

info matters



A newsletter to Medical Specialists and GPs throughout the Northland, Auckland, Waikato and BoP regions

May 2018

HEALTHPOINT NEWS

Sexual Harm Services

A new helpline called Safe to talk He pai ki te kōrero is now available nationwide to provide 24/7 access to free and confidential information and support to people affected by sexual harm in any way.

Safe to talk enables people to get advice and support from trained specialists and to be connected to support services in their community. This is the first time people affected by sexual harm have been able to seek help anonymously at any time from one central place.

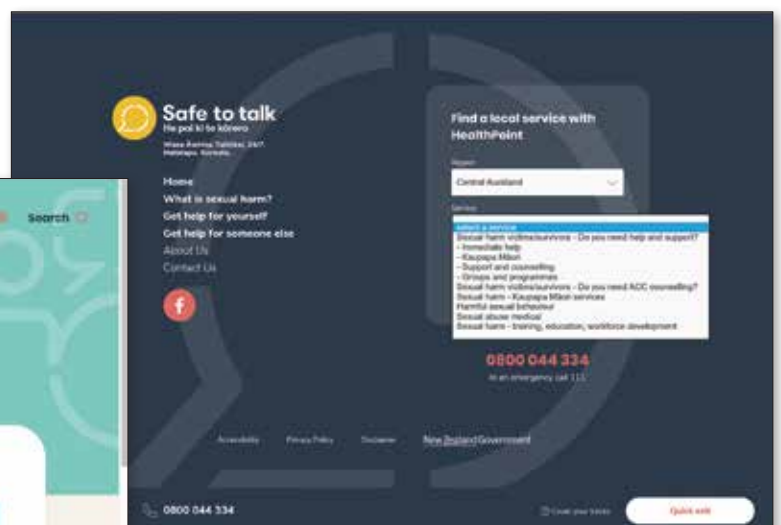
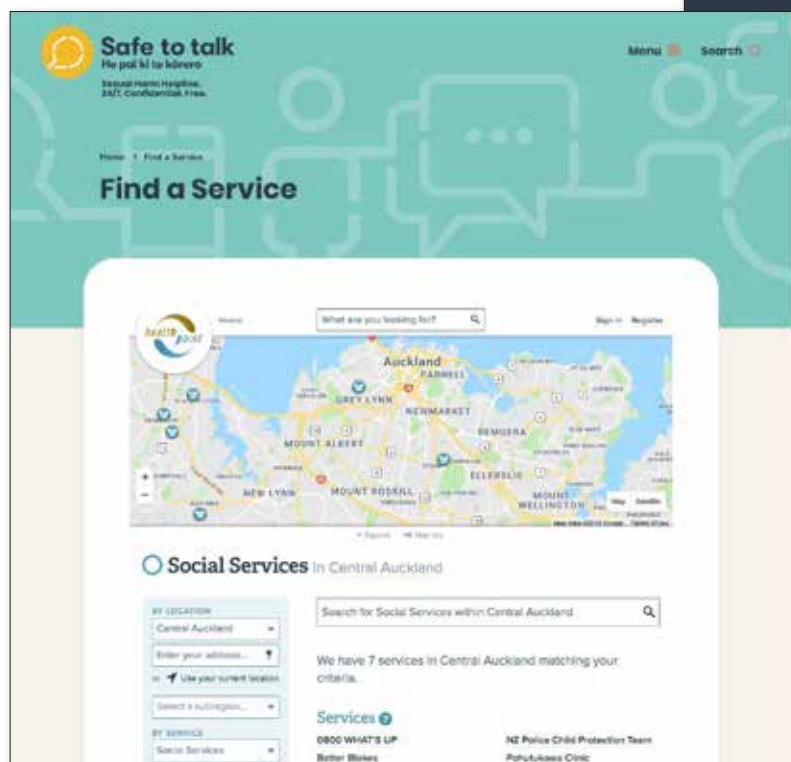
The Safe to talk helpline was rolled out nationally on 16 April 2018 after being trialled in Canterbury.

Safe to talk is available for free 24 hours a day, seven days a week by:

- Calling: 0800 044 334
- Texting: 4334
- Emailing: support@safetotalk.nz
- Live webchat on www.safetotalk.nz which also has a range of resources and information about sexual harm.

Safe to talk has been set up as part of the Government's commitment to better support people affected by sexual harm and to prevent sexual harm by ensuring more people get the help they need at the right time (Ref: 1).

Healthpoint is proud to support this initiative by building the underlying database and providing crucial, specific service information through easy access and a simple structure. Part of Healthpoint's quality assurance process is ensuring the profiled services review and update their information regularly.



(Ref: 1) www.msd.govt.nz

To view go to: www.healthpoint.co.nz

www.healthpoint.co.nz

Arjun Sugumaran - Gastroenterologist

Dr Arjun Sugumaran is a specialist gastroenterologist in the Northland DHB. He also consults privately at the Northland Surgical and Endoscopy rooms, endoscopies are performed in Kensington Hospital.

Qualified in core medicine and gastroenterology, he has done fellowship in Hepatology/ERCP in the UK followed by Interventional Endoscopy fellowship in Auckland. He specialises in diagnostic and interventional endoscopy, and his particular field of interest is in inflammatory bowel disease. He is keen to improve quality in healthcare and works closely as part of a multi-disciplinary team to deliver proficient GI care to patients closer to home.

He is happy to be consulted for any gastro or liver concern.

Appointments via Northland Surgical and Endoscopy,
78 Western Hills Drive, Whangarei 0112
Ph: (09) 437 3875, Fax: (09) 437 3877
E-mail: Rachel@asugumaransurgery.com
Healthlink EDI: sandleng



Assisting New Zealanders with Addiction and Mental Health Issues in Moving Towards a Future They Value.



We provide a collaborative treatment pathway focused on the whole person. Our multidisciplinary team of psychiatrist, psychologist, psych therapist, & registered nursing team, ensure the delivery of effective evidence-informed behavioural health treatment to meet each individual guests clinical needs.

Our personal trainer, yoga practitioner, massage therapist etc. assist in the development of positive health behaviours to support general wellbeing. We know that keeping our guests at the centre of our service delivery ensures best treatment outcomes.

We provide effective behavioural health treatment for:

- Addiction
- Depression
- Anxiety Spectrum
- Trauma
- Stress

Capri Sanctuary is a modern, premium facility. Everything required to ensure our guests' privacy, comfort, and personal growth, has been considered in our development. All our facility rooms are appointed and maintained to a very high standard. Our well-equipped corporate style gymnasium, sauna, massage room, spa and outdoor pools are available for our guests' wellbeing and enjoyment.

Contact details:

42 Walters Road, Karaka.
Ph: (09) 298 8833 or 0800 227 741, Fax (09) 292 7509
Email: info@caprisanctuary.co.nz
Website: www.caprisanctuary.co.nz

OSTEOPOROSIS Risk Assessment & Management

Auckland Bone Density has been serving doctors and patients since 1994.



We provide:

- Bone density scans and reports.
- Reports generated by experienced endocrinologists and suggested management plans are included.
- Endocrinologists available for advice.
- Body composition analysis available.

Endocrinologists:

- Assoc Prof Andrew Grey
- Dr Brandon Orr-Walker
- Prof Ian Holdaway
- Prof Warwick Bagg
- Dr Steven Miller
- Dr Zaven Panossian (Associate)
- Dr Carl Peters (Associate)

For appointments at:
Albany, Takapuna, Epsom, Botany and Henderson:

Ph: (09) 623 2301, Fax: (09) 623 2302
Healthlink EDI: akldbone
Email: admin@bonedensity.co.nz
Website: www.bonedensity.co.nz



Harbour Cancer Centre Redefining the Patient Experience

At Harbour Cancer Centre we believe that cancer patients deserve personalised empathetic care and treatment every step of the way. Together with our expert team of specialist oncologists, our experienced and supportive nursing team are here to ensure that the patient journey is stress-free, prioritising quality of life while delivering the best available therapies. We are setting a new standard of care, combining cutting-edge innovation with excellence in service delivery.

Harbour is a full-service oncology centre on Auckland's North Shore, conveniently located at Southern Cross Hospital North Harbour.

Appointments at Southern Cross North Harbour, Wairau Road.

Ph: (09) 925 4444, Fax: (09) 925 4496
Email: info@harbourcancer.co.nz
Website: www.harbourcancer.co.nz



HARBOUR
CANCER CENTRE

www.healthpoint.co.nz

Trevor Gray & Mo Ziaei – Re:Vision - Anterior Segment Eye Specialists

re:VISION
Anterior Segment Specialists

'Re:Vision Anterior Segment Specialists' is the culmination of a dream for Trevor Gray, Eye Institute's previous lead ophthalmologist - he's just established a new eye clinic & surgery centre located 50m from the Sylvia Park off-ramp. Re:Vision is a re-imagining of how exceptional, personalised & friendly eye care can be delivered. Think cornea, laser vision correction, red eye, cataract, pterygium, dry eye, corneal foreign body, allergy etc. Let Trevor, his fellow gifted surgeon Dr Mo Ziaei and the Re:Vision team go the extra mile for you and your patients.



Trevor Gray



Dr Mo Ziaei

Trevor and his Re:Vision team also find time to donate their skills, providing pro bono cataract surgery to needy patients across NZ who have been denied access to publicly funded surgery, under ARCH's charitable umbrella. It's simply Re:Vision's way of making excellence in eye care available to all those who need it.

Re:Vision Anterior Segment Specialists
6c Pacific Rise, Mount Wellington,
Auckland 1060

PO Box 132 337, Sylvia Park, Auckland 1644

Free: 0800 55 2020, Ph: (09) 222 2020

Fax: (09) 222 2021

Email: reception@re.vision.nz

Healthlink EDI: revision

Website: www.re.vision.nz

We remain Affiliated Providers for cataract surgery and anterior segment/ocular surface/dry eye consultations with Southern Cross Health Care, ACC and all other health insurance providers in NZ.



Michael Boland – The Hand Institute

The Hand Institute team of Michael Boland, Hand, Wrist and Elbow Surgeon, hand therapists and staff has moved to new premises. The Hand Institute, initially set up in 2011, combines our surgeon and hand therapists in one location to provide an integrated approach to the management of all hand conditions.



Combining our skills allows patients and referring physicians prompt early access and integrated care for all hand conditions, from the most basic to the most complicated.

Mr Boland, qualified FRACS (Orthopaedics) in 1996, then had 12 years' training and experience in Australia and the USA respectively. He is best described as a general surgeon of all systems which affect function from the elbow to the hand including: nerve, tendon and vascular injury and dysfunction, Dupuytren's and trigger finger and problems with bone and joint. Our team of hand therapists manage all the non-operative treatment of all these conditions.

Our new contact details are:

5 Home Place, Northcare Building, Rosedale, Auckland

Ph: (09) 445 2668, Fax: (09) 443 3436

Email: info@handsurgeon.co.nz

Coeliac New Zealand Medical Plenary Session



An estimated 65,000 Kiwis have coeliac disease and the prevalence is doubling every 15 years. Both genetic and environmental factors play a part – causing fatigue, diarrhoea, abdominal pain, headaches, reflux, bloating, weight loss or other significant medical complications. Patients with CD are 3x more likely to develop other autoimmune diseases such as type 1 diabetes and thyroid disease, osteoporosis and malignancies such as lymphoma. Hear from medical experts about the latest research.

Coeliac New Zealand Medical Plenary Session

Saturday June 23rd

Auckland Sky City Convention Centre

Tickets \$50+gst (9am -12pm, including gluten free refreshments)
www.coeliac.org.nz/health-professionals/conference

Dr Andrew Cho - Transoral Robotic Surgery, Head and Neck and ENT Surgeon



Andrew is a head and neck, ENT surgeon who specialised in transoral robot surgery and reconstructive surgery in cancer care. Andrew speaks fluent Cantonese and has a nurse that speaks both Cantonese and Mandarin.

Prior to being a specialist in Auckland in 2013, he held a consultant position in Australia. Andrew graduated from Otago University in 1999. After completing his surgical training, Andrew completed a Paediatric Otolaryngology Fellowship at Starship Hospital in New Zealand. He then moved to California and was accepted for the highly esteemed American Head and Neck Society Head and Neck Oncological and Microvascular Reconstructive Fellowship. He also undertook a comprehensive Fellowship in Facial Plastic Surgery in Brazil.

He consults at satellite clinics throughout Auckland private practice as well as publicly at Middlemore Hospital. Andrew is available for urgent appointments.

Dr.Cho及同事，不仅对常规ENT (ear, nose, throat)，耳（如听力），鼻（如鼻窦炎急性鼻窦炎反复发作、鼻鼾症）和咽炎（如声音沙哑、久咳不愈）提供全面的诊断治疗；同时对头颈癌症提供专业的评估诊断，治疗方案及病情管理，包括扁桃体癌、皮肤癌清除术，甲状腺癌。

接受本周内紧急预约。

Appointments at:

Central: Gillies Hospital, 160 Gillies Avenue, Epsom.

East: Crawford Specialist Centre, 12 Picton Street, Howick.

West: Westgate Medical Centre, Fernhill Drive, Massey.

North: North Harbour Southern Cross Hospital,
232 Wairau Road, Glenfield.

Ph: (09) 320 0472, 0508 476 268, Fax: (09) 320 0473

Email: drcho@tors.co.nz

Healthlink EDI: entrobot

If you are interested in profiling
yourself and your services please
email: info@healthpoint.co.nz
or phone (09) 630 0828

Sandhya Pillai – General and Oncoplastic Breast Surgeon

Sandhya is a New Zealand trained and experienced surgeon providing specialist assessment and treatment of breast and general surgical conditions. She has established Shorewest, a new private care option for patients in the North Shore and Waitakere. She also consults at Auckland Breast Centre.

Sandhya holds public appointments at Auckland City and Middlemore hospitals and is a recipient of awards for research (Nates Myers Prize) and General Surgery (John McCall Prize).

Surgical services provided:

Breast Surgery

- Breast symptom assessment & treatment
- Breast cancer surgery
- Family history risk assessment

Oncoplastic Breast Surgery

- Mammoplasty
- Implant reconstruction
- Flap reconstruction with plastics

General Surgery

- General surgical symptom assessment & treatment
- Laparoscopic surgery
- Abdominal pain, hernias, gallbladder surgery, appendicectomy
- Skin lesions, lipomas, pilonidal disease, ingrown toenails

Southern Cross and NIB accredited practitioner.

Saturdays and urgent consultations available.

Contact details at Shorewest:

Ph: (09) 520 9518, Fax: (09) 520 7647

Email: bookings@shorewest.co.nz

Healthlink EDI: shorewst

3 convenient clinic locations: The Doctors Fred Thomas Takapuna, Northcare Accident and Medical in Rosedale & Henderson Medical Centre in West Auckland.



Rajesh Patel – Northland Breast, Endocrine, Melanoma and General Surgeon

Raj Patel is a New Zealand trained general surgeon, who has sub-specialist training in breast cancer (oncoplastic), melanoma and endocrine surgical diseases (thyroid and parathyroid).

Raj has spent two and half years overseas to obtain specialist fellowship training. He spent time in Canada (Endocrine Surgery) and Australia (Breast and Melanoma), and brings these expert skills back home to NZ.

Raj is also competent in ultrasound guided thyroid fine needle aspiration, obtaining a qualification from ASUM and has performed over 200 of these procedures.

Raj also sees and treats other general surgical disease, including inguinal and umbilical hernia, lipoma, ingrown toe nails, gallbladder surgery and other skin cancers (SCC and BCC).

Southern Cross Affiliated Provider.

Urgent appointment availability.

Appointments at :

**Northland Surgical & Endoscopy,
78 Western Hills Drive, Whangarei**

Ph: (09) 437 3875, Fax: (09) 437 3877

Email: rajesh@rajeshpatelsurgery.co.nz

Website: www.rajeshpatelsurgery.co.nz

Healthlink EDI: sandleng



Minimally Invasive Varicose Vein Treatments

The introduction of minimally invasive techniques for the management of axial superficial reflux has dramatically changed the clinical management of varicose veins. Early adoption of these techniques has been largely driven by physician and patient preferences.

The most effective treatments are those that provide the most patient benefits including minimal post-operative discomfort, rapid return to usual activities, a low rate of recurrence, and the greatest long-term gain in quality of life.

The available data suggest that all of the minimally invasive procedures, including EVLA, RFA, and UGFS, are clinically effective alternatives to HL/S. Although differences in QALYs between the procedures are small, they do marginally favour the less invasive modalities over surgery. The technical results of UGFS are inferior to those of the thermal techniques, but it does have the advantage of being minimally invasive, inexpensive, and well-tolerated. Although retreatment is associated with patient inconvenience, UGFS is likely the most cost-effective treatment option for patients with limited funds.

A well-informed patient will be able to choose the modality that best suits their needs.

(EVLA endovenous laser ablation, RFA radiofrequency ablation, UGFS ultrasound guided foam sclerotherapy, HL/S high ligation/stripping).

Ph: (09) 410 0990, Fax: (09) 410 0993

Healthlink EDI: vein2las

Website: www.veinandlaser.co.nz

Email: info@veinandlaser.co.nz



Dr Nicholas Child – Neurologist

Nicholas Child is a New Zealand trained neurologist who completed three years of fellowship training in general neurology and epilepsy at the Mayo Clinic Minnesota, USA. On returning to Auckland in 2015 he joined the Department of Neurology at Auckland City Hospital and became the clinical lead for stroke at Waitemata DHB.

Neurology North Shore is a new private service established by Nicholas at Medplus in Takapuna which now provides the first option for patients locally on the North Shore.

Nicholas is a Southern Cross Healthcare affiliated provider.

Ph: (09) 489 2011, Fax: (09) 282 4741

Healthlink E-referrals: Nicholas Child at NVIA limited

Email: neurologynorthshore@gmail.com



www.healthpoint.co.nz





NZ RESPIRATORY & SLEEP INSTITUTE

The New Zealand Respiratory and Sleep Institute (NZRSI) opened in Greenlane in 2009. We undertake respiratory & sleep consultations in adults and paediatrics. We also undertake lung function testing and sleep studies (at home and in-lab) and are involved in undertaking clinical research studies.

In July we launched our first satellite clinic on the Northcare site, in an attempt to provide easier access to patients from the North Shore and Waitakere areas.

We have three consultants who run their clinics out of Northcare: Dr Andrew Veale, Dr Megan Cornere and Dr Alex Chapman.

In addition to this, in October 2017 we opened a lung function laboratory on the site, which runs alongside our consultant clinics.

Appointments at:

Northcare, 5 Home Place, Rosedale

Ascot Office Park, 93-95 Ascot Avenue, Greenlane

Ph: (09) 638 5255, Fax: (09) 638 6022

Email: referrals@nzrsi.health.nz

Website: www.nzrsi.co.nz

Healthlink EDI: auckphys



Practice 92

PRACTICE 92 LIMITED has moved to 1 St Albans Avenue, Mt Eden, which is just off Dominion Road.

All our contact details remain the same.

The new premises have 6 consulting rooms and a separate waiting area for patients/clients.

Most of our psychiatrists are Affiliated Providers with Southern Cross.

We are pleased to announce three new practitioners:

- **Dr Sidhesh Phaldessai**
– Adult & Older Age Consultant Psychiatrist
- **Dr Isabelle Miclette**
– Adolescent, Adult & Older Age Clinical Psychologist
- **Glenn Lucini**
– Child & Adolescent & Family Clinical Psychologist

All their profiles are on our website: practice92.co.nz

Contact us at:

1 St Albans Avenue, Mt Eden.

Tel: (09) 638 9804, Fax: (09) 638 9814

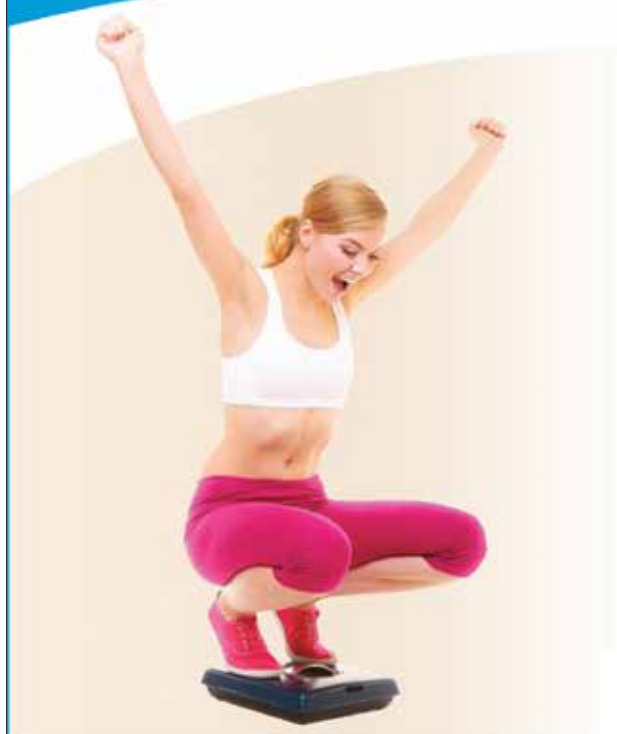
Email: admin@practice92.co.nz



Ormiston Weight Loss Service (OWLS)



Ormiston Hospital



Ormiston Weight Loss Service (OWLS)

OWLS offers the community a surgical choice and clinical support to assist people taking ownership of their health and moving forward to a greater place of wellness.

Bariatric Surgery assists in weight loss and may be recommended as a last resort when diet, exercise and medication have not been successful, and if obesity related conditions such as heart disease, asthma, high blood pressure, sleep apnoea and type II diabetes have worsened, among other problems.

The aim of the surgery is to reduce the food-holding capacity of the stomach

so the patient has a feeling of fullness after eating very little. Without hunger pangs, the person tends to lose interest in overeating and is more likely to stick to a low-kilojoule diet.

When patients choose OWLS for their surgery, they choose the most experienced surgeons and are cared for in Ormiston Hospital located in south/east Auckland.

The team at Ormiston offers a multidisciplinary approach leading up to and following surgery. We are dedicated to offering our patients a complete and comprehensive service with the best level of care through their journey to improved health.

**Contact us today on 09 926 5821
or email owls@ormistonhospital.co.nz**

You can follow us on Facebook

125 Ormiston Road, Flat Bush, Auckland 2019



www.ormistonhospital.co.nz

Waitemata Specialist Centre – single location for multi-disciplinary care

We are a private group practice comprising 18 consultants offering a broad range of specialty expertise to support all your patient needs.

All our specialists also hold a public appointment which ensures ongoing peer support and access to multi-disciplinary meeting discussions for complex patients.

We are North Shore based but easily accessed from all areas of Auckland with the convenience of free parking available for our patients. Clinics also available in Henderson, Westgate, Silverdale and Rodney.

Urgent appointments available for all specialties. We are Southern Cross Affiliated Providers.

Areas of specialty include:

Surgical:

- Bariatric
- Colorectal – including all malignancy
- Gallbladder
- Hernia repair – laparoscopic & open
- Reflux disease
- Melanoma/Skin Cancer
- Thyroid/Endocrine
- Upper Gastrointestinal Malignancy
- Urology

Internal Medicine:

- Allergy/Immunology
- Endocrinology/Diabetes
- Gastroenterology
- Haematology
- Oral Medicine
- Respiratory



All referrals accepted by Healthlink EDI: waitemas
Ph: (09) 441 2750, Fax: (09) 441 2759
Email: consult@wsurg.co.nz



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Northland

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- Kensington Ave, Whangarei
- Reyburn St, Whangarei

Auckland

- East Coast Rd, Northcross
- Apollo Drive, Rosedale
- Shakespeare Rd, Milford

- Ponsonby Rd, Ponsonby
- Lincoln Rd, Henderson
- Line Rd, Glenn Innes
- Station Rd, Otahuhu

- Ormiston Hospital, Botany Junction
- Browns Road, Manurewa
- Walters Rd, Takanini Shopping Centre

To make a booking or for more information contact us on: **09 487 2555** or visit our website: **www.trgimaging.co.nz**



Helping you and your family make sense of inherited cancer

Awahi Whanau Mate-puku-puku

The New Zealand Family Cancer Service® is a team of health professionals who provide genetic and medical care, supporting New Zealanders and their families who may be concerned about their personal or family history of cancer.



New Zealand Family Cancer Service® will be launching soon. Please keep an eye on www.familycancer.co.nz for more info.



New North Shore orthopaedic centre

Southern Cross Hospitals has teamed up with a group of orthopaedic surgeons in a joint venture to build a state-of-the-art day stay hospital in Milford on Auckland's North Shore. The new facility will meet rising demand for high quality care in the area.

Construction on the three-storey building that will house North Shore Surgical Centre will start during April 2018, on a site across the road from North Shore Hospital.

The joint venture day stay hospital will have 3 operating theatres, run by 30 staff, and focus on performing keyhole orthopaedic operations, using the latest techniques and equipment. The new centre is currently expected to be operating by mid-2019.

Southern Cross Hospitals Chief Operating Officer Tau Loon Ho says the centre shows Southern Cross Hospitals' commitment to the North Shore community. *"We are delighted to partner with this group of surgeons to create a new facility for the people of the North Shore, offering high quality surgeries to hundreds of people every year,"* he says.

"This new hospital will complement the range of specialties offered by our North Harbour campus".

The North Shore has the fastest growing population in New Zealand and its population is also ageing. With joint problems common among those over 50 years old, residents will have less distance to attend the care centre, a benefit emphasised by orthopaedic surgeon Tony Danesh-Clough.



For more on Southern Cross Hospitals, visit www.southerncrosshospitals.co.nz • Southern Cross Hospitals Limited, Level 10, AMP Centre, 29 Customs Street West, Auckland 1010.



**MERCY
ANGIOGRAPHY**

Image Guided Healthcare

TAVI - A Revolution in the Treatment of Aortic Stenosis

AORTIC STENOSIS is a serious health condition, which previously required open heart surgery to replace the affected valve. The two-year-mortality of patients with severe symptomatic aortic stenosis is 50% without valve replacement.

There has been remarkable progress in the treatment of aortic stenosis using Transcatheter Aortic Valve Implantation (TAVI).

TAVI is:

- Conducted percutaneously (typically via a catheter from the groin)
- Usually performed under local anaesthesia resulting in much shorter recovery time
- Less risky for intermediate and high risk patients with lower mortality and stroke rates compared with surgical aortic valve replacement

The Transcatheter Aortic Valve



On delivery system



Deployed by balloon expansion

The process to refer patients for TAVI is easy:

- General Practitioners are advised to refer patients with aortic stenosis to a cardiologist for assessment
- Specialists can refer patients to the Mercy Angiography Heart Team which consists of an interventional cardiologist, a cardiothoracic surgeon and an anaesthetist
- The Heart Team will assess the patients' suitability for TAVI and review against health insurance criteria
- Post-TAVI the Heart Team will discuss management of the patient with the referring specialist

Most health insurance companies will reimburse TAVI for intermediate and high risk patients if agreed criteria are met.

For referrals please contact the Mercy Angiography Heart Team;

- John Ormiston
- Jim Stewart
- Indran Ramanathan

at Mercy Angiography (soon to be rebranded as **Intra**)
phone: **09 630 1961** or email: **admin@mercyangiography.co.nz**

Deployment of the Transcatheter Aortic Valve



Passage of the new valve around the aorta



Crossing the native valve with the valve



Valve deployed by balloon expansion



Balloon removed

1st Floor, Mercy Hospital, 98 Mountain Road
Epsom, Auckland, New Zealand

www.mercyangiography.co.nz

HORIZON RADIOLOGY



We take extra care to make sure having an Ultrasound or X-ray is as easy as taking a photograph.

Horizon Radiology offers a wide range of diagnostic imaging services including general, musculoskeletal, vascular and pregnancy scans, ultrasound guided steroid injections and x-rays.

Our 15 clinics are located around the greater Auckland area. Each of our clinics has patient car parking and we offer a modern and friendly environment for your patients to relax in. Given our large geographical spread we are sure to have a clinic that is in a convenient location for your patients. Clinic locations include:

Smales Farm	Lunn Avenue
Northmed	Sylvia Park
Botany	Bairds Rd (Otara)
New Lynn	Dawson Rd (Otara)
Henderson	Manurewa
Ponsonby	Mangere
Queen Street	Manukau
Pukekohe	

Images and reports are accessible to our referrers Online. This enables fast, secure and easy access for medical professionals. You can apply for access by emailing: pacsadmin@horizonradiology.co.nz. Or Online via our website:

<http://referrer.horizonradiology.co.nz/Inteleconnect>

Referrers Contacts
Ph: 0508 397 7377
Fax: 0800 511 204
www.horizonradiology.co.nz





WAITEMATA
ENDOSCOPY

A partnership with Southern Cross Hospitals

Celebrating 10 years

Providing the most comprehensive private endoscopy services
to the Shore, North and West.

Waitemata Endoscopy is a purpose built private endoscopy suite offering access to a group of surgeons and gastroenterologists working together at Southern Cross Hospital North Harbour. We offer diagnostic and therapeutic gastroscopy/colonoscopy and accept direct GP referrals, either to the group, or to an individual specialist.



For selected services only

Endoscopic Ultrasound (EUS)

Adding to our comprehensive services

We are excited to announce that Waitemata Endoscopy now also offer Endoscopic Ultrasound services, performed by Dr Russell Walmsley, commencing April 2018.

Dr Walmsley introduced this procedure to New Zealand in 2003 and is the most experienced Endoscopic Ultrasound practitioner in the country.

Our recently renovated private endoscopy theatres at Northern Clinic Southern Cross North Harbour are equipped with the latest EUS technology from Olympus and on-site cytology support will be provided by Auckland Anatomical Pathology team, led by Dr Mee Ling Yeong.



From left to right: Mr Mike Hulme-Moir, Dr Ali Jafer, Dr Stephen Burmeister, Dr John Perry, Mr Siraj Rajaratnam, Mr John Jarvis, Dr Ratna Pandey, Mr Andrew Herd, Mr Michael Booth, Dr Russell Walmsley, Dr Eva Juhasz.

Our specialist team

The specialist team is made up of experienced colorectal, upper-gastrointestinal laparoscopic surgeons and physicians. Together, they bring a combination of clinical knowledge and advanced international training with both private and public healthcare experience. Patients can access a wide range of services backed by the resources of a fully equipped hospital, with full confidence in the safety, and depth of capability involved.

For more information, contact us on:

P (09) 925 4449 // **F** (09) 925 4450 // **E** admin@waitemataendoscopy.co.nz // **W** waitemataendoscopy.co.nz

Auckland DHB

May 8 - New Clinical Decision Unit to open at Auckland City Hospital

Auckland District Health Board have just finished building a new 24 bed Clinical Decision Unit (CDU) at Auckland City Hospital, which is set to open 8 May 2018. This unit sits alongside our Adult Emergency Department on the second floor of the hospital.

The CDU replaces the existing APU (Assessment and Planning Unit) which will now be used for Short Stay Inpatient (SSIP).

Specialist teams will assess if patients, who arrive at our hospital through the Emergency Department or via their GP, can be discharged home or need to be admitted for care.

Referrals

The acute referral process remains the same for GPs.

Please contact the appropriate specialty registrar or SMO through the GP line 307 2800 to arrange acute assessment and address the referral letter to that service. If you are unable to get hold of the specialty registrar, please send a letter addressed to the relevant specialty registrar. These patients will then be seen by the appropriate specialty in CDU, expediting their care.

If patients are sent to the Emergency Department rather than to the appropriate service, they are likely to face a longer delay before being seen.

More information

We will be sending out further updates – including links to the new CDU Healthpoint page - in the coming weeks via Medinz.

A tour of the new CDU will be possible at the conclusion of the ADHB Primary Care Connections Forum - Orthopaedic Update meeting between 7 – 9pm on the 22nd May 2018.



Counties Manukau Health

Send Bone Density Scan (Dexa) Referrals to Older People's Health at CM Health

When referring a patient for a Bone Density scan (DEXA), please use the "Older People's Health" e-referral form regardless of age, and select "Bone Service".

Please do not use the Radiology e-referral form or the Endocrinology e-referral form, as this may result in a decline of your referral or necessitates redirection of your referral at the hospital end, both of which result in delays for the patient.

The information on the e-referrals forms is being updated, and once this change is live, you will be directed to use the Older People's Health form for DEXA referrals. Please see the Auckland Regional HealthPathway **Bone Density Scan (DEXA)** for information on referral criteria and information required on your referral.

Requests for telephone advice from dermatology specialists at Middlemore Hospital

The CM Health Dermatology Service is pleased to help with acute advice via the on-call dermatology phone accessed via Middlemore Hospital switchboard. The dermatologists ask for your consideration prior to calling for non-acute advice.

There are excellent resources for non-acute dermatology advice including **Dermnet** and **BPAC**. In addition, the Auckland Regional HealthPathways for dermatology are in the process of being developed and when rolled-out, will provide local guidance for common skin problems. Using the on-call advice facility thoughtfully will help the dermatology team manage limited resources efficiently.

New platform Medinz to replace e-update for primary care

A new primary care communications platform is being launched by Counties Manukau Health to make it easier for GPs, pharmacists and urgent care centres to receive timely and accurate information.

The platform, known as Medinz, has been developed in conjunction with Healthpoint to ensure it is easy-to-use and responsive to your needs.

You will soon be invited to register free-of-charge to receive critical, urgent and routine information from Counties Manukau Health that will assist you in the care of your patients. Labtests and Auckland Regional Public Health Service (ARPHS) will also be publishing information on Medinz, with other publishers expected to follow soon.

We're in the process of transitioning to the platform. We will go live with Medinz in early May. We will update you once we've completely moved to this platform and discontinue the e-update.



Waitemata DHB

Medinz – now an Auckland metro wide communication tool

Medinz, a new primary care communications platform, was first launched by Waitemata DHB last year. Medinz provides a mechanism for general practices, pharmacists and urgent care centres to receive clinically relevant but not patient-specific communications from the DHB, Labtests, the Auckland Regional Public Health Service (ARPHS) and PHOs. Auckland DHB also launched Medinz late last year, and it is being implemented by Counties Manukau DHB this month. Medinz is free for recipients to use.

Medinz was developed with Healthpoint Ltd in association with Waitemata DHB and a range of other stakeholders including PHOs, Labtests, ARPHS and Patient Management System (PMS) vendors. It is the first time we have a platform that enables us to communicate across the entire Auckland metro network. Medinz is now our preferred channel for all primary care communication, and it will be the way the DHB distributes information in the event of an emergency.

Messages are prioritised as critical, urgent or routine and are sent according to user channel preference (e.g. email or SMS (text)). Routine messages will still be available through PHOs as business as usual but will also be available via Medinz.

Medinz is available to all staff, and we encourage you to invite all staff in your organisation to be registered. This will ensure consistent, timely communication across the whole primary care sector. Each general practice, pharmacy and urgent care centre on Medinz has access to a reporting tab to check that the members of their organisation have seen a message.

Each published message has a point of contact and this enables two-way communication between the publisher and the recipient. Recipients can rate messages as a form of quality control to ensure only useful and relevant communications are sent.

If you have any queries or would like to register to use Medinz please contact Rhonda Dames at Healthpoint: Rhonda@healthpoint.co.nz.



Northland DHB

Northland DHB is supporting all GP practices and all community pharmacies throughout their region to have an 'in-depth' profile on Healthpoint.

Having this information available to people within the Northland region enables them to better understand the professional services general practice and pharmacy offer, who is involved and how and when to best access their services.

So far there are 43 GP practices profiled and 143 GPs throughout the Northland region.

There are 34 community pharmacies profiled which is 100% of the pharmacies in Northland.

Of the GP practices and pharmacies profiled less than 50% have a 'comprehensive' profile setup yet it is a very easy process to include the professional services each provide. This includes adult and child medical care, minor accident care, minor surgery, repeat prescriptions, cervical screening, well child checks etc for general practice and dispensing, LTC service, ECP, specialised wound care, immunisations etc for community pharmacy.

Healthpoint would like to help you embellish your service profile. Please call Dora on 09 630 0828 or email info@healthpoint.co.nz for assistance.

