

# info matters



A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato, Lakes and BoP regions

October 2021

## HEALTHPOINT NEWS

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

### Web traffic to New Zealand's national health services directory skyrockets in August

Healthcare information is in high demand following the nationwide outbreak of the COVID-19 Delta variant. Healthpoint.co.nz has proven to be New Zealand's number-one source for providing trusted and timely advice.

With over 1.6 million site visitors and over 5.5 million page views in August alone, the platform has enabled fair access to all whānau and communities to easily find testing and vaccination sites.

Healthpoint connects more people and communities to better healthcare. Sharing relevant, accurate messages and data has been crucial to make well-informed decisions during Aotearoa's emergency response.



## Mr Ashish Taneja – General & Laparoscopic and Acute Care Surgeon

New rooms at Ormiston/Botany Junction.

Mr Ashish Taneja is a general surgeon at Auckland City Hospital and unit head of the Acute Surgical Unit in the Department of General Surgery.

In addition to his rooms at Gilgit Specialist Centre, Epsom, he has now established **new rooms at Ormiston/Botany Junction to accommodate patients from South and East Auckland to more easily access his service.**

Languages spoken: *English, Hindi and Punjabi.*

His private practice comprises all general surgical cases with an interest in:

- Laparoscopic Hernias
- Complex Ventral Hernias with Abdominal Wall Reconstruction
- Laparoscopic Gallbladder Surgery, including complex cases
- Colon/Bowel Surgery
- Skin & Minor Anorectal Surgery
- Pilonidal Disease
- Minor Anorectal Conditions
- Skin Lesions, Lumps and Bumps and Ingrown Toenails

Ashish Taneja is a specialist in his field, ensuring that you get the best treatment.

For appointments please contact Tracey:

Ph: (09) 623 7521

Fax: (09) 638 9435

Email: [admin@surgeons.net.nz](mailto:admin@surgeons.net.nz)

Healthlink EDI: acklsurg

Website: [www.aucklandgeneralsurgeons.co.nz](http://www.aucklandgeneralsurgeons.co.nz)



## Elders At My Table

Jo Pannabecker, Dietitian

Elders At My Table provides individualised nutrition support and coaching for elders living in the community and for anyone caring for an elder.

If you have elderly patients showing signs of frailty, falls risk, appetite and/or weight loss, declining self-care, or fear of losing independence, I can help.

I am a NZ registered dietitian with special interest and experience in elder care and gerontology. I work as a consultant in aged care, and with independent elders and their carers in private practice.

Services include in-home (Auckland area) or telehealth consults NZ-wide, full assessment of client nutritional needs, meal plans, coaching and support. My goal is to produce confident carers and thriving elders.

Referrals can be made to [jo@eldersatmytable.co.nz](mailto:jo@eldersatmytable.co.nz)

Clients wishing to learn more and book a free discovery call can visit [www.eldersatmytable.co.nz](http://www.eldersatmytable.co.nz)

Ph: 020 4110 4880



## Dr Sanket (Sunny) Srinivasa MBChB PhD FRACS

### Hepatobiliary, Pancreatic, Upper GI & General Surgeon

I am a NZ-trained general surgeon who works at North Shore Hospital and in private practice. I look after people who have cancerous or non-cancerous conditions affecting the liver, pancreas, gallbladder, bile ducts and stomach as well as other complex cancers of the abdomen. I work closely with other colleagues and provide multidisciplinary care. My practice also includes emergency and elective general surgery with expertise in providing minimally invasive (laparoscopic/robotic) surgery.

#### Education & Training

- Medical School - University of Otago
- PhD - University of Auckland
- Fellowships in Liver/Pancreas/Upper GI/Transplant Surgery
- NZ, UK (Edinburgh), USA (Washington University)

#### Expertise

- Laparoscopic & Robotic HPB/Upper GI Surgery
- Liver/Pancreas/Complex Biliary/Stomach Surgery
- Difficult Cholecystectomy
- Laparoscopic/Robotic Hernia Repair
- General Surgery (skin/lipoma/haemorrhoids etc)

For appointments across Auckland (Grafton, Greenlane, Glenfield) please contact Susan:

Urgent appointments available

Ph: (09) 440 9930

Email: [sunny@harboursurgery.co.nz](mailto:sunny@harboursurgery.co.nz)

Website: [www.harboursurgery.co.nz/mr-sanket-srinivasa](http://www.harboursurgery.co.nz/mr-sanket-srinivasa)

Healthlink EDI: harbasur

E-refer live on SR



## Mr Simon Nicholson – Plastic & Hand Surgeon

I work at Alison Surgical Centre and Braemar Hospital in Hamilton.

I provide see-and-treat skin lesion removal & reconstruction, hand surgery, breast surgery and cosmetic treatments among other plastic surgery services.

I have a short waiting list.

I am a Southern Cross Affiliated Provider, and registered ACC treatment provider.

For appointments please contact:

Ph: 0277 APOLLO – 0277 276 556

Fax: (09) 353 1604

Email: [office@apolloplasticsurgery.com](mailto:office@apolloplasticsurgery.com)

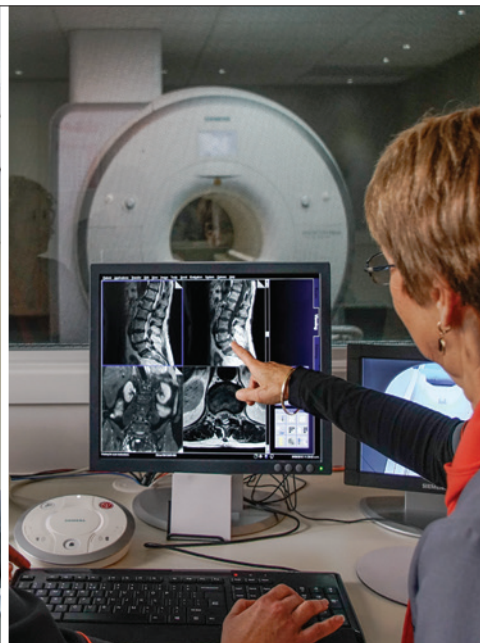
Website: [www.apolloplasticsurgery.com](http://www.apolloplasticsurgery.com)

Healthlink EDI: trq6lzwu



[www.healthpoint.co.nz](http://www.healthpoint.co.nz)





## Trust us to care for your patients the way that you do.



At Mercy Radiology, our bionic approach combines state-of-the-art technology with unparalleled human expertise to assist you and your patients along their healthcare journey.

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CEO

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greater Auckland  
Now including Pukekohe



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mātou i a koe

[radiology.co.nz](http://radiology.co.nz)

### Mercy Radiology Referrer Portal

Our online portal makes referring and tracking your patient's progress much easier. Make a referral and a booking in three easy steps. Register for our Referrer Portal online.

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Get quick, easy access for your patients to breast, bowel and heart & lung health checks.

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### Mercy Breast Clinic

Specialising in preventive examination, diagnosis, and surgery for breast cancer management, you can count on us as your breast care experts.

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## Dr Nick McIvor

### Thyroid/Parathyroid/Head and Neck Surgeon

- Ultrasound
- Ultrasound-guided FNA
- High success rate
- Very low complication rate

Dr Nick McIvor has extensive experience (30 years) in thyroid & parathyroid, head & neck surgery. In private practice he is based in Takapuna but operates on both sides of the bridge. In public, he is based at Auckland City Hospital and is the current clinical lead for head and neck cancer for the Northern Region, and the national clinical lead for the head and neck tumour stream.

Nick performs his own **ultrasound examinations** and **ultrasound-guided FNA** if required.

Should thyroid surgery be required, the patient can be assured that Nick has a **very low rate (< 1 %) of complications**, (haematoma, significant voice change, hypoparathyroidism).

**Success rates for parathyroid surgery are over 95%** with complications occurring in <1% of patients. **Targeted parathyroid surgery** via a small incision is available when preoperative imaging by 2 modalities has identified the lesion.

**Southern Cross affiliated and nib First Choice affiliated**

**Urgent appointments available in Takapuna**

**Lakeside Specialist Centre**  
17 Shea Terrace

Ph: (09) 488 7349, Fax: (09) 489 4383

Healthlink EDI: npmcivor

Email: [nick@nickmcivor.co.nz](mailto:nick@nickmcivor.co.nz) or [rebecca@nickmcivor.co.nz](mailto:rebecca@nickmcivor.co.nz)

Websites: [www.neck.co.nz](http://www.neck.co.nz), [www.nose.co.nz](http://www.nose.co.nz)



**nib** first choice

## Uri Arad - Rheumatologist

Dr Uri Arad graduated with a dual MD and PhD doctoral degree at the Hebrew University in Jerusalem, and then went on to complete his general medicine and rheumatology training at the Tel Aviv Medical Center, a large tertiary hospital in Israel. He continued as a rheumatology consultant for 10 years, combining clinical work with basic laboratory research. He set up an early arthritis clinic as well as a clinic for rare auto-inflammatory conditions.

Dr Arad has published extensively on various rheumatic conditions, including vasculitis, the response to vaccination in rheumatic patients, biological therapy for rheumatoid arthritis, and more.

In July 2019, Dr Arad relocated to New Zealand and has since been working as a rheumatologist at Waikato Hospital, where in addition to a busy general rheumatology clinic, he also operates a musculoskeletal ultrasound clinic and runs the myositis clinic.

**For appointments please contact:**

**MacMurray Centre**

**3 MacMurray Road, Remuera, Auckland 1050**

Ph: (09) 550 1080

Fax: (09) 550 1081

Email: [admin@macmurray.co.nz](mailto:admin@macmurray.co.nz)

Website: [www.macmurray.co.nz](http://www.macmurray.co.nz)

Healthlink EDI: mcmurray



## Brand New CT Scanners

Introducing **new CT scanners** at our flagship clinic in **Milford** and **Ormiston** Hospital.

Brand new **SOMATOM go. All & SOMATOM X.cite CT scanners** present innovative system designs to increase patient comfort and a revolutionary intelligent user guidance system resulting in high quality diagnostics.

### TRG Imaging CT locations:

Kensington Ave, Whangārei  
Shakespeare Rd, Milford, Auckland  
Ormiston Hospital, Flat Bush, Auckland  
Haupapa Street, Rotorua  
Prospect Rd, Hastings

Phone: 09 487 2555

bookings@trgimaging.co.nz

For further information and to book  
visit our website [www.trgimaging.co.nz](http://www.trgimaging.co.nz)

Providing  
**EXCELLENCE**  
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**imaging**  
and PATIENT CARE  
since **2002**



Harbour Surgery Centre comprises a team of three experienced, compassionate and skilled surgeons offering comprehensive surgical care for patients with conditions of the liver, gallbladder and bile ducts, pancreas and upper gastro-intestinal tract.



# Harbour Surgery Centre



Mr Sanket Srinivasa  
MBChB PhD FRACS  
Consulting at Greenlane,  
Grafton & Wairau Valley

Prof Jonathan Koea  
MD FRACS FACS  
Consulting at Epsom, Wairau Valley,  
Silverdale, Warkworth & Whangarei

Mr Universe Leung  
MBChB FRACS  
Consulting at New Lynn,  
Remuera & Wairau Valley

- **24/7** cover and postoperative care, **365** days of the year.
- Clinical activity over many years with associated commitment to research, teaching, advocacy and quality.

- **Urgent appointments** and assessments available for all referrals, e.g. new cancer diagnosis, gallstone related disease, general surgical conditions.
- If requested, patients can be seen **within 24 hours**.
- **Acute referrals** can be seen the same day.

#### Robotic, Laparoscopic and Open:

- Hepatectomy
- Pancreatectomy
- Cholecystectomy
- Bile Duct Exploration
- Splenectomy
- Gastric Resections
- Anti-Reflux Surgery
- Inguinal/ Umbilical Hernia Repair
- Incisional Hernia Repair
- Complex Abdominal Cancer Surgery



**Harbour Surgery Centre**

P: 09-440-9930 | E: [info@harboursurgery.co.nz](mailto:info@harboursurgery.co.nz) | W: [harboursurgery.co.nz](http://harboursurgery.co.nz) | EDI: [harbasur](http://harbasur)  
Level 1, Northern Clinic, Southern Cross North Harbour, 212 Wairau Road, Wairau Valley, Auckland





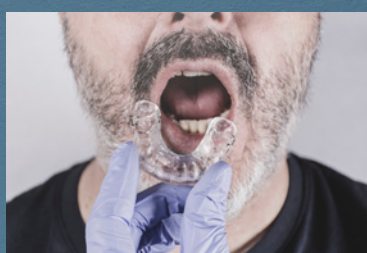
**GP Liaison number**  
**0225098473**

## Why Refer to Auckland Sleep

- Ongoing phone and tele support for patients.
- Comprehensive assessment of eight facets of sleep health.
- Personalised Sleep Navigation Action Plan for every patient.
- Equitable sleep healthcare with extra support for those who need it.
- All of your patient's complex sleep health needs are met.
- Sleep health solutions for all patients at controlled costs.
- Management of OSA, nose, sinuses, insomnia, snoring and children's sleep issues.
- You can call or text on our GP Liaison mobile number anytime.



Sleep Navigation Consults to screen for all sleep health issues



Trial and Custom Mandibular Devices



Positional Sleep Therapy



Home-based screening and diagnostic sleep studies

## We Offer



Nose and sinus surgery to optimise the upper airway



CPAP Therapy



Insomnia Therapy



Tailored palate and tongue base surgery

**Phone: 09 391 0009 Email: [contact@aucklandsleep.co.nz](mailto:contact@aucklandsleep.co.nz) Website: [www.aucklandsleep.co.nz](http://www.aucklandsleep.co.nz)**




**ENT Group**  
 Ear Nose & Throat

T +64 9 623 5644  
 www.entgroup.co.nz



**Mr Salil Nair**  
 FRCS ORL-HNS  
 Adult & Paediatric Rhinologist  
 Skull Base & Sinus Surgeon  
 Endoscopic Lacrimal Surgery  
 info@entgroup.co.nz

**Dr Melanie Collins**  
 FRCS ORL-HNS  
 Adult & Paediatric  
 Otolaryngologist  
 Otolologist  
 Cochlear Implant Surgeon  
 info@entgroup.co.nz

**Dr Angus Shao**  
 FRACS  
 Adult & Paediatric  
 Otolaryngologist  
 Rhinologist  
 Facial Plastics Surgeon  
 Mandarin speaking  
 admin@entgroup.co.nz

We strive to offer a friendly, flexible and accessible service.

If you have adults or children with ear, nasal or sinus health issues, we can provide the very best specialist advice and treatment.

Our specialist services include:

Complex sinus surgery	Mastoidectomy	Laser ear surgery
Endoscopic anterior skull base surgery	Stapedectomy	Pinnaplasty
Endoscopic lacrimal surgery	Cochlear implant surgery	Co-located audiology
Functional & cosmetic rhinoplasty	Bone Anchored Hearing Aids	


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 to ACC for  
 selected services.

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 Mercy Specialist Centre, Suite 2  
 Mercy Hospital, 100 Mountain Road  
 Epsom 1023



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 info@entgroup.co.nz  
 admin@entgroup.co.nz  
 www.entgroup.co.nz  
 EDI: entgpltd

APPOINTMENTS AVAILABLE AT EPSOM, GLENFIELD & BOTANY

## Rope Neuro Rehabilitation

Rope Neuro Rehabilitation is a private neurological therapy company with a team of expert physiotherapists and occupational therapists working throughout the Auckland area. Rope Neuro Rehabilitation offers a private service both in the community and at the central Mt Eden clinic setting. We are ACC registered. Rope Neuro Rehabilitation specialises in the treatment of:

- Balance and Dizziness
- Upper Limb Therapy
- Parkinson's
- Dystonia
- Stroke
- Neuromuscular conditions
- Ataxia
- Serious Injury (ACC registered)

Rope Neuro Rehabilitation prides itself on its enthusiastic, evidence-based approach to rehabilitation and operates a no wait list, flexible hours and functional client centred goals at the intensity required to drive meaningful change. We are able to provide virtual consultations upon request.

For referrals please contact:

admin@ropeneurorehab.co.nz  
 www.ropeneurorehab.co.nz  
 Ph: (09) 623 8433

Unit 6, 19 Edwin Street, Mt Eden, Auckland 1024



**The Vein Centre**


With almost 30 years of experience, The Vein Centre is one of the most experienced Auckland clinics, solely specialised in the treatment of varicose and spider veins. Led by phlebologist, Dr Jerzy Nowacki, The Vein Centre offers comprehensive assessment and treatment of venous problems, with modern non-surgical, walk in, walk out methods. All treatment options are tailored individually to the patient's needs.


Procedures offered:
 


- Initial assessment with duplex examination
- Detailed vein mapping in the clinic
- Endovenous Laser Ablation (EVLA) with radial laser fibre
- Ultrasound guided and direct sclerotherapy
- Venaseal® endovenous glue occlusion
- Microsclerotherapy of spider veins
- VeinGogh® radiofrequency ablation for facial telangiectasia

Dr Jerzy Nowacki is a Southern Cross and NIB Affiliated Provider for varicose vein treatment, and recognised by other major insurers.

Appointments in Auckland North Shore Clinic:  
 Ph: (09) 444 5858  
 Fax: (09) 444 2880  
 Email: info@theveincentre.co.nz  
 Healthlink EDI: veincent  
 Website: www.theveincentre.co.nz







## Cannabis Clinic New Zealand

We are NZ's leading specialist medicinal cannabis clinic and dispensary. We can help consult with your patients about their use of medicinal cannabis products, CBD oil and THC.

We can see your patient throughout NZ online or in our Auckland clinic.

We can also help your patient access the correct products that you may have prescribed.

If you have a patient who is considering medicinal cannabis, we can help reduce your workload and discuss it further with them.

Please ask your patients to call us or book in online.

For appointments NZ wide, please contact:  
 Ph: 0800 223 645  
 Email: support@cannabisclinic.co.nz  
 Website: www.cannabisclinic.co.nz



[www.healthpoint.co.nz](http://www.healthpoint.co.nz)



## Our range of services:

- ✓ Clinical Services – Medical
- ✓ Vocational Rehabilitation
- ✓ Pain Management Services
- ✓ Training for Independence Service
- ✓ Concussion Services
- ✓ Neuropsychology
- ✓ Psychological Services
- ✓ Sensitive Claims
- ✓ Social Rehab inc. SRNA
- ✓ Escalated Care Pathway for Low Back Pain (Waikato)
- ✓ Wheelchair, Housing, and Education Based Assessments
- ✓ Hands-on physiotherapy for private and ACC clients
- ✓ Insurer and Privately Funded Services

**Active+ is now fully listed in Healthpoint**

Services throughout the North and South Islands

0800 224 486 | [headoffice@activeplus.co.nz](mailto:headoffice@activeplus.co.nz)

[activeplus.co.nz](http://activeplus.co.nz)

✚ Physio ✚ Injury Prevention ✚ Exercise ✚ Rehab ✚ Wellness

## Diabetes Self-Management Support Programme

Auckland PHO provides free education and support for people with type 2 diabetes and their whanau through Diabetes Self-Management Education (DSME) workshops.

Our interactive workshops aim to build people's knowledge, confidence, and skills around managing diabetes and covers a broad range of topics. Our programme is:

- Evidence based
- Patient-centered
- Run by our team of trained facilitators who come from a range of health professional backgrounds
- Run in different languages and as ethnic based workshops including Chinese (Cantonese/Mandarin), Hindi, Pasifika and Kaupapa Māori.

Our workshops are funded by the Auckland District Health Board and are delivered free on behalf of Procure, National Health Coalition and Alliance Health.

To refer a patient or view our workshop schedule, visit: [www.aucklandpho.co.nz/services/dsme/](http://www.aucklandpho.co.nz/services/dsme/)

If you would like to run a free workshop exclusively for your patients, clinic or organisation please get in contact with Saphiya, the Self-Management Services Coordinator by email [saphiya@aucklandpho.co.nz](mailto:saphiya@aucklandpho.co.nz).



## Dr Christina Tieu – Gynaecologist

Dr Christina Tieu has completed both her medical degree (2002) and her specialist degree (2012) in New Zealand. She was awarded the top Young Gynaecologist Award at the Asia and Oceania Federation of Obstetric and Gynaecology (AFOG) across 23 countries. She is also a recipient of the Counties Manukau DHB Service Award for delivering excellent services to Women's Health.



Christina is a consultant gynaecologist at Middlemore Hospital and an honorary senior lecturer in O&G at the Auckland School of Medicine.

Christina is multilingual and speaks Mandarin, Cantonese, Teo Chew and Vietnamese.

Her areas of interest are general gynaecology, colposcopy, operative hysteroscopy and advanced laparoscopy such as endometriosis, hysterectomy and myomectomy.

Her own private gynaecology clinics are at Ormiston Specialists Centre and Crawford Specialists Centre. Urgent appointments are available. She has Saturday morning clinics for women who prefer this option due to their busy schedules.

**For appointments, please contact:**

**Ormiston Specialists Centre:**  
125 Ormiston Road, Flat Bush, Auckland  
Ph: (09) 271 3305  
Fax: (09) 277 0769  
Healthlink EDI: ormspecc

**Crawford Specialists Centre:**  
12 Picton Street, Howick, Auckland  
Ph: (09) 538 0133  
Healthlink EDI: crawspec  
Email: [drctieu.info@gmail.com](mailto:drctieu.info@gmail.com)  
Website: [www.drchristinatieu.co.nz](http://www.drchristinatieu.co.nz)

## James Duthie - Urologist



Due to delays and cancellations during the Covid outbreak, Dr Duthie has arranged extra operating lists to cope with the backlog of urgent patients.

Dr Duthie can see urgent patients with prostate cancer and PSA issues, significant lower urinary tract symptoms, and kidney stones at relatively short notice during this time. He can also triage patients and answer GP questions promptly.

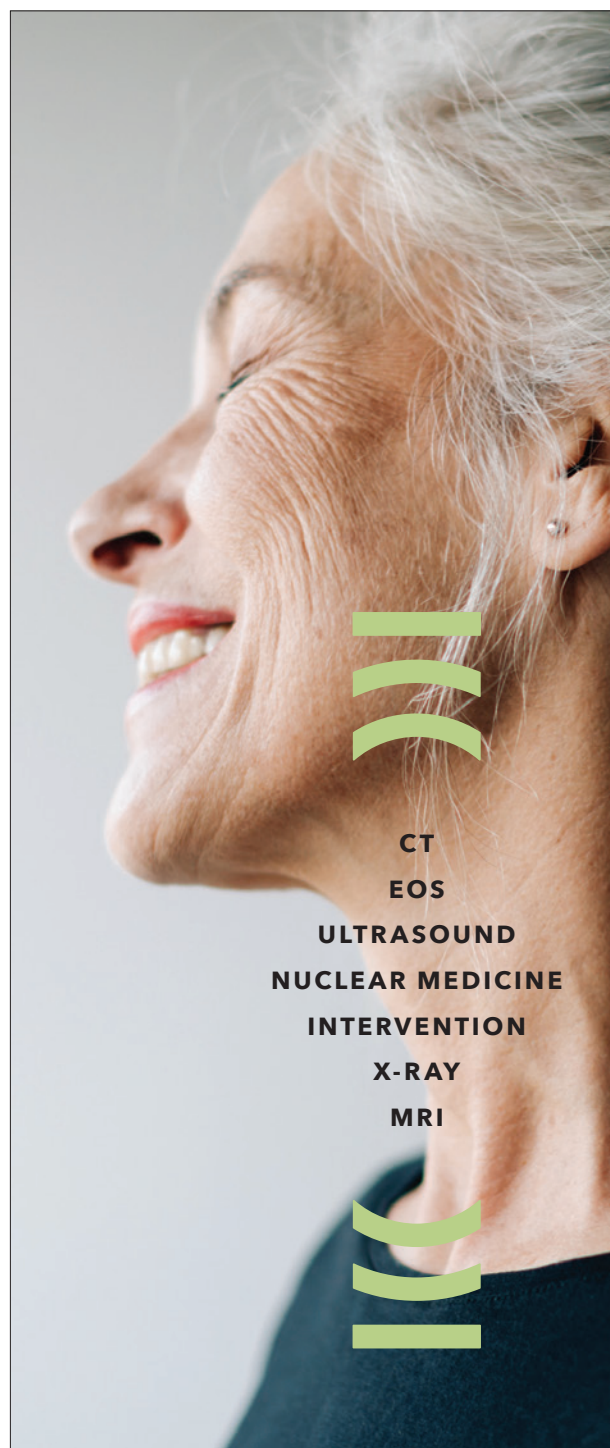


Please make contact for Bay of Plenty and Wellington area patients as needed, and no patient will be exposed to undue delay.

**For appointments in Tauranga:**  
Ph: (07) 571 2288  
Fax: (07) 571 2286  
Email: [simone@bayurology.co.nz](mailto:simone@bayurology.co.nz)  
Website: [www.precisionsurgery.co.nz](http://www.precisionsurgery.co.nz)

**For appointments in Wellington:**  
Ph: (04) 910 2178  
Email: [wgtn.specialists@southerncrosshospitals.co.nz](mailto:wgtn.specialists@southerncrosshospitals.co.nz)  
Website: [www.precisionsurgery.co.nz](http://www.precisionsurgery.co.nz)  
Healthlink EDI: wgtnmspc





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## Beyond Radiology

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We're striving to accelerate the journey to health and better and faster outcomes for all.

As such, we are driven to provide excellence in patient care by high quality, experienced staff alongside the most advanced machines in the industry.

Our team of experts will help bridge the knowledge gap, illuminating the path to better health with clear direction and total clarity.

### Dr Philip Clark

NZMRT, BHB, MBChB, Dip Paeds, FRANZCR

### Dr Ben Addison

BOptom, BMBS, FRANZCR

### Dr Sahan Wadasinghe

BHB, MBChB, FRANZCR

### Dr Clarke Baker

MBChB, FRANZCR

**100% NZ owned and clinician run.**

Call us on 09 975 3590

Visit [beyondradiology.co.nz](https://beyondradiology.co.nz)

[bookings@beyondradiology.co.nz](mailto:bookings@beyondradiology.co.nz)

**110 Grafton Road, Grafton, Auckland.**



WE ARE CURRENTLY OFFERING NO SURCHARGES  
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you need.

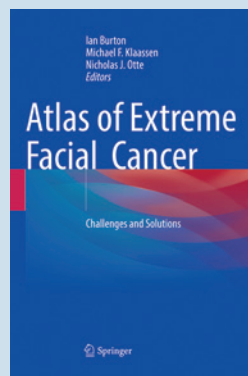




Dr Michael F. Klaassen FRACS is a New Zealand and internationally-trained plastic surgeon of considerable experience, qualifying as a fellow of the RACS in 1990. His PA Karen Klaassen will ensure that all patients are seen or contacted within a week of referral. Our special interest is in the aesthetic reconstruction of facial skin cancer patients as well as an ongoing commitment to excellence in aesthetic neck and facial rejuvenation.



Over 30 cases have now been completed using Dr Daniel Labbe's cervicofacial lift, which Michael personally learnt from his mentor when he visited him in Caen, France in May 2019. One of the first patients to benefit from this surgery has given permission for her images to be shared. The first is of her aged 55 years and the second at 2.5 years post Labbe's cervicofacial lift plus some selected fat grafting aged 57 years.



Recently Michael has co-edited and written an Atlas of Extreme Facial Cancer, to be published by Springer Medical books at the end of 2021. It presents some of the very challenging cases of extreme facial cancer he has managed over the last 31 years and includes chapters by respected international colleagues including surgeons from different and related

specialties, pathologists, radiologists, cancer stem cell researchers, nurses, a speech and swallowing therapist, an anaesthetist, a radiologist, a maxillofacial prosthetic technician and many of his respected mentors in plastic & reconstructive surgery. The multiple authors represent New Zealand, Australia, China, United Kingdom and Argentina. This new textbook will become a useful resource for trainees and experienced practitioners.



**For appointments in Remuera, Hamilton and Whakatane:**  
Ph: 0800 444 054  
Healthlink EDI: anglepro  
Email: mklaassen@xtra.co.nz

## Bone & Body Blueprint Ltd

Bone & Body Blueprint is a privately owned company based in Te Awamutu, Waikato. We specialise in DEXA scans for bone mineral density and body composition.

DEXA is most often used to diagnose osteoporosis, which involves a gradual loss of calcium and structural changes causing the bones to become thinner, more fragile and more likely to break.

The DEXA scan can measure your bone mineral content, assess an individual risk for developing fractures, and track the effectiveness of treatment.

Quick, easy and non-invasive with no referral needed. The report can be sent to your GP, specialist or healthcare professional.

We are a Southern Cross health provider.

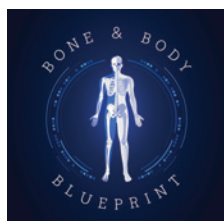
**For appointments in Waikato please contact:**

**Ph: (07) 870 4321 or 0800 BLUEPRINT**

**Email: [info@boneandbodyblueprint.co.nz](mailto:info@boneandbodyblueprint.co.nz)**

**Website: [www.boneandbodyblueprint.co.nz](http://www.boneandbodyblueprint.co.nz)**

**Physical Address: Health on Mahoe, 160 Mahoe Street, Te Awamutu**



## Paul Baker - Plastic & Reconstructive Surgeon

Mr Paul Baker is an internationally trained plastic & reconstructive surgeon consulting from locations in Central, East and South Auckland (see locations on left). He offers advanced treatments in all areas of his field including:

- skin oncology
- hand surgery
- reconstructive plastic surgery
- body contouring procedures
- scar revisions
- burn reconstruction

Paul Baker is originally from Scotland, graduating from the University of Glasgow. His connection to New Zealand began in 2000 when he won a scholarship to the University of Otago. He has trained internationally, undertaking his specialist plastic surgery training at the UK's world-renowned Canniesburn Plastic Surgery Unit. He qualified in Plastic & Reconstructive Surgery in 2012 at the Royal College of Surgeons in the UK and holds specialist registrations in both the UK and NZ.

**For enquiries and appointments in Auckland (Central, South and East) plus a bi-monthly clinic in Gisborne please see Healthpoint listing.**





## Phoenix Foundation

Kia ora

We are a new facility located in West Auckland, offering a private drug and alcohol program and a range of evidence based treatment options, working alongside experienced, qualified staff. We want to ensure those looking for drug and alcohol rehabilitation, get the best of what is offered as well as a mental health and wellness retreat.

We offer a 7 day detox, 14 day introductory or 30 day intensive treatment program.

By using a holistic approach, we provide support that looks at the whole person, not just their substance dependency or mental health needs. The support considers their physical, emotional, social and spiritual wellbeing.

We are passionate about helping people find the strength and knowledge to overcome addiction.

We believe there is a need for a different approach in the mental health and wellbeing sector and our combined lived experience gives us that advantage.

**For bookings please contact:**

Jessica@phoenixfoundation.nz

Ph: 022 460 8750



## The Hand Therapy Group – Hand Therapists (Physiotherapists/ Occupational Therapists)

The Hand Therapy Group's experienced hand therapists help specifically with injuries or conditions of the hand, wrist, forearm or elbow. We provide high quality, accessible hand therapy services to our local communities. We treat everyone that walks through our doors (or over zoom) with compassion, respect and dignity; we pride ourselves on being family friendly... and a bit of fun!

As hand therapists we can make custom splints for our patients, provide wound care, and scar management. We can assist patients with fractures, sprains and strains and post operative rehabilitation. We take pride in providing evidence-based strengthening and rehabilitation programmes. Our team have a close working relationship with specialists, hospital teams and imaging services to ensure our patients receive the best care and outcomes.

We have four family-friendly Auckland hand therapy clinics - Airport Oaks, Glenfield, Birkenhead and The Doctors Middlemore. There is no surcharge for ACC patients.

**For appointments in Auckland or via telehealth please contact:**

Ph: (09) 218 4444

Fax: (09) 355 0503

Email: admin@thtg.co.nz

Website: www.handtherapy.co.nz

Healthlink EDI: handakld



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[www.healthpoint.co.nz](http://www.healthpoint.co.nz)



## Neck Lump Specialists

AUCKLAND HEAD & NECK ASSOCIATES

Head & Neck Cancer | Thyroid | Parotid | Salivary Gland | Benign Lumps

We offer in-office FNA, ultrasound, and endoscopic examination allowing a one-stop assessment for all head and neck pathologies. Available in Epsom and East Auckland.

- Neck lump clinic - FNA, ultrasound and CT during same visit
- Parotid and salivary gland surgery
- Thyroid and parathyroid surgery
- Head and neck cancer surgery
- Robotic surgery



**Dr John Chaplin**

MBChB FRACS

Dr John Chaplin Surgery  
THYROID AND HEAD AND NECK SURGERY

T 09 631 1948  
F 09 630 8167  
M 027 297 0971

EDI headneck  
E john@thyroid.co.nz  
www.thyroid.co.nz



**Dr Joseph Earles**

MBChB FRACS

**N**  
Northern ENT

T 09 666 0286  
M 021451 038

EDI northorl  
E joseph@northernent.co.nz  
www.northernent.co.nz

Mauranui Clinic, 86 Great South Rd, Epsom, Auckland  
www.headandneck.co.nz



## Mr Nic Bodenstein – Adult and Paediatric Otolaryngologist

Nic has worked in the ENT Department at Waitemata DHB for more than 25 years. During this time, he has also consulted privately on the North Shore and in West Auckland. This experience has allowed him to build particularly strong relationships with general practitioners in the Rodney, North Shore and West Auckland districts although patients are drawn from other areas as well.

Nic's professional interests span general adult and paediatric ENT conditions. There is some emphasis on chronic middle ear disease, exostosis surgery and the management of chronic nasal and sinus conditions including the consequences of nasal trauma.

Nic works in association with colleagues with other subspecialty ORL and Head and Neck interests, both privately and in the public hospital setting.

**For appointments on North Shore or Henderson please contact Annette:**

Ph: (09) 489 4971

Email: bodent@xtra.co.nz

Healthlink EDI: drbodens

Lakeside Specialist Centre, 17 Shea Tce, Takapuna

White Cross Henderson, 131 Lincoln Road, Henderson



## The Difference – Drug & Alcohol Treatment Centre

At The Difference we believe in treating more than just your addiction. We take a holistic approach that includes looking after your mental wellbeing, physical health and lifestyle as well as treating your drug or alcohol problem. At our Auckland based private rehab center we strive to help you change direction in your life and start living, rather than simply existing. You'll find no judgement at our centre, just support. Whatever your background, whatever walk of life you come from our team is waiting to help you.

**For enquiries and appointments please contact:**

**Ph: 0800 155 545**

**Email: [admin@thedifferencerehab.co.nz](mailto:admin@thedifferencerehab.co.nz)**

**Website: [www.thedifferencerehab.co.nz](http://www.thedifferencerehab.co.nz)**



If you are interested in profiling yourself and your services please email: [will@healthpoint.co.nz](mailto:will@healthpoint.co.nz) or phone (09) 630 0828

## Shore Rheumatology – Dr Hugh de Lautour



Shore Rheumatology is a North Shore of Auckland based private rheumatology practice founded by Dr Hugh de Lautour.

Hugh grew up on Auckland's North Shore and attended high school at Auckland Grammar and Kristin. After completing a science degree at the University of Auckland he attended University of Otago Medical School and graduated in 2008. He undertook specialist training in both rheumatology and general medicine in the Auckland region and completed his Fellowship of the Royal Australasian College of Physicians (FRACP) in 2016.

He is currently employed at Waitemata District Health Board as a consultant rheumatologist and general physician.

Dr de Lautour will see rheumatology and relevant general medicine referrals.

We are an Affiliated Provider with Southern Cross and are registered as a provider with ACC.

Clinics are held in Grafton Medical Centre, Silverdale at Silverdale Medical Centre and in Takapuna at The Doctors Fred Thomas.

**For enquiries and appointments please contact:**

**Ph: 0800 585 003**

**Email: [contact@shorerheumatology.co.nz](mailto:contact@shorerheumatology.co.nz)**

**Website: [www.shorerheumatology.co.nz](http://www.shorerheumatology.co.nz)**

**Healthlink EDI: shrheuma**



## Southern Cross Hamilton Hospital

welcomes orthopaedic surgeons to a growing team

**Southern Cross Hamilton Hospital has further expanded its range of orthopaedic services, welcoming two new local surgeons. Mr Stephen McGrath and Mr Satyen Jesani are added to a group of leading orthopaedic surgeons already credentialled to operate within our facilities.**

They join Peter Black, Godwin Choy, Grant Cowley, Hamish Deverall, Jason Donovan, Stephen McChesney, Sandeep Patel, Richard Somerville, Neville Strick and Richard Willoughby, who provide a full range of specialised orthopaedic services in Hamilton.

Within facilities extensively upgraded to include advanced operating theatres, a purpose-built Day Surgery Unit, a six bed ICU and hi-tech radiology services, Southern Cross patients enjoy high quality care, supported by skilled professional nursing teams.

**For more details of our services and the orthopaedic surgeons listed, visit our website at: [southerncrosshealthcare.co.nz](http://southerncrosshealthcare.co.nz)**

*Southern Cross Healthcare - caring for more New Zealanders than ever*



*Mr Stephen McGrath*



*Mr Satyen Jesani*