A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato, Lakes and BoP regions

October 2022

#### **HEALTHPOINT NEWS**

## www.healthpoint.co.nz

#### Healthpoint record breaking audiences – the impact of COVID

Last month, the Government removed the COVID-19 Protection Framework that ran from December 2021 to September 2022. The traffic light system replaced Alert Levels that had previously been in place and brought to a close the two-and-a-half-year protection response used to manage, reduce and flatten COVID infection rates and their impact throughout New Zealand.

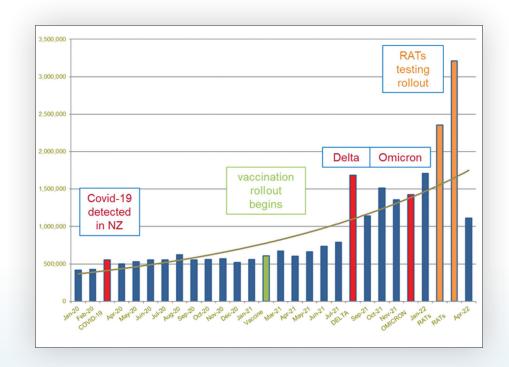
As Aotearoa's national health services directory, promoting fairer access online,

Healthpoint had a vital role to play. www.healthpoint.co.nz became the 'one source of truth' for COVID-19 vaccination and testing services information that was tailored with a focus to reach different audiences, including Maori, Pasifika, People with Disabilities, and harder-to-reach communities.

In March 2022, Healthpoint received a record 3.2 million monthly visitors. This extraordinary volume was driven

by the launch of Rapid Antigen Testing following the emergence of Omicron, the highly infectious dominant strain. Healthpoint was the place to find 'where to get' your RATs test kit.

The graphs below visualise how Healthpoint audiences jumped during the various stages of COVID and the national response, including testing, vaccinations, lock-downs, traffic lights and COVID strain evolution.



As we move forward to a future beyond COVID, Healthpoint continues its vision to co-create with New Zealand's health and social services, ethical and equity enhancing digital solutions so that New Zealanders have

fairer access online. We believe in inclusivity and that all people should be able to realise their potential, which requires the promotion of diverse models of care, that supports all people to navigate the health system, manage their own health and make informed choices about the care or support they receive.

We are now used by over a million visitors every month.

## Mr Michael Booth – Upper Gastrointestinal & Bariatric Surgeon

Surgery for Morbid Obesity – Gastric Bypass / Sleeve Gastrectomy / Revisional Surgery

Morbid Obesity is a serious disease affecting 2-5% of New Zealanders. Surgical intervention is indicated in patients with a BMI of over 40 or over 35 with or without significant co-morbidities such as type 2 diabetes, obstructive sleep apnoea and other metabolic and psycho-social conditions.



Bariatric Surgery is of use for those patients who have unsuccessfully and repeatedly tried diets and exercise programs in the past. It can be particularly effective in the treatment of type 2 diabetes, obstructive sleep apnoea and the metabolic syndrome. We offer a full wrap around service including dietitian, psychologist, nurse specialist and support groups for our patients.

Please look at our website www.surgicalweightsolutions.co.nz We also offer gallbladder, hernia, and anti-reflux surgery.

For appointments Waitemata Specialist Centre, 15 Shea Terrace, Takapuna and further information:

Ph: (09) 441 2750 or 0508 934 448 Healthlink EDI: waitemas

Website: www.surgicalweightsolutions.co.nz

#### Mr Ashish Taneja – General, Trauma & Emergency Surgeon



Mr Ashish Taneja is a general surgeon at Auckland City Hospital and unit head of the Acute Surgical Unit in the Department of General Surgery.

In addition to his rooms at Mercy Specialist Centre, Epsom, he has now established rooms at Ormiston/Botany Junction to accommodate patients from South and East Auckland to more easily access his service.

Languages spoken: *English, Hindi and Punjabi*. His private practice comprises all general surgical cases with an interest in:

- Laparoscopic hernias
- Complex ventral hernias with abdominal wall reconstruction
- Laparoscopic gallbladder surgery, including complex cases
- Colon/Bowel surgery
- Skin surgery
- Pilonidal disease
- Minor Anorectal conditions and surgery
- Skin lesions
- Lumps and bumps

Ashish Taneja is a specialist in his field, ensuring that you get the best treatment.

For appointments please contact Tracey:

Ph: (09) 623 7521

Email: admin@surgeons.net.nz Healthlink EDI: acklsurg

Website: www.aucklandgeneralsurgeons.co.nz





#### Video Supervised Covid-19 Rapid Antigen Tests

We are a company owned and operated by registered nurses. Our goal is to increase accessibility to Covid testing. Visit our website for pre-surgical testing, island travel, cruises, or proof for insurance needs. We service clients via telehealth from anywhere in the world.

#### covid19traveltest.co.nz admin@covid19traveltest.co.nz



#### Dr Benjamin Cribb – General, Laparoscopic and Colorectal Surgeon



Dr Cribb is a general and specialist colorectal surgeon at Tauranga Hospital and Grace Hospital. He consults at Tauranga Specialist Centre.

Dr Cribb is a New Zealand trained general surgeon and completed an additional 3 years of colorectal fellowship training in Australia and New Zealand through the prestigious CSSANZ (Colorectal Surgical Society of Australia and New Zealand) fellowship training program.

He performs a wide range of general and colorectal operations with particular expertise in minimally invasive surgery. Dr Cribb treats all his patients with compassion and empathy.





#### Qualifications:

MBChB – University of Auckland

Post Grad Dip Surgical Anatomy

Fellowship Royal Australasian College of Surgeons – (FRACS)

**CSSANZ** Fellowship training

Chair of the Royal College of Surgeons Indigenous Health Committee

Dr Cribb is available for urgent referrals across the Bay of Plenty for general and colorectal conditions including:

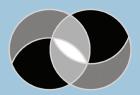
- Laparoscopic hernia repair
- Endoscopy and colonoscopy
- Laparoscopic cholecystectomy
- Colon, rectal and small bowel surgery
- Surgery of inflammatory bowel disease
- Pilonidal disease
- General proctology (haemorrhoids, fistula, fissure etc)
- Rectal prolapse and incontinence surgery
- Skin cancer / lipoma

For appointments please contact Tauranga Specialist Centre;

Ph: (07) 571 5548 Fax: (07) 571 5549 Healthlink EDI: skinderm E-refer live on SR

Email: taurangaspecialistcentre@gmail.com

Website: www.baycolorectal.co.nz



#### MICHAEL F. KLAASSEN FRACS

Plastic Surgeon NZMC 11635

KLAASSEN CLINIC 113 St Heliers Bay Road, St Heliers, Auckland, New Zealand Rooms: 0800 444 054 / M: 021 0248 6547 / E: mklaassen@xtra.co.nz

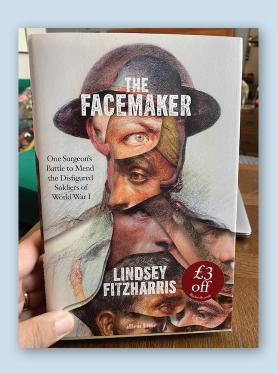
Also at: Auckland Plastic Surgical Centre, Level 2, 122 Remuera Road, Auckland (One Health Building)

Anglesea Surgical Centre, Symmans House, Tristram Street, Hamilton

Queensland Plastic Surgical Clinic, Ross River Road, Townsville, North Queensland

Michael Frederick KLAASSEN has practised plastic surgery since 1990. He is based in Auckland but regularly provides plastic surgery services to the Waikato and North Queensland. For the first 25 years of his surgical career he covered a general range of reconstructive and aesthetic surgeries. In the last few years he has focused on the War Against Facial Skin Cancer co-authoring a textbook with his surgical colleague in Gisborne, Mr Ian Burton FRACS, titled ATLAS of EXTREME FACIAL CANCER (published 2022). Since 2019 he has also refined the necklifting technique of France's Dr Daniel Labbé MD and has completed almost 40 consecutive Labbé cervicofacial lifts. Since mid 2022 he has been deployed to Northern Queensland for a fortnight every 8 weeks to help with the epidemic of facial skin cancer which has arisen there. He works closely with Dr Mark Vucak FRACS at the Queensland Plastic Surgery Clinic in Townsville and a large team of experienced nursing and administrative staff.

Recently whilst visiting family in the UK he bought a copy of The Facemaker by medical historian Lindsey Fitzharris. This documents in beautiful precise detail the life and career of Michael's surgical hero Sir Harold Gillies (1882-1960) who pioneered the modern approach to plastic surgery and especially the reconstruction of the human face ravaged by war injuries or disease. This book is a brilliant reminder of why Michael chose plastic surgery as a lifelong career. It is all about restoring form, function, hope and self-confidence in those fellow human beings who are unlucky enough to be afflicted by trauma, cancer or birth defects. Lindsey Fitzharris is to be congratulated for researching with painstaking exactness the story of a passionate and talented Kiwi surgeon, from Dunedin, who visualised the big picture and set to with energy and dedication to save and restore the lives of thousands of fellow human beings and to train future generations of plastic surgeons, nurses and allied health specialists. This is a story that all New Zealanders should know.



For appointments in Remuera and Hamilton: Ph: 0800 444 054 Healthlink EDI: anglepro Email: mklaassen@xtra.co.nz

#### Dr Hasan Bhally – Internal Medicine and Infectious Diseases Specialist MBBS, FRACP, Certificate in Travel Health™

I am a general physician and an infectious Diseases specialist trained in the US and working at Te Whatu Ora - Waitemata (North Shore Hospital) since 2005. I started private work on the shore in April 2022 and offer a wide range of services pertaining to both prevention and treatment of infectious diseases in adults.







My specific areas of specialisation/interest include:

- Recurrent infections such as urinary tract infections and skin boils
- Infections from resistant bacteria (superbugs)
- Orthopaedic implant and other surgical infections requiring long term (including home IV) therapy
- Travel related infections, pre travel consult, Yellow Fever certification
- Hepatitis B and C
- COVID
- Tuberculosis (including immigration related gueries)

For appointments please contact:

**North Shore Medical Specialists** 7A/326 Sunset Road, Windsor Park, Auckland 0632 Ph: (09) 929 1111 Email: admin@respmed.co.nz

E-refer live through SR (specialist referrals)

#### Dr Sanket (Sunny) Srinivasa MBChB PhD FRACS HEPATOBILIARY, PANCREATIC. **UPPER GI & GENERAL SURGEON**

I am a NZ-trained general surgeon who works at North Shore Hospital and in private practice. I look after people who have illnesses affecting the liver, pancreas, gallbladder, bile ducts and stomach as well as other conditions



of the abdomen (e.g. hernia). I work closely with other colleagues and provide multidisciplinary care. My practice also includes general surgery with expertise in providing minimally invasive (laparoscopic/ robotic) surgery. I take a special interest in robotic incisional hernia repair which is often covered by ACC. Languages spoken: English, Hindi, Marathi.

#### **Expertise**

- Laparoscopic & robotic HPB/ upper GI surgery
- Liver/ pancreas/ complex biliary/ stomach surgery
- Difficult cholecystectomy/ fundoplication
- Laparoscopic/ robotic hernia repair
- General surgery (skin/lipoma/haemorrhoids etc)

#### **Education & Training**

- Medical School University of Otago
- PhD- University of Auckland
- Fellowships in Liver/ Pancreas/ Upper GI/ Transplant Surgery NZ, UK (Edinburgh), USA (Washington University)

For appointments across Auckland (Central, North Shore, South Auckland) please contact Susan:

Urgent appointments available

Ph: (09) 440 9930, Email: sunny@harboursurgery.co.nz Website: www.harboursurgery.co.nz/mr-sanket-srinivasa Healthlink EDI: harbasur, E-refer live on SR





#### Murali and the team at ENT4kids work closely with a number of paediatric specialist doctors and if the issue doesn't relate to ENT they are happy to on refer to the right specialist. They also offer virtual consultations. Our online virtual appointment service gives patients and their family video access at a time & location that suits them. Patients may not feel well enough to attend an appointment in person, or feel safer in the comfort and convenience of their own home, so can now simply and easily book an online appointment.

Born in Sri Lanka (Ceylon), he migrated to New Zealand in 1984 and graduated from the University of Auckland, School of Medicine (MBChB). Subsequent postgraduate training was undertaken in New Zealand as an ENT surgeon. He attained the Fellowship of Royal Australasian College of Surgeons in 1995 (FRACS).

He holds two prestigious Paediatric ENT fellowships, first at Royal Children's Hospital in Melbourne 1996 and Great Ormond Street Hospital for Sick Children in London 1997.

He returned following his fellowship training to work as Consultant ENT specialist at our national children's hospital Starship, New Zealand in 1998. He now works half time in both the public and private sector. He was previously the Clinical Director/Service Director Surgeon at Starship Children's Hospital (2004-2017).

He currently holds an Associate Professor appointment in both the Department of Surgery and the Department of Paediatrics, School of Medicine and Health Sciences, University of Auckland. He is well recognised internationally as one of the leading paediatric ENT surgeons and presents regularly at international forums. His current research interest is in the field of paediatric tonsillar disease, vascular anomalies and paediatric neck lumps.

For appointments at Mauranui Clinic:

Ph: (09) 925 4050, Email: surgeon@entdoctor.co.nz or reception@ent4kids.nz

Website: www.entdoctor.co.nz or www.ent4kids.nz Healthlink EDI: ENTDOCTR



#### Associate Professor Murali Mahadevan -Otolaryngologist, Head & Neck Surgeon

Dr Mahadevan offers a wide range of services including management of ear infections, tonsillitis, neck & facial lumps, sinus problems & snoring. He also performs a wide variety of surgery including grommets, tonsillectomy & adenoidectomy, surgery for snoring and obstructive sleep apnoea, sinus surgery and cosmetic nose surgery.

His main practice is now located at Suite 6, Mauranui Clinic, 86 Great South Rd, Epsom. He also operates at Ascot and Mercy hospitals. He has branch practices in 188 Specialist Centre, St Heliers and Warkworth.

Murali has also recently established ENT4Kids.

ENT4Kids is a dedicated paediatric ENT service led by Dr Mahadevan with a focus on:

- Ears grommets, ear drums, ear infections etc
- Nose deviated septum, snoring, sinusitis, rhinoplasty etc
- Throat snoring, tonsils, voice box etc
- Head + Neck cysts, salivary glands etc



Clean, precise, proven.

Leading private image-guided healthcare for over 30 years.

At Intra we diagnose and treat coronary artery stenoses, structural heart conditions, cardiac arrhythmias, fibroids\*, varicoceles\*, peripheral vascular stenoses, some localised cancers and more.

We use minimally invasive techniques resulting in faster recovery times for our patients.

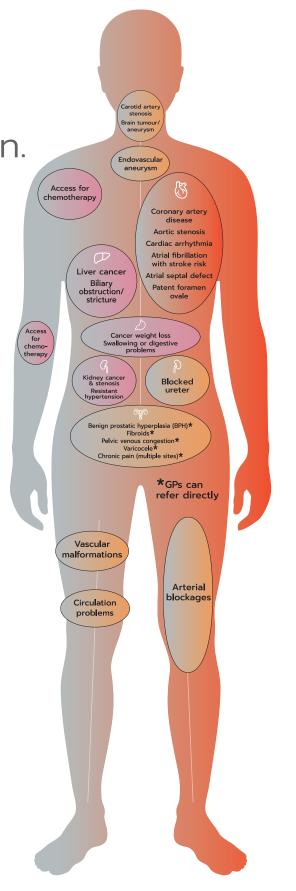
Specialists at our facilities are among the best in their field and they work collaboratively with their colleagues to deliver the best patient outcomes.

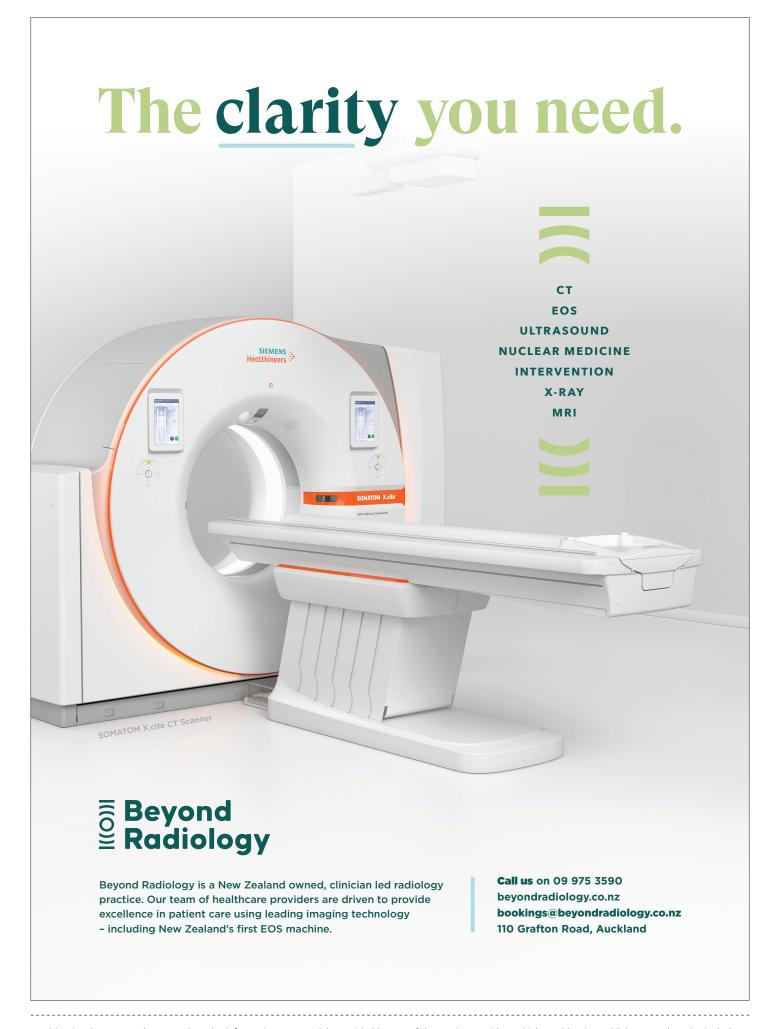
We have two Auckland sites – Intra Epsom and Intra North Harbour.

E: admin@intracare.co.nz
T: +64 9 630 1961
www.intracare.co.nz











#### Chris Powell – Plastic, Reconstructive and Hand Surgeon

Mr Chris Powell is a UK-trained plastic surgeon with expertise in all aspects of plastic surgery including hand and wrist surgery, cosmetic surgery, skin cancer surgery and breast surgery.

Chris worked as a consultant plastic surgeon in the UK for 4 years before coming to New Zealand in March 2021 and taking up a post as consultant plastic surgeon at Whangarei Hospital, Northland. Since then, Chris has worked alongside David Crabb and has now taken over the practice at Northland Plastic Surgery.



He offers consultations and surgery in Whangarei and Warkworth.

Chris has a particular interest in:

- Hand and wrist surgery including the treatment of:
  - Hand and wrist arthritis
  - Dupuytren's contracture
  - Nerve compression
  - Congenital hand deformities
- Skin cancer surgery
- Breast surgery (cosmetic and reconstructive)
- Aesthetic (cosmetic) surgery

#### **Contact Details:**

Northland Plastic Surgery Ltd, 2nd Floor, 4 Vinery Lane, Whangarei

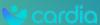
Ph: (09) 438 8514

Healthlink EDI: vlplastc

Email: admin@northlandplasticsurgery.co.nz Website: www.northlandplasticsurgery.co.nz

#### **VARICOSE VEIN TREATMENT**

BY THE ENDOVASCULAR SPECIALISTS



Varicose veins are not just a cosmetic problem. They can cause troublesome chronic symptoms (pain, swelling, itchiness) and lead to complications such as eczema, thrombophlebitis, DVT or venous ulceration.

At Cardia, varicose vein treatment is provided by **Interventional Radiologists**, who are hospital specialists with **expertise in managing arterial and venous disease.** 

**Minimally invasive** treatment is performed under ultrasound guidance and local anaesthesia using the **latest ablative technology** and sclerotherapy. This ensures rapid treatment and a **swift recovery.** 

Cardia offers a high quality **comprehensive varicose vein treatment programme** from clinical assessment to imaging to intervention in a purposely designed and safe environment provided by highly trained Interventional Radiologists.

INTERVENTIONAL RADIOLOGISTS







Auckland **0800 102 222** 

www.cardia.nz

 Dr. Rukshan Fernando
 Dr. Rahul Bera

 BSc MBBS MRes FRCR EBIR
 BMedSci BMBS MRCS FRCR FRANZCR



Anna Sloan has over 23 years' experience in medical and life-stage nutrition. Specialist areas include gastroenterology, inflammatory bowel Disease, irritable bowel disease, (FODMAP accredited and working internationally in the gut health space). Fussy eating and adolescent athletes is another key specialty area.

Anna brings a strong background of cognitive behavioural therapy for long term changes, and recognised experience in complex medical management.

Ashleigh Share has over 10 years' experience in medical nutrition, and specialises in weight loss and fertility/PCOS.



Anna Sloan



Ashleigh Share

Both Anna and Ashleigh divide their time between hospital nutrition care and private practice, working with local GPs, and self-referred clients. They focus on ensuring clients receive the highest standard of care for real outcomes.

In-clinic appointments in Silverdale and Red Beach, or online via telehealth.

www.nutritionconnection.nz/contact-us Email: SilverdaleDt@gmail.com

Website: www.nutritionconnection.nz Ph: 021 436 305



#### Mr Rishi Ram FRACS General, Laparoscopic, Hernia and Upper GI Surgeon

Now consulting from new locations Mauranui Clinic, Epsom and Franklin Specialist Suites, Pukekohe.

Performing surgery from Ascot Hospital Remuera, Franklin Hospital Pukekohe.

I am a fellow of the Royal Australasian College of Surgeons. My current practice is both in the private and public sector. I have an extensive experience in general surgery, for more than 20 years.

My areas of expertise include laparoscopic inguinal hernia repair - See Hernia Repair videos at: https://www.youtube.com/channel/UCPq58\_NdRwFTHogruovNGmQ/featured

- Ventral hernia and other groin hernias
- Laparoscopic cholecystectomy

Other areas of expertise include stomach and bowel surgery, varicose vein and skin cancer surgery, haemorrhoids, anal fissures, pilonidal sinus and vasectomy.

Languages spoken: English, Hindi.

Qualifications: FRACS 1998, Member of Royal Australasian College of Surgeons, Member of Australasian & New Zealand Gastric and Oesophageal Surgeons Association, Member of Endocrine Section of Royal Australasian College of Surgeons, Consultant General Surgeon, Auckland City Hospital.

Contact and referral: Mauranui Clinic, Suite 10, 86 Great South Road, Epsom 1051, Auckland, Ph: (09) 522 5284, Mob: 021 522 289, Email: rishiram.generalsurgeon@gmail.com

E-referral - HealthLink Provider Referrals (CareSelect)

# Dr Ed Toll MB ChB FRCS - Paediatric ENT Surgeon



Dr Ed Toll is the new paediatric ENT surgeon at Auckland Children's ENT.

Ed is a fellowship-trained paediatric ENT specialist and consultant at Starship Children's Hospital. He has now joined Dr Colin Barber and Dr Graeme van der Meer at Auckland's first dedicated paediatric ENT practice. Ed is a Southern Cross Affiliated Provider.

#### **Oualifications:**

- MB ChB 2006 (University of Bristol, UK)
- Surgical training in Southwest England
- Tracheal Fellow at Great Ormond Street 2013-2014
- Paediatric ENT Fellowship (Starship) 2019-2020
- Extensive research experience with over 20 peer reviewed publications

#### **Conditions treated:**

- Snoring / sleep apnoea
- Tonsillitis
- Glue ear and ear infections
- Neck lumps
- Congenital head and neck abnormalities
- Noisy breathing and airway disorders
- Voice problems
- Nasal obstruction / sinus problems
- Tongue and lip tie

Dr Ed Toll

Ph: (09) 631 1971

Email: reception@aucklandchildrensent.co.nz

Mauranui Clinic, Suite 5 86 Great South Road, Epsom

Website: www.aucklandchildrensent.co.nz

E-refer live on SR

#### Dr Isaac Cranshaw FRACS -General and Oncology Surgeon

I have recently started seeing patients at The Private Clinic in Ponsonby where I am happy to see general surgery, thyroid and endocrine, melanoma/skin and soft tissue referrals. I will continue to see breast patients at Mercy Breast Clinic and will still maintain the same commitments with Skin Institute and Auckland City Hospital.



The Private Clinic is a newly fitted out surgical consulting space with full time administration support and I have increased my time commitment so I should be able to see urgent patients promptly.

I remain committed to the management of melanoma/thyroid/ adrenal and soft tissue malignancies but am happy to see general surgical cases as well.

I am a member of the regional multidisciplinary meetings for melanoma, sarcoma, thyroid/endocrine and breast, bringing a multidisciplinary approach to the care of my patients. I am also still involved in surgical education having recently become an examiner for the Royal College of Surgeons.

#### **Contact Details:**

The Private Clinic Ph: (09) 524 1237

Email: admin@cranshaw.co.nz

EDI: cranshaw

Website: www.theprivateclinic.co.nz

Mercy Breast Clinic Ph: (09) 623 1359

Email: mbc@radiology.co.nz

EDI: mercybcl





**Specialists** 

Harbour Surgery Centre comprises a team of three experienced, compassionate and skilled surgeons offering comprehensive surgical care for patients with conditions of the liver, gallbladder and bile ducts, pancreas and upper gastro-intestinal tract.





Mr Sanket Srinivasa MBChB PhD FRACS Consulting at Grafton, Greenlane, Karaka, Wairau Valley & Whangarei Professor Jonathan Koea MD FRACS FACS Consulting at Epsom, Wairau Valley, Silverdale, Warkworth & Whangarei Mr Universe Leung MBChB FRACS Consulting at Wairau Valley New Lynn, Remuera & Whangarei

- > 24/7 cover and postoperative care, 365 days of the year.
- ➤ **Urgent appointments** (within 24 hours) and consultation for **acute problems** (e.g. cholecystitis) available.
- Clinical activity over many years with associated commitment to research, teaching, advocacy and quality.

#### Robotic, Laparoscopic and Open:

- Hepatectomy
- Pancreatectomy
- Cholecystectomy
- Bile Duct Exploration
- Splenectomy
- Gastric Resections
- Anti-Reflux Surgery
- Inguinal/ Umbilical Hernia Repair
- Incisional Hernia Repair
- Complex Abdominal Cancer Surgery

# CLINICAL CORNER: Robotic Incisional Hernia Repair

Repairing hernias from previous surgery (incisional hernia) is now often done robotically internationally and by Harbour Surgery in NZ. This avoids a big wound (and wound-related complications), drains and decreases community management with district nurses etc. Patients have less pain, a shorter hospital stay and return to their activities sooner.

Follow this link for more information: harboursurgery.co.nz/hernia-surgery







#### **Harbour Surgery Centre**

P: 09-440-9930 | E: info@harboursurgery.co.nz | W: harboursurgery.co.nz | EDI: harbasur Level 1, Northern Clinic, Southern Cross North Harbour, 212 Wairau Road, Wairau Valley, Auckland

# Dr Mac Rastkar (BA, DIPAPPSC, BCHIRO, CERTIFIED AK PRACTITIONER, MNZCA)

Dr Mac is a graduate of the New Zealand College of Chiropractic, winning the Dr John Nolan Award for his outstanding performance in Diagnostic Imaging. He established his own clinic in 2007 where he promotes chiropractic health to the community.

Focusing on the musculoskeletal system, he works with muscles, cartilage, tendons, ligaments, joints, and connective tissues that are used every day. Dr Mac helps with a range of issues, including back and neck pain, headaches, disc bulge and herniation, sciatica, and scoliosis.



ChiroLink<sup>®</sup>



NICK LILIC

Affiliated Provider

first

At ChiroLink, patient-specific plans are provided that incorporate the use of chiropractic, physical therapy techniques, massage therapy, nutritional and ergonomic counselling, and home exercises.

We are a registered provider with ACC and a Southern Cross Affiliated Provider.

For appointments please contact:

ChiroLink

46 Greenlane East Road, Remuera, Auckland 1050

Ph: (09) 522 1515

Email: info@chirolink.co.nz Website: chirolink.co.nz

#### Dr Nick Lilic - Head, Neck, Rhinology & Thyroid Surgeon

Nick Lilic is a New Zealand trained specialist otolaryngologist, head and neck surgeon. He has a private practice in Epsom as well as working as a consultant surgeon at Auckland City Hospital and North Shore Hospital.

Nick provides a 'one-stop shop' approach to most problems, including specialist assessment, on-site scans, and biopsies in the same appointment. Ongoing monitoring and follow-up are key components to Nick's approach.

#### **Head and Neck**

- $\cdot\,$  Thyroid and parathyroid disorders
- · Neck lumps
- · Skin cancer including facial plastics
- Salivary gland stones, infections and tumours
- · Head and neck cancer including throat, larynx and oropharynx
- · Mouth and lip lesions

#### Rhinology

- · Blocked nose deviated nasal septum and enlarged turbinates
- · Nasal polyps, loss of smell, rhinitis
- · Postnasal drip
- · Sinus disorders

#### **General and Paediatric ENT**

- · Snoring and obstructive sleep apnoea
- Swallowing difficulty
- · Tonsil problems
- · Voice and swallow problems

For appointments at Mauranui Clinic, 86 Great South Road:

Ph: (09) 631 1953, Email: admin@necksurgery.co.nz Website: www.necksurgery.co.nz, Healthlink EDI: dormnrem

#### **Torbay Skin**

Torbay Skin is a primary care facility that specialises in the prevention, early detection, and treatment of skin cancers.



Our practice is staffed by specialist GPs and qualified practitioners who are accredited specialists in skin cancer.

We use state-of-the-art body mapping systems and dermatoscopes (skin surface microscopes) to detect early melanomas and non-melanoma skin cancers.

We are able to undertake minor surgical procedures, including skin cancer surgeries, at our practice but will refer patients on to specialists if there is a need for advanced care.





For appointments please contact:

Ph: (09) 477 1111

Email: admin@torbayskin.co.nz Website: www.torbayskin.co.nz

If you are interested in profiling yourself and your services please email: will@healthpoint.co.nz or phone (09) 630 0828

Mr Jason Robertson MBChB, MMedSc, FRACS (GS)

# Upper GI, Bariatric, Laparoscopic General Surgeon

Jason is a New Zealand trained general surgeon specialising in upper gastrointestinal, bariatric and laparoscopic surgery. Jason is a consultant surgeon at Te Whatu Ora Waitemata as well as in private practice on the North Shore and West Auckland.



After completing advanced training in general surgery, Jason continued his subspecialist training as an accredited fellow of the prestigious AANZGOSA (Australia & Aotearoa New Zealand Gastric and Oesophageal

Surgery Association) post-fellowship program, undergoing a further three years of high-volume upper gastrointestinal and bariatric subspecialisation in Australia and New Zealand.

During this time Jason gained expertise in all aspects of upper gastrointestinal surgery including:

- Primary and revisional laparoscopic bariatric surgery for the treatment of obesity and associated metabolic conditions
- Laparoscopic anti-reflux surgery (fundoplication) including revisional surgery
- Oesophageal and gastric cancer with expertise in minimally invasive surgical management
- Laparoscopic treatment of gallstones, and hernias
- Upper GI endoscopy

Consulting at Waitemata Specialist Centre - Takapuna & Henderson Ph: (09) 441 2750, Email: consult@wsurg.co.nz Healthlink EDI: waitemas

## Mr Janus Schaumkel – Hip and Knee Surgeon

Janus is an experienced New Zealand trained orthopaedic surgeon, specialising in:

- Robotic computer assisted total knee joint replacement
- Revision total knee joint replacement
- ACL reconstruction
- Sports knee arthroscopic reconstructive surgery
- Total hip joint replacement
- Revision total hip joint replacement.

After returning from subspecialist training in the UK and Australia, he now has 14 years of experience in full-time private practice, and





has modern consulting rooms conveniently based in Greenlane, central Auckland. Because he also consults at other clinics in greater Auckland, and being in full-time private practice, means that he is more available for his patients, and that his patients have more flexibility to be seen when, and where, it suits them.

Janus utilises modern surgical techniques, in combination with advanced anaesthetic care and patient specific post-operative rehabilitation. Janus is currently interested in using the latest technology with state-of-the-art robotic computer-assisted knee replacement surgery, in order to improve the outcomes and benefit for his patients.

He is married with three teenaged children. He is also proud of his Tongan/German heritage and sees himself as a role model for young Pasifika people.

Janus is very personable and likes to take the time to learn and understand exactly what the patient's problem is, and what their goals of treatment are. He will individualise the care and surgical treatment for each patient to optimise their care, in order to get the best result for them.

Operating privately from Ascot and Brightside hospitals, Janus is an Affiliated Provider with Southern Cross Insurance and NIB.

#### Appointments available at:

Greenlane: Ascot Office Park, Level 3, 95C Ascot Ave

Henderson: TRG, 131 Lincoln Rd

Silverdale: Silverdale Medical, 7 Polarity Rise (New)

Ph: (09) 523 2760, Fax: (09) 522 5494

Healthlink EDI: jschaumk Email: admin@jsortho.co.nz

Website: www.aucklandhipandkneesurgery.co.nz

# The Rehab Team – Mobile Physiotherapy

The Rehab Team provides in-home and clinic based physiotherapy services to the Tauranga, Papamoa and Mount Maunganui community.



Our team offers general physiotherapy, neurological physiotherapy, vestibular assessment and rehab as well as rehab coach mobility programmes, access to private physiotherapy for aged care residents and group-based Parkinson's classes.

We offer private and ACC subsidised appointments.

To book an appointment, please contact:

Ph: (07) 929 7171

Email: admin@therehabteam.co.nz Website: www.therehabteam.co.nz

# Sleep Clinic

- Online Sleep Clinic with Telehealth and Video Consultations
- Sleep Disordered Breathing Diagnostics with Level 3 and Level 4 Studies
- Full range of leading PAP equipment, tailored to your patient requirements
- Occupational and personal PAP therapy compliance reviews undertaken (eg NZTA)

Use special code

#### **BMGPSC**

to offer \$50 off your patients sleep test with us!

Sleep test value: L3 \$400 and L4 \$290. Both inclusive of full 40 minute sleep consultation.





www.breathingandmedical.co.nz/sleep-services sleep@breathingandmedical.co.nz

#### Aldebaran Healing Acupuncture Clinic Rose Skerten - Acupuncturist

Rose is an acupuncturist practicing in Tauranga. She is an Acupuncture NZ registered practitioner, an ACC treatment provider, and Veteran Certified to provide acupuncture for Veterans in NZ who experience chronic pain, post-traumatic stress and other mental health challenges.



In addition to her acupuncture training Rose has trained in a mindfulness and body-based approach to self-understanding known as Hakomi Mindful Somatic Psychotherapy. She has also trained in somatic approaches to working with trauma which she incorporates into her acupuncture practice. She provides treatments for a range of conditions involving emotional and physical pain in the body.

Her particular areas of therapeutic practice are: acupuncture for pregnancy and post-birth, women's and child health, mental health, chronic pain, relational/developmental trauma, traumatic experiences, and community acupuncture for vulnerable groups.

To make an appointment please contact Rose:

Ph: 021 665 915

Email: rose@aldebaranhealing.co.nz Website: www.aldebaranhealing.co.nz

Clinic Location: Wilson Osteopathy, 63 Seventh Ave, Tauranga

www.healthpoint.co.nz

# **Keeping Your Communities**



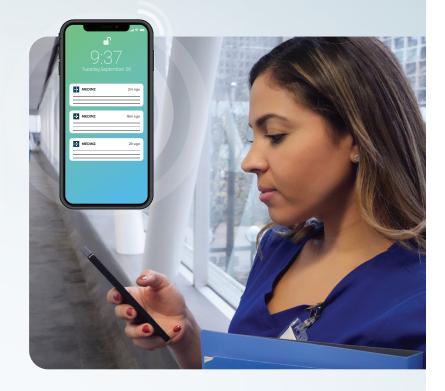
# Safer

Medinz communicates prioritised clinically relevant information for GPs and healthcare providers to keep communities safer.

The communications tool is proven to deliver trusted messages fast and effectively.

This is vital:

- During virus outbreaks
- When there is disruption due to natural disasters
- To support everyday care



### Who is using Medinz?

Medinz is the chosen platform used to communicate important clinical guidance across the **Northland, Auckland-metro and Lakes regions**, supporting regional COVID-19 responses and everyday care. Medinz is free to access for all staff working within a Northland, Auckland-metro or Lakes:

- · General Practice or Urgent Care Clinic
- Community Pharmacy
- · Māori Health Provider
- · Aged Residential Care Provider
- Hospice

Almost 7,000 individual health practitioners are registered on Medinz and all staff working in the organisations above are encouraged to use the platform. Strong usage across the sector means that all practitioners are receiving the same information, at the same time and providing consistent, well-informed treatment to patients.

### Why use Medinz?

Medinz improves operational efficiency and quality of care serviced, by bringing trusted messages together in one place, prioritising based on urgency and risk.

This means Medinz:

- · Reduces resource demand on the public health sector
- Mitigates employee burnout
- · Keeps your communities safer by delivering direct and timely information

Contact info@medinz.co.nz to find out if you can register for Medinz.