

# info matters



A newsletter to Medical Specialists and GPs throughout the Auckland, Hamilton and Northland regions

April 2015

## Healthpoint News

### Community Health Services and Social Service organisations are now being profiled on [www.healthpoint.co.nz](http://www.healthpoint.co.nz)

The image displays two screenshots of the Healthpoint website. The top screenshot shows the 'Community Health Services in West Auckland' page. It features a map of West Auckland with red location markers, a search bar, and filters for location, service type, and access. Below the filters, it lists 34 services, including Allergy New Zealand, Altered High - Youth Alcohol and Drug Service, Auckland Regional Dental Service (ARDS), and Breastscreen Waitemata Northland. The bottom screenshot shows the 'Social Services in South Auckland' page. It also features a map of South Auckland with blue location markers, a search bar, and filters. Below the filters, it lists 8 services, including Family Start Manukau, Ohomairangi Trust, Otara Health Trust, Te Whare Marara O Mangere, and Turuki Health Care.

In a pilot project, Counties Manukau Health is supporting and funding organisations in their region to be profiled on the new social services section of [www.healthpoint.co.nz](http://www.healthpoint.co.nz). Social services are services provided by the government for the welfare of the population. It is important that these services are profiled because there is a recognition of how important it is to address social issues to improve health outcomes. Information about services offered is an effective way to make the link. The types of services that are profiled include: abuse and violence, advocacy, basic needs, cultural support, education and training, employment, legal/civil services and social work.

In the second pilot project Waitemata and Auckland DHBs are supporting and funding organisations in their region to be profiled on the new community health services section.

These services include abuse and violence, advocacy, addictions, counselling, end of life care, healthy lifestyle, home support, injury or disability, screening and prevention and transport.

Over 200,000 people per month are using [www.healthpoint.co.nz](http://www.healthpoint.co.nz) to access information about services. A profile on Healthpoint means these organisations can have a significant web presence within the community and be more accessible to referrers in the health sector.

The two pilots will be evaluated with the intention that these new areas will be implemented right across the Auckland region.

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

To view go to: [www.healthpoint.co.nz](http://www.healthpoint.co.nz)

## Mr Grant Beban, Mr Richard Babor – General Surgeons

Surgeons Grant Beban and Richard Babor have moved into new premises conveniently located on the Ascot Hospital site.

Working under the dual banners of **Auckland**

**Laparoscopic Surgery** and **Auckland Weight Loss Surgery**, Grant and Richard and their team specialise in:

**Oesophago-gastric Surgery:** open and laparoscopic surgery for reflux disease, hiatus hernia, achalasia, GIST and oesophago-gastric cancer.

**Weight Loss (Bariatric) Surgery:** laparoscopic gastric bypass, mini gastric bypass and gastric sleeve.

**General Surgery:** open and laparoscopic surgery for gallbladder and biliary disease and hernias.

They offer a multidisciplinary approach to surgical services, with a clinical nurse specialist, dietitian and psychologist providing patient care and support leading up to and following surgery.

Both Grant and Richard work in public and private practice. Grant also works at Auckland Hospital where he has introduced an obesity surgery programme. He also served on the steering committee for a nationwide strategy on management of morbid obesity in New Zealand. Richard also works at Middlemore Hospital and about half of his time is spent on obesity surgery. Both Grant and Richard are active in research, education and training.

**For appointments and enquiries:**

Ph: (09) 522 4103, Email: [info@awls.co.nz](mailto:info@awls.co.nz)

Level 1, Ascot Central, 7 Ellerslie Racecourse Drive, Remuera.



## Dr Jane Walton - Geriatrician & General Physician

Jane has her FRACP in both geriatric and general medicine. She is currently employed at ADHB as a geriatrician. She has also worked in Brisbane, at the Prince Charles Hospital as both a geriatrician and general physician.

Jane is interested in the broad range of presentations associated with these specialties that require a comprehensive assessment - including cognition, falls and balance and poly-pharmacy.

Jane now works on Monday mornings at Mercy Specialist Centre, Mountain Rd, Epsom. She is also available to see patients in their home or at residential care facilities.

**For appointments please Ph: (09) 623 1170 or Fax: (09) 623 1172**



## Dr Michael Klaassen – Plastic Surgeon

**New Face Surgery Clinic at  
OneSixOne Gillies Ave, Epsom**

**Dr Mike Klaassen** has relocated from Parnell, to the multidisciplinary OneSixOne Clinic.

Plastic surgery supports established disciplines of urology, gynaecology and oncology services. In addition, a wide range of reconstructive and aesthetic surgery includes: **skin cancer, rhinoplasty, facial rejuvenation and modern facelift.** **Breast and body** contouring surgery are also provided.

A team of nurses support Mike's new clinic.

There is ample free on-site parking and a friendly administrative team.

**For appointments and enquiries:**

Ph: (09) 215 8152, Fax: (09) 366 4698

Email: [m.klaassen@parnellssurgeon.co.nz](mailto:m.klaassen@parnellssurgeon.co.nz)

[www.parnellssurgeon.co.nz](http://www.parnellssurgeon.co.nz)



## Salil Nair and Melanie Collins. ENT Surgeons

Salil and Melanie have recently relocated to new premises at the Specialist Suite, Mercy Hospital.

There is a high incidence of **nasal allergy and sinusitis** in NZ, which can significantly impact on patients' quality of life. Having worked in a busy tertiary centre in the UK, Salil has extensive experience in managing patients with **routine and complex sinus and nasal problems.** He completed an advanced Rhinology Fellowship in **endoscopic sinus, lacrimal and skull base surgery.** His public commitments are at Auckland Hospital and Manukau SuperClinic. He consults privately at Mercy Hospital and in Botany.

Melanie is a general ENT surgeon with a subspecialty interest in **adult and paediatric Otolaryngology.** Following an advanced Otolaryngology Fellowship, she spent 10 years as a consultant in the UK before relocating to Auckland in 2011, with her husband Salil and their daughter. Her expertise includes the management of patients with **chronic ear disease, cholesteatoma, exostoses, hearing loss, tinnitus and balance disorders** as well as general ENT problems.

She works at WDHB and her private practice is based at Mercy Hospital and in Albany.

Salil and Melanie can offer urgent consultations within two working days.

**For appointments ph: 09 623 5644, fax 09 623 5765, EDI: entgpltd.**

Email: [info@entgroup.co.nz](mailto:info@entgroup.co.nz). [www.entgroup.co.nz](http://www.entgroup.co.nz)



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[www.healthpoint.co.nz](http://www.healthpoint.co.nz)



## Dr Phill McChesney – Gynaecologist, Laparoscopic Surgeon, Fertility Subspecialist

Phill is a locally trained gynaecologist who has returned to the Waikato.

He has subspecialty expertise in:

- complex endometriosis
- advanced laparoscopic surgery
- operative hysteroscopy
- menstrual disorders
- PCOS
- reproductive endocrinology
- fertility.

Phill also welcomes general gynaecology, pelvic floor and colposcopy referrals.

In addition to general gynaecology, Phill has undertaken 3 years of advanced training, making him one of the few fertility specialists in NZ to complete the Certificate in Reproductive Endocrinology and Infertility (CREI) subspecialist qualification.

**Appointments in Hamilton, Te Awamutu and Tauranga.**

**For further information and appointments:**

**Ph: (07) 839 2603, Fax: (07) 839 2604**



## Mr David Crabb – Northland Plastic Surgery

Specialising in all aspects of plastic surgery with special interest in breaking new ground with large volume autologous fat transfer and doing away with implants introduces the **BRAVA AFT System** – a minimally invasive, implant free, breast augmentation procedure.

The autologous fat transfer procedure can assist women with:

- failed implants: one step correction with implant removal
- failed reconstruction or radiotherapy damage
- cosmetic breast augmentation
- secondary breast reconstruction including: mastectomy, lumpectomy, breast distortion, congenital breast deformity.

BRAVA AFT is a body sculpting procedure where modified liposuction is used to extract fat from unwanted places, and then re-inject it into the breast after sophisticated processing. No long incisions or implants are involved.

David has been using fat grafting for more natural breast reconstruction, replacing most conventional procedures with new techniques thus avoiding major invasive surgery and the use of implants. He is one of the few doctors in Australia and New Zealand who has been trained in the AFT procedure.

David is also a Southern Cross Affiliated provider for skin cancer diagnoses and surgery which also includes comprehensive skin examinations (including dermoscopy), curettage or diathermy, incisional biopsy and punch biopsy procedures.

**For appointments and enquiries:**

**Clinics in Whangarei, Warkworth and Kerikeri. Ph: (09) 438 8514, Fax: (09) 438 8518, Email: Dave.crabb@northlandplasticsurgery.co.nz www.northlandplasticsurgery.co.nz**



**If you are interested in profiling yourself and your services please email: [info@healthpoint.co.nz](mailto:info@healthpoint.co.nz) or phone (09) 630 0828**

## Dr Steven Lamb – Dermatologist

Steven Lamb is a consultant dermatologist and honorary senior lecturer at Greenlane Clinical Centre. Formerly at Auckland Dermatology, Steven now consults at Scollay Dermatology conveniently located in Parnell. Steven's practice is a combination of both medical and surgical dermatology and he has a broad experience in all aspects of skin disease. Steven welcomes all referrals for dermatological problems and has special interests in:

- skin cancer diagnosis and management including skin surgery services
- psoriasis and use of biologics
- eczema and dermatitis including paediatric patients
- allergic skin disease including urticaria and contact dermatitis
- phototherapy (available on site)
- digital dermoscopy (available on site).

**For appointments and enquiries Ph: (09) 374 3994, Fax: (09) 374 3995**

**20 Titoki Street, Parnell. [www.scollaydermatology.co.nz](http://www.scollaydermatology.co.nz)**

**EDI: dscollay Email: [office@scollaydermatology.co.nz](mailto:office@scollaydermatology.co.nz)**



## Dr Jovina Goh – Endocrinologist, Diabetologist & Specialist Physician

Jovina is a NZ-trained endocrinologist & specialist physician of Malaysian Chinese descent. She speaks fluent English & conversational Mandarin, Malay & Hokkien.

Jovina is currently working as a consultant in Middlemore Hospital and now offers private clinics at 2 sites:

- 1) MacMurray Centre, 5 MacMurray Road, Remuera, Auckland,
- 2) Ormiston Hospital, 125 Ormiston Road, Botany Junction, Flat Bush, Auckland.

She welcomes referrals for patients needing specialist care for all aspects of endocrinology, including:

- 1) thyroid, parathyroid & calcium disorders
- 2) diabetes
- 3) osteoporosis & Paget's disease
- 4) pituitary & adrenal disorders
- 5) polycystic ovarian syndrome
- 6) male hypogonadism
- 7) hypertension management.

**For appointments in both clinics, please contact the MacMurray Centre: Ph: (09) 550 1080, Fax: (09) 550 1081**



## Mr Michael Booth – Laparoscopic, General & Bariatric Surgeon

**A Tailored Approach for your Morbidly Obese Patient.**

Morbid obesity is a serious disease affecting 2-5% of New Zealanders. Mortality is increased (2-3 times the age-matched population) due to development of co-morbidities. Sustained weight loss through dieting alone in this group of patients is seldom achievable. Our results with surgery show an average of 55kg weight loss at 2 years after gastric bypass.

We offer gastric bypass, sleeve gastrectomy, adjustable gastric banding & revisional surgery.

**Surgical Weight Solutions Ph: (09) 623 3098 / (0508) 934 448 [www.surgicalweightsolutions.co.nz](http://www.surgicalweightsolutions.co.nz)**





## Mr Siraj Rajaratnam - Colorectal and General Surgeon and Endoscopist

Siraj is a New Zealand born and trained general surgeon who offers a private practice on the North Shore of Auckland. He has sub-specialty expertise in colorectal surgery and is a consultant surgeon at Waitemata DHB.

Siraj specialises in the management of the full range of colorectal conditions including colorectal cancer, inflammatory bowel disease, diverticular disease, and minor anorectal conditions such as haemorrhoids, fissures and fistulas. He has particular interest in pelvic floor disorders such as rectal prolapse and faecal incontinence. Siraj also provides colonoscopy and general surgery such as gallbladder, hernia and skin surgery.

Siraj has completed prestigious colorectal fellowships in Cambridge and Oxford, United Kingdom, where he gained expertise in modern surgical techniques such as laparoscopic colorectal surgery and doppler-guided haemorrhoidal artery ligation (HALO). He is a member of the Colorectal Surgical Society of Australia and New Zealand (CSSANZ) and the New Zealand Association of General Surgeons (NZAGS).

**Enquiries and referrals through Waitemata Specialist Centre.**  
15 Shea Terrace, Takapuna, Auckland.  
Ph: (09) 441 2750, Fax: (09) 441 2759



Jacqui Allen, Laryngologist at North Shore and Gillies Hospitals, Michelle Wong, Otologist at Auckland City Hospital and Andrew Cho, Otolaryngologist at Manukau SuperClinic together provide a dedicated private service at Auckland ENT Group.



Auckland ENT Group provides comprehensive Ear, Nose & Throat services and makes it easy for patients to be seen quickly and efficiently. We offer unique services such as in-office transnasal oesophagoscopy as an alternative to a gastroscopy, and in-office KTP laser laryngology procedures.

- Paediatric and General ENT
- Simple and complex otology management
- Head & neck lumps
- Reflux treatment
- In Office Transnasal oesophagoscopy
- In Office KTP laser laryngology procedure
- Head & neck cancer
- Swallowing disorders
- Neuro-otology: tinnitus and balance disorders
- One centralized number to ring
- Acute ENT problems seen within 2 working days
- Broad range of subspecialisation
- Mandarin and Chinese speaking
- ACC and Southern Cross Affiliated Provider
- On site Audiologist, hearing aids & service

Southern Cross Affiliated Providers for Otolaryngology (Ear, nose & throat) & Spirometry (Lung function tests).

**For appointments in Epsom, Apollo or Silverdale Ph: (09) 522 2226, Fax 09 522 2224, EDI: aentg4dr, Email: info@aucklandent.co.nz, www.aucklandent.co.nz**

## AUCKLAND HEART GROUP



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HEART  
GROUP



New Partners

We are pleased to announce that the Auckland Heart Group has entered into Healthcare Partnerships with both Sovereign and nib. Such Agreements ensure Sovereign and nib members can enjoy timely streamlined prior approval and claiming processes together with pricing stability. Both Agreements take effect on 01 April 2015.

New Members



### Assoc Prof JONATHAN SKINNER

Assoc Prof Jonathan Skinner has joined AHG in private practice. Jon is a paediatric cardiologist/electrophysiologist at the Starship Children's Hospital and is an Assoc Prof at the UOA Child Health Department. He has performed catheter ablations in Auckland since 1998 with a focus on children, youth and adults with congenital heart disease and introduced 3D mapping to Auckland and cryoablation of arrhythmias to NZ in 2008. (read more; [www.heartgroup.co.nz](http://www.heartgroup.co.nz))



### Dr BORIS LOWE

Boris is a specialist cardiologist at the Green Lane Cardiovascular Service (Auckland City Hospital) and consults part-time at AHG. His clinical interests are advancing echocardiography, CT and MRI to improve the diagnosis and treatment of patients with cardiomyopathies, heart valve, coronary artery, aortic and congenital heart diseases. (read more; [www.heartgroup.co.nz](http://www.heartgroup.co.nz))

Diary

# 2015

## GP SYMPOSIUM

SATURDAY, 22nd AUGUST 2015  
WAIPUNA CONFERENCE CENTRE

Contact

Phone: 09 623 1020

Fax: 09 623 1030

Email: [ahg@heartgroup.co.nz](mailto:ahg@heartgroup.co.nz)

GP advice line: 0800 222 411

[www.heartgroup.co.nz](http://www.heartgroup.co.nz)



# Dermatology, Laser Cosmetic and Mohs Micrographic Surgery

The Skin Specialist Centre is a Day Stay surgical centre dedicated to excellence in dermatology, laser and skin surgery, particularly Mohs micrographic surgery, with an on-site pathology laboratory.

## Introducing our new breakthrough laser treatment for vitiligo, psoriasis and eczema

Dr McKerrow and The Skin Specialist Centre have introduced the Xtrac Excimer laser, the only one of its kind in New Zealand, and a breakthrough treatment option.

The Excimer laser creates a concentrated but painless high dose of UVB light, delivered through a sophisticated fibre optic device to a hand piece. It avoids exposing healthy skin by directing the treatment only to active lesions and specific treatment areas.

**Excimer laser treatments will be available from mid April 2015.  
We are taking appointments now.**

### Our dermatology services include:

- general dermatology
- skin cancer surgery
- Mohs micrographic surgery
- acne scarring treatment
- birthmark removal treatment
- excessive underarm sweating
- laser hair removal
- laser treatments for hypo- and hyperpigmentation
- wrinkles and sun damage treatment
- laser tattoo removal
- laser treatment of stretch marks
- leg vein treatment
- psoriasis laser treatment
- rosacea and facial vessel treatment
- scar reduction treatment
- vitiligo laser treatment
- laser removal of age spots, liver spots, sun spots.

### We use state-of-the-art cosmetic lasers, IPL, radio-frequency and advanced technologies as well as surgical interventions:

- BBL Sciton
- Candela V-Beam
- Deka Smart Xide Dot laser
- eTwo subablative rejuvenation
- 308 Excimer laser Xtrac
- Fraxel Restore Dual
- Gemini KTP / Nd:YAG
- Lumenis Lightsheer Duet
- MedioStar NeXT XL
- miraDry
- Photo-dynamic therapy
- Revlite Q-switched Yag laser

### Skin Specialist Centre

15 Greenlane East, Remuera, Auckland  
and 2 Fairdene Avenue, Henderson

Ph: 09 5245011, Fax: 09 5245010  
[www.skinspecialistcentre.co.nz](http://www.skinspecialistcentre.co.nz)



Dr Kevin McKerrow



Dr Blair Wood



Dr Nick Turnbull



Skin Specialist Centre  
is a Southern Cross  
Affiliated Provider for  
Selected Services

## Regional News



The four northern region DHBs have a group of clinicians from primary and secondary care who have agreed on best practice clinical pathways for a number of diseases/illnesses. These are the Northern Regional Clinical Pathways.

These pathways are presented via the clinical decision support tool Nexxt™ with the aim to ensure they are quick and easy to use by enabling them to be included in doctor's workflow via their PMS.

### What does Nexxt do?

Nexxt is a patient's personalised pathway that is easy to use and share. Nexxt is a clinical decision support tool which makes a clinical pathway patient-specific and usable in real time. Nexxt is incorporated into a clinician's PMS and makes the information of a clinical pathway accessible as part of a patient consultation. It provides each patient with their own dynamic version of the pathway, one that records actions taken and treatments given and suggests the next step in treatment or referral according to current best practice guidelines. Nexxt aims to help clinicians provide better, more consistent care for their patients and for patients to have immediate knowledge of, and input into, that care.

### Nexxt:

- Is patient specific
- Is usable inside a consultation, within the PMS
- Is able to be picked up at following consultations
- Suggests next review, treatment or referral action based on current best practice
- Autofills patient information
- Writes treatment notes back into the PMS

Currently in the health system there is no single, consistent and recommended approach to care and different practitioners are following different guidelines. Nexxt is designed to remedy this, to be used primarily in primary care settings to help doctors and practice nurses in clinical decision making, based on current best practice methods. Nexxt is an absolute replication of a clinical pathway/algorithm, presenting it in a flow for a specific patient, taking what was once a static pathway and making it interactive.

Currently Nexxt is being rolled out to practices in the Auckland/Northland region and we are providing full training and support to the doctors and nurses using Nexxt. The implementation will be gradual and will support hospital systems, referral and shared care platforms in the future.

The goal is to enable evidenced based best practice guidelines which will provide confidence in achieving optimal treatment in both primary and secondary care.

### Nexxt Pathways currently available include:

1. Atrial fibrillation
2. Cellulitis
3. Cognitive impairment
4. COPD
5. Dyspepsia
6. DVT
7. Iron deficiency
8. Gout
9. Type 2 diabetes

**If you would like to know more or would like training on Nexxt please contact us on: (09) 630 0828.**

## Auckland DHB

### Community-referred laboratory services transition update

The transition continues. Note that all community-referred histology, cytology and cervical cytology (ThinPrep®) samples go to the Auckland DHB Anatomic Pathology Service for testing and reporting. All community-referred clinical pathology samples – biochemistry, immunology, haematology, microbiology – go to Labtests Auckland Ltd. See the Healthpoint or LabPlus websites for more detail such as addresses; telephone numbers; courier pick-up information; consumable information and contacts.

### Changes to Community Neurobehavioural Services

The Ministry of Health is implementing a single national provider of specialist Behaviour Support Service (BSS). The sole contracting organisation for BSS is now Explore – a division of Healthcare of New Zealand Holdings Limited (HHL Group). This transition is in its final stage with the transfer of clients currently supported by the Community Neurobehavioural Service (CNS) to Explore. From 1 April, 2015 Explore will assume clinical responsibility for all new referrals for BSS. Please visit the current Community Neurobehavioural Service (CNS) page on Healthpoint for full change details. We will maintain this page live for a period after the transition.

### Do you practise Care Navigation?

Auckland DHB is working with other Auckland health providers to develop a framework for Care Navigation across the Auckland health system. We are currently doing a stocktake of all Care Navigation practices across the Auckland health system by seeking advice from organisations that provide Care Navigation. If you practise Care Navigation in your role or have a Care Navigation model you use in your care delivery, please contact: Penny Impey, Project Manager 021 941 250.

### Conversations that Count

'Conversations that Count Day' takes place on April 16. The day, led by the National ACP Cooperative, aims to promote Advance Care Planning (ACP) - a national health priority to give the public greater autonomy in decisions around future and care near the end of their lives. The theme for 2015 will again be to 'Start a Conversation' and will focus on raising awareness of ACP in the community, encouraging people to start conversations with their family, friends and wider social networks. Posters and postcards can be supplied to practices at no cost.

Email [acpadmin@adhb.govt.nz](mailto:acpadmin@adhb.govt.nz)

or visit [www.conversationscount.org.nz](http://www.conversationscount.org.nz)

or [www.advancecareplanning.org.nz](http://www.advancecareplanning.org.nz) for further information.

### Starship referral criteria

Updated referral criteria have been added to the following services, including detailed charts outlining common elective/outpatient referrals and criteria:

- Starship Paediatric Gastroenterology and Hepatology
- Starship Paediatric Respiratory Services
- Starship Paediatric Immunology and Allergy
- Starship Paediatric Diabetes and Endocrinology

Please note additional services are in the process of updating their referral information.



# Counties Manukau Health



### New Epistaxis Pathway

Following a review of the ORL pathways by the Counties Manukau ORL department, in cooperation with their ADHB and WDHB equivalents, and working with GPs, two (out of five) of these have been completed and are available for your reference on Healthpoint CM Health ENT - Otorhinolaryngology (ORL):

- the management of epistaxis
- the assessment and management of hoarseness

Please consider ongoing use of these resources and feedback any comments or suggestion, and links found on the page.

### Gastroenterology and Hepatology Service update

#### Departmental guidelines for FOB testing

CMH Gastroenterology department does not recommend FOB testing by GPs. Please see the departmental guidelines which can be found on Healthpoint under CM Health Gastroenterology and Hepatology Clinical Information.

#### Auckland regional algorithms for the management of hepatitis B and C

Algorithms are now available on Healthpoint to assist with the investigation and management of hepatitis B and hepatitis C. These can be found under the Northern Regional Clinical Pathways in Healthpoint. Many patients can be managed by referral to the Hepatitis Foundation of New Zealand.

### Access, training and feedback

If you have any GPs or practice nurses new to your practice or who may like a quick training session on accessing and using Healthpoint please contact Lena Crawford, Web Content Manager, and she will arrange a time to visit.

**If you have any feedback or requests for referral information please contact Lena Crawford directly.**

**Lena.Crawford@cmdhb.org.nz, Ph: (09) 276 0044 ext. 8414**

# Waitemata DHB



### Advisory to Primary Care

#### Enhanced Adult Hand Services at North Shore Hospital

From 1 March 2015, Waitemata District Health Board (DHB) will be enhancing local acute hand services for our adult population at North Shore Hospital.

From this date, please be advised that Waitemata DHB will have additional resources in place to manage the majority of acute hand conditions (excluding potential replants, flexor tendons and nerves) for the local adult population.

**All acute hand adult referrals, with the exceptions of the cases above, are to be referred to the on-call orthopaedic registrar at North Shore Hospital.**

If clinically necessary, the Waitemata Orthopaedic service will refer patients to the Auckland Regional Centre for Plastic and Hand Surgery at Counties Manukau Health.

There is no change to the existing arrangements for children.

**Any enquiries relating to this service change can be directed to: Dale Shewan, Operations Manager Orthopaedics, Surgical and Ambulatory Services Waitemata DHB: M 021 927589 dale.shewan@waitematadhb.govt.nz**

# Northland DHB



With the beginning of the new year, Win and I have embarked on a program to ensure twice yearly full reviews of the clinical information on the Healthpoint sites, with a clinical lead.

We hope this will ensure up to date information that is expanded as the need arises from either the primary or secondary care perspective.

### Changes to date on the sites:

#### Gynaecology:

Change in recommendation for investigation of menorrhagia with no irregular bleeding: patients require either a pipelle or USS, both no longer recommended.

Coming soon: menorrhagia assessment and management guideline.

#### Neurology:

Expanded guideline on steroid use for acute disabling MS attacks.

New guideline for funded MS prevention treatment.

Removal of chronic headache with no red flags as a condition accepted for clinic assessment. Guideline on primary care management on the site.

#### Colposcopy:

Expanded colposcopy guideline to cover recommendations for smears showing high risk HPV.

HPV FAQs to assist with discussions around vaccination.

#### Diabetes Service:

New one page guide on insulin management for patients with type 2 diabetes.

#### Older Peoples Health:

New information to guide referral for NASC assessment for the under 65yrs.

#### Mental Health Services:

Addition of the acute referral process; phone call to the Crisis team followed by eReferral using the mental health and addictions eReferral (not the Acute).

A tidy up of the contact information to make is easier to use.

#### Radiology:

Addition of information to guide nephrostomy tube replacement.

#### GPL site:

The first quarterly report of actual waiting times for routine appointments. Each quarter an updated report will be added to the site as well as emailed to the practice managers. This has been added at the request of Dr Nick Chamberlain, CEO, to enable informed discussion at the time of referral.

#### Oncology Unit:

This site has been renamed to the Cancer and Blood Service which more accurately reflects the service provided. There is not a lot of information on this site at present and we would welcome input as to what information you would find helpful.

The Respiratory site is under review as we speak, any changes we make will be notified in the next issue as well as in our local newsletter to you.

As always, any information you think is missing or incorrect, please let us know so we can address this.

#### Di Davis

**GP Liaison Northland DHB**

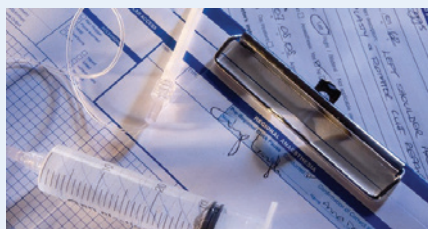
**cell phone: 021 830 938**



**Southern Cross Hospitals is New Zealand's largest network of private surgical hospitals, focusing on quality patient care and value for money.**

We help improve the health of New Zealanders by providing elective surgery for more than 65,000 people each year, looking to innovate and manage healthcare costs. We're owned by the charitable Southern Cross Health Trust, which operates for the benefit of all New Zealanders. We reinvest any surpluses in new facilities and technologies to maintain our quality, safety and overall patient experience.

Our network extends across New Zealand, including nine wholly-owned hospitals and nine joint venture facilities operated in partnership with leading healthcare specialists. In the Auckland region, we've continued our investments to ensure that our facilities and nursing education programmes meet the latest demands of the market.



## AUCKLAND SURGICAL CENTRE

Auckland Surgical Centre has an established pedigree in day-stay surgical services and a reputation for innovation in relation to anaesthetics and pain management. Its reputation in the Auckland region has been built around these strengths, and its leading orthopaedic and plastic surgery services, as well as breast, general and paediatric surgery, ENT, oral and maxillofacial surgery and dermatological laser surgery.



## BRIGHTSIDE HOSPITAL

Our Brightside hospital is known for gynaecological, orthopaedic and urological services, and prostate brachytherapy – a treatment for prostate cancer. We recently introduced an Intermediate Care Facility (ICF), offering monitoring, medical infusions and 24-hour nursing for those patients who require extra monitoring and care after surgery.

In 2014, Brightside introduced 3D HD surgical video systems, providing clinical teams with a realistic view of tissue, for increased precision and accuracy, and reducing the time a patient may spend under general anaesthesia and in hospital.

Brightside specialties include gynaecological, urological and orthopaedic surgery, otolaryngology (ENT), plastic and reconstructive surgery, oral and dental surgery and general surgery.



## NORTH HARBOUR CAMPUS

We've also invested in modern facilities for our North Harbour hospital and Northern Clinic, including an Intermediate Care Facility (ICF), cardiology consulting and other specialist consulting rooms, a radiology unit, pharmacy and café. Specialties include gynaecology, urology, ear, nose and throat surgery, orthopaedic surgery, ophthalmology, laparoscopy and general surgery. Plastic surgery, breast surgery and colorectal surgery are also featured, while the purpose-built suite at Waitemata Endoscopy is operated by highly experienced surgeons and gastroenterologists.

*For more information on our hospitals, joint venture partnerships, on-site services, surgical specialties and medical specialist profiles, visit [www.southerncrosshospitals.co.nz](http://www.southerncrosshospitals.co.nz)*

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