

# info matters



A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato, Lakes and BoP regions

June 2023

## HEALTHPOINT NEWS

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

### Enabling National Programmes and Supporting Community Localities

The Healthpoint Directory is a gateway to information that helps people access and use health and social services around the country. Our vision is to support fairer access online by enabling service providers to profile themselves and share their voice, including who they are, what they provide, and how to access them. Millions of enquiries find content to connect whānau to better care.

The objective of the directory is to empower and inform whānau and communities, meaning:

- Improved visibility of health and social services
- Improved ability to engage confidently with health and social services
- Improved equity for whānau Māori
- Increased awareness and accessibility to services
- Reduced pressure on frontline staff
- Making healthcare services more efficient to engage with

As Te Pae Tata, the Interim New Zealand Health Plan, begins its nationwide roll-out, a national directory will enable understanding of the local service provider landscape, as these will be (at least in the beginning) the delivery partners of national, district and locality plans.

Already, Healthpoint enables national campaigns to connect people and whānau to local services:

- “Time To Screen” – [www.timetoscreen.nz](http://www.timetoscreen.nz)
- Winter Wellness immunisation campaign – [www.immunise.health.nz](http://www.immunise.health.nz)
- Family Violence – it’s not ok – [www.areyouok.org.nz](http://www.areyouok.org.nz)
- 1737, Need to Talk? – [www.1737.org.nz](http://www.1737.org.nz)
- Safe to talk Sexual Harm – [www.safetotalk.nz](http://www.safetotalk.nz)
- And of course – the COVID-19 response



**CareHQ. Expert doctors online, 365 days a year.**

CareHQ is an online telehealth GP consultation service made possible by Southern Cross Health Society and ProCare. It provides virtual GP consults by experienced GP Fellows, 365 days a year, 7am to 9pm, giving access to a GP every day for anyone who has access to the internet, a web browser and camera via a smart phone, tablet or computer. The availability of GP consultations outside of business hours from any location supports people who are physically unable to access their GP through lack of timely availability, are too unwell to travel or if their location is remote/rural. CareHQ also offers specialist clinics for non-enrolled international visitors, and for employees needing a return-to-work plan assessed and sign off following injury. Bookings can be made at carehq.co.nz or by downloading the CareHQ app.

**For appointments nationwide, please book online at carehq.co.nz or via the Southern Cross app.**

**Ph: (09) 354 7629**  
**Fax: (09) 523 9790**  
**Email: care@carehq.co.nz**  
**Website: carehq.co.nz**  
**Healthlink EDI: carehqpp**



**Mr Ashish Taneja – General, Laparoscopic and Acute Care Surgeon**



Mr Ashish Taneja is a general surgeon at Auckland City Hospital and unit head of the Acute Surgical Unit in the Department of General Surgery.

In addition to his rooms at Mercy Specialist Centre, Epsom, he has now established rooms at Ormiston/Botany Junction to accommodate patients from South and East Auckland to more easily access his service.

Languages spoken: English, Hindi and Punjabi. His private practice comprises all general surgical cases with an interest in:

- Laparoscopic hernias
- Complex ventral hernias with abdominal wall reconstruction
- Laparoscopic gallbladder surgery, including complex cases
- Colon/Bowel surgery
- Skin surgery
- Pilonidal disease
- Minor Anorectal conditions and surgery
- Skin lesions
- Lumps and bumps

Ashish Taneja is a specialist in his field, ensuring that you get the best treatment.

**For appointments please contact Tracey:**

**Ph: (09) 623 7521**  
**Email: admin@surgeons.net.nz**  
**Website: www.aucklandgeneralsurgeons.co.nz**  
**Healthlink EDI: acklsurg**



**Auckland Mental Wellness Centre**

Auckland Mental Wellness Centre is an award winning psychology practice (Best Psychologist in Mangere, 2022), with a team of NZ registered clinical, counselling and forensic psychologists.

We provide general psychological, clinical and neurocognitive assessment, diagnosis and treatment for a wide range of relational, psychological, emotional, social and behavioural issues.

We also do assessment reports to the Court and Immigration NZ.

Our specialties include but are not limited to:

- Anxiety
- Addiction
- Child & Adolescent Mental Health Issues
- Chronic / Medically Unexplained Pain
- Depression
- Life Transitions
- Obsessive Compulsive Disorders
- Panic Disorder
- Personality Disorder
- Relationship Problems
- Self Esteem
- Sleep Disturbance / Insomnia
- Stress Management
- Trauma Related Disorders
- Workplace Issues

Languages spoken: English, Mandarin and Hindi

Opening Hours: Monday – Friday 9am to 8pm by appointment only.

For appointments in Ellerslie and Pakuranga, Auckland and online, please contact:

**Ph: (09) 558 4455 (DDI), Mobile: 021 960 303**  
**Email: aucklandmentalwellness@gmail.com**  
**Website: www.aucklandmentalwellness.com**  
**Facebook: www.facebook.com/aucklandpsychology**



**Fiona Coffey - Registered Midwife/Registered Nurse**

Do you have pregnant and breastfeeding clients?

We offer affordable and interactive Zoom (webinar)-based classes all in the comfort of the client's own home. Ideal for rural and busy urban families.

Check out our website [www.thriveunder3.co.nz](http://www.thriveunder3.co.nz) for support with:

- Antenatal Classes
- Breastfeeding Classes
- Lactation Consultancy (individual consultations for breastfeeding challenges)

**Our service is national (anywhere in NZ)**

**Email: info@thriveunder3.co.nz**  
**Website: www.thriveunder3.co.nz**



If you are interested in profiling yourself and your services please email: [will@healthpoint.co.nz](mailto:will@healthpoint.co.nz) or phone (09) 630 0828

# WORLD-CLASS RADIOLOGY DELIVERED LOCALLY



**Dr Kate O'Connor**  
RHCNZ Board Director  
Radiologist for  
Auckland Radiology

## EQUITY IN HEALTHCARE

“ Committed to making high-quality medical imaging services accessible to all communities across New Zealand, we invest in provincial sites and our skilled radiologists work in both public hospitals and private clinics. ”



**Dr Steve Merrilees**  
Managing Radiologist  
Auckland Radiology

## EXTENSIVE SUB-SPECIALTY EXPERTISE

“ Most of our radiologists have done fellowships/extra training in their areas of subspecialty which ensures imaging will be viewed by the most appropriate radiologist based on patient needs. ”



**Dr Kunaal Rajpal**  
Managing Radiologist  
Bay Radiology

## SUPPORTING THE COMMUNITY

“ We support foundations that positively impact our communities, including the Brain Injury Trust, Graci Foundation, and the Gut Foundation. Our research division plays a crucial role in advancing healthcare and improving patient outcomes. ”



**Dr Kevin Gilbert**  
Managing Radiologist  
Pacific Radiology  
Waikato

## A NZ OWNED RADIOLOGY PROVIDER

“ Deeply connected to the local community, we understand the unique healthcare needs of New Zealanders. We invest in local talent, contribute to job creation, and participate in initiatives that benefit the well-being of our fellow New Zealanders. ”

Our team of experienced radiologists have Fellowships and/or subspecialty expertise in the following areas:

- abdominal
- bone
- breast
- cardiothoracic
- ear, nose & throat
- gynaecological
- hepatobiliary
- interventional
- musculoskeletal
- neurological
- obstetric
- oncological
- orthopaedic
- paediatric
- percutaneous procedures
- rheumatology
- sports
- urologic
- vascular



**Dr Savitha Bhagvan – Trauma and General Surgeon**

I am a trauma and general surgeon with a special interest in **management of chest trauma**. I am specifically interested in multimodality management of pain and disability following rib fractures (new and old). After being trained in **surgical stabilisation of rib fractures** at Westmead Hospital, Sydney, I have introduced a chest injury pathway at Auckland City Hospital.

I also specialise in management of **traumatic chest wall and abdominal wall hernias** and offer treatment for the same. I am happy to consult on patients and offer appropriate surgical and non-surgical treatments.

I currently operate at both Mercy and Ascot hospitals.

Originally trained in India, I have been practicing in New Zealand for 20 years.

I am a member of CWIS, ANZTS, ANZAST, ACS and AAST. I am an instructor on the EMST and DSTC courses.

Consulting at Remuera and Pukekohe.

Ascot Hospital 90 Greenlane East, Remuera

All referrals to Remuera rooms please

Ph: 021 027 99091

Email: [admin@savithabhagvan.co.nz](mailto:admin@savithabhagvan.co.nz)

Healthlink EDI: sbhagvan



**Cinthia Minatel Riguetto - Endocrinologist**

Dr Cinthia is an endocrinologist with a special interest in diabetes and thyroid disorders. She has worked at the Waikato Regional Diabetes Service and Waikato Hospital since June 2020 and has recently joined Virtuoso Clinic in Tauranga.



Dr Cinthia welcomes referrals covering all types of diabetes and its complications, thyroid diseases (from benign conditions to thyroid cancer), obesity, dyslipidaemia, reproductive disorders (menstrual disorders, male hypogonadism, polycystic ovary syndrome, menopause, hormone replacement therapy), calcium and bone metabolism (osteoporosis).

Dr Cinthia offers thorough, empathetic and sensitive care that centres on the patient.

**Endocrine BOP**

Virtuoso, Suite 6, Level 1

850 Cameron Road

PO Box 56 Tauranga 3140

Ph: (07) 579 0466

Fax: (07) 579 0468

Email: [info@endocrinebop.co.nz](mailto:info@endocrinebop.co.nz)

Website: [www.endocrinebop.co.nz](http://www.endocrinebop.co.nz)

Healthlink EDI: uro22bop



**Beyond Radiology**beyondradiology.co.nz

CT  
EOS  
ULTRASOUND  
NUCLEAR MEDICINE  
INTERVENTION  
X-RAY  
MRI

**The clarity you need.**

Beyond Radiology is New Zealand owned and clinician led. Our team of healthcare providers are driven to provide excellence in patient care using leading imaging technology – including New Zealand's first EOS machine.

**AUCKLAND** | [bookings@beyondradiology.co.nz](mailto:bookings@beyondradiology.co.nz)
**CHRISTCHURCH** | [chch.bookings@beyondradiology.co.nz](mailto:chch.bookings@beyondradiology.co.nz)

**Dr Paul Tan - Respiratory Physician**



Paul Tan (MD 2002, FRACP Respiratory & Sleep Medicine 2012, General Medicine 2012) is a respiratory physician committed to providing high quality respiratory and sleep medicine in Northland.

Paul graduated from the University of Western Ontario, Canada in 2002. He came to New Zealand and completed his post graduate training in both respiratory & sleep medicine and general medicine at Christchurch Hospital in 2012. Paul currently works as a respiratory & sleep physician at Te Whatu Ora Counties Manukau.

Paul works closely with Catherine Corble, a senior clinical sleep & respiratory physiologist, to provide lung function testings and sleep studies.

Services provided:

- Medical consultation
- Lung function testing (pre and post bronchodilator spirometry, flow volume loops, lung volumes, diffusion capacities)
- Home based sleep studies (Level 3 & 4)

Specialty interests:

- Airways disease
- Lung cancers
- Interstitial lung disease
- Sleep disordered breathing

To book an appointment at Cardinal Points Specialist Centre, 366 Kamo Road please contact:

Ph: (09) 437 4091

Fax: (09) 437 4081

Email: [admin@cardinalpoints.co.nz](mailto:admin@cardinalpoints.co.nz)

EDI: mrxnixon





**Andrew Moot – General & Colorectal Surgeon**  
**M Med Sc, FRACS**

Andrew Moot is a New Zealand trained general and colorectal surgeon. He trained in general surgery in New Zealand and his training in colorectal surgery continued for two more years at the Royal London Hospital and Addenbrookes Hospital in Cambridge, England. He is a member of the Colorectal Surgical Society of Australia and New Zealand (CSSANZ). Andrew served 12 years on the executive for the New Zealand Association of General Surgeons (NZAGS), including as President from March 2016 until March 2018. He has 15 years of consultant experience, including working in the Waitematā district since 2014, and in private practice at the Waitematā Specialist Centre since 2019. Andrew has an interest in gallbladder and minimally invasive hernia surgery, as well as laparoscopic surgery of the colon and rectum. He is also very experienced in managing patients with anal conditions such as haemorrhoids, fissures and complex fistulae. He has recently increased his consulting time at the Waitematā Specialist Centre and so is currently available to see patients there at short notice, and for endoscopy at Waitematā Endoscopy.



**Appointments available at:**

**Waitemata Specialists, 15 Shea Terrace, Takapuna.**  
**Ph: (09) 441 2750, Fax: (09) 441 2759**  
**Email: [consult@wsurg.co.nz](mailto:consult@wsurg.co.nz)**  
**Healthlink EDI: waitemas**

**Consults also available in Browns Bay Medical Centre and in Henderson at 53 Lincoln Road.**

**Waitematā Endoscopy, Northern or Western Clinic.**  
**Ph: (09) 925 4449, Fax: (09) 925 4450**  
**Healthlink EDI: sxhospwpe**

**SKINIQUE by**  
**Dr Chin-Yun Lin**  
**– Dermatologist**



Dr Chin-Yun Lin is a highly experienced dermatologist and accredited Mohs micrographic surgeon, who has worked extensively across New Zealand and Australia. He has attained Fellowships from the Royal Australasian College of Physicians, the New Zealand Dermatological Society, and the American College of Mohs Surgery. He understands the skin problems faced by Kiwis and how to best manage them.



His specialty interests include:


- Detection and management of various skin cancers, including melanomas.
- Mohs micrographic surgery, for treatment of complex or head and neck skin cancers.
- Management of a wide range of skin disorders such as eczema, psoriasis, acne, hair and nail diseases.
- Cosmetic dermatology services including scar management, reduction of unwanted pigmentation or facial redness, and removal of benign skin lesions.

Dr Lin provides fluent English and Mandarin consultation services, to suit the individual needs of his patients.

For appointments at Crawford Specialist Clinic, 12 Picton Street, Howick, Auckland please contact:

**Ph: (09) 538 0133**  
**Email: [info@crawfordspecialists.co.nz](mailto:info@crawfordspecialists.co.nz)**  
**Website: [www.skinique.nz](http://www.skinique.nz)**  
**Healthlink EDI: crawspec**






## Delphi Clinic

### Could your patients have varicose veins?

**Do they have any of the following symptoms?**

Restless legs • Heavy, achy or tired legs • Night cramps • Leg ulcers • Poor leg wound healing • Darkening leg and calf skin • Leg discomfort after sitting or standing for a long time • Itchy legs • Spider veins • Ankle swelling  
 Varicose veins • Past history of DVT

**They may be suffering from varicose vein disease**



Delphi Clinic has three locations Remuera, Pukekohe and Hobsonville.

We are covered by all major insurance companies including Southern Cross, AIA, NIB, Partners Life, Accuro, Unimed and more.

For referrals/enquiries email [reception@delphiclinic.co.nz](mailto:reception@delphiclinic.co.nz)

**Delphi Clinic,**  
**24 Green Lane East Road,**  
**Remuera, Auckland**  
**Phone 021795744**  
**[www.delphiclinic.co.nz](http://www.delphiclinic.co.nz)**

Dr Zach Kidman  
 MBChB; BA; RNZCGP  
 Fellow of Australasian College of Phlebology

**Dinaz Irani - Ear, Nose & Throat Specialist**

Dr Dinaz Irani is an ear, nose & throat specialist with special interest in paediatric ENT, otology & rhinology. Dinaz is a consultant at Tauranga and Whakatāne hospitals. She is a member of the New Zealand Society of Otolaryngology Head & Neck Society and Member of The Royal Australasian College of Surgeons.



After completing medical school in Mumbai, India in 1995 Dinaz worked in teaching hospitals in Mumbai as associate professor in ENT. Dinaz also spent a few months with Prof Andre Sultan in Paris and Prof Helms and the Plester Group in Germany learning specialised skills in otology.

Dinaz moved to New Zealand in 2004 and worked in Auckland before moving to Tauranga in 2008, after which she got her vocational registration in otolaryngology by the Medical Council of New Zealand. Since moving to Tauranga Dinaz is still working to date in Tauranga and Whakatāne hospitals, the last three years as Head of Department. Dinaz started the outreach clinics in Kawerau and Opotiki which have been a huge success.

Dinaz is actively involved in training and supervision of medical students and doctors. She is passionate about providing a world class service in Tauranga and the wider Bay of Plenty region.

**To book an appointment at Tauranga Surgical Group, 138 Fraser Street please contact:**

**Ph: (07) 578 1996**  
**Email: [admin@taurangaent.co.nz](mailto:admin@taurangaent.co.nz)**  
**EDI: dinazent**



# AVANTI

ULTRASOUND

Hamilton's newest ultrasound clinic

**WHAT WE DO**

We are a dedicated ultrasound clinic offering a full range of scans including musculoskeletal, general, DVTs, female pelvis and all the stages of pregnancy. We understand how important accurate and timely reports are to your patients. We are open 5 days a week and have daily urgent slots available. Our report turn around time is within 48 hours for non-urgent scans.

**WHO WE ARE**

Tanya McCahon & Orlaith Brennan

We are a team of expert sonographers with decades of combined experience. Tanya has a wealth of MSK experience and Orlaith has a special interest in women's health. Our brand new Philips epiq elite machine completes our package.

 **07 245 1009**

 [avanti-ultrasound.co.nz](http://avanti-ultrasound.co.nz)

 EDI: avantius

**529 Grey Street, Hamilton East**



# HOBSONVILLE HEARING

Your Local Audiology Provider



Abby obtained her Master of Audiology from the University of Canterbury in 2016 and Certificate of Clinical Competency from the New Zealand Audiological Society in 2018. She is an experienced clinical audiologist - working with both adults and children and is highly trained at microsuction for all ages. She opened Hobsonville Hearing in late 2021.

Hobsonville Hearing is the first permanent audiology practice in the Hobsonville area and is locally owned and operated. At Hobsonville Hearing, we take great pride in providing our community with high quality, professional and patient-centred care. Our aim is to build trusted and long-standing relationships with our patients and provide a professional and personalised service. We recognise and understand every person is unique and may require a different approach to their appointment, which allows us to change the way we operate to ensure you feel comfortable as soon as you walk into our clinic.

**ABBY JOHNSON**  
Audiologist & Director of Hobsonville Hearing  
Member of the New Zealand Audiological Society

**Our Services**

- FREE hearing screens for Gold Card holders
- Ear wax & foreign body extraction with microsuction & curetting
- Full diagnostic hearing tests for adults & children
- Hearing aid consultations & second opinions
- Independent hearing aid supplier
- Exclusive hearing aid care package
- Onsite hearing aid servicing + no surcharge for offsite hearing aid repairs
- Hearing aid batteries, wax filters & more
- Government, ACC and MSD registered
- Southern Cross Easy-Claim provider
- Auckland's top rated audiology clinic on Google! ★★★★★

 09-930-9880

 [info@hobsonvillehearing.co.nz](mailto:info@hobsonvillehearing.co.nz)

 [www.hobsonvillehearing.co.nz](http://www.hobsonvillehearing.co.nz)

 Suite 2 - inside the Hobson Centre  
Level 1/124 Hobsonville Road,  
Hobsonville, Auckland

## Molecheck

Molecheck's doctors provide on the spot diagnosis – and in some cases on the spot treatment – for all their patients.



Using the latest dermoscopy techniques, Molecheck's doctors are able to view structures beneath the skin surface, enabling the detection of melanoma and other skin cancers at the earliest possible stage.

Some skin cancers can be extremely difficult to diagnose – if you're in doubt or would simply like an expert opinion, the experienced team at Molecheck can help.

Molecheck has clinics in Auckland and Christchurch and welcomes self-referrals.

To book an appointment in Auckland please contact:

Ph: (09) 524 1234

Email: [info@molecheck.co.nz](mailto:info@molecheck.co.nz)

Website: [www.molecheck.co.nz](http://www.molecheck.co.nz)

## Dr Dennisa Davidson – Child & Adolescent Psychiatrist

**MBBS, FRANZCP, Cert. Child & Adolescent Psychiatry**

Further specialisation in Traumatic Stress, Neurosequential Model and EMDR



Dennisa has expertise in the management of stress and stress related issues, particularly those that begin in childhood. These can manifest as:

- Emotional dysregulation
- Anxiety
- Self-harm
- Behavioural problems
- Inability to tolerate certain sounds or touch
- Sleep and eating problems
- Bladder and bowel control problems
- Symptoms of PTSD
- Symptoms of ADHD or ASD

Dennisa consults from ReBoot in Epsom. She sees children and adults who suffer from these issues.

Her focus is on neuroscience-based management of mental health using both medication and therapeutic interventions. She provides comprehensive assessments, neurosequential model brain mapping and EMDR therapy, alongside play and art therapy techniques.

Her passion is to help you heal, find hope and joy in living your life to your best.

Languages: English, Tamil, Hindi

ACC Psychiatry Provider. Afterpay available.

For face-to-face appointments in Auckland or Zoom appointments please contact ReBoot.

E-mail: [admin@reboothealth.co.nz](mailto:admin@reboothealth.co.nz)

Website: [www.reboothealth.co.nz](http://www.reboothealth.co.nz)

Electronic Referrals on Specialists & Referrals Service



**The Hand Clinic**

**Warkworth, Matakana,  
Wellsford, Mangawhai**

The Hand Clinic has recently opened its fourth clinic in Mangawhai, complementing the other three clinics located in Matakana, Wellsford and Warkworth. This provides easy access to hand therapy services within the North Auckland community for patients and a central location for specialists, GPs and health providers to refer to.

The three hand therapists are Naomi Marshall, Georgia Barnes and Sandra Kettle; all trained physiotherapists and together representing a collective 35 years of experience within the hand therapy field.

At The Hand Clinic they strive to provide a professional approach to accurately assess, diagnose, and treat a wide range of hand, wrist, forearm, and elbow injuries. The goal is to get patients back doing the things they love as quickly and safely as possible.

**Booking an appointment is easy – either online at [www.thehandclinic.co.nz](http://www.thehandclinic.co.nz); by phoning (09) 945 2020 or email at [admin@thehandclinic.co.nz](mailto:admin@thehandclinic.co.nz)**



**The Skin Company -  
Dr Vania Sinovich**

Dr Vania Sinovich is a highly experienced dermatologist with a passion for delivering the highest standard of care to her patients. She has recently launched her own dermatology practice, The Skin Company, in Remuera where she provides a comprehensive range of services.

Her areas of specialisation include skin cancer detection and management, skin cancer prevention therapies, general dermatology including acne, rosacea, eczema, psoriasis, hair loss, vulval dermatology and cosmetic dermatology. She stays up to date with the latest advances in her field by actively pursuing ongoing education and training opportunities.

At The Skin Company, patients can expect a personalised approach to their total skin care needs and seamless integration of medical and cosmetic dermatology in a single practice. Vania and her team work closely with each patient to develop a customised treatment plan that addresses their unique concerns and helps them achieve optimal skin health and appearance.

**For appointments please contact:**

**Ph: (09) 200 4535**

**Email: [admin@theskincompany.co.nz](mailto:admin@theskincompany.co.nz)**

**Website: [www.theskincompany.co.nz](http://www.theskincompany.co.nz)**

**Healthlink EDI: skincomp**



**THE SKIN COMPANY**  
BY DR. VANIA SINOVICH



**Caring and professional  
breast care delivered by  
our multidisciplinary team**

- Breast Cancer Management, Surgery, Reconstruction
- Breast Examination
- Ultrasound
- Family History Clinic
- Breast Pain
- Lactational Problems

[breastassociates.co.nz](http://breastassociates.co.nz)

(09) 522 1346

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

**Unity Osteopathy  
Matthew Stewart –  
Osteopath BAppSc MOST**

Matthew is an osteopath who is dedicated to helping people achieve their health and wellness goals.

He has over 25 years of experience in allied health, with a masters degree in osteopathy. Matthew has completed extensive postgraduate training in the USA and Australia in myofascial techniques.

Matthew uses a variety of manual therapy techniques to treat a wide range of conditions, including back pain, neck pain, headaches, sports injuries, and more. He is skilled in gentle and functional approaches, as well as myofascial release and manipulation. He has a particular interest in the management of acute and chronic ankle and foot injuries.

Unity Osteopathy seeks to inspire and empower individuals to achieve optimal health and performance by providing exceptional osteopathic care rooted in a holistic approach, leveraging extensive experience, continuous learning, and a diverse range of manual therapy techniques, while fostering a supportive and educational environment for patient growth and development.

Matthew is accredited with ACC and a Southern Cross Easy-claim Provider.

**Unity Osteopathy  
252 Parnell Road  
Parnell, Auckland 1052**

**Email: [hello@unityosteopathy.co.nz](mailto:hello@unityosteopathy.co.nz)**

**Website: [www.unityosteopathy.co.nz](http://www.unityosteopathy.co.nz)**



Unity Osteopathy





### Heart Surgeon Group

Our team of cardiac surgeons, anaesthetists, perfusionists, and nursing staff, including A/Prof McCormack, Dr Patel, and Dr Pirone, provide the highest level of care to our patients. From sternal wire removal to complex surgical procedures, we offer a comprehensive range of services that prioritise patient safety, comfort, and successful outcomes.



**HEART SURGEON** GROUP

Common cardiac operations include:

- Coronary Artery Bypass Surgery
- Aortic Valve Surgery
- Mitral Valve Surgery
- Aortovascular Surgery

We take a patient-centred approach to care, working closely with you to ensure that your patients receive a seamless and personalised experience. Our streamlined referral process means that your patients can receive timely appointments and be seen quickly by our team of specialists.

Translation services and tele consultations available on request.

Please email your referrals to:

Ph: 027 787 4366  
 Email: [care@heartsurgeon.co.nz](mailto:care@heartsurgeon.co.nz)  
 Website: [www.heartsurgeon.co.nz](http://www.heartsurgeon.co.nz)  
 Address: Braemar Hospital,  
 Ohaupo Road, Hamilton 3204  
 ACC Provider



### The Middle Path – Mental Health and Wellbeing Services



The Middle Path provide in person and online mental health and wellbeing services. Our team of registered nurses are passionate about doing something that makes a difference for individuals, family/whānau, and our society as a whole.

Our team provides individual support to those over the age of 18 years old who are experiencing mild to moderate mental health distress, general wellbeing, and/or substance use concerns. In addition, we provide workplace wellbeing workshops, group pathways and relationship support.

We focus on key areas such as emotion regulation, effective communication, tolerating distress and mindfulness, all of which support a balanced and holistic approach to your wellbeing.

We offer private and WINZ subsidised appointments.

Live the life you choose!

Contact us for more information:

Ph: 0800 Mid Path (643 7284)  
 Email: [info@middlepath.co.nz](mailto:info@middlepath.co.nz)  
 Website: [www.middlepath.co.nz](http://www.middlepath.co.nz)



# Leading with care

Astra Radiology, Cone Radiology, Horizon Radiology, SRG Radiology and Trinity MRI offer a uniquely comprehensive Diagnostic Imaging service across the Auckland region.

Each practice has its own specialty areas, with Fellowship-trained Radiologists and Diagnostic Imaging Specialists who are all highly-qualified and experienced experts in their field. They are supported by a dedicated, caring team of Technologists, Technicians, Sonographers, Nursing and Customer Services staff.



PHONE: (09) 520 9550  
[www.astraradiology.co.nz](http://www.astraradiology.co.nz)



PHONE: (09) 392 6637  
[www.coneradiology.co.nz](http://www.coneradiology.co.nz)



PHONE: 0800 746 853  
[www.horizonradiology.co.nz](http://www.horizonradiology.co.nz)



PHONE: 0800 774 9729  
[www.srgmri.co.nz](http://www.srgmri.co.nz)



PHONE: (09) 522 0848  
[www.trinitymri.co.nz](http://www.trinitymri.co.nz)

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 X-RAYS • ULTRASOUND • INJECTIONS • MRI • CT • ULTRASOUND • X-RAYS • NUCLEAR MEDICINE • INJECTIONS • BRAIN, SPINE & NEUROVASCULAR MRI