

info matters



A newsletter to Medical Specialists and GPs throughout the Auckland, Hamilton and Northland regions

July 2015

Healthpoint News

EmePoint, helping medical specialists and medical specialist services build emergency plans.



EmePoint, the latest product from Healthpoint is a proven emergency planning tool specifically for organisations who don't have in-house capability to develop their own emergency plans.

EmePoint produces a plan which makes your business more resilient and able to respond to, and recover from, any critical situation. It will also tick the box for any compliance you need to adhere to. This could be contractual, legislative or quality accreditation. Any DHB contract has emergency planning clauses meaning that you need a current robust plan in place.

Emergency planning is the process that you go through to protect your business. It comprises:

- Risk Identification
- Response Planning, and
- Business Continuity Planning.

EmePoint leads you through this process removing the need for expensive consultants. The expertise you need is embedded in the tool, e.g. of planning ideas, auto duplication of information and the smart presentation of information which will help minimise confusion in chaotic response situations.

Currently 2,500 medical centres across Australasia use Healthpoint emergency planning tools, and Healthpoint is the appointed national provider of emergency planning to Australian general practice.

The tool is brilliant and easy to use. It has really brought to light the absolute necessity of having an emergency recovery system in place. I should have done this a long time ago.

Tania Iskra, The Clinic Altona, VIC, Australia

I have been using the cloud emergency planning tool from Healthpoint since 2010. It made planning for a large practice extremely easy with hints tips and advice all the way through the tool. We have used the tool against our compliance for our quality accreditation as well as against our DHB contract.

I would happily recommend the Healthpoint emergency planning tool to any business needing to create robust emergency plans quickly and easily.

Dale Shepherd, Business Manager at Pakuranga MC

Sign up for a free trial at www.emepoint.com to see how EmePoint can help your business to become more resilient, or contact Andy on (09) 630 0828 or (0272) 287 911.

To view go to: www.healthpoint.co.nz

www.healthpoint.co.nz



Dr Catherine Han – Medical Oncologist

Catherine Han is a NZ trained medical oncologist who offers the highest standard of individualised oncological care for patients with a variety of malignancies. She is also a senior clinical research fellow at Auckland Cancer Society Research Centre, University of Auckland.

Catherine's special interests include:

- gastro-intestinal cancer
- breast cancer
- brain cancer
- ocular melanoma
- personalised cancer treatments
- cancer molecular profiling and genomics.

She has recently joined the dedicated team at Oncology 161 on Gillies Ave, Epsom. She is available on Mondays and Thursdays. Urgent appointments are available.

For appointments and enquires:

Ph: (09) 623 2161, Fax: (09) 623 4161, Mobile: 021 383 212

**Email: Practice – oncology@onesixone.co.nz
Personal – han.oncology@gmail.com**

www.oncology161.com

161 Gillies Avenue, Epsom, Auckland 1023



Dr Maggie Chapman-Ow – Gastroenterologist

New Zealand's leading gastroenterology and hepatology group practice is pleased to welcome Maggie.

She is an Auckland trained gastroenterologist and endoscopist with expertise in managing a wide range of gastrointestinal and liver problems. In addition to consulting at Auckland Gastroenterology Associates, she performs diagnostic and therapeutic gastroscopy and colonoscopy at MercyAscot.

She is also a consultant gastroenterologist at Auckland City Hospital and a senior lecturer in medicine at Auckland University. Her special interests are:

- irritable bowel syndrome
- dyspepsia/reflux
- inflammatory bowel disease
- colon cancer screening
- liver diseases.

Our other consultants are:

- Dr Rachael Bergman
- Assoc Prof Alan Fraser
- Dr Tim King
- Assoc Prof Mark Lane
- Dr Philip Wong.

For appointments and enquiries please contact Auckland Gastroenterology Associates on:

**Ph: (09) 630 1838, Fax: (09) 630 8589, www.aucklandgastro.co.nz
EDI: akgastr**



Dr John Chaplin – Head and Neck Surgeon

John has a new location - Mauranui Clinic, 86 Great South Road, a brand new state-of-the-art specialist centre. The clinic offers a one-stop point of assessment for thyroid nodules and neck lumps with ultrasound, FNA biopsy and upper airway endoscopy. CT scanning will also be available in the very near future. This unique service ensures that patients are comprehensively worked up after one appointment. Management can be planned without delay. There is also an in house minor operating theatre for skin cancer surgery including Southermn Cross affiliated provider cases.

Dr John M Chaplin, FRACS Head and Neck Surgeon Suite 12, Mauranui Clinic 86 Great South Road Epsom 1051 Auckland, New Zealand

**edi headnnnek, P +649 6311948, F +649 6308167, M +6427 2970971,
Email: John@thyroid.co.nz, Website: www.thyroid.co.nz**



Mr Adam Greenbaum – Plastic Surgeon

Adam is a consultant plastic and reconstructive surgeon consulting and operating at the specialist rooms



in Pukekohe Family Health Care and in central Auckland at Quay Park Surgical Centre and the Columba Day Surgery Unit at MercyAscot Integrated Hospital.

Adam trained and worked as a consultant in the UK at three South London teaching hospitals before he emigrated. He now lives in Hamilton and his GP referral base spans the area between Cambridge and Auckland.

Adam offers general plastic and reconstructive surgery with special interests in:

- skin oncology (skin assessments, dermoscopy, photography and surgery)
- reconstructive surgery
- hand surgery (Dupuytren's disease, carpal tunnel, etc)
- botox and facial fillers for non-surgical rejuvenation
- chemical peels to remove xanthelasma
- facial surgery
- breast surgery – with particular experience in secondary revision of breast augmentation to make augmented breasts look natural - breast reduction and breast lift surgery
- body contouring, liposuction and tummy tuck surgery.

Adam has been a Southern Cross Affiliated Provider for several years and deals with all insurance companies but does not currently have a contract for ACC care.

Before immigrating to New Zealand, he had a successful Harley Street private practice revolving around aesthetic surgery and medicine; skin cancer treatment; breast augmentation and surgery for skin excess after drastic weight loss.

He approaches his patients' care holistically and tailors treatment alone and in combination to achieve each patient's goal. He talks to and tries to educate his patients in order to empower them to make informed decisions about their care.

If you feel Adam can be of help, please contact Jaqui or Michele on: (09) 237 0280

www.aestheticbodycentre.com



www.healthpoint.co.nz





101 Remuera Road
212 Wairau Road

Latest Technology MRI Scanning

Auckland Radiology Group is delighted to announce the installation of the latest technology 1.5T MRI scanners at our two MRI clinics at 101 Remuera Road and 212 Wairau Road.

These new scanners are designed to increase patient comfort with industry leading wide bores (70cm) significantly reducing claustrophobia and allowing more positioning options.

The advances in clinical applications include:

- a marked improvement in overall image quality
- new metal artefact reduction techniques
- cartilage mapping
- contrast and non-contrast MRI angiography
- advanced dynamic contrast of the prostate.

Referrals can be emailed directly to our appointments team at bookings@akradiology.co.nz

Ph: (09) 529 4850 (Remuera)

Ph: (09) 442 2963 (Wairau Road)

Dr Nick McIvor – Head and Neck Surgeon

Nick is one of New Zealand's most experienced head & neck surgeons and has been an integral member of the multidisciplinary team at Auckland City Hospital for 20 years. His expertise includes the resection and complex reconstruction of tumours.

He has particular expertise in thyroid and parathyroid disorders, employing his own ultrasound with needle biopsy in the workup.

Nick's other interest is nasal obstruction surgery including ACC nasal reconstruction (rhinoplasty).

Please Ph: (09) 488 7349, 17 Shea Tce, Takapuna, Auckland and 160 Gillies Ave, Epsom



Dr Nigel Patton – Consultant Haematologist

Dr Nigel Patton is able to offer a comprehensive range of parenteral chemotherapy options for the private treatment of patients with a wide range of haematological malignancies.

Treatment will be provided in a modern day care delivery suite by a highly qualified multidisciplinary team of doctors, nurses and pharmacists.

Nigel is also a senior clinical haematologist at the Cancer and Blood Directorate at Auckland City Hospital where he is lead clinician of the tertiary level adult Bone Marrow Transplant Program at Auckland DHB.

For appointments and enquiries at One Health Accident and Medical Care, 122 Remuera Rd, Auckland:

Ph (09) 522 2800, Fax (09) 522 2616, Mob 021 240 9390

www.thebloodoctor.co.nz

Email: nigel.patton@thebloodoctor.co.nz



Mr Chris Holdaway - Hamilton Vascular, Endovascular & Varicose Vein Surgeon

Chris has expanded the services that he offers to include vascular check-ups for those patients who are currently asymptomatic but who are:

1. elderly but in good health
2. middle aged but who have one of the following risk factors:
 - diabetes
 - dyslipidaemia (abnormal cholesterol)
 - family history of cardiac, vascular or aneurysmal disease
 - smoking
 - early onset coronary artery disease (themselves or parents).

The earlier we can pick up arterial disease, the greater the chance to treat it with minimally invasive strategies.

For further information and appointments in Hamilton, Rotorua and Tauranga:

Ph: (07) 839 6156, Fax: (07) 839 7522, Mob: (027) 477 8836

Email: holdawayc@wave.co.nz



Dr Frances Mouat – Paediatric Endocrinologist and Diabetologist

Originally from Scotland, Fran is a consultant paediatric endocrinologist and diabetologist at Starship Hospital, where she is co-lead clinician in diabetes. Formerly at kidzhealth, Fran now consults at Auckland Medical Specialists in Epsom.

Fran welcomes referrals for children and adolescents up to the age of 18 years requiring specialist care in any area of endocrinology including:

- growth
- puberty
- diabetes
- obesity and the metabolic syndrome
- polycystic ovarian syndrome
- thyroid, parathyroid and calcium disorders
- pituitary and adrenal disorders.

For appointments and enquiries:

Ph: (09) 638 9945, Fax: (09) 638 9947

Auckland Medical Specialists, 183 Gillies Ave, Epsom.

Email: referrals@aucklandmed.co.nz

www.aucklandpaediatrics.co.nz



Professor John A. Windsor – General, Pancreato-biliary, Gastro-oesophageal & Laparoscopic Surgeon

John is an experienced general surgeon who is a consultant surgeon at Auckland City Hospital and a visiting surgeon at Mercy Hospital. His speciality interests are in pancreato-biliary and gastro-oesophageal surgery.

The most commonly performed operations include laparoscopic cholecystectomy (for gallstones), fundoplication (for reflux), myotomy (for achalasia), and splenectomy (for ITP). The most common open operations are pancreatic resections (for cancer) and decompression (chronic pancreatitis), and resection of stomach and oesophagus (for cancer).

John's consulting rooms are located onsite with Auckland Gastroenterology Associates with whom he works closely.

For appointments at Mercy Specialist Centre:

Ph: (09) 623 7126, Fax: (09) 630 8589 Email: j.windsor@auckland.ac.nz

Website: www.windsorsurgery.co.nz

EDI: akgastr



MercyAscot Neck Lump Clinic

New Zealand's first truly 'one stop' specialist neck lump clinic.

This is a multidisciplinary specialist clinic.

During a 45-minute appointment your patient will access the following services:

- clinical assessment
- radiology (ultrasound and/or CT scan)
- ultrasound-guided FNA biopsy
- **immediate FNA cytology assessment**
- **diagnosis and treatment plan.**

You can make direct referrals to this clinic by contacting:

- aklheadn (Healthlink)
- info@ahns.co.nz
- **02 245 02245 (phone)**
- **09 630 2923 (fax).**

To find out more about our Head and Neck services visit mercyascot.co.nz



Mr Peter Robertson – Orthopaedic Spine Surgeon

Peter is an experienced spine surgeon. He is involved in the surgical management of adult cervical and lumbar spine disorders ranging from degeneration to trauma, and including spinal deformity and tumours.

Peter has a strong interest in research and is currently involved with the University of Auckland Mechanical Engineering faculty, researching on modes of disc injury. He also performs clinical outcomes research with a specific focus on patient focused outcomes after surgery.

For further information and appointments at Mercy Specialist Centre:

Ph: (09) 630 0214, Fax: (09) 630 3981, Healthlink EDI: orthclin

Email: enquiries@orthoclinic.co.nz

Website: www.orthoclinic.co.nz



The
Orthopaedic
Clinic



River Radiology

Boutique Radiology Service • Quality
Personalised Service • Fast Results

We offer a comprehensive range of services including:

- low-dose digital X-Ray
 - musculoskeletal, cerebral and body MRI
 - all ultrasound services (including guided injections)
 - musculoskeletal, neck, ENT and dental cone beam CT
- Radiologists are always on site to provide personal attention to problems.

Open Monday to Friday from 8am – 5pm

For appointments Ph: (07) 839 1800 or fax: (07) 839 1810

Two convenient sites:

- 30 Hood Street: All modalities
- 750 Victoria Street: X-Ray only



Associate Professor Rohan Ameratunga – Adult and Paediatric Allergy and Immunology Specialist

Rohan consults at Auckland Hospital and has a private practice on Grafton Road in Auckland CBD. He welcomes referrals for patients who need care in the following areas:

- allergic conjunctivitis
- anaphylaxis
- angioedema
- asthma
- cat and dog allergies
- chronic cough
- dust mite allergy
- eye allergies
- eczema
- food allergies
- hay fever
- hives
- latex allergy
- medication and drug allergy
- nasal allergies
- primary immune deficiency
- rhinitis
- skin allergies
- SLE (systemic lupus erythematosus)
- urticaria
- vasculitis
- wasp / bee and insect sting allergies.

For appointments and further information please Ph: (09) 919 2615



Making Endoscopy Easy Six-days-a-week

MercyAscot Endoscopy has extended its service to six days a week so your patients have the opportunity to have their procedure on Saturday.

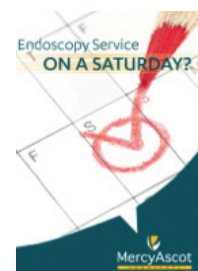
They have also made referring your patients directly to Auckland's largest group of leading endoscopists easy. You or your staff can simply:

- call **0800 4 ENDOSCOPY (0800 436 367)**;
- fax a referral form*; or
- refer online via Healthlink ID escopema.

Together with the 22 endoscopists who work with them, MercyAscot Endoscopy offers the most comprehensive service in Auckland: gastroscopy, colonoscopy, bronchoscopy, ERCP and TOE; at two convenient locations - Takapuna and Epsom.

Recent quality audit results and patient satisfaction surveys point to the outstanding care they provide for patients and their relentless commitment to quality.

*If you do not have a MercyAscot referral pad please call their friendly team on (09) 623 5725 (Epsom) or (09) 486 4346 (Takapuna) or visit www.mercyascotendoscopy.co.nz



If you are interested in profiling
yourself and your services please
email: info@healthpoint.co.nz
or phone (09) 630 0828

Dr William Wong – Paediatric Nephrologist/Children's Kidney Specialist

Dr William Wong is a specialist in children with kidney diseases working at Starship Children's Hospital, Auckland. William is the head of department of paediatric nephrology at the hospital.

Interests:

- childhood hypertension
- antenatal renal dilatation/hydronephrosis
- urinary tract infections and bladder reflux
- nephrotic syndrome
- haematuria and proteinuria
- glomerulonephritis.

Appointments: Please contact Auckland Medical Specialists during working hours Monday to Friday. Consultations are usually held on a Thursday afternoon. Referrals are only accepted from general practitioners and paediatricians.

For appointments and enquiries:

Ph: (09) 638 9945, Fax: (09) 638 9947

Auckland Medical Specialists, 183 Gillies Ave, Epsom.

Email: referrals@aucklandmed.co.nz

www.aucklandpaediatrics.co.nz



Ms Karen Smith – Orthopaedic Hand Surgeon

Karen is a hand and wrist surgeon, with 20 years' experience in public and private practice.

Karen is committed to the specialty of hand surgery in New Zealand in both her public and private clinical practice. She is particularly interested in the development and expansion of the hand service in Auckland and the teaching of young hand surgeons.

- hand & wrist surgery
- reconstructive tendon
- nerve injuries.

For further information and appointments:

At Mercy Specialist Centre:

Ph: (09) 630 0214, Fax: (09) 630 3981, Healthlink EDI: orthoclin

Email: enquiries@orthoclinic.co.nz, Website: www.orthoclinic.co.nz



The
Orthopaedic
Clinic



Mr Jonathan Heather – Plastic and Reconstructive Surgeon



NORTH SHORE
PLASTIC & COSMETIC SURGERY

North Shore Plastic and Cosmetic Surgery is pleased to welcome Jonathan to the Takapuna practice. He is a consultant surgeon at the Plastic Surgery Unit and National Burn Centre at Middlemore Hospital. He has a broad general plastic surgical practice with post fellowship training in burn management, post-burn reconstruction and cosmetic surgery. Areas of particular expertise include:

- body surgery including breast reduction, augmentation and abdominoplasty
- surgery for burns and scarring after trauma
- facial surgery and rejuvenation, otoplasty
- all aspects of skin cancer management and surgery.

Southern Cross Affiliated Provider for carpal tunnel surgery and skin cancer diagnosis and treatment.

For referrals Ph: (09) 489 8374 Fax: (09) 486 4369

Email: mandy@nsplasticsurgery.co.nz or visit our

website www.nsplasticsurgery.co.nz



Dr Chin-Yun Lin – Dermatologist



AUCKLAND
Skin & Cancer
FOUNDATION

Dr Chin-Yun Lin is a specialist dermatologist and accredited Mohs micrographic surgeon trained in New Zealand and Australia. His specialty interests include skin cancer, melanoma, dermatitis, psoriasis, acne, pigmentary disorders, laser and cosmetic dermatology.

Chin has recently joined Auckland Skin & Cancer Foundation from Sydney, Australia, to complement the comprehensive skin cancer management available at the Foundation. Chin provides consultations in fluent English and Chinese as required.

For appointments Ph: (09) 520 5885, Fax: (09) 520 5886



"Getting to the heart of Breathlessness"

SIGN UP FOR THE 2015 GP SYMPOSIUM

Saturday 22nd August
at the Waipuna
Conference Centre

Registrations:

www.heartgroup.co.nz

Queries: cme@heartgroup.co.nz

Phone: Chloe 09 623 6372



AUCKLAND
HEART
GROUP



Auckland DHB

Photographs of GPs on Healthpoint

Many patients, especially teenagers, who are looking for their own doctor for the first time, have said that it would be helpful to be able to see a photograph of the GPs on the Healthpoint website. Teenagers are very computer savvy and shop for most things on-line and have a high degree of trust in electronic media. Healthpoint has the facility to publish a passport style photograph of you and all you need to do is to email: info@healthpoint.co.nz. In the subject line include: Please add my photo to my GP profile. Make sure your name and contact details are included please.



Starship Children's Health Press Release:

A New Paediatric Coeliac Disease Pathway

Paediatric coeliac disease will be managed differently in the Northern region from 1 July 2015.

There is a new pathway to support this change. You can see this pathway on this interim URL: <https://www.starship.org.nz/for-health-professionals/starship-clinical-guidelines/#C>

Old Management

- the provisional diagnosis (symptoms & +ve tTG-IgA serology) was made by GPs.
- referral to Starship resulted in an intestinal biopsy.
- biopsy +ve children were then followed up at Starship or the other regional DHB outpatient clinics.
- limited self-management information was available.

New Management

- points 1 & 2 above remain unchanged though better e-referral mechanisms will mean your referral gets to target more quickly.
- biopsy positive children will be followed up in the community by GPs, dietitians, and Coeliac New Zealand.
- support will be given to GPs and parents by Coeliac New Zealand & ADHB dietitians. Specialist advice will be available to GPs via the e-referrals "specialist advice" tab.
- Coeliac New Zealand's (CNZ) website has been revamped to contain the new pathway & more comprehensive information for parents and GPs.
- the membership fees for CNZ for biopsy +ve children for the first year will be paid for by the ADHB.
- membership for GPs, paediatricians, and dietitians will be provided free by Coeliac New Zealand (send an enquiry to them now via their website and claim your free GP membership – www.coeliac.org.nz).

The Genetic Health Service New Zealand (GHSNZ)

– Northern Hub is one of the 3 hubs within the Genetic Service in New Zealand. We see publicly funded referrals from district health boards that make up the upper half of the North Island including Tairāwhiti, Lakes, Bay of Plenty, Counties, Manukau, Auckland, Waitemata and Northland.

An important function of the service is to provide up-to-date information about rare disorders in a manner that can be easily understood, and to provide interpretation of tests and clinical information to health professionals. The scope of our service includes preconceptual, prenatal, paediatric and adult onset disorders including cancer.

Patients are referred to the genetics clinics if:-

- a child is born with several abnormalities
- there is a personal or family history of a genetic condition
- a family member diagnosed with cancer at a young age
- personal or family history of cancer consistent with referral guidelines which can be discussed with your GP or specialist.

Referrals to the GHSNZ can be sent by GPs, specialists or midwives. We have recently updated our referral guidelines with strict criteria regarding referrals from GPs and community providers. Please note referrals with incorrect or missing information could possibly be sent to the referrer for further follow up, or could end up waiting for longer than expected as we try to seek required information.

Referral Criteria for Referrers

- please include the standard referral information as outlined below
 - Patient details – full names, correct and current address, a valid contact number, date of birth, eligibility status and an NHI number
 - Clinical details – reason for referral, past history and co-morbidities, investigations carried and their results, current medications and all/any drug allergies
 - Referrer details – name, address and contact numbers of referrer/general practice.
- please include all relevant information and medical records, investigations and family pedigree (3 generation family tree with gender and conditions specified).
- for those who are at a risk of having a cancer syndrome, please include the following in the referral:
 - Names, dates of birth and age at diagnosis of those relatives with cancer, with details of types of cancer diagnosed.
 - A consent to release information form (available from website below)
 - A Family Health Questionnaire (available from website below)

For more information, please contact Genetic Services NZ helpdesk at Auckland City Hospital on (09) 307 4949 extension 25870, or via email to gensec@adhb.govt.nz

Alternatively, please log in to our Healthpoint website on <http://www.healthpoint.co.nz/public/genetics/genetic-health-service-nz-northern-hub/>

Counties Manukau Health



Zero Fees Scheme - Children Under 13 Years

From 1 July 2015, most general practices will offer zero-fee visits for children under 13. Children under 13 will also no longer need to pay the \$5 charge for each item of prescription medicine, though other charges may apply.

DHBs will also be required to ensure that children under 13 can access zero-fee after-hours care and prescription medicines within reasonable travel time (maximum of one hour).

The changes are designed to improve access to healthcare for primary and intermediate school children, ensuring they can get the care they need when they need it and avoid possible complications and visits to hospital A&E departments. The 'zero fees' scheme applies to a standard daytime visit to a GP or nurse at the child's regular practice (where they are enrolled) or an after-hours visit to a participating clinic. It also applies to injuries covered by ACC.

General practices can decide whether they offer zero-fee visits for children under 13. The vast majority of practices already offer zero-fee visits to children under six and it is expected that most will also extend the scheme to under 13s.

To find out more, check with your general practice team or pharmacist or see www.health.govt.nz/visiting-a-doctor.

Best for Baby Best for You Campaign

Early May saw the launch of a widespread publicity campaign in bus shelters, print media, internet, Pacifica and Maori TV and radio.

This is a media campaign aimed at women, whānau and the wider community to encourage pregnant women to engage early for pregnancy care. Early pregnancy care enables women to access nutritional supplements, advice, support and screening which identify any potential for complications and can support both the mother's health and fetal development.

There is evidence to suggest iron deficiency anaemia in pregnant women can predispose their unborn baby to impaired psychomotor and neurocognitive development and impaired immune function.

It is known that 70-80% of our women come to their GP for their pregnancy test but often these women are then lost to the system to present again much later in their pregnancy, missing out on opportunities to improve their care, or worse, being one of the nearly daily women that arrive at delivery suite with no booking.

Whether you provide first antenatal visit care or not, we have a clinical responsibility to ensure our pregnant women find a midwife, so please support this campaign to get all women booked with midwives by 12 weeks. The MOH recommend women are registered with a Lead Maternity Carer (LMC) by 12 weeks and statistics from 2013 indicate 27% pregnant women in Counties are registered with an LMC by 12 weeks gestation. This figure should be nearer 80%.

At present both the midwife and the GP can claim for first trimester antenatal care under Section 88 Primary Maternity Funding. For more information contact Amanda Hinks.

Screening for Diabetes During Pregnancy

The MOH released guidelines on screening for diabetes during pregnancy in December 2014. Counties Manukau Health delayed implementing the guidelines until July 1st 2015 as the DHB was in the process of rolling out the National Maternity Clinical Information System (MCIS) and current processes were being reviewed to accommodate the move to an electronic maternity record and all that entails.

From July 1 the CMDHB is requesting practitioners to follow the CMH Screening and Diagnostic Criteria for Diabetes in Pregnancy algorithm which can be found at <http://www.healthpoint.co.nz/public/maternity/counties-manukau-health-maternity-services/?medpro=show&solo=mpTreatmentGuidelinesList&index=17>. The algorithm details the pathway from screening for gestational diabetes at booking and the pathway for women with a result 41-49 then those who have a level of 50. LMC's and PHO's in CMDHB area will be receiving paper copies of the algorithm in the post shortly.

For further information please contact: Dr Sue Tutty, GP Liaison,
Email: sue.tutty@middlemore.co.nz

Or Amanda Hinks, Maternity Service Development Manager,
Email: Amanda.Hinks@middlemore.co.nz

CM Health GP Liaisons

The team of GP Liaisons at CM Health each have clinical areas that they work within. If you have any **feedback, complaints or information** that you would like to discuss with them you can contact them via the gpfeedback@middlemore.co.nz email address or directly via phone or email. Go to Healthpoint for GP liaison contact details.

Northland DHB



Since the last newsletter there have been two important changes to services to remind you about.

To improve the patient selection process for the bariatric assessment we have adopted the South Island assessment form that must accompany all referrals.

This is loaded on the General Surgery Healthpoint site along with this service's access criteria.

Simply download a paper copy of this and complete it with the patient.

NB: The patient must not have any exclusion criteria and they must be aware of and committed to the lifestyle change they will need to make. If you don't feel they understand what bariatric surgery entails beyond the actual surgery or are not truly committed to the hard work required to achieve sustained weight loss, please don't refer them at that point in time.

If you believe they are motivated and committed, and they fit the criteria, scan the completed form into the patient record and attach it to the General Surgery eReferral.

Secondly we have agreement from the Child Health Service to trial broadening of the age of access for children to the nurse led eczema

service. This is now available to any child under 16 years. For this to be sustainable given there is one part time provider, referrals will need to include a comprehensive history of the eczema and also demonstrate that the patient has inadequately controlled eczema despite compliance with maximal topical therapy. The expectation is that the very important educational aspect of eczema care will occur in primary care and this service will focus on specialist management.

To help support the inclusion of the required referral information, a checklist has been developed and added to the Child Health Healthpoint site under referral process for the eczema clinic. You can either complete this and attach it to the paediatric eReferral or simply use it as a guide. With this and the required photo of the affected skin, more effective decision making can be undertaken. With this level of information there is much more scope to provide immediate management advice for some children rather than waiting for a clinic appointment in weeks or months.

We have also upgraded the eczema information on the site. There is now a direct link to the Starship resources which include printable patient handouts, a care plan and links to the excellent short practical training videos on eczema management.

Di Davis, GP liaison Northland DHB, cell phone: (021) 830 938

Waitemata DHB



Waitemata DHB's new modern acute mental health inpatient unit, He Puna Waiora, became operational on the 26 May 2015. He Puna Waiora means "pool of wellness" and has replaced the previous unit, Taharoto. The new unit is located on Shakespeare Road on the North Shore.

The unit is a modern health facility providing service users with personal space, areas for privacy, a landscaped outdoor area and increased visiting space for families and loved ones.

He Puna Waiora's design includes a dedicated therapeutic programme and activity space which supports a range of treatment interventions provided by allied and clinical staff, while providing a relaxing environment for service users and staff.

The unit is physically linked with North Shore Hospital to encourage the involvement of specialty services which support the diagnosis and treatment of service users with associated health conditions.

He Puna Waiora provides acute mental health inpatient care for adults living within the North Shore and Rodney areas. Admission to the unit is facilitated by the DHB community mental health services. Referrals to these services are received from a number of community agencies i.e. GPs.

GPs can refer to community mental health services in the following ways:

- Phone
- Fax
- eReferral (non-urgent).

Any urgent referrals must be made by phone.

Contact Numbers 0800 -1630:

Red Beach	– (09) 427 0360
Helensville	– (09) 420 9450
Tohu Wairua	– (09) 422 2710
West Auckland	– (09) 822 8500
North Shore	– (09) 487 1414

After Hours contact North Shore Hospital on (09) 486 8900.

A wealth of expertise, a commitment to quality care

We're New Zealand's largest national network of private surgical hospitals, part of a trusted group of businesses with a rich healthcare pedigree. Our expertise and passion for quality care makes us an ideal partner for independent medical specialists, and we are superbly equipped to respond to healthcare funders demanding delivery of high quality elective surgery.

Southern Cross' hospitals in the wider Auckland region - Brightside, North Harbour, Auckland Surgical Centre and Gillies Hospital - are characterised by ongoing investment in new technologies, nursing innovation, superb medical and consulting environments and modern patient facilities.



A focus on patients, not profits

Our teams around the country continue to work together with the public sector, wherever possible, so that organisations including District Health Boards and ACC can offer their patients access to a wide range of diagnostic and surgical services quickly, in excellent facilities.

Our scale, expertise and capability are at the heart of our drive to support realistic treatment pricing.

Our not-for-profit philosophy and long term focus defines us, as we aim to deliver sustainable healthcare services, reinvesting any surpluses in improved facilities and our skilled employees - with no profit-driven shareholders or overseas investors on our minds.



Playing our part

We recognise that GPs are best placed to advise their patients about the specialists and treatments that are right for them. We focus on quality care and a friendly culture, as well as competitive treatment pricing, so that the difference we make for their patients speaks for itself.

We are progressive in our efforts to educate nurses, reinforcing - and sharing - patient safety and clinical quality initiatives. Our network is also working to support charitable surgery - for those New Zealanders most in need and least able to access surgical services in other ways. For Southern Cross Hospitals, 'Treating you well' isn't just a slogan. It's the way we operate.

If you want to know more about our organisation, services and facilities - or access profiles of medical specialists operating at our hospitals, visit us online at www.southerncrosshospitals.co.nz

Southern Cross Hospitals Limited, Level 10, AMP Centre, 29 Customs Street West, Auckland

New Zealand's largest purpose-built specialist centre. No-one has more skin in the game than Auckland Dermatology

Now open, New Zealand's largest and most state-of-the-art dedicated dermatology centre, for the clinical treatment of all skin problems: medical, surgical and cosmetic. We believe patients with skin complaints are best served by offering a comprehensive range of skin consultation, treatments, surgery, and cosmetic or laser therapy in one centrally located, friendly yet professional environment.

NOW IN GREENLANE

- Purpose-built, with three onsite theatres
- Centrally located, next to Southern Motorway
- Ample car parking, train station nearby
- Providing a complete range of medical, surgical and cosmetic treatments
- Five specialists, including New Zealand's only paediatric dermatologists
- Skin cancer specialist Dr Paul Salmon

- Leading performance in clinical trials

GENERAL DERMATOLOGY

- Psoriasis treatment including biologic therapy
- UVB phototherapy for psoriasis, eczema, vitiligo

ACNE CLINIC

- Adolescent and adult patients
- Isotretinoin treatment
- Clearlight laser therapy

SKIN CANCER

- Melanoma and non-melanoma skin cancer diagnosis
- Mohs Micrographic Surgery
- General skin cancer surgery

LASER TREATMENTS

- Alexandrite laser hair removal
- Pico/nano laser for faster and more efficient removal of tattoos and

- pigmented lesions
- V beam tuneable dye laser treats port wine stains in children and vascular lesions



The new Enlighten pico laser for advanced tattoo removal

Saturday morning appointments available soon

OUR SPECIALISTS

Dr Nicholas Birchall MB ChB 1978 Brist; FRACP 1985
Paediatric, adolescent and adult dermatology.

Dr Sonya Havill MB ChB 1992 Auckland; FRACP 2000
General and women's dermatology.

Dr Diana Purvis MB ChB 1995 Otago; FRACP 2006
Paediatric dermatology.

Dr Paul Salmon MB ChB 1987 Auckland; FRACP 1996
Mohs micrographic, skin cancer and cosmetic surgeon.

Dr Nick Turnbull MB ChB 2002 Auckland; FRACP 2013
General dermatology.



AUCKLAND DERMATOLOGY
Medical, Surgical & Cosmetic



Southern Cross Health Society affiliated provider for selected services



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