

info matters



A newsletter to Medical Specialists and GPs throughout the Auckland, Waikato and Northland regions

October 2017

HEALTHPOINT NEWS

National mental health and addictions helpline 1737, need to talk?

The recently launched national mental health and addictions helpline **1737, need to talk?** has so far provided help and support from trained counsellors to over 3,200 Kiwi's, many of those that got in touch have been young people under the age of 24.

The idea behind this brand neutral helpline was to avoid having a stigma attached to the name as the Depression helpline does. Also, to help eliminate confusion around existing 0800 mental health and addictions helplines, offering a number as simple to remember as 111.

1737 is a new and easy way to access the existing National Telehealth Services provided through the Alcohol and Drug, Depression, and Gambling Helplines. These helplines will still be accessible through the same phone numbers, but 1737 creates a new front door.

The same trained mental health professionals who currently respond to calls, texts, webchat and emails across the existing National Telehealth Service mental health and addiction helplines will be on hand to support people who call or text 1737.

"We've had thousands of people reaching out for help, many of whom are young, and feel they have nowhere else to turn to. There are many barriers preventing people from getting vital mental health care. Lack of anonymity a concern for people, which is why texting a counsellor feels much more comfortable for many people" said Dr David Codyre, Lead Psychiatrist, National Telehealth Service.

"We all have times in life where we need to reach out for help. Sometimes life has become tough all of a sudden, with the loss of a family member or relationship breakup, redundancy, bullying at school or in the workplace. With support, bad times pass. Having a friend or family member we can talk things through with is vital for our wellbeing at these times, but for many people, they either don't have someone they can talk to, or fear being judged."

"We still have this culture in New Zealand that we have to be tough, that to admit we are struggling is a sign of weakness. The newly released suicide figures are deeply saddening, far too many people unfortunately still don't ask for help when they desperately need it, and it literally kills them. The more people know there is help out there, via text or phone, the more we can change this."

Anyone can contact 1737 free anytime by text or phone call and more information is available at: www.1737.org.nz and at www.healthpoint.co.nz.

NEED TO TALK?



**free call or text
any time for
support from
a trained
counsellor**

To view go to: www.healthpoint.co.nz

www.healthpoint.co.nz



Practice 92

PRACTICE 92 LIMITED has moved to 1 St Albans Avenue, Mt Eden, which is just off Dominion Road. Please see map opposite. There are no other changes to our contact details.

The new premises have 6 consulting rooms and a separate waiting area for patients/clients.

Most of our psychiatrists are Affiliated Providers with Southern Cross.

With this move we are pleased to announce three new practitioners:

Dr Alex Hayns Clinical Psychologist BA/LLB DclinPsych MNZCCP
Alex's area of expertise is with adolescents and adults and she is also ACC registered. For further information please view her profile on our website: www.practice92.co.nz.

She has training and experience in a variety of evidenced based therapies particularly:

Cognitive Behavioural Therapy (CBT)
Acceptance and Commitment Therapy (ACT)
Dialectical Behaviour Therapy (DBT)
Mindfulness and compassion-based approaches

Dr Sarah Calvert Clinical Psychologist

Sarah Calvert PhD is a Registered Psychologist holding the Clinical Scope of Practice. She has been a practicing psychologist for over thirty years primarily specialising in working with trauma in adults and children and in working with children and families. In addition Sarah has an interest in longer term psych-dynamic work with adults and she provides supervision for both psychotherapists and psychologists. Most of Sarah's work is currently assessment work for the Courts and ACC. Sarah sees clients on Mondays and Thursdays between 9am and 5pm.

Sarah can always be contacted by email at: admin@practice92.co.nz

Dr Dilrukshi de Silva Adult Psychiatrist

Dilrukshi will join Practice 92 on 2nd October working on a Monday evening 5.30-8pm. Dilrukshi is an adult consultant psychiatrist who is presently working in Pacific Island Mental Health at Waitemata and is also an Honorary Lecturer in Psychological Medicine at the Faculty of Medical & Health Sciences, University of Auckland.

Our Practitioners are:

Psychiatrists

Dr Tipu Aamir
Dr Caleb Armstrong
Dr Hugh Clarkson
Dr Dilrukshi De Silva
Dr Mhairi Duff
Dr Antonio Fernando
Dr Grant Galpin
Dr Nicholas Hoeh
Dr Dipti Pereira
Dr Helen Temperton
Dr Sara Weeks

Psychologists

Mike Butcher
Sarah Calvert
Alex Hayns
Sue Mafi
Emily Peterson
David Stebbing
Kathryn Turpin
Dan Walsh



Appointments at Practice 92 Limited
1 St Albans Avenue, Mt Eden. 1024
PO Box 8050, Symonds Street, 1150
Phone: 09 638 9804
Fax: 09 638 9814
Email: admin@practice92.co.nz

Auckland ENT Group

We are a one stop shop for Ear, Nose and Throat Specialist services. Our experienced Surgeons Dr Jacqui Allen, Dr Michelle Wong and Dr David Flint cover all aspects of ENT. With our three locations in Greenlane, Silverdale and Pukekohe, we make it easy for your patients to be seen quickly and efficiently. Along with our Surgeons, we also have a Speech Language Therapist, Audiologist, Nurse and a friendly helpful team who are committed to looking after your patient's journey.

we can offer:

- In-office Transnasal Oesophagoscopy
- In-office KTP Laser Laryngology
- Grommet Insertion
- Multidisciplinary Cough Clinic
- Sinus Disease Management

We have a central referral system for appointments:

Ph: 09 522 2226 Fax: 09 522 2224
Email: info@aucklandent.co.nz
Website: www.aucklandent.co.nz
Healthlink EDI: aentg4dr



www.healthpoint.co.nz



Dr Albert Ko – General and Interventional Cardiologist

Albert has over 20 years of clinical experience with a wide range of expertise especially in the management of coronary and valvular heart disease. Albert also speaks Cantonese and Mandarin.

Graduated in Sydney, Albert did his advanced cardiology training at Greenlane Hospital before taking up a full time consultant position at Middlemore Hospital between 1993-2003 where he developed a world class cardiac investigation unit.

He subsequently returned to Sydney and completed a coronary intervention fellowship in 2004. He is also actively involved in the coronary intervention program in Fiji where he performed the first successful coronary angioplasty and stenting at Colonial War Memorial Hospital, Suva in 2010.

Albert provides a comprehensive "One Stop Shop" service including echo, stress echo/ECG, Holter and BP monitoring. He consults at satellite clinics throughout Auckland. Now in full time private practice, Albert is available for urgent appointments.

Consult at

Central: GA1-2; 93-95 Ascot Avenue, Greenlane East

East Care: 260 Botany Road, Golfland, Manukau

North Shore: Suite 109, Level 1, 119 Apollo Drive, Albany

Pukehoke: 241 Manukau Road, Pukehoke

Mercy Hospital, 94 Mountain Road, Epsom

For appointments

Ph: (09) 373 9886

Fax: (09) 523 6707

Email: albertko@xtra.co.nz

Healthlink EDI: aphkoltd



Brad Chittenden – Gynaecology BOP

Brad is a gynaecological surgeon who has specifically trained in minimally invasive surgery. He has certification and training from the UK and USA in advanced laparoscopic surgery and robotic surgery. Brad provides a truly laparoscopic approach to hysterectomy and endometriosis.

While his passion is helping patients with endometriosis, problematic periods and urinary incontinence, Brad also provides services that relate to prolapse, abnormal smears and pelvic pain.

Brad is part of the Virtuoso team in Tauranga, comprising surgeons who choose to use the latest surgical techniques and technology to deliver the safest and most effective surgical treatment. He is the only practising gynaecological robotic surgeon in New Zealand. He also works for Fertility Associates and provides consultations for patients with fertility problems.

Appointments at 850 Cameron Road, Tauranga

Ph: (07) 579 0466, **Fax:** (07) 579 0468

Website: www.gynaebop.co.nz

Healthlink EDI: uro22bop



Barnaby Smith – General, Laparoscopic & Endoscopic Surgeon

Barnaby is a general, laparoscopic and endoscopic surgeon providing services across the Bay of Plenty. Barnaby offers a broad range of general surgical surgeries and endoscopic investigation for your patients.

Barnaby attended over two years of overseas fellowship training to develop a sub-specialist interest in upper gastrointestinal surgery, melanoma and hernia repair (laparoscopic and complex incisional hernia). Barnaby consults from Tauranga Specialist Centre, and East Bay Specialist Centre.

Appointments at:

Tauranga Specialists Centre: Ph: (07) 571 5548, Fax: (07) 571 5549

East Bay Specialist Centre: Ph: (07) 307 2029, Fax: (07) 308 9720

Website: barnabysmithsurgical.co.nz



Clinic 77 – New Alcohol & Drug Outpatient Treatment Clinic

We are a private alcohol and drug outpatient treatment clinic based in East Auckland. Our treatment is individualised and holistic and is aimed at reaching all people at various levels of substance abuse and addiction. Our staff are highly qualified registered professionals who also have many years of lived experience.

We offer individual and/or group therapy as well as five different intensive outpatient treatment programmes.

We would love to partner with other healthcare professionals to assist our community's addiction recovery needs.

Appointments at Building 8, 15 Accent Drive, East Tamaki, Auckland

Ph: (09) 950 7780

Email: info@clinic77.org.nz

Website: www.clinic77.org.nz



EastMed Radiology

EastMed Radiology offers a comprehensive range of ultrasound and x-ray examinations, with in-depth specialisation in musculoskeletal assessment. We use the latest state-of-the-art equipment that provides crisp clear ultrasound and x-ray images.

Conveniently located inside the EastMed Medical Centre in St Heliers, with plenty of patient parking, our highly qualified and experienced staff provide diagnostic imaging services in an atmosphere of patient care and confidentiality.

There is no surcharge for ACC referrals and we are a Southern Cross affiliated provider. We also offer no charge for dating and 3rd trimester pregnancy scans. Patients can have a printout photo or a CD is also available.

Appointments at EastMed, 188 St Heliers Bay Road

Ph: (09) 585 0534, **Fax:** (09) 585 0533


Website: www.eastmedradiology.co.nz

Email: eastmedradiology@yahoo.co.nz

Healthlink EDI: eastmrad



If you are interested in profiling yourself and your services please email: info@healthpoint.co.nz or phone (09) 630 0828



CONE RADIOLOGY

Cone Radiology introduces the latest and only NewTom VGi evo Cone Beam CT to Auckland and New Zealand. A specialised scanner which captures a series of 360 images in a single 18 second scan. Our CB CT scan provides high quality images at low radiation which enable doctors to make an accurate diagnosis and plan treatment.

We specialise in scans for:

- ENT (sinuses, temporal bones, airway)
- Dental & Maxillofacial (TMJ, maxilla, mandible, orthodontics)
- Upper extremity
- Cervical spine

We are located within the Mt Hobson Specialist Centre where we work closely with a reputable Ear, Nose and Throat (ENT) team.

ENT scans will be sighted by **ENT surgeons** from **ENT Associates**, who will be able to provide you with a surgical opinion.

We are affiliated providers for Southern Cross. Approval can be arranged for members on the spot.

We are ACC vendors and approval can be arranged directly with the patient's ACC Case Manager.

For appointments contact us:

155 Remuera Road Auckland 1050
 (09) 392 6637
 (09) 887 3075
 (022) 6026637
 info@coneradiology.co.nz
 www.coneradiology.co.nz

Dr Dinesh Lal – Consultant Gastroenterologist

Dr Dinesh Lal is an Auckland trained gastroenterologist based at Middlemore Hospital since 2002.

He offers comprehensive gastroenterology services including general gastro consultations, hepatology clinics and all endoscopic examinations including gastroscopy, colonoscopy, ERCP and EUS.

Dinesh has been an interventional gastroenterologist and also holds private clinics and endoscopies at Ormiston Hospital and MacMurray Centre.

Special interests include obesity management and he provides endoscopic bariatric management of patients who are overweight and obese. He provides a multidisciplinary approach for sustained results at MacMurray and Ormiston hospitals.

Dinesh offers patient tailored Orbera balloon insertion for 6 months in both hospitals and Spatz balloon for 12 months at MacMurray Centre.

Clinic and Endoscopy at:
MacMurray Centre – Ph: (09) 550 1080

Clinic at:
Ormiston Specialist Centre – Ph: (09) 271 3305

Endoscopy at:
Ormiston Hospital – Ph: (09) 250 1157

Mobile: (021) 350 758
Email: dzlal@extra.co.nz



Greenlane Medical Specialists

We are a multi-specialty multi-lingual medical specialist centre with a broad range of specialties (dermatology, endocrinology, diabetes, haematology, gerontology, renal, gastroenterology and hepatology) and allied health disciplines.

We specialise in immigration specialist opinions (gastroenterology, hepatology, fibroscan, respiratory, tuberculosis, haematology) and we have an endoscopy centre (gastroscopy, colonoscopy, bronchoscopy).

Our passion is to support charitable health awareness events.

Our partners include: Auckland Chinese Medical Association (ACMA), University of Auckland, Counties Manukau Health (CMH), New Zealand College of Chinese Medicine (NZCCM).

We are centrally located with onsite parking, and good access to public transport (bus, train).

Appointments at:

Ascot Office Park. Ph: (09) 930 6108, Fax: (09) 930 6109

Website: www.glms.co.nz

Email: referrals@glms.co.nz



Greenlane Medical Specialists



Kathleen Kilgour Centre

The oncology experts at the Kathleen Kilgour Centre provide specialised care, assessment and follow up, personalising treatment plans for the unique needs and goals of each patient. Services are provided to both public and private patients using state-of-the-art equipment, CT simulation and advanced treatment planning capabilities to deliver the best possible outcomes.

There are many radiation therapy delivery methods available at the Kathleen Kilgour Centre including volumetric modulated arc therapy (VMAT), high dose rate brachytherapy and treatment for skin cancers and skin conditions. We also provide patients with access to a range of allied health and support services to optimise treatment outcomes.

Appointments at Tauranga Hospital, Twentieth Avenue

Ph: (07) 929 7995, Fax: (07) 929 7996

Email: info@kathleenkilgourcentre.co.nz

Website: www.kathleenkilgourcentre.co.nz



www.healthpoint.co.nz



Dr Nicholas Child – Neurologist

Nicholas Child is a New Zealand trained neurologist who completed three years of fellowship training in general neurology and epilepsy at the Mayo Clinic Minnesota, USA. On returning to Auckland in 2015 he joined the Department of Neurology at Auckland City Hospital and became the clinical lead for stroke at Waitemata DHB.

Neurology North Shore is a new private service established by Nicholas at Medplus in Takapuna which now provides the first option for patients locally on the North Shore.

Nicholas is a Southern Cross Healthcare affiliated provider.

Ph: (09) 489 2011, Fax: (09) 282 4741

Healthlink E-referrals: Nicholas Child at NVIA limited

Email: neurologynorthshore@gmail.com



Urology BOP

Tauranga's internationally renowned urologists, Mark Fraundorfer and Peter Gilling, have been providing world class care to urology patients in the Bay of Plenty for over 20 years. They have developed and introduced many new surgical techniques and devices to both world and New Zealand urology practice. Their strong interest in urology research has kept Tauranga on the urology world map.

They are leading specialists in the treatment of many urological conditions including laser prostate and stone surgery, robot-assisted prostate and kidney surgery, brachytherapy and cryotherapy for treatment of prostate and kidney cancer.

They are experts in the investigation and treatment of urological cancers (kidney, prostate, bladder and testis), male and female incontinence and sexual dysfunction.

Appointments at 850 Cameron Road, Tauranga

Phone: (07) 579 0466, Fax: (07) 579 0468

Healthlink EDI: uro22bop

Website: www.urobop.co.nz

Email: reception@urobop.co.nz

Mr Simon W. Young Orthopaedic Surgeon – Knee And Shoulder Specialist

Simon Young, is an orthopaedic surgeon specialising in knee and shoulder conditions. He brings leading edge, advanced techniques to patients seeking treatment for their arthritic and sports related conditions. Simon sees patients of all ages and athletes at every level of sport, both amateur and professional. He has a special interest in total knee replacement for arthritis.

His private rooms are located at Southern Cross Hospital, Wairau Road, Glenfield.

Available for urgent appointments at:

Axis Sports Medicine Specialists,

212 Wairau Road, Glenfield, Auckland.

Ph: (09) 521 9811

Email: ortho@axisportsmedicine.co.nz

EDI: usportak



Dr Elisabeth De Felice – Venous disease and restless leg syndrome.

Venous disease was proposed as a cause of restless leg syndrome (RLS) by Dr Karl Ekbom in 1944, but has since remained largely unexplored.

RLS is a poorly understood disorder in which patients experience a compelling desire to move the legs. RLS is accompanied by unpleasant sensations in the legs, described by patients as crawling, creeping, pulling or aching.

Some patients experience only mild occasional symptoms, others struggle with disabling episodes on a nightly basis.

Symptoms of RLS are worse during periods of decreased activity.

The cause of RLS remains elusive. There are no physical findings, no conclusive blood assays. The diagnosis can only be made on clinical history.

Treatment focuses on nightly management of symptoms rather than on a cure.

RLS is divided into primary (idiopathic) and secondary.

Primary RLS is felt to be the most common form and thought to be a sensori-motor abnormality.

Secondary RLS occurs in such disparate conditions as back pain, iron deficiency, renal failure, pregnancy, neuropathy and venous disease.

In 1995 a groundbreaking study by Dr A H Kanter suggested that sclerotherapy in patients with varicose veins and RLS is 98% effective in initial relief of RLS.

More recent studies have found Endovenous Laser Ablation for venous insufficiency alleviation RLS symptoms in patients with venous disease and moderate to severe RLS.

In conclusion patients with RLS and varicose veins should be considered for phlebological evaluation and possible treatment before being consigned to chronic drug therapy.

Ph: (09) 410 0990, Fax: (09) 410 0993

Healthlink EDI: vein2las

Website: www.veinandlaser.co.nz

Email: info@veinandlaser.co.nz



Dr Kevin McKerrow – Skin Specialist Centre

The Skin Specialist Centre is a dynamic and contemporary practice providing a comprehensive service that encompasses all aspects of skin care.

Our medical consultants are highly qualified specialist dermatologists who have completed extensive postgraduate training and will provide you with the best advice regarding all aspects of cosmetic, medical and surgical dermatology, including Mohs micrographic surgery. As well, we provide the most comprehensive laser, light and radio-frequency devices in New Zealand.

We are a Southern Cross affiliated provider.

Appointments at 15 Greenlane East

and 2 Fairdene Ave, Henderson

Ph: (09) 524 5011, Fax: (09) 524 5010

Email: enquiry@skinspecialistcentre.co.nz

Website: www.skinspecialistcentre.co.nz





WAITEMATA
ENDOSCOPY

A partnership with Southern Cross Hospitals



The Team at Waitemata Endoscopy

are pleased to announce our relocation to a larger purpose built private facility within the Southern Cross campus on Wairau Road. As a growing specialist provider of endoscopic services, we are continually expanding our specialist team, with a clear focus on providing quality services to best meet the endoscopy needs of our community.

Special Invitation

for General Practitioners

Please join us for an evening together to view our new purpose built private facility.

We look forward to seeing you.

Spaces are limited, please RSVP before 2nd October, 2017 with your name, dietary requirements and contact email provided.

Date/Time

// Tuesday, October 17th 2017
6.30pm – 8.30pm

Speakers

// Dr Ali Jafer
Dr John Perry
Mr Mike Hulme-Moir

Venue

// Waitemata Endoscopy
212 Wairau Road, Entrance A,
Glenfield, Auckland

RSVP

// By Monday, October 2nd, 2017
admin@waitemataendoscopy.co.nz
or call 09 925 4449

Session Chair: Dr Ali Jafer

Programme

6.30pm	Arrival Drinks and Canapés
6.50pm	Dr Ali Jafer Welcome
7.00pm	Dr John Perry From Guts to Glory - A GI potpourri from the GP
7.20pm	Mr Mike Hulme-Moir Bowel Screening - Where to now?
7.45pm	Discussion
8.30pm	Close

Barrett's Oesophagus – A new standard of care



Barrett's oesophagus is the mal-adaptive change that occurs in the oesophageal epithelium as a response to gastro-oesophageal reflux. It affects about 1% of the population, and is found in 10-20% of patients with gastro-oesophageal reflux. Waitemata District Health Board (WDHB) will therefore have upwards of 5,600 people with Barrett's oesophagus in the community, with the majority being undiagnosed. Southern Cross Health Society are now covering the latest treatments for pre-malignant Barrett's.

The importance of Barrett's oesophagus lies in the established association with developing oesophageal adenocarcinoma. The risk of cancer occurs when the mucosal lining of the oesophagus develops dysplasia.

The malignant pathway is through low grade to high-grade dysplasia, then intra-mucosal cancer and invasive cancer.

The annual risk of developing oesophageal cancer for all patient's with Barrett's is around 0.5%. With the development of High Grade Dysplasia (HGD) this risk rises to 6-19% per year. Adenocarcinoma of the oesophagus is on the increase, with 274 new notified cases to the Ministry of Health nationally in 2014. In WDHB that equates to 28 cases per year. The overall 5 year survival for oesophageal cancer is only 15%.

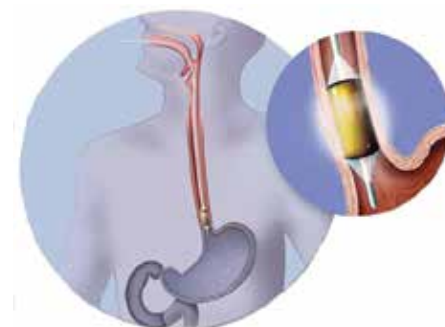
Screening the normal population for Barrett's oesophagus has not been shown to be cost effective, but certain risk factors have been identified. They include age 50 years or older, male sex, white race, chronic reflux, hiatal hernia, elevated body mass index, and truncal obesity. Major overseas bodies, including the American College of Gastroenterology, recommend screening patients with multiple such risk factors.

Because of the risk of developing oesophageal adenocarcinoma, patients with established Barrett's change undergo surveillance gastroscopy. If no dysplasia is found this can be every 3-5 years. If Low Grade Dysplasia (LGD) is found this is recommended to be done 6 monthly, and if HGD is found then 3 monthly using high definition endoscopy with Blue Light and taking serial protocol sets of biopsies.

Many treatments have been tried to remove the at-risk mucosa but until the last 5 years the standard of care for persistent HGD was oesophagectomy. This drastic therapy is not an option for many patients, and has a mortality of around 5% in experienced units (performing a minimum of 15 per year), with significant morbidity of 30-50%.

Since 2005 **Radiofrequency Ablation Therapy** (RFA) has been adopted internationally as a low-risk, highly effective endoscopic, day-case therapy for at-risk Barrett's Oesophagus. RFA of the oesophagus involves destruction of the inner mucosal lining down to a depth of 800µm using electrical current passed through a tightly packed array of conductors (HALO™). The destroyed tissue is then replaced by healthy normal squamous cells.

Figure 1. HALO360 therapy of Barrett's



The initial treatment varies according to the length of Barrett's epithelium. The procedure is usually done under anaesthetic assisted sedation, usually taking less than an hour. Further assessment/therapies are undertaken at 8-10 weekly intervals, on average requiring three treatments in total. Significant morbidity is low; development of stricture occurs in 8-14% of cases (endoscopically treatable); perforation in 1% and mortality < 1 in 1000.

Endoscopic Mucosal Resection (EMR) is a complimentary procedure, which is undertaken to remove focal or nodular areas of Barrett's with HGD or early carcinoma.

Use of these therapies in combination result in over 95% destruction of dysplastic epithelium and 85% eradication of all Barrett's epithelium.

Various Gastroenterology organisations now recommend RFA as the treatment of choice for HGD Barrett's (including the American Society of Gastrointestinal Endoscopy, the American Gastroenterology Association, the British Society of Gastroenterology and the Cancer Council of Australia). When combined with EMR for nodular lesions RFA is now the standard of care for HGD Barrett's with or without early adenocarcinoma.

In addition, both the National Institute for Clinical Excellence in the UK (NICE) and the Cancer Council of Australia are now advising that RFA be used if Low Grade Dysplasia persists in patients with Long Segment Barrett's (>3cm) with significant risk factors (obesity, male gender, smoking, family history of oesophageal cancer).

Southern Cross Health Society have now agreed to cover the use of RFA and EMR in HGD Barrett's. Dr Walmsley at Waitemata Endoscopy is an established expert in this field, offering both of these therapies at Waitemata Endoscopy in Auckland.

Dr Russell Walmsley, MD, FRCP, FRACP.



For further information about this treatment contact Waitemata Endoscopy on 09 9254449, or admin@waitemataendoscopy.co.nz.

www.waitemataendoscopy.co.nz

HORIZON RADIOLOGY

Your patients are in great hands!

We take extra care to make sure having an Ultrasound or X-ray is as easy as taking a photograph.

Horizon Radiology offers a wide range of diagnostic imaging services including general, musculoskeletal, vascular and pregnancy scans, ultrasound guided steroid injections and x-rays.

Our 16 clinics are located around the greater Auckland area. Each of our clinics has patient car parking and we offer a modern and friendly environment for your patients to relax in. Given our large geographical spread we are sure to have a clinic that is in a convenient location for your patients. Clinic locations include:

Orewa	Lunn Avenue
Smales Farm	Sylvia Park
Glenfield	Bairds Rd (Otara)
Northmed	Dawson Rd (Otara)
New Lynn	Manurewa
Henderson	Mangere
Ponsonby	Manukau
Queen Street	Pukekohe



Images and reports are accessible to our referrers Online. This enables fast, secure and easy access for medical professionals. You can apply for access by emailing: pacsadmin@horizonradiology.co.nz. Or Online via our website:

<http://referrer.horizonradiology.co.nz/Inteleconnect>

Referrers Contacts

Ph: 0508 397 7377

Fax: 0800 511 204

www.horizonradiology.co.nz





GILLIES HOSPITAL

A centre of excellence in healthcare

Gillies Hospital is a part of New Zealand's largest private surgical hospital network and has built a reputation for delivering a range of quality specialist services to the communities it serves.

Our well-equipped centre supports many leading and highly skilled medical professionals, who provide accessible family-focused care to patients from across the greater Auckland Region.

One of Gillies Hospital's significant contributions, as one of four Southern Cross hospitals in Auckland, is in the area of **Head and Neck surgery services**, which are supported by our advanced robotic surgery system, da Vinci®, at our North Harbour hospital. Head and Neck Surgeons Dr Andrew Cho and Dr Francis Hall, who performed the first trans-oral robotic surgery (TORS) in New Zealand, are joined by Dr John Chaplin and Dr David Vokes as surgeons whose accreditation will allow them to operate this technology.

Another specialty for which we have earned a strong reputation is **Otology services**, with a wide range of procedures undertaken at Gillies Hospital. This involves us working to raise awareness of cochlear implants as a means to help patients with profound hearing loss.

With a long history in the region, our hospital currently has four modern operating rooms, a purpose built day-stay facility and inpatient beds with ensuite facilities. Our team's attention to detail is reflected in systems and environments designed to benefit patients of all ages.



Dr Michel Neeff performing a cochlear implant procedure at Gillies Hospital.



Dr Andrew Cho at work with the da Vinci® surgical robot (at North Harbour hospital)

OUR SPECIALTIES

Head and neck

Otorhinolaryngology

+ Otology

+ Rhinology (including sinus)

+ Laryngology

Oral and maxillofacial

Plastic surgery

Paediatric general surgery

Gynaecology

To see the full range of services on offer at Gillies Hospital visit gillieshospital.co.nz and for more information on the wider Southern Cross hospital network visit southerncrosshospitals.co.nz



160 Gillies Ave, Epsom, Auckland, 1023

P (09) 925 4000 F (09) 925 4001 E admin@gillieshospital.co.nz W gillieshospital.co.nz

Southern Cross Hospitals Limited, Level 10, AMP Centre, 29 Customs Street West, Auckland



New Cardiologists Expand Arrhythmia Management Services

Dr Andrew Martin and Dr Jamie Voss join
Auckland Heart Group and Mercy Angiography.

There is a growing demand for managing patients with cardiac arrhythmias and we are delighted two highly skilled and experienced cardiologists are joining our team.

Their sub-speciality interests relate to arrhythmia management, cardiac electrophysiology including catheter ablation and cardiac pacemakers and implantable cardiac defibrillators.

They will be performing procedures at Mercy Angiography and consulting at Auckland Heart Group, Epsom, Auckland:

- Dr Andrew Martin every Monday evening
- Dr Jamie Voss every alternate Tuesday evening

To make a referral or for more information contact:
Auckland Heart Group 09 623 1020 or ahg@heartgroup.co.nz
Mercy Angiography 09 630 1961 or admin@mercyangiography.co.nz



Dr Andrew Martin

MB ChB 2005 Auckland; FRACP 2012

Andrew trained in Cardiology at Tauranga, Middlemore, and Auckland City Hospitals. He underwent sub-speciality training in Pacing and Electrophysiology at Auckland City Hospital, and then Freeman Hospital, Newcastle-upon-Tyne. Dr Martin works as a Cardiologist and Electrophysiologist at Auckland City Hospital.



Dr Jamie Voss

MB ChB 2006 Auckland; FRACP 2012

Jamie trained in Cardiology at Tauranga, Middlemore and Auckland City Hospitals. He underwent sub-speciality training in Pacing and Electrophysiology at Auckland City Hospital and then at Loyola University Medical Center, Chicago, Illinois. Dr Voss works as a Cardiologist and Electrophysiologist at Middlemore and Auckland City Hospitals.

www.mercyangiography.co.nz | www.heartgroup.co.nz

98 Mountain Road, Epsom, Auckland, New Zealand.



Introduction of New CT Cardiac Services on the North Shore

We are delighted to announce the introduction of our new CT Cardiac Service, based at our state-of-the-art radiology centre at 209 Shakespeare Road, Milford.

In conjunction with four of the leading cardiologists from the North Shore, we now offer your patients the following investigations:

- CT Coronary Angiography
- CT Calcium Scoring

We have provided you with all the relevant information for each of these procedures on our website, so please feel free to take a look on www.trgimaging.co.nz/services

MRI Services for Your West Auckland Residents

TRG Imaging has a state-of-the-art Siemens MRI Scanner at their Lincoln Road practice in Henderson. Please remember your patients still have this option, much closer to home, for all West Auckland residents needing an MRI scan. Bookings for MRI appointments are available 5 days a week from 0800 – 1530.

Increased Capacity for Ultrasound Investigations

Due to increased demand, TRG Imaging has increased its capacity for ultrasound investigations across multiple sites in Auckland.

We continue to offer a range of ultrasound services for musculoskeletal, vascular, general and obstetrics. Bookings for ultrasound are available 5 days a week from 0800 – 1730.

Please call us on (09) 487 2555 to make a booking or go to our website for more information on www.trgimaging.co.nz





SPECIALIST RADIOLOGY GROUP

**MRI
CT
Ultrasound
Fluoroscopy**

**XRy
Nuclear Medicine
SPECT CT
Interventional**

Dr. Quentin Reeves • Dr. Andrew Clarke • Dr. Adam Worthington • Dr. Lucinda Boyer • Dr. Richard Gee • Dr. Francesca Wilson • Dr. Ibrahim Hassan • Dr. Lorna Que

Specialist Radiology Group is an experienced Southern Cross Affiliated radiology provider offering high quality Diagnostic and Interventional radiology services with on site fellowship trained radiologists for rapid turn around times for reports.

Full Time Radiologist - We have full time radiologists at our Greenlane or Manukau sites from Monday to Friday. Please call us on the referrer hotline if you would like to discuss a report with them.

Referrer Hotline - For referrers, we offer a referrer hotline which allows priority calls to reception and MRI staff for bookings. To use the referrer hotline, please call us on 0800 774 9729 extension 1.

Latest Imaging Technology - We use the latest in imaging technology, including a state of the art 3 Tesla MRI at both our Greenlane and Cavendish sites.

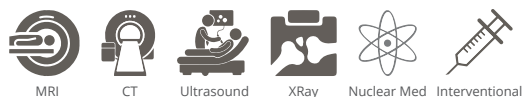
Rapid Report Turnaround - Rapid turnaround for routine cases and immediate reporting for urgent cases.

Online Image Access - We offer our referrers online image access through the IntelViewer and IntelPortal software.

IT Support - If you would like a member of our IT team to come and assist you and your practice with the set up of IntelViewer or IntelConnect, please contact our IT team at it@srgmri.co.nz, or phone us on 0800 774 9729 extension 6.

Our Locations

Greenlane



Level 2/3, 95 Ascot Avenue, Greenlane
Open Monday - Friday

Manukau



175 Cavendish Drive, Manukau
Open Monday - Friday (Xray open Saturday until 12.30pm)

Pukekohe



149 Manukau Road, Pukekohe
Open 7 Days



GE Discovery SPECT / CT at our Greenlane clinic

www.srgmri.co.nz

For more information, please call us on **0800 774 9729**

Auckland DHB

Recent changes/additions to service pages

New referral forms added for the following services:

- Mobility Solutions
- Ophthalmology – glaucoma referrals
- Family Options

Have you heard about our Healthy Homes Initiative?

Kainga Ora is a free service, run by **Auckland and Waitemata DHBs**, which aims to support low income families to have warmer, drier and healthier homes. We deliver our interventions through a mixture of social work and interagency collaboration.

Once a referral for whanau is received and accepted, initial contact is made by a member of our social work team. They will make an appointment to do a home assessment with the family.

We may be able to assist with the following interventions: education on keeping houses warm and dry, social work, insulation, ventilation, curtains, carpets, heating, bedding, budgeting services, full and correct entitlement assessments (FACE), support with social housing applications, and minor repairs (broken windows, window latches, draught stopping, installation of smoke alarm).

Referrals

Whanau that fit the criteria are eligible for our Healthy Homes service. Referrals can come from health professionals or whanau can self-refer. We are happy to take calls regarding eligibility.

Referral forms and more information can be found on the service's Healthpoint page:

<https://www.healthpoint.co.nz/download/688616.do>



Waitemata DHB

A new way of communicating with primary care

A new primary care communications platform has recently been launched by Waitemata DHB to make it easier for general practices, community pharmacists and urgent care clinics to receive timely and accurate information.

The Medinz system will give primary care practitioners access to critical and urgent information from Waitemata DHB, and other health providers, that will assist in the care of their patients.

Developed in collaboration with Healthpoint, Medinz allows GPs and others to quickly receive accurate, reliable and timely information that is clinically important to the key audience.

One of the main features is the ability for recipients to select how they want to receive information – whether via email, fax, text message or their patient management system.

General practices, community pharmacists and urgent care clinics are encouraged to contact Samantha Burchell at Healthpoint if they would like support to activate Medinz: samantha@healthpoint.co.nz. It is hoped that other DHBs in the Auckland-Metro area will also be implementing Medinz soon.

If you have any queries about this new communication platform please contact Leanne Kirton, Project Manager: Leanne.Kirton@waitematadhb.govt.nz

Recent changes/additions to service pages

- Both maternity pages (North Shore & Waitakere) have maternity unit virtual tour videos added.
- A new Paediatric Dietetics page created.



Counties Manukau Health

Recent changes/additions to service pages

- All mental health pages have the new after hours phone line for urgent support, 0800 775 222. For people in the CM area requiring urgent mental health and addictions support 5pm to 8am, Monday to Friday and 24 hours on weekends and public holidays. Phones are answered by registered mental health nurses.
- All mental health pages have information added about the new Peer TALK phone service 0800 234 432. This is a peer-led non clinical telephone support service staffed by trained support workers with lived experience of mental health and / or addictions. Operates 5pm to midnight, 7 days a week.



Northland DHB



Healthpoint is the largest national health service website in New Zealand with over 340,000 visitors each month looking for health services information.

Healthpoint has started profiling all GP practices and all community pharmacies throughout Northland on www.healthpoint.co.nz. The same information and process has been implemented throughout the Auckland region for a number of years and GP practices and pharmacies get considerable viewer numbers each month.

The information is in-depth and describes who each practice or pharmacy is, what professional services they provide, who is involved, their fees if applicable and how to best access the service.

Healthpoint have developed a web page for each GP practice or pharmacy and will be contacting them to check their information and get it live. There will be an easy training process for someone in each service who can review their information every 4 months to ensure it is accurate and sustainable over time. Healthpoint will support each service to review this information once it is live.

If you have not already done so and want to be included please contact Dora on (09) 630 0828 or email info@healthpoint.co.nz

For an example of either a GP practice or a community pharmacy profile put the following URL into your browser.

- 1) <https://www.healthpoint.co.nz/gps-accident-urgent-medical-care/gp/balmoral-doctors/>
- 2) <https://www.healthpoint.co.nz/pharmacy/pharmacy/life-pharmacy-whangaparaoa/>