

info matters



A newsletter to Medical Specialists and GPs throughout the Auckland, Waikato and Northland regions

August 2016

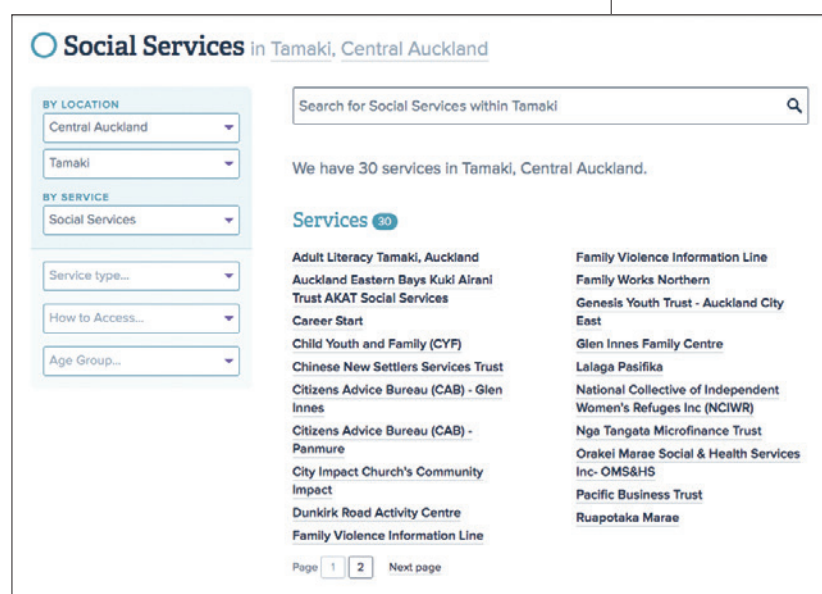
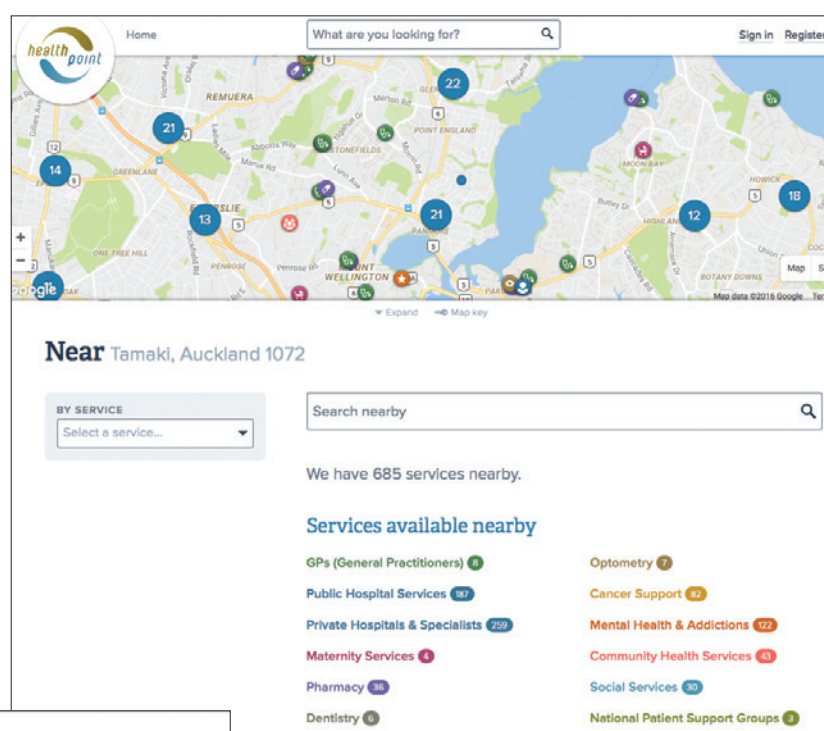
HEALTHPOINT NEWS

Healthpoint universal log-in

For those of you in primary care there is now a universal username and password you can use to go to the medical professional section of Healthpoint. This will make it easier for you to access the most up-to-date information and we would encourage you to pass this onto others within your general practice.

Username: health

Password: point



New online directory of local services in Tamaki

This year, Tamaki Redevelopment Company (TRC), in partnership with Healthpoint, identified a significant gap within the Tamaki community regarding accessing information on local community health and social services. Together TRC and Healthpoint explored ways the community could get information more easily about services. From this work the idea of an online directory came about. Working in partnership with the community, TRC and Healthpoint have created a directory that fits with the local landscape. This easy to navigate online tool connects the community by providing up-to-date information on community health and social services and supports the Tamaki people and their whanau to take charge of their holistic health and wellbeing.

To view go to: www.healthpoint.co.nz

www.healthpoint.co.nz

New Zealand Eating Disorders Clinic (NZEDC)



We are a group of highly skilled and experienced specialist clinicians providing evidence based treatment of eating disorders in adolescents and adults. In conjunction with specialist therapy our team can provide specialist psychiatric and/or nutritional consultations.

Our team specialises in treatment for:

- Anorexia
- Bulimia
- Binge eating disorder
- Diabulimia (eating disorders and diabetes)
- Female athlete triad syndrome
- Orthorexia
- Overeating
- Co-existing conditions e.g. anxiety, depression, OCD, self harm

We also offer:

- specialist consultation for complex cases
- treatment groups (carer skills, intuitive eating, guided self help)
- educational talks for GPs, schools and groups
- specialist supervision and training

For further information and appointments contact:

NZEDC, 36 Pollen Street, Grey Lynn, Auckland 1021

Ph: (09) 963 3360, Fax: (09) 963 3306

www.nzeatingdisordersclinic.co.nz

Referrals received via phone, fax or email via the contact page on our website

Robot Head and Neck Surgery

Specialist otolaryngologists providing the latest technology + the greatest care.



Dr Francis Hall + Dr Andrew Cho offer comprehensive, expert assessment in the management + treatment of general ENT conditions for adults and children including sleep apnoea, thyroid or sinus issues and salivary gland surgery.



Sub-specialisms in head and neck cancer, bringing Trans-Oral Robotic Surgery (TORS) to New Zealand. Dr Cho is fluent in Cantonese.

Available for urgent appointments in clinic locations across Auckland.

Ph: 0508 4 ROBOT, (09) 320 0472, Fax: (09) 320-0473

Email: info@tors.co.nz, EDI: entrobot

www.robotheadandnecksurgery.co.nz

Dr Rajeev Rajagopal - Consultant Haematologist



Rajeev is a NZ trained haematologist at Middlemore Hospital, and also has a part time role at Labtests. Rajeev consults on a wide range of malignant and non-malignant haematological disorders at East Care Specialist Centre, 260 Botany Road.

Services offered:

- Haematology consultations – malignant/non-malignant
- IV chemotherapy
- IV iron therapy (iron polymaltose, ferric carboxymaltose)

For appointments at East Care Specialist Centre

Ph: (09) 277 1540, Fax: (09) 277 1559

Email: rrajeevdr@yahoo.com, Healthlink EDI: estcrehp

Kensington Hospital – Whangarei



Kensington Hospital is

Northland's only comprehensive private surgical hospital.

We perform surgery encompassing a number of specialties including orthopaedic, general surgery, ENT, plastic surgery, urology, ophthalmology, gynaecology, and endoscopy.

Our surgical team continues to grow and we welcome recent additions:

- Mr Lyndon Bradley, Orthopaedics, ph (09) 437 9021
- Mr John Lengyel, General Surgery / Endoscopy, ph (09) 437 3875
- Mr Johnny Manson, Orthopaedics, ph (09) 437 9023
- Dr Mairi Wallace, Urogynaecology, ph (09) 437 4091

For further information, please phone (09) 437 9080

Email: admin@kensingtonhospital.co.nz

www.kensingtonhospital.co.nz

Ararimu Lodge - Alcohol Treatment Clinic



Ararimu Lodge is a residential alcohol treatment programme

designed for women who are experiencing problems with alcohol, anxiety or mild depression. Ararimu Lodge offers a 3-week intensive programme for individuals or up to four clients at a time. Our flexible programme draws from cognitive-behavioural, experiential and Twelve Step approaches to help clients achieve lifelong recovery. Sessions are customised for individual clients to help clients address life issues that are central to achieving successful recovery.

Ph: (09) 292 4044, Email: jane@ararimulodge.com

www.ararimulodge.com

Mr Peter Poon - Shoulder & Elbow Specialist

Peter is an orthopaedic surgeon based on the North Shore in Auckland who specialises in all surgeries of the shoulder and elbow. Following his orthopaedic training in New Zealand, he undertook further shoulder and elbow clinical fellowships at the University of Sydney, Oxford University and the University of Calgary.

He is active in research, has regular publications in tier 1 orthopaedic journals and is a reviewer for the Journal of Shoulder and Elbow Surgery. He is also a designing surgeon for the SMR shoulder prosthesis.



Appointments at Shakespeare Orthopaedic Institute

Ph: (09) 926 5188, Fax: (09) 443 0467

Email: peterpoon@shoulder.nz, Healthlink EDI: pokohiwi
www.peterpoon.co.nz

Dr Zaven Panossian - Specialist Physician, Diabetologist and Endocrinologist

Zaven is a specialist physician, diabetologist and endocrinologist who joined the Medical Specialists' Group at Mercy Specialist Centre in February.



After completing his basic training in Iraq, Zaven moved to New Zealand where he received his dual postgraduate specialist training. He obtained fellowship of the Royal Australasian College of Physicians (FRACP) in 2012 and has been a consultant at Counties Manukau Health since then, working at Middlemore Hospital and Manukau and Botany SuperClinics in addition to a Community Diabetes Clinic in Mangere.

Zaven has wide experience in the management of diabetes and various medical and endocrine disorders and welcomes both standard and urgent referrals. In addition to his Armenian mother tongue he also speaks fluent English and Arabic.

Appointments at Mercy Specialist Centre

Ph: (09) 623 1170, Fax: (09) 623 1172

Healthlink EDI: medspecg

www.healthpoint.co.nz



Urology Specialist

Consultations for patients suffering from problem plumbing which is impacting on their ability to lead a normal life, Dr Anna Lawrence can help by providing expert, specialist assessment, treatment and management of conditions with compassion and understanding of people's most intimate issues.



Dr Lawrence is available for consultation on general urology concerns, kidney stones, voiding problems, incontinence, urethral stricture, and post prostate cancer problems. Sub-specialty training in neuro-urological disorders, urethral stricture disease, hypospadias and male and female voiding dysfunction.

Available at locations across Auckland. You can make a referral or get in touch with Anna on:

ph: (09) 320 0640, Fax: (09) 320 0641, Healthlink EDI: urospect
www.urologyspecialist.co.nz

Eye Doctors

Eye Doctors offers a comprehensive surgical and consultancy service for both adults and children.



Surgeons from left to right -
Dr Andrew Riley, Dr Penny McAllum,
Dr Mark Donaldson, Dr Shuan Dai

Our expertise is in refractive cataract surgery along with special interest areas following international training in children's eye conditions, glaucoma, retina, cornea and oculo-plastic surgery.



Situated at six locations across Auckland – Ascot Hospital – Remuera, Botany Junction, Henderson, Warkworth, Half Moon Bay and Red Beach.

Affiliated provider to both Southern Cross and ACC.

For all referrals and enquiries

Ph: (09) 520 9689, Fax: (09) 520 9688

Email: info@eyedoctors.co.nz, Healthlink EDI: eyedoctr
or visit www.eyedoctors.co.nz for more information

If you are interested in profiling yourself and your services please email: info@healthpoint.co.nz or phone (09) 630 0828



Has your patient been diagnosed with Melanoma ?


If so, they deserve to be treated by a Melanoma Specialist to ensure the best outcome. We are a multidisciplinary group of specialists treating hundreds of new melanomas each year. We will provide you and your patients with the latest melanoma care.

Melanoma Multidisciplinary team:
 Mr Richard Martin, Mr Richard Harman, Mr John Chaplin
 Dr Patrick Emanuel, Dr Rosalie Fisher, Mr Mike Hulme-Moir
 Mr Jon Mathy, Dr Mike McCrystal, Dr Maria Pearse and Dr Giuseppe Sasso.



COMPREHENSIVE INTEGRATED MULTIDISCIPLINARY CARE

www.nzmu.co.nz
 Office: (+64) 9 920 6757. Fax: (+64) 9 441 2759
 Email: office@nzmu.co.nz



Dr Peter Nobbs

MB ChB FRCP(C)
Paediatrician

My interests centre around the common medical problems of infants and toddlers up to 3 years of age. Common reasons for review would be such issues as:

- Growth & Development
- Feeding Problems & Reflux
- Weight Gain
- Allergies
- Failure to Thrive
- Persistent Respiratory Symptoms
- Heart Murmurs
- Infant Skin Issues

I tend to see children once or twice and then leave them in the care of their family doctor. For problems of greater complexity I am very willing to refer onto one of my sub-speciality colleagues.

For further information and appointments:
 Auckland Obstetric Centre
 Ground Floor, Birthcare Building, 20 Titoki Street, Parnell
 Phone: 09 367 1200 Mobile: 027 496 2074
 Email: aoc@obstetrics.co.nz
 obstetrics.co.nz



Specialist Obstetricians

AOC is a unique practice made up of six specialist obstetricians and support staff.

We work as a team sharing patient care and expertise to provide the highest standard of pregnancy and birth care.

AOC provides a full range of care including pre-pregnancy advice, antenatal, labour, birth and postnatal care.

We also have an obstetric physician and paediatrician based at our centre and close links with physiotherapists, lactation consultants, psychologists and midwives to provide complete pregnancy care.



Lynda Batcheler



Astrid Budden



Eva Hochstein



Katherine McKenzie



Kirstie Peake



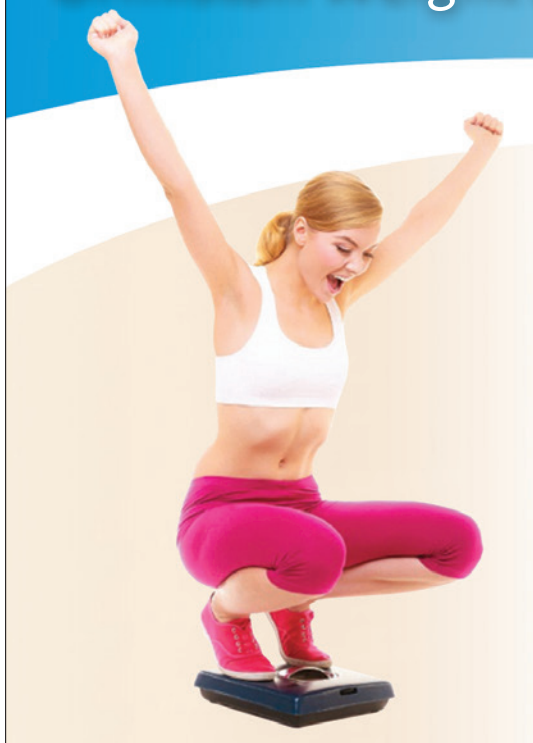
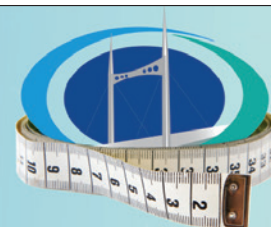
Martin Sowter

Ground Floor, Birthcare Building, 20 Titoki Street, Parnell
 Phone 09 367 1200 | Email aoc@obstetrics.co.nz

obstetrics.co.nz



Ormiston Weight Loss Service (OWLS)



www.ormistonhospital.co.nz

OWLS is intended to offer our community a surgical choice and clinical support to assist in people taking ownership of their health and moving forward to a greater place of wellness.

Bariatric Surgery assists in weight loss and may be recommended as a last resort when diet, exercise and medication have not been successful and if obesity related conditions such as heart disease, asthma, high blood pressure, sleep apnoea and type II diabetes have worsened, among other problems.

The aim of the surgery is to reduce the food-holding capacity of the stomach

Ormiston Hospital

so the patient has a feeling of fullness after eating very little. Without hunger pangs, the person tends to lose interest in overeating and is more likely to stick to a low-kilojoule diet.

When patients choose OWLS for their surgery, they choose the most experienced surgeons, and are cared for in the well-established Ormiston Hospital located in south/east Auckland.

The team at Ormiston offers a multidisciplinary approach leading up to and following surgery. We are dedicated to offering our patients a complete and comprehensive service with the best level of care through their journey to improved health.

Contact us today on 09 926 5821
or email kirstyp@ormistonhospital.co.nz
You can follow us on Facebook
125 Ormiston Road, Flat Bush, Auckland 2019



MERCY ANGIOGRAPHY

Image Guided Treatment Centre

Our minimally invasive procedures use special imaging technology and unique catheterisation techniques for the treatment of heart disease, cancer, peripheral vascular, urological and gynaecological conditions.

Generally performed under local anaesthesia and/or with light sedation, our treatments and procedures are usually less risky than standard surgery with similar outcomes and shorter recovery times. Patients can sometimes be offered treatment opportunities that are not available elsewhere in New Zealand.

We work with leading specialists, many with international reputations and who have introduced new technology and techniques to New Zealand.

New Zealand's most comprehensive private image guided treatment centre is located within the Mercy Hospital, Epsom, Auckland.

For more information ph (09) 630 1961
or email admin@mercyangiography.co.nz

www.mercyangiography.co.nz

CARDIOLOGY

CORONARY

ELECTROPHYSIOLOGY

STRUCTURAL HEART

INTERVENTIONAL ONCOLOGY

PERIPHERAL
INTERVENTIONAL RADIOLOGY

VASCULAR IR

WOMENS' IR

UROLOGICAL IR

Auckland DHB

HEALTH EXCELLENCE AWARDS – APPLICATIONS OPEN NOW



The Auckland District Health Board 2016 Health Excellence Awards are now open. The Awards have been highlighting examples of excellence that make a difference to the health and experience of our patients and community since 2011. Applications are invited from Auckland DHB employees and contractors, primary care organisations, GP practices and NGOs who provide services to the Auckland DHB population that help to keep our community fit, well and healthy.

The Awards are our way of recognising and celebrating the dedication of our people and inspiring others by sharing excellence across the wider health community. For category eligibility criteria and application forms, visit the Health Excellence Award section on the Auckland DHB website. Applications are assessed by an expert panel of judges. Finalists are invited to the prestigious awards ceremony on Thursday 1 December where the winners will be revealed.

If you have any questions, please email excellenceawards@adhb.govt.nz. Applications close midnight 5 September 2016.

Additional services information:

- New page: ADHB Pregnancy & Parenting Education includes online registration form <http://www.healthpoint.co.nz/community-health-services/community-health/auckland-dhb-pregnancy-and-parenting-education/>
- New page: ADHB Community Services (Adult). <http://www.healthpoint.co.nz/public/community/auckland-dhb-community-services-adult/>
- New page: Metro Auckland Cervical Screening Coordination service <http://www.healthpoint.co.nz/public/obstetric-and-gynaecology/metro-auckland-cervical-screening-coordination/>
- Renal Stones Shockwave Lithotripsy Referral pathway added to Auckland Regional Urology <http://www.healthpoint.co.nz/public/urology/auckland-regional-urology-service/>
- ADHB Ophthalmology: addition of "Impact on Life" questionnaire in 7 languages for optometrists to include with their referrals for surgical patients
- ADHB Dermatology: attachment of "How to take a Good Clinical Photograph" pdf <http://www.healthpoint.co.nz/public/dermatology/auckland-dhb-dermatology-service/?medpro=show&solo=mpReferralGuidelinesList&index=1>

ADHB Renal: new "Guidelines for GP Ultrasound Requests" <http://www.healthpoint.co.nz/public/nephrology/auckland-dhb-renal-medicine/>

Counties Manukau Health



CM HEALTH GP LIAISONS

The team of GP liaisons each have clinical areas that they

work within. If you have any feedback or complaints go to customerservice@superclinic.co.nz.

General queries about GP Liaison goes to

PrimaryCareCommunications.Generic@middlemore.co.nz.

On call doctors telephone numbers:

A reminder that there are on call doctors telephone details available on Healthpoint. If you go to the CM Health logo on the main page once you are logged in as a medical professional you will see a series of links on the left hand side of the page. These links including the on call doctors list and have further information which will help you when you need a specific contact.



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Public Hospital Services >

Counties Manukau Health Information

ORGANISATION

[Back to Counties Manukau Health](#)

Clinical & Referral Guide

New direct link to all Kidz First - Paediatric

Counties Manukau Health Adult Service down

A B C D E F G H I J K L M N O P

A

- [Acute Allied Health](#)
- [Adolescent and Child Mental Health \(Wh\)](#)
- [Adult Rehabilitation - Health of Older Pe](#)
- [Bone Density Service](#)
- [Community Based Rehabilitation Team](#)
- [Community Geriatric Services](#)
- [Home Health Care](#)
- [Memory Team](#)
- [Needs, Assessment & Service Co-ordin](#)
- [Neurological Rehabilitation Service](#)
- [Services for Older People](#)

IMPORTANT LINKS

- Emergency Dept Referrals**
Call [021 285 2228](tel:0212852228)
- Emergency Paediatric Referrals**
Call [021 242 9906](tel:0212429906)
- GP Acute General Medicine Line**
Call [09 276 0031](tel:092760031)
- GP Acute Referrals Line**
Call [09 276 0226](tel:092760226)
- GP Acute Paediatric Advice / Admissions Line**
Call [09 250 3820](tel:092503820)
Text [021 516 908](tel:021516908)
- MSC Call Centre GP Line**
Call [09 270 4723](tel:092704723)

Note: Acute admissions to General Surgery **DO NOT** require authorisation.

Dr On-Call Contacts Numbers

- [GP Liaisons contact details](#)
- [GP Feedback/complaints email \[gpfeedback@middlemore.co.nz\]\(mailto:gpfeedback@middlemore.co.nz\)](#)
- [CM Health Boundary Maps](#)
- [Auckland Regional Health Pathways:](#)

• Username: connected

www.healthpoint.co.nz





New process for making referrals to Emergency Department

- Before sending your adult patient (18 and over) to the Emergency Department please speak to one of our Emergency Department doctors for advice first.

Call (021) 285 2228 or (09) 277 3409

- Before sending children (under 18 years) to the Emergency Department.

Call (021) 242 9906 or (09) 277 3410

We welcome feedback on GPs' experience with this new process. Please email Kulvant Singh: Kulvant.Singh@middlemore.co.nz

Waitemata DHB

ABDOMINAL AORTIC ANEURYSM (AAA) PILOT SCREENING PROGRAMME - WAITEMATA DHB



Coast to Coast Health Care, together with Te Ha Oranga, recently organised a large hui to officially launch the beginning of the Abdominal Aortic Aneurysm (AAA) Pilot Screening programme, an initiative sponsored by Waitemata CEO Dale Bramley. This pilot aims to assess the prevalence of AAA amongst Māori and targets Māori men aged 55-74 years and Māori women 60-74 years.

Only three general practices will be involved in the study at this stage. Previous research on mortality from AAA indicates that Māori men and women suffer disproportionately from this disease, and appear to develop it at a younger age compared to non-Māori. Screening women for AAA is a first. Most screening programmes around the world only target men. Principal investigator Dr Peter Sandiford reports that *"in the past screening programmes have been designed that don't work for Māori. By starting the AAA screening with Māori we are hoping that we will get a programme that works for them before expanding it to the general population"*.

Coast to Coast Health Care is leading the way with firm commitment. Dr Tim Malloy and his team in Wellsford are going out of their way to make this programme work for their community. The DHB team hopes to encounter the same level of commitment in other primary care practices.

For further information please contact Micol Salvetto, Programme Manager, Micol.Salvetto@waitematadhb.govt.nz



Rahiri Bennett presenting at launch Taurawhiri (Cultural Advisor) He Puna Waiora, North Shore Hospital

Contact numbers for Waitemata DHB Mental Health Service have Changed

The contact numbers to make referrals and access advice from Waitemata DHB Adult Mental Health Services have changed. Now GPs have a 'single point of entry' to their local hub.

E-referrals are preferred but please note the new phone and fax numbers for **urgent** referrals and enquiries. New guidelines for information to include will also help to ensure that your referral gets the quickest response possible. The contact numbers and guidelines can be viewed and printed from www.healthpoint.co.nz (Click "Referrals to Adult Mental Health Services"). Please contact Dr Mike Ang, 021 228 8534, for project information or the team managers for information about the clinical services.

Waitemata DHB - Free Vasectomy Service

The Gynae Service at Waitemata DHB provides a FREE vasectomy service available for men who have completed their families. GPs can send a referral along with a CPAC Sterilisation Score to the Vasectomy clinic via the WDHB Central Referrals Office on fax: (09) 486 8348. Any questions can be directed to Ally Wang, Clinic Scheduler on (09) 486 8920 ext 3052.

Ascot Central Women's Clinic

The team at Ascot Central Women's Clinic all have strong working expertise in all areas of gynaecological surgery. Working together as a team they are able to ensure the best possible outcome, based on the diagnosis made for each woman.

Douglas Barclay is a UK trained gynaecologist with special interests in minimal access surgery including laparoscopic treatment of endometriosis and ovarian cysts, laparoscopic hysterectomy and operative hysteroscopy.

Simon Edmonds is a dual trained surgeon and gynaecologist with a special interest in severe endometriosis and advanced laparoscopic procedures for ovarian cysts, fibroids and hysterectomy. He performs colposcopy, hysteroscopic surgery, pelvic floor repairs and sees patients with chronic pain.



Minimal access surgery:

- Hysteroscopy
- Novasure ablation for heavy menstrual bleeding
- Laparoscopic surgery for severe endometriosis
- Laparoscopic hysterectomy

Enquiries:

Ph: (09) 520 9361, Fax: (09) 520 9362

Email: info@ascotwomensclinic.co.nz, Healthlink EDI: [awclinic](http://awclinic.www.ascotwomensclinic.co.nz)
www.ascotwomensclinic.co.nz



Dr Walter van der Merwe – Hypertension Specialist and Nephrologist

From 1 August 2016 Walter has a *new Central Auckland location*. He has moved from the Queen Street location to 87-89 Albert Street with his rooms on level 4. **The Ascot and North Shore (Apollo) locations are unchanged.**

He is happy to be contacted about urgent referrals, or for advice on his mobile **021 453 033**, or by email waltervandermerwe7@gmail.com

Dr Walter van der Merwe FRACP, Hypertension Specialist and Nephrologist

- **Office 3, level 4, 87-89 Albert Street, Auckland Central**
- **Suite 109, Level 1, 119 Apollo Drive, Albany (inside Cardiology Institute)**
- **Ascot Office Park, Level 3, Building B**
93-95 Ascot Avenue
Greenlane East

Appointments (all locations):

Ph: (09) 638 5255, Fax: (09) 638 6022

Healthlink EDI: auckphys



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Dr Richard Gee | Dr Adam Worthington

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Services include:

- 3 Tesla MRI
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- X-ray
- General and Musculoskeletal US
- Nuclear Medicine / SPECT – CT Scanning
- Musculoskeletal and General Intervention: Joint and soft tissue injections/biopsies
- Spinal intervention: Nerve root, facet joint and epidural injections

Greenlane Building C, Ascot Office Park, 95 Ascot Avenue

Manukau Cavendish Clinic, 175 Cavendish Drive

W www.srgmri.co.nz

E reception@srgmri.co.nz

P 0800 774 9729

“Transitioning Patients from Secondary to Primary Care”

SIGN UP FOR THE 2016 GP SYMPOSIUM

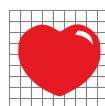
Saturday 20th August
at the Waipuna
Conference Centre

Registrations:

www.heartgroup.co.nz

Queries: jenc@heartgroup.co.nz

Phone: Jen (09) 623 1020



AUCKLAND
HEART
GROUP



www.healthpoint.co.nz

