

# info matters



A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato, Lakes and BoP regions

July 2020

## HEALTHPOINT NEWS

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

### Waikato DHB joins the Healthpoint community to profile primary care, hospital, community health and social services throughout their region

In 2019 Waikato DHB published The Waikato Health System Plan, Te Korowai Waiora, a 10 year plan which will put the strategy of Healthy people, Excellent care and the Iwi Māori Health Strategy, Ki te Taumata o Pae Ora, into action.

The plan is a pathway to meet the challenges of the future and to have a Waikato health system that works for their communities. It will focus their work on what is needed to support the people of the Waikato to improve their health, make services easier to use and improve the way services are provided over the next 10 years.

The plan puts people at its heart and identifies actions the Waikato health system can take to work as one cohesive, integrated, and coordinated health sector that involves the community and whānau/families in planning and delivery.

Central to the plan is to develop resources that inform whānau/families about where to go for advice and services at a locality level; to obtain, process and understand health information and services to make informed choices and self-manage their health and wellbeing; and access to bilingual, culturally appropriate information to support health literacy, self-management and equity.



Easier consumer access to information about services is identified as an enabler of access, choice, and improved outcomes and a central, compelling reason for choosing Healthpoint as an important solution in the successful delivery of The Waikato Health System Plan.

Over the coming weeks Healthpoint will work across the seven Waikato localities to support providers to profile and publish rich, comprehensive information about who and where they are, the services they provide and how to access them.

Waikato DHB's partnership with Healthpoint will ensure Waikato communities have greater visibility of the health and social services available, enabling them to better manage their own care needs and choices and, ultimately, support improved health outcomes and equity.

With the profiling of many services in the Waikato, the general public will be accessing Healthpoint as their main source to find healthcare services. If you offer a private service in the Waikato region and would like a profile on Healthpoint that will increase awareness of what your service offers please contact Will Mitchell or Rhonda Dames on (09) 360 0828.

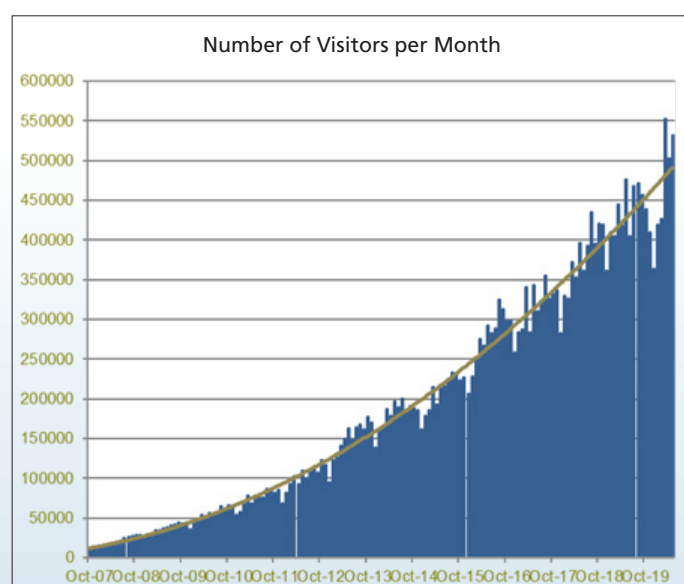
## Unite against COVID-19

During the COVID-19 pandemic, many New Zealanders were looking for credible and current information on healthcare support and providers.

Reflecting this demand, **Healthpoint recorded its highest number of monthly users at 552,566 in March 2020** and this remained high over the COVID-19 lockdown period (502,332 visitors in April and 532,044 visitors in May 2020).

**Community pharmacy saw the largest spike in visitor numbers** increasing three-fold in March 2020 compared with the previous month and continuing to grow in April, while the country was in Alert Level 4.

May 2020 saw a decline in trend, potentially reflecting the return to a 'new normal,' reduction in cases and easing of consumer concern.



## Alpha Care Gynaecology

At Alpha Care Gynaecology our focus is caring for women's health in a relaxed and friendly environment. Dr Tarek Saleh, Dr Tava Mudzamiri and the team offer our patients the highest gynaecological service from the first contact to the end of their care with us. We ensure they will be well listened to and treated with specifically tailored care.

### Procedures Offered:

- Medical and surgical treatment of endometriosis
- Laparoscopy
- Hysterectomy
- Hysteroscopy
- Anterior vaginal repair
- Posterior vaginal wall and perineal body repair
- Sacrospinous fixation
- Mid-Urethral sling
- Cystoscopy
- Colposcopy
- Antenatal care

Both Dr Tarek Saleh and Dr Tava Mudzamiri are Southern Cross & NIB Affiliated Providers.

### Appointments at 2 locations in Hamilton and Cambridge:

Ph: 021 0245 1019, Fax: (07) 855 0993

Email: [admin@alphacaregynae.co.nz](mailto:admin@alphacaregynae.co.nz)

[www.alphacaregynae.co.nz](http://www.alphacaregynae.co.nz)



## Dr Ruth Angell is at Auckland Radiation Oncology

Ruth Angell is a radiation oncologist at the Regional Cancer Service, Auckland City Hospital and Auckland Radiation Oncology. Ruth has a special interest in breast, colorectal, gastro-intestinal and gynaecological cancers. She is a member of the National Breast Cancer Special Interest Group, the New Zealand Gynaecological Cancer Group and the National Gastrointestinal Special Interest Group.

Ruth has worked in oncology in the United Kingdom, Australia and here in New Zealand. She trained at the Peter MacCallum Cancer Centre in Melbourne and at Auckland Hospital. Ruth is a dedicated oncologist and a strong advocate for her patients.

Ph: (09) 623 6046

Email: [admin@aro.co.nz](mailto:admin@aro.co.nz)

[www.aro.co.nz](http://www.aro.co.nz)



## Nicola Davis – Oncoplastic Breast and General Surgeon

Nicola is a New Zealand trained oncoplastic breast and general surgeon. After obtaining FRACS in 2016 she spent two years in Australia gaining further skills and experience in oncoplastic breast surgery through BreastSurgANZ. She is also skilled in general surgery procedures including thyroidectomy, cholecystectomy, hernia repair (laparoscopic or open) and melanoma/skin cancer assessment and surgery.

She provides public services at Tauranga Hospital, consults for BreastScreen Bay of Plenty, and consults in private at Tauranga Specialist Centre.

Nicola strives to deliver the best surgical outcomes for her patients, offering empathetic patient centred care to achieve optimal surgical and cosmetic results.

### Services include:

- breast assessment and surgery
- thyroid surgery
- hernia surgery – open and laparoscopic approaches
- melanoma and other skin cancer management

Operations are performed at Grace Hospital. She is a Southern Cross Affiliated Provider and nib First Choice Provider.

### Appointments to see Nicola at Tauranga Specialist Centre:

Ph: (07) 571 5548, Fax: (07) 571 5549

EDI: skinderm

[www.nicoladavis.co.nz](http://www.nicoladavis.co.nz)



## Mr Wolfgang Heiss-Dunlop – Upper Limb Orthopaedic Surgeon

Mr Wolfgang Heiss-Dunlop is an upper limb orthopaedic surgeon with a special interest in the following areas:

- hand & wrist surgery
- peripheral nerve surgery
- elbow surgery
- shoulder surgery (rotator cuff repair & shoulder instability)
- open & arthroscopic upper limb surgery

After completing his fellowship in Australia, Wolfgang returned to Auckland in 2008 where he holds a position at Middlemore Hospital as a consultant in hand and upper limb surgery. He is actively involved with teaching and enjoys clinical research. He regularly attends and presents at national and international surgical meetings and has published.

### Appointments to see Wolfgang at Ascot Office Park:

Ph: (09) 523 7050, Fax: (09) 522 0780

EDI: karpikgt, Email: [wolfgang@aopractice.co.nz](mailto:wolfgang@aopractice.co.nz)

Email: [jacqui@aopractice.co.nz](mailto:jacqui@aopractice.co.nz)



[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

## Jacques Marnewick – General, Laparoscopic & Thyroid Surgeon

Jacques is a New Zealand-trained general surgeon in private practice in Tauranga. He is also a consultant surgeon in the Department of General Surgery at Tauranga Hospital and the Trauma Medical Director for the Bay of Plenty. He has international subspecialty training in thyroid and parathyroid surgery and is looking forward to providing this service to patients in the Bay of Plenty.

The emphasis in his practice is on quality and care. He recognises that the surgical process is often a daunting journey and considers it a privilege and professional duty to support his patients throughout that journey.

### Conditions Jacques treats include:

- thyroid and parathyroid disease
- hernias
- gallbladder, gallstone and biliary disease
- skin cancers
- melanoma
- intra-abdominal diseases
- pilonidal disease
- urgent lymph node biopsies

Jacques is a Southern Cross Affiliated Provider and nib First Choice

### Appointments at Tauranga Specialist Centre:

Ph: (07) 571 5548, Fax: (07) 571 5549

Email: [taurangasurgeon@gmail.com](mailto:taurangasurgeon@gmail.com)

[www.taurangasurgeon.co.nz](http://www.taurangasurgeon.co.nz)



## Peter Chin – Oncoplastic Breast & General Surgeon

Peter Chin MBBS (Melb) FRACS is a specialist oncoplastic breast and general surgeon for Tauranga and the wider Bay of Plenty region. He specialises in oncoplastic breast cancer surgery and has a strong interest in laparoscopic (keyhole) hernia and gallbladder surgery, thyroid and sentinel node procedures.

Peter is the Bay of Plenty's most experienced breast surgeon and has performed over 2,000 breast cancer operations since 2006. He is the lead breast surgeon at Tauranga Hospital and the Bay of Plenty's breast screening programme. Peter offers the whole range of oncoplastic techniques such as therapeutic mammoplasty, fat grafting and breast reconstructions to achieve the best outcome for his patients. He is sensitive and caring towards his patients and is an excellent communicator.

Peter is also a highly skilled general surgeon who was one of the first to introduce laparoscopic (keyhole) inguinal hernia surgery to the Bay of Plenty. He has been performing laparoscopic cholecystectomy, thyroid and general surgery for over 20 years.

### Appointments at Promed House:

Ph: (07) 578 1208, Fax: (07) 577 9964

EDI: breeespee

Email: [peter@peterchin.co.nz](mailto:peter@peterchin.co.nz)

[www.peterchin.co.nz](http://www.peterchin.co.nz)



Private Cardiology care through a highly experienced and skilled team of specialists.

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- Coronary Angiogram
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- CT Calcium Score
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Ascot Cardiology Group is based in Greenlane's Ascot Hospital with Satellite Clinics that run at:

**Counties Care (Papakura)**  
6 - 18 Shannessy Street, Papakura  
**East Care A&M (Howick)**  
260 Botany Road, Howick

### Dr Warwick Jaffe

Interventional Cardiologist

p + 64 520 9540

### Dr Douglas Scott

Interventional Cardiologist

p + 64 520 9529

### Dr Selwyn Wong

Cardiologist

p + 64 520 9393

### Dr Hitesh Patel

Cardiologist

p + 64 520 9399

### Dr Tim Glenie

Interventional Cardiologist

p + 64 520 9540

### Dr Patrick Gladding

Cardiologist

p + 64 520 9540

### Dr Patricia Ding

Interventional Cardiologist

p + 64 520 9540

### Dr Niels van Pelt

Cardiologist

p + 64 520 9540

### Ascot Cardiology Group

Ascot Hospital, Level 3 90 Greenlane East, Remuera, Auckland 1051

### [ascotcardiologygroup.co.nz](http://ascotcardiologygroup.co.nz)

e. [reception@ascotcardiology.co.nz](mailto:reception@ascotcardiology.co.nz)  
p. 09 520 9450 f. 09 520 9541



## GROWING OUR PARTNERSHIP

Auckland Radiology Group is very pleased to announce that **Dr David Dow** has joined the ARG Partnership

**As an independent locally owned radiology practice, David joins a team of 30 experienced partner and associate radiologists and his appointment continues our commitment to remain 100% Auckland owned and operated.**

Dr Dow is a musculoskeletal radiologist. Graduating from the Auckland University School of Medicine, he completed his specialist training program here in Auckland. He subsequently undertook a two-year musculoskeletal imaging fellowship in Perth, Australia, dedicated to orthopaedic and sports

imaging, MRI and image guided musculoskeletal procedures. He spent a further year as the principal musculoskeletal radiologist in a private practice in Queensland, Australia, before returning to Auckland and starting at ARG in early 2017.

David's areas of expertise include diagnostic orthopaedic, rheumatology and sports medicine radiology, as well as image-guided spinal and musculoskeletal procedures. He also holds a consultant position at Auckland City Hospital in the Musculoskeletal Radiology Department.



**AUCKLAND  
RADIOLOGY  
GROUP**

**ARG.CO.NZ**

**Dr David Dow**  
Radiologist  
BHB MBChB FRANZCR



### REDEFINING THE PATIENT EXPERIENCE

**HARBOUR**  
CANCER CENTRE

Harbour is a leading cancer treatment centre located on Auckland's North Shore. Harbour specialists integrate cutting edge treatment, prescribed exercise and supportive therapies to provide the gold standard of cancer care.

Dr Gareth Rivalland  
Dr Rosalie Stephens  
Dr Amanda Ashley  
Dr Karen Amies  
Dr Sanjeev Deva



The team includes Drs Henry Chan (Haematologist) and Soizick Mesnage (Medical Oncologist). We welcome back Dr Rosalie Stephens (Medical Oncologist) from parental leave, as well as welcoming our newest team members Dr Anna Elinder-Camburn (Haematologist) and Dr Navjot Dhillon (Medical Oncologist).

**Our philosophy is holistic. We integrate individual exercise prescriptions to help our patients regain their strength and fitness, reduce treatment side-effects and to improve wellbeing and resilience.**

**Harbour Cancer Centre**  
Southern Cross North Shore, Auckland  
Ph: (09) 925 4444 / EDI: hccentre  
referrals@harbourcancer.co.nz  
www.harbourcancer.co.nz

Expertise, innovation, care



**MR JANUS SCHAUMKEL** FRACS  
ORTHOPAEDIC SURGEON - HIP AND KNEE SPECIALIST

[www.aucklandhipandkneesurgery.co.nz](http://www.aucklandhipandkneesurgery.co.nz)

### Mr Janus Schaumkel – Hip and Knee Surgeon

Janus Schaumkel is an experienced New Zealand trained orthopaedic surgeon. He specialises in the diagnosis and treatment of hip and knee musculoskeletal conditions.

After returning from subspecialist training in the UK and Australia, Janus has been in full-time private practice for 10 years. Working solely in the private sector, and at different clinics across the Auckland region, means that his patients have more flexibility to be seen when, and where, it suits them.

He has a particular interest in hip replacement, knee replacement (including computer-assisted surgery), revision hip and knee replacement, and the treatment of sports knee injuries (especially ACL reconstruction).

Operating privately from Ascot and Brightside hospitals, Janus is an Affiliated Provider with Southern Cross Insurance.

**Appointments available at:**  
**Ascot Office Park, Level 3, 95C Ascot Ave, Greenlane**  
**Also in Henderson, New Lynn and Warkworth**  
**Ph: (09) 523 2760, Fax: (09) 522 5494**  
**EDI: jschaumk**  
**Email: admin@jsortho.co.nz**  
**[www.aucklandhipandkneesurgery.co.nz](http://www.aucklandhipandkneesurgery.co.nz)**



## Healthvision

### Top Quality Home Healthcare Tailored To Your Needs

We are an award-winning team of highly trained nurses, caregivers and rehabilitation specialists who have been caring for people in their own home since 1998.

Passionate about delivering the best experience and outcomes, we work closely with our clients, their family and whānau to best understand and support their needs: whether short or long term, 24 hours per day to a few hours per week.

Due to our substantial expertise and unparalleled focus on quality and personalised service delivery, we often cater to clients who face the most complex health challenges. Our service expertise includes:

- Spinal Cord Injury
- Traumatic Brain Injury
- Cerebral Palsy
- Autism
- Palliative Care
- Burn and Wound Care

We can provide ACC clients with a comprehensive wraparound service to meet all their care, nursing and rehabilitation needs, so that clients can maximise their wellbeing and independence.

#### For further information:

Ph: 0508 733 377

Email: [service@healthvision.co.nz](mailto:service@healthvision.co.nz)

[www.healthvision.co.nz](http://www.healthvision.co.nz)

[www.facebook.com/healthvisionnewzealand](https://www.facebook.com/healthvisionnewzealand)

[www.instagram.com/healthvisionnz](https://www.instagram.com/healthvisionnz)



## Nova Health – Specialist Nursing Agency

Nova Health is a specialist nursing and caregiving agency. We work with private clients as well as supplying temporary staff to rest homes, hospitals, and other care environments.

Our team of nurses and caregivers bring specialist palliative care skills and expertise into the home, allowing our clients to stay amongst friends and family, within comfortable, familiar surroundings.

We offer nurses and caregivers from 4 hours to 24 hours a day depending on what is required and the complexity of care necessary. A comprehensive care plan is provided, and we believe in building strong relationships with all our clients and staff in order to deliver a high level of quality service. We have a staff member on-call and do not out-source to a call-centre.

The help we can provide includes (but is not limited to):

- specialist nursing and caregiving services
- personal care
- convalescent care and rehabilitation
- home help
- companionship
- additional support in existing care environments

#### For enquiries and referrals:

Ph: 0800 896 772, Fax: (07) 871 6774

Email: [info@novahealth.co.nz](mailto:info@novahealth.co.nz)

[www.novahealth.co.nz](http://www.novahealth.co.nz)



NEW ZEALAND  
MELANOMA UNIT

## ONE STOP SKIN CANCER CLINIC FOR AFP SOUTHERN CROSS PATIENTS



Waitemata Specialist Centre, the Melanoma Unit and Southern Cross Healthcare are pleased to announce a new "One Stop Skin Cancer Clinic". Patients will be assessed and small lesions excised in one clinic visit\*.

The AFP system allows for assessment and immediate approval for surgery if required.

\* Larger lesions may require more complex surgery.

#### CONTACT DETAILS:

PHONE: (+64) 9 920 6757

EMAIL: [office@nzmu.co.nz](mailto:office@nzmu.co.nz); e-refer

FAX: (+64) 9 441 2759

CONSULTING AT: Takapuna/Warkworth/West Auckland



Affiliated Provider to Southern Cross Health Society for selected services

[www.nzmu.co.nz](http://www.nzmu.co.nz)



## Proven mind health pathways

Partnering with you in expert psychological medicine

### Specialist areas include:

- Anxiety, stress, and traumatic disorders
- Substance use and behavioural dependencies
- ACC-accredited services
- Child and adolescent development
- Psychotic disorders
- Medico-legal assessments and reporting
- Perinatal services

### Services:

- Expert psychiatric consultation, assessment and treatment planning
- E-consultations
- Courses and Workshops in psychological therapy
- Personalised 1:1 therapies
- Family therapy



Level 3, 12-16 Nicholls Lane,  
Parnell, Auckland 1010  
referrals@recentre.co.nz  
GP Hotline 0800 854 905  
re-centre.co.nz +64 9 884 8350

Re-centre is the trading brand of NZ Behavioural Health Limited, a subsidiary of Evolution Healthcare NZ Limited.



## Lyndon Bradley – Northland Orthopaedic Surgeon

### Hip and knee surgeon

- Direct anterior hip replacement
- Hip arthroscopy
- ACL reconstruction
- Advanced total knee joint replacement

Lyndon trained in orthopaedics in the Royal Australasian College of Surgeons. He went on to further specialty training completing fellowships in New Zealand, Australia and the United Kingdom. Since returning to

New Zealand, he has worked in Northland for several years in both private practice as well as the Northland DHB.

Lyndon has specialised training and experience in hip and knee surgery. He spent time on fellowship with international surgeons, is part of international user groups, participates in research, monitors results, attends conferences and visits surgeons around the world to ensure that Northlanders get nothing but the highest quality of orthopaedic care.

He also has experience in most general orthopaedic conditions including shoulder instability and cuff tear surgery, carpal tunnel, fractures and trauma.

### Appointments and enquiries at Northland Orthopaedic Centre:

Ph: (09) 437 9021, Fax: (09) 437 9033

EDI: nthlorth, Email: pa1@northorth.co.nz

northlandorthopaedicsurgeon.co.nz



## Auckland DHB Advance Care Planning

Advance Care Planning (ACP) helps people plan their future healthcare and end-of-life care; to understand what the future might hold and to say what healthcare they would or would not want.

The value of ACP is the shared understanding between you and your patients of what is important to them; what matters and makes life meaningful for them, making it easier for you and others to make treatment and care decisions on their behalf, if and when the situation arises.

Please contact me for information, resources and staff training options –

Cheryl Calvert ADHB ACP Lead Facilitator  
Greenlane Clinical Centre | ADHB

Mobile: 021 420 686

Email: cherylc@adhb.govt.nz or acpadmin@adhb.govt.nz

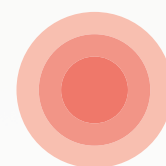
adhb.hanz.health.nz/Pages/Advance-Care-Planning.aspx

www.hqsc.govt.nz/our-programmes/advance-care-planning



our voice to tatou reo | Advance Care Planning

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FOR MORE INFORMATION -  
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www.breastassociates.co.nz



## Ormiston Hospital

Ormiston Hospital is the only private surgical facility in south-east Auckland. We offer an excellent standard of care within a first class hospital environment which together contributes to the comfort and wellbeing of our patients.

Ormiston Hospital can offer patients a choice and flexibility within the following range of inpatient and day-care surgical services, including:

- General Surgery
- Ear, Nose & Throat
- Orthopaedic Surgery
- Gynaecology/Colposcopy
- Paediatric Gastroenterology
- Urology
- Physiotherapy
- Plastic & Reconstructive Surgery
- Vascular Surgery
- Gastroenterology/Endoscopy
- Max Fax & Oral Surgery
- Spinal Surgery
- Ophthalmology
- Weight Loss Surgery

Our team of expert specialists is always expanding, with the addition of Mr Nicholas Gormack (Nick). Experienced Orthopaedic surgeon who treats all conditions but specialises in hip, knee, shoulder and trauma. Now accepting referrals at Ormiston Specialist Centre and performing surgeries at Ormiston Hospital. Please email Nick to make a referral: [contact@gormackorthopaedics.co.nz](mailto:contact@gormackorthopaedics.co.nz).

**Enquiries at Ormiston Hospital:**

**Ph: (09) 250 1157, Fax: (09) 926 5809**

**Email: [enquiries@ormistonhospital.co.nz](mailto:enquiries@ormistonhospital.co.nz)**

**[www.ormistonhospital.co.nz](http://www.ormistonhospital.co.nz)**



## Auckland Psychiatrist

Neena and John Joseph are now expanding their private psychiatric practice in Auckland. Neena has moved to Seaview House in Mt Albert and John continues his private practice at Bexley Clinic in Remuera.

Neena & John have more than 15 years of psychiatric experience working in the UK & New Zealand. They specialise in adult and medicolegal psychiatry. They believe in providing compassionate and personalised care.

Neena is a specialist adult & forensic psychiatrist in private and public practice. She is a consultant psychiatrist at Mason Clinic (Auckland Regional Forensic Psychiatric Services) and an honorary academic at the University of Auckland. She has worked in public, private and NGO mental health sectors. She has expertise in the diagnosis and management of depression, anxiety, trauma, obsessive-compulsive, bipolar, psychotic and ADHD disorders. As a forensic psychiatrist, she has vast experience & training in conducting expert evaluations and testimonies for matters pertaining to civil & criminal litigation. Her special interests are translational neuroscience & digital psychiatry.

John is a specialist adult psychiatrist in private practice and a consultant psychiatrist at Waitemata District Health Board. He has held a number of DHB consultant roles in the Auckland metro region. His work in public and private sectors has made him deeply aware of the challenges in accessing and providing psychiatric care in our rapidly growing multicultural society.

He sees adult patients with a range of psychiatric conditions – anxiety disorders, mood disorders (including bipolar disorder), psychosis, PTSD & trauma related conditions, obsessive compulsive disorder and neurodevelopmental disorders (ADHD & autistic spectrum disorders). He has extensive experience in medicolegal psychiatry. He has special interests in trauma & pain disorders, and the psychiatric manifestations of brain injury.

**Appointments at Seaview House in Mt Albert and Bexley Clinic in Remuera:**

**For appointments and enquiries:**

**Ph: 021 241 6007**

**Email: [info@aucklandpsychiatrist.nz](mailto:info@aucklandpsychiatrist.nz)**

**[www.aucklandpsychiatrist.nz](http://www.aucklandpsychiatrist.nz)**



If you are interested in profiling yourself and your services please email: [info@healthpoint.co.nz](mailto:info@healthpoint.co.nz) or phone (09) 630 0828



## Discover Weight Loss

At Discover Weight Loss, our experienced team of health professionals are here to guide you through your weight loss journey.



Our goal is to provide you with all the advice, support, and tools necessary to set you up for success. We want to make sure that you can achieve a healthier lifestyle in a way that you can maintain throughout your life.

We perform a number of weight loss surgery procedures including gastric sleeve and gastric bypass.

Consultations are held at Gilgit Road Specialist Centre in Epsom and surgery is performed at Ascot Hospital, Remuera.

### Our Team

- Mr Jon Morrow - Bariatric, Laparoscopic & General Surgeon
- Dr Melanie Lauti - Bariatric Clinician
- Kendall Parkinson - Dietitian
- Sherman Waitai-Cross - Health & Wellness Coach/Personal Trainer
- Dr Adam Harper – Anaesthetist
- Dr Susan Mahon - Psychologist

### Appointments at Gilgit Road Specialist Centre:

Ph: (09) 623 7522, Fax: (09) 623 7519  
Email: [info@discoverweightloss.co.nz](mailto:info@discoverweightloss.co.nz)  
[www.discoverweightloss.co.nz](http://www.discoverweightloss.co.nz)

## Hamish Sillars – Otolaryngologist

Hamish is an otologist, neurotologist and lateral skull base surgeon.

In the public hospital he remains involved uniquely in otologic surgery, managing local cases as well as those referred from colleagues from other health boards when additional skills, knowledge and operative techniques are required to adequately resolve their complex disorders.

On a private basis Hamish engages in a similar scope of otologic practice but also sees paediatric patients, and those with disorders of the nose, the nasal airway and sinuses as well as dealing with a wide range of general ENT disorders.

### His interests also include:

- disorders of the ear canal including surfer's ear and chronic infections
- chronic disease of the ear drum, the middle ear and the mastoid
- surgery of the lateral skull base and acoustic neuromas
- surgical management of disorders of balance
- paediatric and general ENT
- nose and sinus surgery

### Surfer's Ear "Exostoses"

Hamish welcomes referrals for patients with suspected surfer's ear / exostoses.

Surfer's ear is the common name given to the formation of bony lumps within the ear canals. These happen most commonly in surfers because it's repeated cold-water immersion that stimulates their growth, early on offering few symptoms but as they progress allowing at times prolonged trapping of water and then, generally at a later point, infections. Management is aimed at trying to prevent their progression, treating deteriorations simply where possible but not uncommonly eventually having to consider a surgical remedy.

Hamish is a Southern Cross Affiliated Provider for the Otolaryngology (Ear, nose & throat) category.

### Appointments at Gillies Hospital Specialist Suites:

Ph: (09) 925 4060, Fax: (09) 631 1962  
EDI: [hsillars](mailto:hsillars)

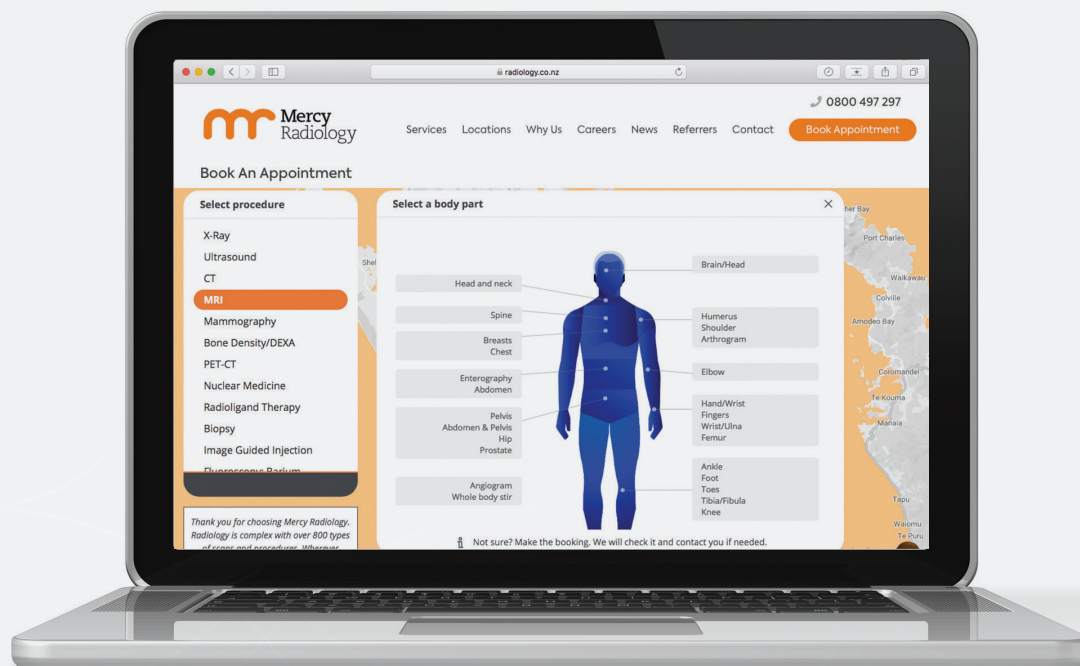


If you are interested in profiling yourself and your services please email: [info@healthpoint.co.nz](mailto:info@healthpoint.co.nz) or phone (09) 630 0828

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)



# Fast track your patient's journey with our new **online referrer portal...**



**You can now book MRIs, CTs, X-rays mammograms and some ultrasounds without needing to pick up the phone.**

*PET-CT coming soon!*

In just a few simple clicks, you can see what times are available for your patients, book them in and know that the report will be sent to you within 48 hours of their scan.\*

**The portal displays everything you need in one place:** all your patients' appointments and status plus easy access to reports and documentation.

\*business days

Please email [info@radiology.co.nz](mailto:info@radiology.co.nz) or call **09 630 3324** to set up your online referrer portal.

## It's as easy as...

- 1** Visit **[radiology.co.nz](http://radiology.co.nz)** and click **Book Appointment**
- 2** Schedule your patient's appointment and location (12 sites across Auckland)
- 3** An appointment confirmation is emailed + an online link for your fast-tracked radiology report when complete

**We see  
you clearly**

**[radiology.co.nz](http://radiology.co.nz)**

**Mercy  
Radiology**



A partnership between MercyAscot and Southern Cross Hospitals

*Driving Excellence*

## One in 18 New Zealanders will develop bowel cancer in their lifetime



Radiation therapy provides effective treatment and management of rectal and anal canal cancers and metastatic bowel cancer.

World class ARO radiation oncologists work closely with other specialists to create and deliver customised treatment plans for each patient

- Dr Ruth Angell
- Dr Anthony Falkov
- Dr Susan Brooks
- Dr Louis Lao
- Dr John Childs
- Dr Maria Pearce

Typically combined with chemotherapy and/or surgery

- Aims to down stage the cancer pre-operatively and reduce recurrence pre and post-operatively

State of the art image guided radiation VMAT technology:

- Accurate delivery of the treatment plan
- Minimal radiation to normal tissues
- Fewer reactions and side effects
- Exceptional individualised patient care

*"All staff were friendly and respectful. It all made for a very pleasant experience and far different than what I was expecting."*

**Bowel cancer patient**



\* Patient Survey January 2020

To receive a copy of the ARO Patient Pathway  
email: [info@aro.co.nz](mailto:info@aro.co.nz)

[www.aro.co.nz](http://www.aro.co.nz)

ph: 09 623 6046



## ZACHARY MOAVENI

Plastic, Reconstructive & Aesthetic Surgeon MB ChB FRACS

### Mr Zachary Moaveni – Plastic, Reconstructive & Hand Surgeon

Zachary is a consultant plastic & reconstructive surgeon at Middlemore, Kidz First, and Starship Children's Hospitals in Auckland.

He has previously served as the Clinical Head of Plastic Surgery and Supervisor of Advanced Surgical Training in Plastic Surgery at Waikato Hospital.

Zac prides himself on practicing and teaching at the cutting edge of plastic surgery and building a respectful and sincere rapport with his patients.

He is a gifted, warm, and compassionate surgeon who has firmly established himself as one of New Zealand's leading names in plastic surgery.

#### Skill set:

- skin cancer & melanoma
- hand surgery
- septo-rhinoplasty (aesthetic, functional, ACC trauma)
- facial aesthetic surgery
- ACC reconstructive surgery
- paediatric plastic surgery
- pectus excavatum and carinatum correction
- facial palsy

Dr Moaveni and his nursing team are committed to offering a professional yet relaxed experience along with the very best possible surgical care.

#### Appointments at 6 Vincent Avenue, Remuera:

Ph: (09) 520 3940, Fax: (09) 520 3956

Email: [reception@plasticsurgeon.co.nz](mailto:reception@plasticsurgeon.co.nz)

[www.zacharymoaveni.co.nz](http://www.zacharymoaveni.co.nz)

EDI: plasclin



### Dr Michael Klaassen – Plastic Surgeon

Dr Michael Klaassen FRACS has been a practising plastic surgeon since 1990.

His special surgical interest these days is aesthetic facial reconstruction after skin cancer excision. He has also in the last year championed the modern necklifting techniques of Dr Daniel Labbé from France.

This novel approach is based on new concepts in applied anatomy of the ageing neck and the results have been impressive. Molding of ear deformations in babies and toddlers is also a special interest developed over the last decade and intralesional cryotherapy for the difficult and recalcitrant keloid scars, is another technique with which he has significant experience.

#### For appointments in Remuera, Hamilton and Whakatane:

Ph: 0800 444 054

Email: [mklaassen@extra.co.nz](mailto:mklaassen@extra.co.nz)

Healthlink EDI: anglepro



### Katherine Sowden Gynaecologist

Katherine Sowden is a highly respected professional in her field and currently leads the gynaecology services for Counties Manukau Health. Katherine has been a consultant gynaecologist at Counties Manukau Health since 2004 and was appointed Clinical Lead for Gynaecology in 2014.

She is also currently the departmental lead for non-tertiary gynaecological oncology where she is particularly interested in the management of premalignant gynaecological conditions.

Katherine provides a wide range of general gynaecology services including:

- colposcopy
- vulvoscopy
- hysteroscopy
- laparoscopy
- and open gynaecological surgery.

#### Appointments at Ormiston Specialist Centre:

Ph: (09) 271 3305, Fax: (09) 277 0769

EDI: ormspecc, Email: [reception@ormistonspecialists.co.nz](mailto:reception@ormistonspecialists.co.nz)



### DR AMIN ROBERTS

#### PAEDIATRIC GASTROENTEROLOGIST

### Amin Roberts - Paediatric Gastroenterologist

Dr Roberts is a graduate of the University of Auckland School of Medicine and completed most of his post-graduate Paediatric training in the Auckland region. He did some of his specialist training Starship Children's Hospital in Auckland, and then a couple of years further training in Paediatric Gastroenterology and Intestinal Rehabilitation at SickKids Hospital in Toronto, Canada.

He currently holds a public appointment at Starship Hospital as a Consultant Paediatric Gastroenterologist, where apart from working in a clinical setting he is actively involved in multiple local, national and international research projects around various aspects of paediatric gastroenterology & intestinal rehabilitation.

Specialty interests: Paediatric endoscopy (gastroscopy & colonoscopy), Abdominal pain, Intestinal rehabilitation, Nutrition, Inflammatory Bowel Disease, Liver disease, Gastro-oesophageal reflux, Eosinophilic oesophagitis, Coeliac disease, Constipation, Chronic diarrhoea, Irritable bowel syndrome, Altered bowel habits, Vomiting.

Amin is a Southern Cross Affiliated Provider

#### Appointments at Auckland Medical Specialists in Epsom

##### For appointments and enquiries:

Ph: (09) 638-9945 Fax : (09) 638-9947

Email: [referrals@aucklandmed.co.nz](mailto:referrals@aucklandmed.co.nz)

[www.aucklandmedspecialists.co.nz](http://www.aucklandmedspecialists.co.nz)

Healthlink EDI: akmdspec





# Dr Zaid Matti

MBChB, PgDipMSM Otago, PgDipSurgAnat Otago  
FAFMM Fellow of Australasian Faculty of Musculoskeletal Medicine

## Musculoskeletal Medicine Specialist

Dr Zaid Matti is a specialist in musculoskeletal medicine. He has a particular interest in regenerative medicine and pain management. His practice focuses on ultrasound-guided Platelet Rich Plasma (PRP) injections/steroids combined with multidisciplinary rehabilitation.

Zaid is passionate about the principle of regenerative musculoskeletal medicine. This evolving field utilises cellular therapies called orthobiologics combined with precise delivery into musculoskeletal tissue under the guidance of ultrasound or X-Ray. He is a member of Interventional Orthobiologics Foundation IOF, a leading organisation in this field. He is an active participant in the world-leading conferences in that field.

He lectured in many international meetings about the principle and use of platelet rich plasma PRP as a cellular therapy for musculoskeletal conditions. Zaid is an advocate for promoting ethical research, marketing, and clinical application of orthobiologics. He is an active member of the Orthobiologics Ethics Consortium.

Dr Matti's other clinical interests include: interventions in pain management, point of care ultrasound, acute and chronic musculoskeletal problems in adults, particularly **low back pain, hip pain, knee pain and shoulder pain.**

Email: [admin@mskdoc.co.nz](mailto:admin@mskdoc.co.nz)  
Phone: (09) 478 9111  
Fax: (09) 888 2111  
[www.mskdoc.co.nz](http://www.mskdoc.co.nz)



**Marua Medical Centre**  
229 Marua Road  
Mount Wellington  
Auckland 1051

**NZ Musculoskeletal & Regenerative Medicine Centre**  
101L Apollo Drive  
Rosedale  
North Shore Auckland 0632

Referral can be made by:  
Email to [admin@mskdoc.co.nz](mailto:admin@mskdoc.co.nz)  
or Fax (09) 888 2111 or electronically

