational Problems

breastassociates.co.nz

(09) 522 1346



I-MED Radiology
Network

**Comprehensive care.
Uncompromising quality.**

Welcome to I-MED Radiology New Zealand

The I-MED Radiology Network NZ encompasses Hamilton Radiology, Midland MRI, Mokoia Radiology, Focus Radiology and Taranaki Radiology. With 23 clinics across the North Island and a team of 30 experienced radiologists, highly regarded for their subspecialist expertise, we are committed to providing exceptional care for our patients.

I-MED Radiology is Australasia's largest and most comprehensive provider of diagnostic imaging services, performing over 6 million patient procedures each year. Our vision is to be the world's most respected and trusted medical imaging specialists. This overarching vision is underpinned by our purpose – to save lives and reduce uncertainty.

Locations

- Hamilton
- Cambridge
- Morrinsville
- Otorohanga
- Te Awamutu
- Rotorua
- Tauranga
- Papamoa
- New Plymouth
- Stratford

Services

- X-ray
- Ultrasound
- MRI
- CT
- Nuclear Medicine
- PET/CT
- Interventional Procedures
- Mammography
- Bone Densitometry (DEXA)

To find out more scan the QR code or visit our website: i-med.co.nz



HAMILTON RADIOLOGY

MIDLAND MRI

MOKOIA RADIOLOGY

FOCUS RADIOLOGY

TARANAKI RADIOLOGY

Members of the I-MED Radiology Network



Tauranga's only comprehensive Gastroenterology Clinic

OPEN
JULY
2024

Specialties:

- Gastroenterology
- Hepatology
- Colorectal Surgery
- Dietetics
- Psychology

Services:

- Colonoscopy
- Gastroscopy
- Capsule Endoscopy
- Oesophageal pH study
- Manometry
- BRAVO - non-invasive pH
- Infusions
- Haemorrhoid Treatment
- Food Intolerance Testing
- SIBO Breath Testing
- Helicobacter Pylori Testing

36 Burrows Street, Tauranga
Ph: 07 777 0600
reception@macmurray.co.nz
www.macmurray.co.nz

MacMurray
ENDOSCOPY & SPECIALIST CENTRE

Dr Michael Chu – General, HPB, Laparoscopic and Renal Transplant Surgeon

Dr. Michael Chu is a highly trained general surgeon specialising in the field of liver, pancreas, gallbladder and bile duct conditions, and in kidney transplantation. He is the only surgeon in New Zealand with formal sub-specialisation training in both HPB and Renal Transplant surgery.

Michael's practice encompasses all general surgical cases. Specific expertise is in:

- 1) HPB – Liver, pancreas, biliary surgery
- 2) Laparoscopic gallbladder surgery including difficult gallbladder cases
- 3) Laparoscopic hernia repair
- 4) Incisional hernia repair
- 5) Peritoneal dialysis access

Michael is committed to delivering compassionate and quality surgical care to patients. He is available for urgent referrals/reviews.

Languages spoken: English, Mandarin, Cantonese

For appointments, please contact:

Ph: 027 216 7288
Email: admin@drmichaelchu.co.nz
Website: www.drmichaelchu.co.nz
Healthlink EDI: onthrock

Consulting at Laparoscopy Auckland, 148 Gillies Avenue, Epsom, Auckland



Associate Professor Murali Mahadevan – ENT surgeon

Murali is an experienced ENT surgeon, Associate Professor in Surgery and in Paediatrics at the University of Auckland. He is well recognised internationally having published over 80 peer reviewed publications and several book chapters.

Murali works in both the public and private sector and was previously the clinical director of ENT at starship Children's Hospital (2004–2017). His practice covers both adult and paediatric ENT conditions.

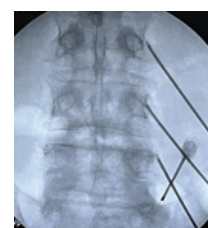
This includes:

- ear infections
- tonsillitis
- sinus problems
- snoring
- nose issues, including septal deviation and fractures
- head and neck lumps

Currently located at the Mauranui clinic in Epsom, he will be moving to Kakariki Hospital later this year.

For appointments please contact:

Ph: (09) 925 4050
Email: surgeon@entdoctor.co.nz
Website: www.ent4kids.co.nz or www.entdoctor.co.nz
Healthlink EDI: ENTDOCTR



Our practice specialises in minimally invasive procedures with a focus on precision and efficacy of diagnosis and management.

One option is **Radiofrequency Ablation**, an effective minimally invasive treatment for spinal pain conditions, particularly facet joint pain. Supported by robust evidence, this technique offers targeted relief by precisely targeting pain-transmitting nerves, under local anaesthetic and image guidance. Referring clinicians can confidently entrust their patients to our care, knowing that we prioritize conservative yet effective approaches to pain management, ensuring optimal outcomes for every individual.

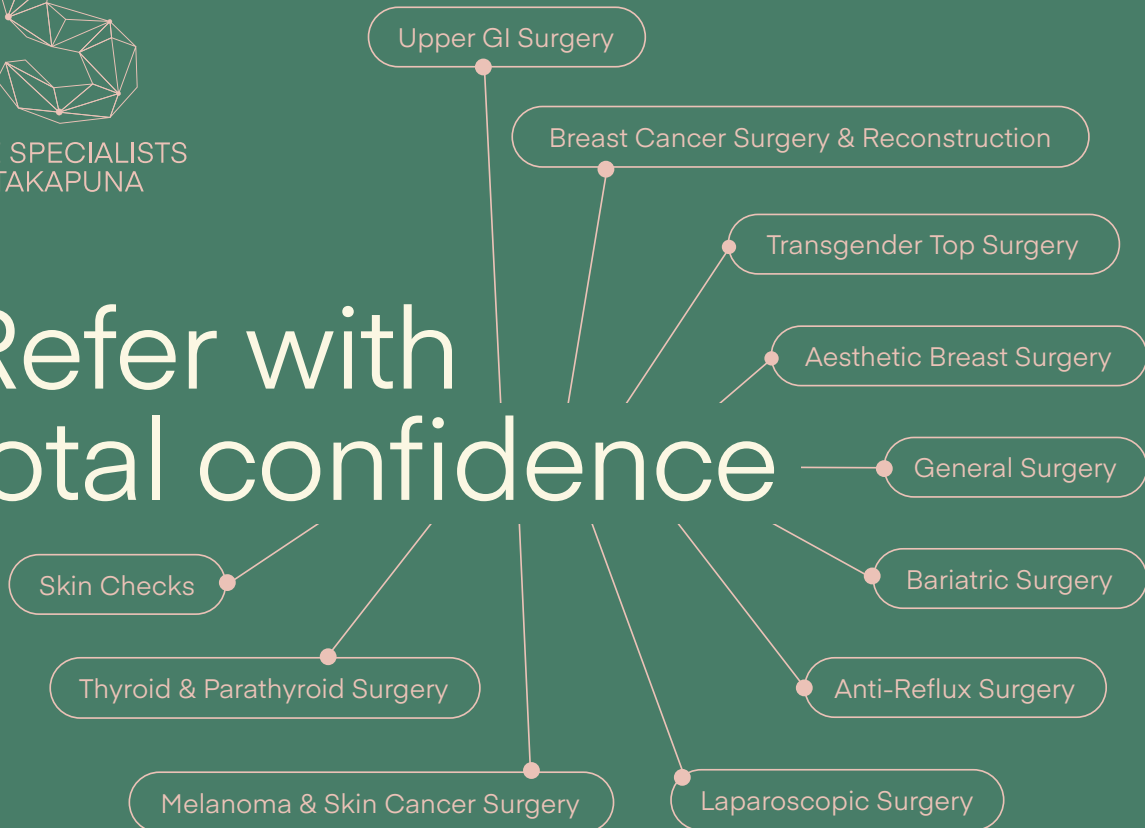
For more information on Radiofrequency Ablation or Interventional Pain Management, please be in touch through

email office@msk-institute.co.nz or
website: www.msk-institute.co.nz





Refer with total confidence



New Zealand's newest collective of surgical specialists is now open for patient consultations nationwide. Our close-knit team are each leaders in their fields and are linked by the same commitment to delivering unparalleled excellence in surgical care.

So, when you put your trust in us, you can rest assured your patients are in the best of hands.



Richard Martin

Cutaneous Surgical Oncologist,
Head/Neck and General Surgeon
MBChB Otago; FRACS; ChM
EDI tstanzac



Katherine Gale

Oncoplastic Breast, Melanoma
and General Surgeon
BHB; MBChB Auckland; FRACS (GS)
EDI oncoplas



Jason Robertson

Upper GI, Bariatric and General Surgeon
MB ChB Auckland; MMedSc; FRACS
(GS); AANZGOSA
EDI tstanzac

Level 2, 3 Anzac Street,
Takapuna, Auckland 0622
09 869 3080
hello@tstakapuna.co.nz

tstakapuna.co.nz

North Shore Hand Therapy

Partner with North Shore Hand Therapy:
Expert Care for Your Patients

North Shore Hand Therapy is your trusted partner in providing expert care for hand, wrist, forearm, and elbow injuries and conditions. We specialise in delivering personalised, patient-centered therapy that prioritises effective outcomes and patient satisfaction.



Why Refer to Us?

- **Specialised Expertise:** Our therapists are dedicated professionals with extensive experience and post-graduate training in hand therapy.
- **Patient-Centric Approach:** We prioritise the well-being and comfort of every patient we treat.
- **Collaborative Care:** We work closely with referring specialists and healthcare providers to ensure seamless coordination of care.
- **Comprehensive Services:** From custom splints to post-operative rehabilitation, we offer a full spectrum of hand therapy services.

Referring your patients to North Shore Hand Therapy is simple. We offer convenient book online scheduling through our website - www.northshorehands.co.nz, by phone at 0800 749 746 or via email at reception@northshorehands.co.nz.

For appointments in Auckland please contact:

Ph: 0800 749 746

Fax: (09) 929 3369

Email: reception@northshorehands.co.nz

Website: www.northshorehands.co.nz

Healthlink EDI: nshthand

Northland Ear Care

Theresa Leslie, Jess Reynolds,
and Marg Hunt make up the
team that is Northland Ear Care.



Northland Ear Care

Clinics in the Northland areas of Kerikeri,
Russell, Whangarei and Mangawhai.

The company offers professional ear
cleaning using microsuction, advice
about treatment and prevention of ear
conditions and referral on to further
services if required.

Microsuction is considered the safest
way to remove ear wax and other debris
within the ear canal.

We offer services for all age groups.

Northland Ear Care is a registered provider
for ACC and Veterans Affairs.

For enquiries and appointments contact:

Kerikeri & Russell

Phone: 021 281 8475

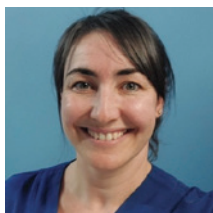
Email: margnorthlandearcare@gmail.com

Whangarei & Mangawhai

Phone: 021 212 6684

Email: northlandearcare@hotmail.com

Website: www.northlandearcare.co.nz



Menodoctor

Led by Dr Linda Dear,
Menodoctor offers you a team
of doctors who are dedicated
to Perimenopause and Menopause care. We provide holistic and
extended consultations to empower and support women during this
life phase, enabling them to achieve optimal health and wellbeing.
We offer both virtual and in-person consults across NZ.



Appointments in Tauranga and online:

Ph: (07) 571 3133

Email: hello@menodoctor.com

Healthlink EDI: MENODOCS

Website: www.menodoctor.com

Skintel – Dr David Lim, Dermatologist and Mohs Surgeon



Skintel is a specialist Skin Cancer Clinic on the
North Shore of Auckland.

We have successfully detected and treated
over 10,000 proven skin cancers helping
to ease the burden of NZ's prolific rates.

Skintel is only staffed by experts: Specialist
Dermatologists and Mohs Surgeons.

Our high levels of precision mean we excel at detecting early and
subtle skin cancers.

Many people don't realise that the most common type of skin
cancers are flesh coloured, which can make them very difficult to see.

Our precision is also reflected in our extremely low incomplete
excision rate, meaning a 99.9% chance of your skin cancer being
removed completely the first time.

In other words, you avoid unnecessary repeated surgery and also
have a minimised risk of complications.

We offer Mohs Surgery, the Gold-Standard treatment for skin cancer
on the face and other sensitive areas.

Skintel, where skin smart starts.

For appointments, please contact:

Ph: (09) 24 22 333

Email: reception@skintel.co.nz

Website: www.skintel.co.nz

Healthlink EDI : skintelx

Would you prefer to get infomatters by e-mail?

According to Bob Dylan – the times they are a changin'

And Healthpoint would like to know if you'd also
like to change and receive your infomatters newsletter
by e-mail direct to your inbox.

Please let will@healthpoint.co.nz know if you'd
prefer things digitally, as this may become an
option in the future!

The Nutrient Nurse – Rejuvenating nutrient infusions

The Nutrient Nurse offers a comprehensive mobile nursing service specialising in intravenous infusions tailored to patient needs. Our skilled nurses deliver expert care directly to patients in the comfort of their homes across greater Auckland, extending up to Mangawhai.

We provide hydration solutions for conditions such as hyperemesis, migraines and dehydration, offering rapid relief and restoration of electrolyte imbalance. Additionally, our services include specialised treatments for concussion symptoms, aiming to alleviate discomfort and support recovery. We are proudly ACC treatment providers, alleviating the burden from outpatient services and GP clinics.

For patients requiring nutritional support, such as post bariatric surgery or with compromised nutrient absorption, we offer vitamin infusions and iron infusions to address deficiencies and promote overall wellness. With The Nutrient Nurse, patients can conveniently access high-quality intravenous therapies without the need for hospital visits, ensuring personalised and attentive in-home care.

Please email your referrals

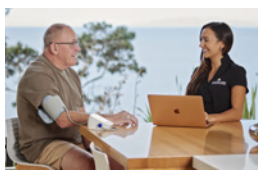
For appointments, please contact:

Ph: (09) 888 8030

Email: info@thenutrientnurse.nz

Website: www.thenutrientnurse.nz

Location: Mairangi Bay, Auckland



Janice Yeoman – Optometrist and Ocular Prosthetist BOptom(Hons) MSc(Hons)

Janice is a practicing optometrist and ocular prosthetist with the New Zealand Prosthetic Eye Service, a specialist practice that works exclusively with patients who have a lost or disfigured eye.

Janice has a special interest in the ocular prosthetic rehabilitation of damaged or disfigured eyes using scleral shell prostheses. Scleral shells can be worn to restore the appearance and lid function of eyes disfigured by medical or congenital conditions, or trauma. Janice is also currently carrying out PhD research through the Department of Ophthalmology (FMHS) at the University of Auckland investigating this speciality area of ocular prosthetic care.

Janice welcomes referrals for:

- prosthetic eyes following evisceration/enucleation
- scleral shell prostheses for disfigured eyes
- prosthetic contact lenses for disfigured eyes

The New Zealand Prosthetic Eye Service:

Auckland, Christchurch, Hamilton, New Plymouth, Rotorua, Tauranga, Wellington and Whangarei.

Phone: (09) 2182271

Freephone: 0800 optics (678427)

Email: info@prosthetic-eyes.co.nz

Website: www.prosthetic-eyes.co.nz



Janice Yeoman



A scleral shell prosthesis can be worn over a damaged eye to restore its appearance.

Practice 92 Welcomes New Psychiatrists

Dr Emme Chacko, Consultant Psychiatrist, will join us from May 17th, offering Mindfulness-Based Cognitive Therapy (MBCT) on an 8-week 1-hour a session program. Emme is extremely passionate

about MBCT as it is reported to be as equally effective as taking antidepressants and is the treatment of choice for recurrent depression according to the Royal Australasian and New Zealand College of Psychiatrists.

In addition, three new Consultant Adult Psychiatrists have recently joined the team.

Dr Mallorie Govender

Dr Preethi Jayrajh

Dr Keshika Mangrey

All three are very experienced psychiatrists with extensive mental health knowledge and have worked using a variety of modalities in South Africa prior to migrating to New Zealand.

Practice 92 also has seven psychologists, with a wealth of experience between them, who are happy to see new patients.

We welcome your referrals. Appointments available at:

Practice 92 Limited

1 St Albans Avenue, Mt Eden, Auckland 1024

Phone: (09) 638 9804

Fax: (09) 638 9814

Mobile: 027 505 2277

Email: admin@practice92.co.nz



GENERAL DENTISTRY | HYGIENE & PERIODONTAL MANAGEMENT

Childrens Emergencies

Free 0-13 year olds emergency appointments.

Teenage Dentistry

Free general dentistry for 13-18 year olds.

Toothache

Emergency appointments available either same day or next day.

WINZ/Studylink

WINZ/Studylink quotes for \$1000 free funding towards dental or more if needed.

EMAIL OR PHONE US FOR A REFERRAL PAD

07 949 6947

admin@tulipdental.co.nz



www.ormistonurology.co.nz

ORMISTON UROLOGY FAST TRACK PSA CLINIC: CUT THE WAITING, NOT THE CARE.

"The worst part was the waiting. The wait for the appointment, the MRI, the biopsy, and the wait for the results. Not knowing was stressful for me and my family."

At Ormiston Urology, we understand the anxiety elevated PSA levels can cause your patients and their families. That's why we're proud to offer New Zealand's only Fast Track PSA Clinic, where rapid diagnosis is the standard of care.

Phone:
09-527-0500

WE'VE SLASHED THE TYPICAL 6-12-WEEK DIAGNOSIS PROCESS DOWN TO JUST 48 HOURS:

- Day 0: MRI scan, Urologist consultation, and guided biopsy (if needed).
- Day 3: Results and treatment plan – patients meet with a Urologist and Radiation Oncologist.

How It Works:

We work closely with radiology, pathology, and oncology specialists to streamline the care process. This reduces unnecessary delays and gives your patients immediate access to expert advice on the next steps.

The Fast Track Clinic is ideal for:

- Busy professionals in need of quick answers.
- Men in rural areas facing long travel times.
- Patients seeking specialised care outside their region.

We're dedicated to providing the fastest, most comprehensive prostate cancer care possible for your patients.

Benefits of the Fast Track PSA Clinic:

- **Reduced Stress:**
Minimize your patients' worry with a rapid diagnosis and treatment plan.
- **Expert Guidance:**
Patients meet with leading specialists to discuss all options.
- **Save Time & Ensure Timely Treatment:**
Eliminate long waits so patients can confidently begin necessary care.
- **Precision & Comfort:**
Our computer-guided US-MRI Fusion biopsy system ensures accurate results & our facilities are designed with patient comfort in mind.

Learn more: www.fast-track-psa.co.nz

Referrals: Ormiston Urology



Nurture Psychology

Nurture Psychology is a specialist team of registered Clinical Psychologists & Counselling Psychologists (+ Dietitian).

We provide evidence-based treatment for mild to moderate needs across the full spectrum of eating disorders and food/weight/shape concerns, and across all ages from children/adolescents through to adults.

This includes:

- Bulimia Nervosa
- Anorexia Nervosa
- Binge eating disorder
- Purging disorder
- Orthorexia
- Body image/body confidence concerns
- "Subthreshold" or mild/early cases of disordered eating (EDNOS/OFSED)
- Chronic dieting or weight fluctuations
- Fussy eating (typically in childhood)
- Avoidant-restrictive food intake disorder (ARFID- clinically significant fussy eating)

As highly trained Psychologists we are also competent in providing treatment with any co-occurring concerns such as mood and anxiety disorders.

We provide the following programmes:

- Outpatient Psychological Treatment for Eating Disorders
- Professional training & clinical supervision in working with eating disorders
- Psychological Treatment for co-occurring Anxiety & Mood Concerns

Appointments in Auckland (40 Cheshire Street, Parnell), and in Wellington & Christchurch:

Ph: 027 221 4912

Email: hello@nurturepsychology.co.nz

Website: www.nurturepsychology.co.nz/



The Turning Point – Addiction Treatment Centre

One of New Zealand's leading addiction treatment centres based in Auckland.

We understand that addiction can be a difficult and overwhelming experience. Our dedicated team is here to help you or your loved ones find the path to recovery.

Our comprehensive residential treatment programme is underpinned by the 12 step programme of Alcoholics/Narcotics Anonymous incorporating services that cater to both alcohol and drug addiction, including individual counselling, group therapy, addiction education, and relapse prevention techniques.

Our programmes are designed to help and empower our clients on their journey towards sustainable and long-lasting recovery.

For all enquiries and a confidential talk please contact:

Ph: 0800 863 3869

Email: info@theturningpoint.co.nz

Website: www.theturningpoint.co.nz



Ormiston Hospital is thrilled to announce the arrival of the Da Vinci XI state-of-the-art robotic surgical system.

This is a significant development for both patients and surgeons from South/East Auckland. Access to Da Vinci XI brings enhanced surgical precision and innovation to Ormiston Hospital and the wider community.

 **Southern Cross**

 **Ormiston**
Hospital & Healthcare



Introducing the new dedicated area for *Specialised Primary Health Care* providers

Primary care providers deliver vital services to people, whānau and communities throughout New Zealand, and in recognition of the extensive specialised services that many primary care general practitioners and nurse providers deliver, Healthpoint has created a unique and dedicated area for them to be included.

www.healthpoint.co.nz/specialised-primary-health-care

We recognise the additional training that has been completed, and specialised skills these providers possess, and to ensure that they can stand out and be highlighted in their own right, we determined a unique area of the Healthpoint directory was necessary and a platform for these services to elevate their voice and inform who they are, the services they provide, and how to access them.

The Specialised Primary Health Care section currently enables the following services/categories to include profiles with rich, comprehensive information:

- **Cosmetic Medicine**
- **Medicinal Cannabis**
- **Minor Surgery**
- **Sexual & Reproductive Health**
- **Skin Cancer services**
- **Travel Medicine**
- **Vasectomy**
- **Vein Treatment**

If you, or a colleague, deliver these services, why not get in touch with will@healthpoint.co.nz

Specialised Primary Health Care

BY LOCATION

Select a region...

Enter your address...

or Use your current location

BY CATEGORY

Specialised Primary Health...

☐ Open now

Service type...

How to Access...

Find up-to-date information about providers and services offered.

Specialised clinics usually only provide a single type of service offered by a primary healthcare provider.

Choose a Service

[Cosmetic medicine](#)

[Medicinal cannabis](#)

[Minor Surgery](#)

[Sexual and reproductive health](#)

[Skin cancer service](#)

[Travel medicine](#)

[Vasectomy](#)

[Vein treatment](#)

Search for a Specialised Primary Health Care Service



Search for a provider, suburb or keyword.