

A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato, Lakes and BoP regions

April 2019

HEALTHPOINT NEWS

www.healthpoint.co.nz



Did you know 40% of organisations have experienced an interruption in the last five years?

Healthpoint have launched ResilienceTec for small to medium sized organisations including general practices to build their own personalised emergency response plan.

When it comes to successfully getting to grips with a cyberattack, dealing with loss of telecommunications or power, a supply chain failure or coping with a natural disaster, prevention is everything. ResilienceTec is a simple, affordable and effective way to build capability across your entire organisation, de-risking your business and helping you to recover faster.

What happens when disaster strikes? Would your patients' data be protected? How should your business best prepare? Our platform enables you to answer these questions and develop your own business continuity plan. No need to hire a consultant or spend large sums. Instead, ResilienceTec's cloud-based software will support your business throughout its entire life cycle to build your own emergency response plan from the ground up.

In just four hours (that's the length of just two coffee meetings), ResilienceTec will have your business planned and protected.

The reason business continuity planning is so important? Good planning enables you to think about chaos and disruption and create a plan of action that eliminates the panic.

Once set up, the technology does all the heavy lifting, delivering a flexible planning tool that moves with your business, offering the support and certainty of a long-term plan and ongoing customer support. It's also really easy to update and lets your team know exactly what to do before, during, and after a crisis. All your mission-critical information, contacts and recovery plans will be safely stored in the cloud to be accessed anytime, from anywhere.

Secure your business. Recover faster... whatever the disaster.

Email info@resiliencetec.com or Ph: (09) 630 0828 for further information

WAITEMATA DHB NEWS

Waitemata DHB Primary Care Connections Evening – focusing on Radiology Services



The next Waitemata DHB Primary Care Connections evening is taking place on 23 May 2019 from 6.30pm - 9.00pm. The event will take place at Whenua Pupuke, North Shore Hospital. The evening will have a radiology focus including discussion on primary care radiology referrals; soft tissue lumps, gynaecology imaging and head and neck lumps.

The Primary Care Connections evenings are part of a series of events aimed at building clinical engagement and improved connectedness between general practitioners, practice nurses and hospital specialists. Waitemata DHB organises a number of these forums each year, and content is developed based on feedback received from previous attendees and PHO representatives.

The event qualifies for Continuing Medical Education (CME) points and nurses will be provided with attendance certificates for their portfolios.

The evening on 23 May will consist of a series of short presentations by subject specialists from the Waitemata DHB Radiology Service, with opportunity for discussion and questions throughout the evening.

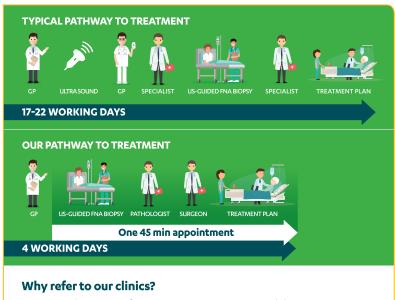
To register your interest in attending, or if you have any queries about the event, please email Keryn Bradley: keryn.bradley@ waitematadhb.govt.nz. Please note registrations need to be received no later than Tuesday 14th May 2019.

We look forward to continuing to build closer relationships between primary and secondary care health professionals through this programme.

- Antenatal Classes Pregnancy and Parenting Education page now contains information about the teen pregnancy and parenting courses run by the Ohana Young Parent Unit in Glen Eden.
- Primary Care page new downloads added: presentations from the ADHB Youth Health Services Open Evening held on February 28th 2019.

Healthpoint does not endorse or adopt the information or materials provided by any of the service providers which Healthpoint publishes, or otherwise includes, in or with this newsletter. Healthpoint accepts no responsibility or liability for any errors, omissions, offers or details in any such information or materials.





Accurate diagnosis of your patients' worrying neck lump in one visit:



Days to treatment plan



One 45-minute appointment



A multi-disciplinary team at every appointment



Comprehensive diagnostic service



Improved outcomes

A Southern Cross Affiliated Provider service

When to urgently refer to us?1

- Neck Lump increasing in size; or
- Neck Lump greater than 2 cm in size; or
- Neck Lump present for more than 3 weeks that has changed; or
- Neck Lump present for 6 weeks or more; or
- Widespread lymphadenopathy > 2cm; or
- ★ B symptoms: night sweats, generalised itch, weight loss, fever

1. Adapted from 'Guidelines for the Management of Neck Lumps', Pan-Birmingham Cancer Network 2010

Three convenient locations

EPSOM

98 Mountain Road

TAKAPUNA

2 Fred Thomas Drive

MAIRANGI BAY

Northcare, 5 Home Place

To refer directly to us:

E info@ahns.co.nz EDI aklheadn P 09 630 2920 F 09 630 2923 M 02245 02245

For more information visit **mercyascot.co.nz**



Our results so far²

2. As at February 28, 2019



neck lump patients assessed



99% of patients given diagnosis following assessment



49% discharged with reassurance after a single appointment

Our diagnosis



10% cancer diagnosis





Amber Moazzam - Plastic Surgeon

Amber Moazzam is a plastic reconstructive surgeon working in both private and public sectors. He has been practicing as a specialist plastic surgeon for over 16 years following his specialist training completed in the UK.

His areas of subspecialty interests include:

- breast surgery
- hand surgery
- burn reconstructive surgery
- skin cancer surgery

He currently works as a senior consultant in the Department of Plastic Surgery in Middlemore Hospital and the National Burn Centre managing acute and elective plastic surgery cases as well as major burn cases from all around the country. He has a keen interest in teaching and research.

His private commitments are at Marina Specialists clinic and Ormiston Hospital.

For appointments at Marina Specialists Ph: (09) 534 4040, Fax: (09) 537 0147 Healthlink EDI: marinasp



The Turning Point

Supporting people who have reached the 'turning point' of their lives and want to begin a life free of substance abuse.

At The Turning Point we believe in using a holistic person centered approach to support our guests on their recovery journey.

The recovery framework of our organisation is underpinned by the 12 step programme of Alcoholics Anonymous/Narcotics Anonymous which provides positive networking and social and community support.

Our programme and daily schedule reflect the importance of a healthy balance of the physical, psychological, cultural, spiritual and family connections of our guests.

Our friendly team consists of staff in recovery themselves, peer support workers, AOD practitioners and an on call doctor and registered nurse.

The Turning Point has two facilities, one in Auckland and the Te Hauora I Roto estate in Nelson. Both facilities offer a safe, comfortable space to be nurtured and supported back to health and well-being while being empowered to develop positive behavioural changes.

For appointments and enquiries: Ph: 0800 863 3869

Email: info@theturningpoint.co.nz www.theturningpoint.co.nz







David McCormack | Heart Surgeon | Hamilton

David McCormack is a consultant cardiothoracic surgeon at the Waikato Cardiothoracic Unit & honorary senior lecturer at The University of Auckland with a DAVID McCORMACK HEART SURGEON

clinical interest and expertise in complex aortic surgery.

DAVID

He is skilled in the management of ischaemic heart disease, heart valve surgery and active in the generation and utilisation of technology to advance surgical practice, healthcare delivery and innovate research.

Your patient will be seen by Mr McCormack for specialist assessment and management of symptoms. He will work in collaboration with all health professionals involved in your patient's care keeping you informed of the outcome and plan.

Appointments at: **Braemar Hospital** Ohaupo Road, Hamilton Ph: 027 SURGEON (027 787 4366) Referral letters to: care@heartsurgeon.co.nz www.heartsurgeon.co.nz







New Cardiologist at Waitemata Cardiology - Dr Nicola Edwards

Nicky is a general cardiologist with a specialist interest in heart imaging, specifically MRI and echocardiography. She has an interest in heart valve disease and is actively involved in research particularly looking at the effects of other diseases such as kidney disease on the heart.





She is UK trained; qualified in 1999, completing general training until 2003 and then cardiology training until 2014. This time included a one-year Cardiac Imaging Fellowship here in Auckland, two years as a clinical lecturer at the University of Birmingham and three years of dedicated research with heart imaging techniques (leading to the award of British Cardiac Society Young Investigator of the Year in 2009) and a PhD from the University of Birmingham (UK) in 2011. She worked as a cardiologist for three years in one of the UK's largest hospitals before emigrating to NZ with her family in July 2018.

For appointments in Milford: Ph: (09) 918 1666, Fax: (09) 523 6890 Healthlink EDI: waitcard Email: consult@wcardio.co.nz www.wcardio.co.nz



MRI CT**Ultrasound Fluoroscopy** **XRay Nuclear Medicine** SPECT CT Interventional

Dr. Quentin Reeves • Dr. Andrew Clarke • Dr. Adam Worthington • Dr. Lucinda Boyer • Dr. Richard Gee • Dr. Francessa Wilson • Dr. Kevin Chan • Dr. Ushan De Silva • Dr. Lorna Que

SRG Radiology is an experienced Southern Cross Affiliated radiology provider offering high quality Diagnostic and Interventional radiology services with on site fellowship trained radiologists for rapid turn around times for reports.

Full Time Radiologist - We have full time radiologists at our Greenlane or Manukau sites from Monday to Friday. Please call us on the referrer hotline if you would like to discuss a report with them.

Referrer Hotline - For referrers, we offer a referrer hotline which allows priority calls to reception and MRI staff for bookings. To use the referrer hotline, please call us on 0800 774 9729 extension 1.

Latest Imaging Technology - We use the latest in imaging technology, including a state of the art 3 Tesla MRI at both our Greenlane and Cavendish sites.

Rapid Report Turnaround - Rapid turnaround for routine cases and immediate reporting for urgent cases.

Online Image Access - We offer our referrers online image access through the InteleViewer and IntelePortal software.

IT Support - If you would like a member of our IT team to come and assist you and your practice with the set up of InteleViewer or InteleConnect, please contact our IT team at it@srgmri.co.nz, or phone us on 0800 774 9729 extension 6.

Our Locations

Greenlane











Level 2/3, 95 Ascot Avenue, Greenlane Open Monday - Friday

Manukau













175 Cavendish Drive, Manukau Open Monday - Friday

Pukekohe



149 Manukau Road, Pukekohe Open 7 Days



GE Discovery SPECT / CT at our Greenlane clinic

www.srgmri.co.nz

For more information, please call us on 0800 774 9729

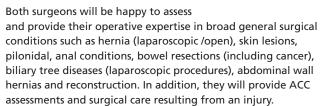


Auckland General Surgeons – Mr Li Hsee & Mr Ashish Taneja

Mr Li Hsee and Mr Ashish Taneja, consultant general surgeons with specialist surgical appointments at Auckland City Hospital, also consult in private.

Mr Hsee obtained his FRACS in 2006 and completed a fellowship in Toronto, Canada. He has been appointed as a consultant surgeon since 2009 and is currently the Clinical Director of General Surgery at Auckland City Hospital.

Mr Taneja graduated from the University of Auckland Medical School in 2006 and received his FRACS in 2012. Following this, he completed a MD by thesis and surgical fellowship in Sydney. He returned to Auckland City Hospital in 2017.



For appointments at Gilgit Specialist Centre:

Ph: (09) 623 7503 EDI: acklsurg

Email: info@aucklandgeneralsurgeons.co.nz www.aucklandgeneralsurgeons.co.nz

Dr Michael Herd – General Paediatrician

Michael Herd is a general paediatrician, who consults at Marina Specialists on alternate Saturday mornings.

Michael's work includes outpatient clinics at Marina Specialists and general paediatric locums in hospitals around New Zealand. He has many interests including allergies, eczema, and neurological conditions including headaches, seizures, or developmental concerns. He often sees children needing assessment of their attention and behaviour.



Michael's medical training was at the Dunedin School of Medicine, graduating MBChB in 1999. His paediatric specialist training was at Starship, Kidz First (Middlemore) and Waitakere hospitals. Michael has been a consultant general paediatrician at Waitakere Hospital and at Starship Children's Hospital.

Michael is happy to see babies from birth, infants, children and adolescents up to about 15 years of age.

For appointments:

Ph: (09) 534 4040, Fax: (09) 537 0147

EDI: marinasp









Auckland ENT Group

Your care is important to us, our team is committed to maintaining the highest level of precision whilst you go through your treatment journey.



- Dr Jacqui Allen, MBChB FRACS
- Dr Michelle Wong MBChB, FRACS
- Dr David Flint MBChB, FRACS

Auckland ENT Group is a "one-stop shop" for ear, nose and throat specialist service.

Dr Jacqui Allen, Dr Michelle Wong, and Dr David Flint cover all aspects of the ear, nose and throat. With our three locations in Greenlane, Silverdale and Pukekohe we make it easy for your patients to be seen quickly and efficiently. Our experienced surgeons, speech language therapist, audiologist, ear nurse and friendly staff are here to help your patients.

As a group practice Auckland ENT Group offers:

- Comprehensive ear, nose and throat care
- Easy, centralised phone number and email to contact
- Fax number and email address for referrals
- Mandarin and Cantonese speaking nurse
- Management of voice and swallowing disorders
- Neuro-otology: tinnitus and balance disorders
- Simple and complex otology management
- Paediatric and general ear, nose & throat
- Head and neck care
- Sinus disease management
- SX Affiliated / ACC Accredited

Unique services:

- In-office transnasal oesophagoscopy
- In-office KTP laser laryngology procedures
- In-office bronchoscopy
- On-site audiology hearing aids and care
- On-site speech therapy
- Multidisciplinary cough clinic

For appointments at any one of our clinics: Ph: (09) 522 2226, Fax: (09) 522 2224 EDI: aentg4dr Email: info@aucklandent.co.nz

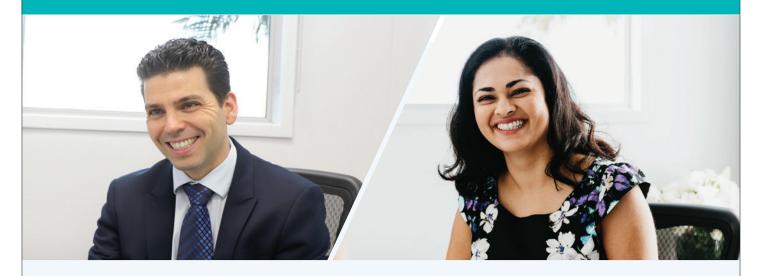
Email: info@aucklandent.co.n www.aucklandent.co.nz



A partnership with Southern Cross Hospitals

Our Specialist team is expanding

We are pleased to introduce you to two new specialists joining our growing team of experienced colorectal, upper-gastrointestinal laparoscopic surgeons and physicians working together at Southern Cross Hospital North Harbour.



// Dr Marius van Rijnsoever Gastroenterologist / Endoscopist

Dr van Rijnsoever specialises in a range of gastroenterological conditions including inflammatory bowel, irritable bowel, liver, biliary, pancreatic, gastric and intestinal disorders. He is experienced in minimally invasive endoscopic procedures including gastroscopy, colonoscopy and endoscopic ultrasound.

// Dr Ratna Pandey Gastroenterologist / Endoscopist

Dr Pandey has an interest in a wide variety of upper and lower gastrointestinal conditions, including reflux, Coeliac disease, inflammatory bowel disease, functional Gl disorders as well as the treatment of colonic polyps and surveillance. She is an experienced diagnostic and therapeutic endoscopist and actively involved in training and teaching future doctors as an Honorary Senior Clinical Lecturer at the University of Auckland.

Urgent appointments available

For Clinic appointments Contact Waitemata Gastroenterology $/\!\!/ P(09)$ 920 6746 For Endoscopy appointments Contact Waitemata Endoscopy $/\!\!/ P(09)$ 925 4449



From left to right: Mr Mike Hulme-Moir, Dr Ali Jafer, Dr Stephen Burmeister, Dr John Perry, Mr Siraj Rajaratnam, Mr John Jarvis, Dr Ratna Pandey, Mr Andrew Herd, Mr Michael Booth, Dr Russell Walmsley, Dr Eva Juhasz, Dr Marius van Rijnsoever.

Breadth & depth of service

Our team

The specialist team is made up of experienced colorectal, upper-gastrointestinal laparoscopic surgeons and physicians. Together, they bring a combination of clinical knowledge and advanced international training with both private and public healthcare experience. Patients can access a wide range of services backed by the resources of a fully equipped hospital, with full confidence in the safety, and depth of capability involved.

Mr Mike Hulme-Moir

Colorectal and General Surgeon / Endoscopist

Dr Ali Jafer

Gastroenterologist / Endoscopist

Dr Stephen Burmeister

Gastroenterologist / Endoscopist

Dr John Perry

Gastroenterologist / Endoscopist

Mr Siraj Rajaratnam

Colorectal and General Surgeon / Endoscopist

Mr John Jarvis

Colorectal and General Surgeon / Endoscopist

Dr Ratna Pandey

Gastroenterologist / Endoscopist

Mr Andrew Herd

Colorectal and General Surgeon / Endoscopist

Mr Michael Booth

Upper GI and Bariatric Surgeon / Endoscopist

Dr Russell Walmsley

Gastroenterologist / Endoscopist

Dr Eva Juhasz

Colorectal, Breast and General Surgeon / Endoscopist

Dr Marius van Rijnsoever

Gastroenterologist / Endoscopist



For more information, contact us on:

% P (09) 925 4449 % F (09) 925 4450 % E admin@waitemataendoscopy.co.nz % W waitemataendoscopy.co.nz



Dr Hamish Cameron – Oral & Maxillofacial Surgeon

Hamish attended the University of Otago, graduating in 2003 BDS with Credit. He completed a year as a dental house officer in Dunedin before joining Defence.



In the Regular Force Hamish was commissioned to captain, serving at Devonport, Waiouru and Whenuapai for almost 4 years as a dental officer. In 2009 Hamish returned to Dunedin to undertake the conjoint MDS/MBChB programme. During these five years he trained in oral and maxillofacial surgery and completed medicine, graduating in 2013 MDS with Distinction, MBChB.

Hamish completed his research thesis on "Prophylactic Third Molar Removal in NZDF Personnel" and has a particular interest in third molars, dental implants and soft tissue lesions.

As an oral surgeon Hamish provides exodontia services from simple extractions to impacted third molar removal and full clearances, biopsies and removal of lesions, pre-prosthetic grafting procedures, tori removal, dental implant therapy and apicectomies.

For appointments at Westlake Dental Specialists, Shea Terrace:

Ph: (09) 489 2745, Fax: (09) 489 2746

Healthlink EDI: wdsltaka Email: reception@molar.co.nz

www.molar.co.nz

Dr Vanessa Blair – General & Breast Surgeon

Dr Vanessa Blair, MBChB, FRACS, PhD., is a New Zealand trained general surgeon raised in Northland with specific interests in oncoplastic breast surgery, skin cancer surgery and endoscopy.

Services include:

- Breast assessment and surgery including high risk clinic and genetic testing.
- hernia and gallbladder surgery
- abdominal disorders including gastroscopy and colonoscopy
- skin cancer management and surgery
- neck lump and thyroid assessment and surgery.

Private practice: Vinery Lane Surgery (Whangarei and Kerikeri); St Marks Breast Centre (Auckland).

Public practice: Acute surgery at Auckland City Hospital; Surgeon Lead, BreastScreen Central Auckland.

Her PhD was in hereditary cancer genetics of breast and gastric cancer. She has published in international academic journals and presents at national and international conferences.

Dr Vanessa Blair is a Southern Cross Affiliated Provider.

For appointments at:

Vinery Lane, Whangarei

Ph: (09) 438 7477, Fax: (09) 438 7478

EDI: smdunnpt

St Marks Breast Centre, Auckland Ph: (09) 520 0389, Fax: (09) 520 0589

EDI: stmrksbc

Waitemata Specialist Centre Single location for multidisciplinary care

We are a private group practice comprising 18 consultants offering a broad range of speciality expertise to support all your patient needs. All our specialists also hold a public appointment which ensures ongoing peer support and access to multidisciplinary meeting discussions for complex patients.

We are North Shore based but easily accessed from all areas of Auckland with the convenience of free parking available for our patients. Clinics also available in Henderson, Westgate, Silverdale, Rodney and now New Lynn.

Urgent appointments available for all specialities. We are Southern Cross Affiliated Providers.

WAITEMATA surgeons



Areas of speciality include:

Surgical:

- Bariatric
- Colorectal including all malignancy
- Gallbladder
- Hernia repair laparoscopic & open
- Reflux disease
- Melanoma / skin cancer
- Thyroid / endocrine
- Upper gastrointestinal malignancy
- Urology

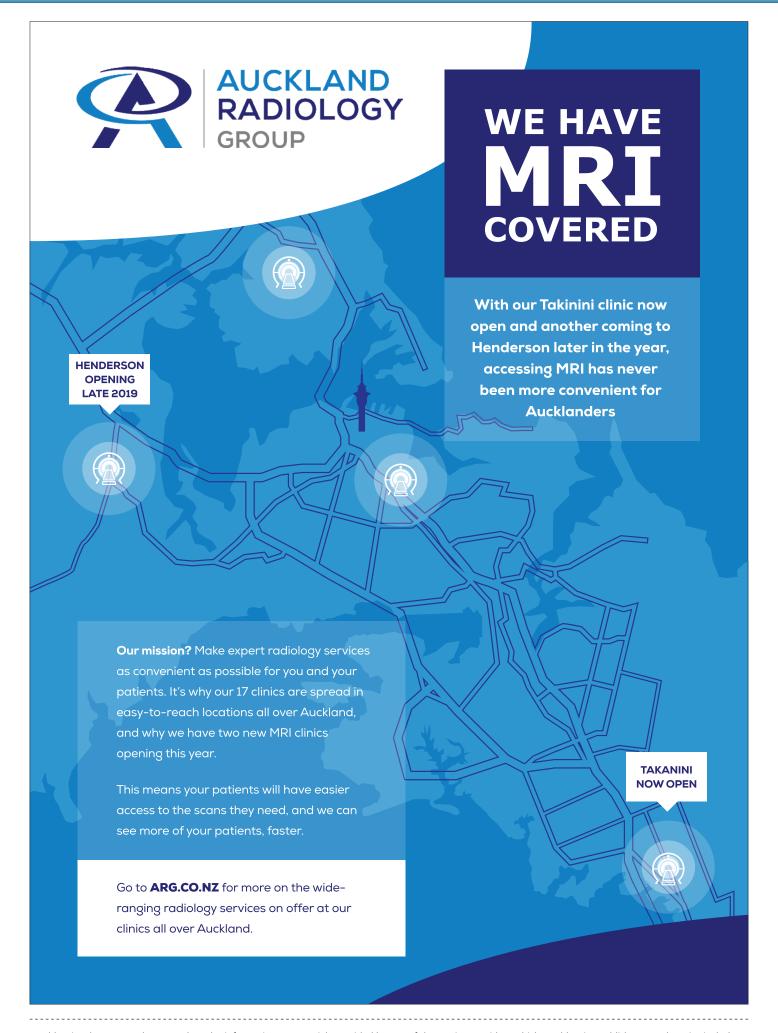
Internal Medicine:

- Allergy / immunology
- Endocrinology/diabetes
- Gastroenterology
- Haematology
- Oral medicine
- Respiratory

All referrals accepted by Healthlink Ph: (09) 441 2750, Fax (09) 441 2759

EDI: waitemas

Email: consult@wsurg.co.nz





A partnership between MercyAscot and Southern Cross Hospitals

Driving Excellence

New Zealand's first private radiation oncology centre



At ARO, patient care is the priority. The team strive to provide the X factor to drive excellence.

Their radiation oncologists regularly participate in public and private Multidisciplinary Meetings. They understand how to work with other specialists so treatment is absolutely aligned.

ARO are the first to implement many world-class technologies into New Zealand, providing access to some of the most advanced treatment and patient care internationally.

"ARO is fabulous!! I am treated like a person and not a cancer number.
The staff are super friendly and professional."

ARO Patient Survey 2019



To receive a copy of the ARO Patient Pathway email: info@aro.co.nz

www.aro.co.nz





We take extra care to make sure having an Ultrasound or X-ray is as easy as taking a photograph.

Horizon Radiology offers a wide range of diagnostic imaging services including general, musculoskeletal, vascular and pregnancy scans, ultrasound guided steroid injections and x-rays.

Our 15 clinics are located around the greater Auckland area. Each of our clinics has patient car parking and we offer a modern and friendly environment for your patients to relax in. Given our large geographical spread we are sure to have a clinic that is in a convenient location for your patients. Clinic locations include:

Lunn Avenue

Watford St (Otara)

Sylvia Park

Smales Farm Northmed Botany New Lynn Henderson

New Lynn Dawson Rd (Otara)
Henderson Manurewa
Ponsonby Mangere
Queen Street Manukau

Pukekohe

Images and reports are accessible to our referrers Online. This enables fast, secure and easy access for medical professionals.

Medical Practitioners can now send radiology orders electronically via HealthLinks CareSelect Service to us. For more information, please visit our website: https://www.horizonradiology.co.nz/referrers

Referrers Contacts
Ph: 0508 397 7377
Fax: 0800 511 204
www.horizonradiology.co.nz











It's clean, precise and proven

At Intra (formerly Mercy Angiography) we work with you to diagnose and intervene on conditions related to cardiology, oncology, urology, gynaecology and much more.

We use minimally invasive, image-guided techniques to work inside the body through a catheter. This means safer procedures with quicker and easier recovery.

- · 2 locations, North Harbour and Epsom
- · 30+ specialists
- · Established in 1990
- · Most procedures covered by private health insurance.

For leading image-guided healthcare refer to Intra specialists.

"Every aspect of the experience was fantastic. I cannot praise Intra highly enough."

Patient survey 2019

intracare.co.nz

P +64 9 630 1961 E: admin@intracare.co.nz







