

info matters



A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato, Lakes and BoP regions

May 2021

HEALTHPOINT NEWS

www.healthpoint.co.nz

Healthpoint extends comprehensive provider and service mapping into MidCentral and Wairarapa regions.

Following recent partnerships with Waikato and Bay of Plenty DHBs, Healthpoint is now working in the MidCentral and Wairarapa regions of Central NZ to profile health providers and services and create resources that will support people and communities to better navigate and access the services in their regions.



THINK Hauora is the Primary Health Organisation (PHO) for the MidCentral Community. They take a broad view of health, recognising the connectivity between health and other aspects of people's lives.

THINK Hauora's 'Connecting Communities for Wellbeing 2019-2025 Strategy' identifies the importance of rangatiratanga, hauoranga and enabling people's understanding of how to access the appropriate health options available.

'Connecting Communities for Wellbeing' is their vision, and www.healthpoint.co.nz is a key initiative that enables this strategy and vision.

THINK Hauora have led the engagement to embed Healthpoint as a key resource that supports equity and access for people and communities in the MidCentral region.

Working directly with GPs, Pharmacies, Community Health and Social services, Healthpoint will become a key resource for people to use that supports self-management of their own care needs and choices.



The Wairarapa DHB Strategic Direction 2020-2030 Hauora Mo Tatou sets the strategic direction to improve the health and wellbeing of Wairarapa communities.

Addressing the need to develop resources that inform whānau/families about where to go for advice and services at a locality level in the community, Wairarapa DHB have adopted the Healthpoint directory.

Within the health system, Wairarapa sees responsibility to make health easy to understand and navigate. They want to partner with and empower people to take ownership of their own wellbeing.

Critically, integrating health and social services is viewed as imperative in enabling people to improved long-term wellness. Prevention through health and social services promotion, and particularly promotion that has been designed with the involvement of their communities, they aim to improve health literacy and empower individuals and whānau.

By embedding Healthpoint in their region, Wairarapa DHB help service users, navigators and providers to have clear information about what services are available.

Andrew Irving - Orthopaedic Spine and Foot & Ankle Surgeon

Andrew Irving is a New Zealand trained orthopaedic surgeon. He completed undergraduate training at the Otago University School of Medicine. He then completed the New Zealand Orthopaedic training programme, becoming a fellow of the Royal Australasian College of Surgeons in 2018.

Andrew undertook further fellowship training in foot and ankle surgery under Mr Matthew Tomlinson, followed by spine surgery fellowships under Mr Peter Robertson in Auckland City Hospital and Mr Peter McCombe in the Royal Brisbane and Women's Hospital.

Andrew has a consultant appointment at Middlemore Hospital, focusing on spine surgery and foot and ankle surgery. His private practice is based at Ascot Office Park with outreach clinics at Cavendish Specialist Centre.

For appointments at Ascot Office Park or Cavendish Clinic please contact:

Ph: (09) 523 2766, Fax: (09) 522 0786

Healthlink EDI: gordonms

Email: office@gordonmedical.co.nz



Cannabis Clinic New Zealand

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For appointments NZ wide, please contact:

Ph: 0800 223 645

Email: support@cannabisclinic.co.nz

www.cannabisclinic.co.nz



John English - Shoulder, Elbow, Hip and Knee Orthopaedic Surgeon

I am a New Zealand trained orthopaedic surgeon, obtaining my undergraduate medical degree from the University of Otago. I am a member of the New Zealand Orthopaedic Association and a Fellow of the Royal Australasian College of Surgeons (FRACS Ortho).

I have spent several years training in hospitals throughout New Zealand, spending my last three years in Auckland's major centres. I have also completed fellowships in London, England with further subspecialist training in upper extremity surgery, joint replacement, arthroscopy and trauma.

I have a public consultant position at Auckland City Hospital in addition to my private practice.

Surgical expertise:

- shoulder – arthroscopic rotator cuff repair, arthroscopic & open stabilisation
- elbow surgery
- hip and knee joint replacement

For appointments at Domain Orthopaedics

20 Titoki Street, Parnell:

Ph: (09) 307 4285, Fax: (09) 307 4280

Healthlink EDI: domainor

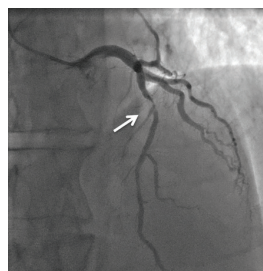
Email: joan@domainortho.co.nz

www.domainortho.co.nz



Ascot Angiography

Ascot Angiography is a private angiography theatre based at Ascot Hospital in Auckland's Greenlane. Set in a tranquil, park-like setting, we offer a central, convenient location providing expert cardiac care in a modern facility.



Ascot Angiography is dedicated to providing excellence in the diagnosis and treatment of heart conditions.

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You can refer your patient to **Ascot Cardiology Group**, (Ph. (09) 520 9540) by letter of referral, or electronically via HealthLink EDI: ascardio

Ascot Angiography is an Affiliated Provider to Southern Cross and an nib First Choice partner.

We are located at:

Level 3, Ascot Hospital

90 Greenlane East, Remuera

Ph: (09) 520 9533

Email: reception@ascotangiography.co.nz

www.ascotangiography.co.nz



Chris Fougere – Orthopaedic Surgeon

Chris Fougere is a New Zealand trained orthopaedic surgeon.

He completed undergraduate training at the Auckland University School of Medicine, then entered the NZ Advanced Orthopaedic training programme, attaining FRACS (Ortho) in 2009.

Further fellowship training followed in 2010 in Adult Joint Replacement and Revision in Sydney, Adult Deformity and Shoulder Reconstruction in Melbourne concluding with Adult Deformity in 2011 in Florida with Dr Dror Paley.

He has a consultant appointment at Auckland City Hospital, focusing on fracture, deformity surgery and joint reconstruction. His private practice is with Domain Orthopaedic Surgeons.

For appointments at Domain Orthopaedics, Titoki Street:

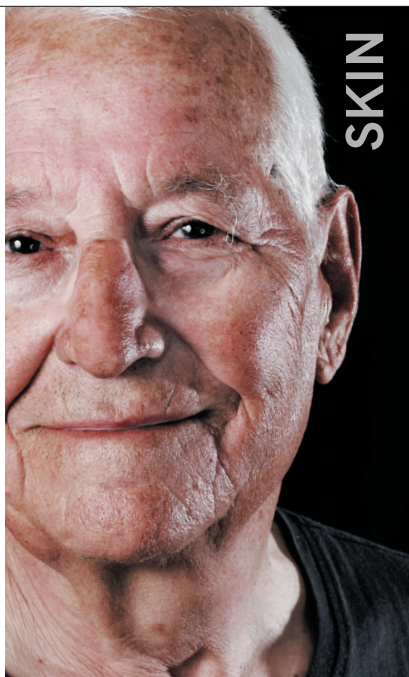
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Email: ady@domainortho.co.nz

www.domainortho.co.nz





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Midland Cardio-Vascular Services

Midland Cardio-Vascular Services is a privately owned angiography and interventional suite located within the Braemar Hospital, **Hamilton**, New Zealand. We have been operating for 19 years in the wider Waikato area and extending to the whole of New Zealand.

Our highly skilled specialists perform a wide range of procedures covering coronary angiography, electrophysiology and pacing, structural heart, endovascular and interventional radiology - including Oncology tumour procedures.

For all procedural appointments:
Ph: (07) 843 1895, Fax: (07) 843 7869
Email: mcvsbookings@mcvs.co.nz
www.mcv.co.nz



Christine Everest – Clinical Dietitian

Christine is a New Zealand registered clinical dietitian specialising in women's health, with a particular interest in PCOS, endometriosis and functional gastrointestinal disorders. She has a strong holistic approach to health, and values the importance of a multidisciplinary team to achieve the best patient health outcomes. Christine takes pride in empowering patients to better understand their body. She uses simple everyday language and works with the patient to identify areas to create realistic and sustainable change. Christine splits her time between the public sector, as a senior adult community dietitian at Auckland DHB and in the private sector, working with GPs and specialists. She is available for in-person appointments at Grafton Medical Centre and via Telehealth. Please visit her website under 'My Specialist Areas' for other conditions seen. Dietitian consultations are covered under Southern Cross Health Insurance depending on the patient's policy type.



For appointments at Grafton Medical Centre or via Telehealth:
Ph: 021 135 3697
Email: Christine@christineeverest.co.nz
www.christineeverest.co.nz
Address: Grafton Medical Centre, Shop 1, 8 Nugent Street, Grafton, Auckland 1023

www.healthpoint.co.nz

GROWING OUR PARTNERSHIP

Auckland Radiology Group is very pleased to announce that **Dr Rhian Miranda** has joined the ARG Partnership.

As an independent locally owned radiology practice with 30 experienced radiologists, Rhian's appointment reaffirms our commitment to remain 100% Auckland owned and operated.

Dr Miranda is a musculoskeletal radiologist. After graduating from the University of Auckland, he completed his specialist training here in Auckland. He subsequently undertook a one year fellowship at St Vincents in Melbourne, focusing on bone and soft tissue sarcoma imaging and intervention.

Rhian stayed on as a consultant at St Vincents before returning to Auckland to take up appointments at Auckland City Hospital and ARG in 2015.

Rhian's areas of expertise include bone and soft tissue tumour imaging and intervention, rheumatology and sports medicine radiology, as well as image-guided spinal and musculoskeletal procedures. He also currently holds a position as Director of Training in Radiology at Auckland City Hospital.



arg.co.nz



Dr Rhian Miranda
Radiologist
BHB MBChB FRANZCR

Dr Nayana Shah – Integrative Health Clinic

Nayana is a GP with over 15 years of experience in New Zealand. She has been a Fellow of The Royal NZ College of GPs since 2004. She underwent further training in nutritional and environmental medicine to focus on chronic disease management which is the bulk of the general practice visits nowadays. She is particularly skilled in integrating modern medicine (with her diagnostic skills) with nutritional therapy and lifestyle modification.



She has also achieved expertise in SIBO and microbiome analysis and is well versed in managing chronic gut issues like H pylori infection, IBS, SIBO and chronic constipation.

She specially enjoys managing women's health issues like PCOS, PMS, heavy painful menstrual periods, endometriosis, menopausal symptoms - hot flashes and insomnia and thyroid issues.

She welcomes referrals for mental health problems like chronic anxiety, depression and ADHD (adult and children), children's behavioural disorders and gut and nutritional parts of ASD.

She is also happy to address biochemical abnormalities and gut health in chronic diseases like chronic fatigue, metabolic syndrome, diabetes and skin disorders.

Nayana strives to deliver a complete package of care through clinical excellence, compassion, and patient education and empowerment. She is fluent in Gujarati and Hindi.

Appointments at 18A Ellison Place, Pakuranga, Auckland.

Virtual appointments are also available:

Ph: 020 4026 3764

Healthlink EDI: shahnihc

Email: reception@integrativehealthclinic.co.nz

www.integrativehealthclinic.co.nz

Organ Donation New Zealand (ODNZ)



Organ Donation New Zealand
New Zealand's official donor agency

ODNZ is a 24-hour national service managing all deceased organ donation and some tissue donation.

ODNZ has six specialised nurses who are donor coordinators; their primary responsibility is to coordinate the donation of organs and tissues from deceased donors in NZ for transplant units and tissue banks here and sometimes in Australia. Following the donation, the donor coordinator provides information and support for the family of the donor and for some families this support is continued for a number of years.

A team of on-call medical specialists are also available to provide advice to hospital staff.

Fewer than 1% of New Zealanders die in circumstances that allow them to be organ donors. Donation is only possible when a person is in an Intensive Care Unit, on a ventilator, usually with very severe brain damage.

Tissue donation (eye tissue, heart valves and skin) can be facilitated in most circumstances where people die, whether they are in a hospice, on a hospital ward or at home.

If you want to be an organ or tissue donor in the event of your death, the most important step you can take is to have a discussion about your wishes with your family or whānau. If you have done this, there is nothing else you need to do.

For more information about organ and tissue donation visit ODNZ's website www.donor.co.nz

ODNZ Contact Details:

24-hour phone number for organ and tissue donation referrals:
(09) 630 0935

General contact phone: 0800 436 667

Email: contactus@donor.co.nz

www.donor.co.nz

Auckland Head and Neck Associates

We are delighted to announce that Joe Earles is joining Auckland Head and Neck Associates.

Joe trained in ORL Head and Neck Surgery in Auckland and then spent a year long fellowship in head and neck surgery at the prestigious Yale University. This fellowship involved training under world-renowned surgeons and concentrated on all aspects of complex head and neck cancer surgery, including advanced reconstruction with microvascular free flaps.

In addition to his head and neck surgery experience, Dr Earles has particular skill and experience in managing a range of other ENT conditions including sinus and nasal disease, paediatric ENT problems and general adult ENT conditions.

Joe joins John Chaplin at Mauranui Clinic in Epsom where they offer expertise in:

- thyroid and parathyroid surgery
- neck lump clinic with early diagnosis
- head and neck cancer surgery and
- multidisciplinary care

Urgent appointments available.



Joseph Earles

Ph: (09) 666 0286

Healthlink EDI: northorl

Email: reception@northernent.co.nz

www.northernent.co.nz



John Chaplin

Ph: (09) 631 1948

Fax : (09) 630 8167

Healthlink EDI: headnnek

Email: john@thyroid.co.nz

www.thyroid.co.nz and



Anglesea Gynaecology, founded by the late Dr Stewart James Hastie in 1990, has grown to become the premiere gynaecology group practice in the Waikato and Midland Region.

We pride ourselves in being leaders in our field, offering:

- Comprehensive gynaecological services under one roof
- Highly experienced team with proven track record - Dr. Singh and Dr. Ravikanti are well-recognised for their surgical skills in Australasia.
- Cutting-edge technology
- In-house bedside ultrasound
- Well-trained, caring, supportive and passionate staff
- Urgent appointments

PROCEDURES AND TREATMENTS:

- Endometriosis and Chronic Pelvic Pain (Multidisciplinary Model)
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- Total Laparoscopic Hysterectomy
- Management of Fibroids including Laparoscopic Myomectomy
- Laparoscopic Management of Ovarian Cysts
- Stress Incontinence – Urodynamics and Surgical Treatment
- Pelvic Organ Prolapse Surgery
- Tubal Ligation and Tubal Ligation Reversal
- Abnormal Smears (Colposcopy, Treatment of Cervical Dysplasia)
- Menstrual Disorders – Heavy Menstrual Bleeding, Dysmenorrhoea, Intermenstrual Bleeding
- Office Gynaecology – General Gynaecological Check-Up

Anglesea Gynaecology utilises world-class technology for performing advanced laparoscopic surgeries, including the use of 4K and 3D technology, working as a team for complex cases and adopting innovations early to give the best possible care.



The friendly team at Anglesea Gynaecology go out of their way to put every patient at ease in a sensitive, caring and professional manner.

Our team of three highly skilled gynaecologists are all very well regarded in their fields within New Zealand and Australia.



DR VP SINGH
GYNAECOLOGIST, LAPAROSCOPIC
AND PELVIC FLOOR SURGEON



DR LAKSHMI RAVIKANTI
GYNAECOLOGIST, LAPAROSCOPIC
AND PELVIC FLOOR SURGEON



DR DEIRDRE ROHLANDT
GYNAECOLOGIST, COLPOSCOPIST
AND URODYNAMICS



John Sullivan House, Gate 3, Level 1
62 Tristram Street, Hamilton 3240

angleseagynae.co.nz | 07 858 0757

Hinengaro Clinic – Auckland Dementia Specialists



Hinengaro Clinic is a unique multidisciplinary service for assessment and management of people with cognitive difficulties and dementia based in the greater Auckland area. The Clinic specialises in the assessment and management of memory problems, dementia, complex medical and psychiatric problems in older adults. Our team has expertise in psycho-geriatrics, geriatrics, social work, medico-legal work, occupational therapy and physiotherapy.

The multidisciplinary nature of our service also enables us to address dementia associated matters such as capacity assessments (both current and retrospective), driving issues, psycho-social problems, and access to supports for patients and family.

We are normally able to engage with patients within 14 days of referral and can visit patients in their homes if preferred. Although we primarily see patients in the greater Auckland area, we are often able to accept referrals for patients living farther afield.

For information and appointments at our Mt Eden clinic:

Ph: 022 153 9285

Email: info@hinengaroclinic.co.nz

www.hinengaroclinic.co.nz

Hogan Yeung – Orthopaedic Shoulder & Elbow Surgeon

Hogan is a fellowship trained shoulder and elbow surgeon. He grew up in Auckland and graduated from University of Auckland, School of Medicine in 2008. He completed the New Zealand Orthopaedic Association training programme and became a Fellow of the Royal Australasian College of Surgeons in 2018.



Hogan then spent two years abroad to gain further experience in shoulder and elbow surgery. His first year of subspecialty training was at Coastal Orthopaedics and Sports Injuries in Gosford, New South Wales under the supervision of an innovative shoulder and elbow specialist. This was followed by another year at North Bristol NHS Trust, UK, where he worked with a number of high volume upper limb surgeons.

Hogan will assess and treat, both non-operatively and operatively, all shoulder and elbow conditions.

For appointments at Ascot Office Park or Cavendish Clinic please contact:

Ph: (09) 523 2766, Fax: (09) 522 0786

Healthlink EDI: gordonms

Email: office@gordonmedical.co.nz

Mr Li Hsee FRACS FACS, Consultant Trauma & General Surgeon

Mr Li Hsee is a specialist consultant trauma and general surgeon at Auckland City Hospital and consults in private at Gilgit Road Specialist Centre in Epsom, Auckland. He is the foundation surgeon of the Acute Surgical Unit and the current Clinical Director in General Surgery at ADHB. Mr Hsee has over 15 years of consultant surgical practice with surgical fellowships awarded in NZ and Canada.



Mr Hsee's surgical interests are broad and include simple and complex hernias, abdominal wall reconstruction, biliary diseases, bowel, minor anorectal pilonidal and skin surgery. He is competent in both open and laparoscopic procedures. In addition, Mr Hsee has a special interest in trauma related conditions particularly in chest wall rib reconstruction, soft tissue and abdominal trauma. He is an ACC treatment provider.

Mr Hsee is a promoter of safe surgery and health equity. He is involved in many national and overseas surgical committees.

Languages: English, Mandarin, Taiwanese.

For appointments please contact Robyn
Gilgit Road Specialist Centre

15 Gilgit Road, Epsom, Auckland 1023

Ph: (09) 623 7505, Fax: (09) 638 9435

Healthlink EDI: gilgirts

Email: admin@surgeonsnz.co.nz

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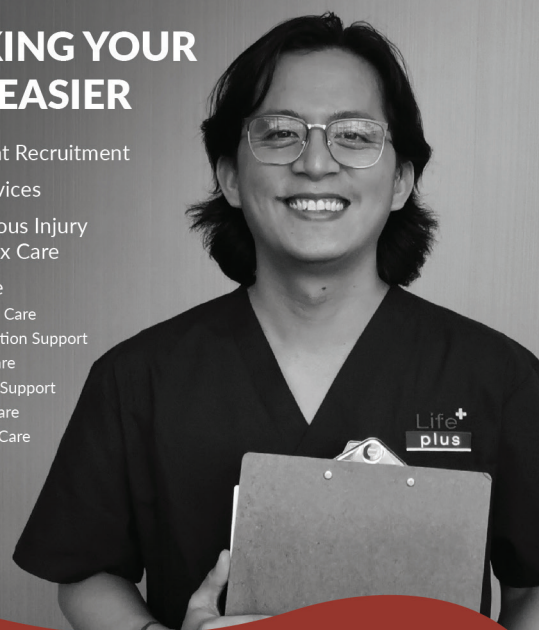
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Mr Salil Nair
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Adult & Paediatric Rhinologist
Skull Base & Sinus Surgeon
Endoscopic Lacrimal Surgery
info@entgroup.co.nz

Dr Melanie Collins
FRCS ORL-HNS
Adult & Paediatric
Otolaryngologist
Otolologist
Cochlear Implant Surgeon
info@entgroup.co.nz

Dr Angus Shao
FRACS
Adult & Paediatric
Otolaryngologist
Rhinologist
Facial Plastics Surgeon
Mandarin speaking
info@entgroup.co.nz

We strive to offer a friendly, flexible and accessible service.

If you have adults or children with ear, nasal or sinus health issues, we can provide the very best specialist advice and treatment.

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EDI: entgpltd

APPOINTMENTS AVAILABLE AT EPSOM, GLENFIELD & BOTANY

REDEFINING THE PATIENT EXPERIENCE

HARBOUR
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Harbour is a leading cancer treatment and wellness centre, located on Auckland's North Shore. We provide cancer treatments across all tumour streams including chemotherapy, immunotherapy, targeted therapies, hormonal treatment, haematology services and symptom management. We integrate this with tailored services to support each person's cancer care:

- prescribed exercise treatment, considered the gold standard of cancer care
- dietary assessment and programmes
- psychological support
- massage therapy, including lymphoedema treatment
- scalp-cooling.

Dr Gareth Rivalland
Dr Rosalie Stephens
Dr Amanda Ashley
Dr Karen Amies
Dr Sanjeev Deva



Medical Oncologists, Haematologists and specialist Physiotherapists,
Reg. Dietician, Health Psychologist and Massage Therapist.

Harbour Cancer & Wellness Centre
Southern Cross North Shore, Auckland
T (09) 925 4444 / EDI hcentre
referrals@harbourcancer.co.nz
www.harbourcancer.co.nz

Expertise, innovation, care

Mr Ashish Taneja – General, Laparoscopic and Acute Care Surgeon



AUCKLAND
General Surgeons

Mr. Taneja is a consultant general surgeon at Auckland Hospital with a sub specialty interest in high end Emergency General Surgery and Trauma. He is the Unit Head of the Acute Surgical Unit at Auckland Hospital. He consults at Gilgit Specialist Centre, 15 Gilgit Road, Epsom for patients located in North and Central Auckland, and **coming soon** is a new clinic in South Auckland at 123 Ormiston Road, Ormiston for patients located East and South.



He has a wide ranging elective practice that includes:

- complex incisional hernias with abdominal wall reconstruction
- laparoscopic hernias
- laparoscopic cholecystectomy/gallbladder surgery
- colorectal surgery including bowel cancer
- minor anorectal conditions, including haemorrhoids, anal fissures, skin tags
- skin lesions, general lumps and bumps

Ashish Taneja is a specialist in his field, who is committed to his patients in ensuring they get the best treatment possible.

Languages spoken: English, Hindi, Punjabi.

For appointments please contact Tracey:

Ph: (09) 623 7521, Fax: (09) 638 9435

Healthlink EDI: acklsurg

Email: admin@surgeons.net.nz

www.aucklandgeneralsurgeons.co.nz

Lulu van Eeden – Gynaecologist

Dr Lulu van Eeden is a NZ trained doctor who received her medical degree at Otago University in 2010. She was the recipient of the Sir Bernard Dawson Award and the Batchelor Memorial Medal for being the top graduate in obstetrics and gynaecology at Otago University in 2010.

Lulu completed her specialist training in 2019, which was followed by a two-year fellowship in gynaecology at Counties Manukau DHB (CMDHB). Lulu is currently a gynaecology consultant at CMDHB. Her areas of interest are general gynaecology, colposcopy and gynaecology cancers.

Lulu speaks fluent Mandarin, and is able to consult in Mandarin if required.

Lulu is starting her own private gynaecology practice from the 01.06.2021 under the heading 'All Women Gynaecology'. Lulu is running gynaecology clinics both through Ormiston Specialist Centre and Ormiston Urology. She has short notice availability for her clinics and has also set up Saturday morning clinics in order to offer more options for busy Auckland women.

For appointments at either Ormiston Specialist Centre or 123 Ormiston Rd please contact:

Ph: (09) 271 3305, Fax: (09) 277 0769

Healthlink EDI: ormspecc

Email: enquiry@allwomensgynaecology.com

www.allwomensgynaecology.com



Metlifecare – Retirement Villages

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Metlifecare – the North Island's leader in retirement village and care homes – provides outstanding care to more than 5,600 New Zealanders, at 25 unique retirement communities from Northland to Kapiti, with additional villages currently under construction.



All Metlifecare care homes have class leading Ministry of Health certification, some with specialised secure dementia units, and most feature our award-winning homestead model of care, which provides residents with a much more home-like and intimate living experience than traditional care homes. Most villages also offer options for assisted living, the ideal solution for those who want to retain their independence but need extra support (including meals, housework, personal care and medication management).

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Contact details:

Ph: 0800 909 303

Email: info@metlifecare.co.nz

www.metlifecare.co.nz