

info matters

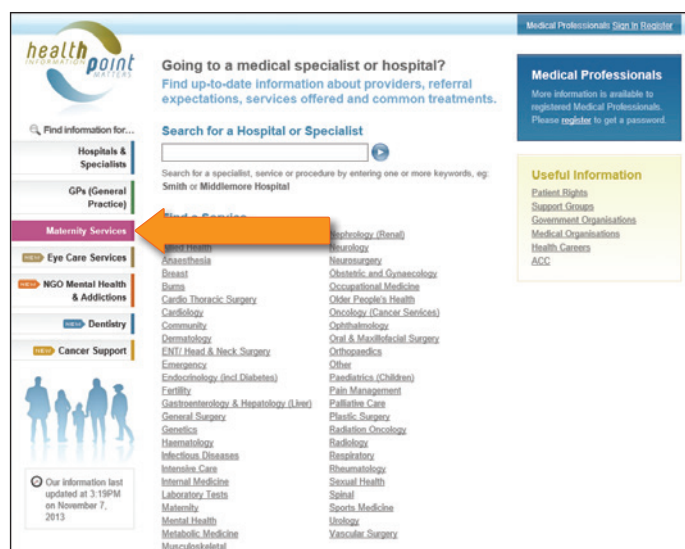


A newsletter to Medical Specialists and GPs throughout the Auckland, Hamilton and Northland regions

November 2013

Healthpoint News

Healthpoint is excited to be able to increase circulation to medical professionals in the Hamilton area for the first time. There are a number of Hamilton based medical service providers profiled on Healthpoint and this is a great opportunity to showcase these providers to GPs and the general public in Hamilton looking for or referring to those medical services.



In-depth information is available on 421 public specialist medical services and 982 private services. Amongst this is detailed information for all maternity providers including 'self-employed' midwives and DHB midwives throughout the Auckland metropolitan area.

Healthpoint, in conjunction with Auckland DHB, Waitemata DHB and Counties Manukau Health, has developed a site to profile information about maternity providers for the Auckland region.

The information about maternity providers clarifies contact details and expectations prior to, during and after the pregnancy. All providers information is consistent with expectations developed from Ministry of Health requirements and Maternity Services Consumer Council guidelines.

The LMC (Lead Maternity Carers) include:

- DHB Midwifery Teams
- Independent/Self-Employed Midwifery Groups
- General Practitioners
- Obstetric Groups and Obstetricians
- Birthing Facilities

Go to the home page and click on the link Maternity Services.

Northern Regional Clinical Pathways: News

The following is an update on clinical pathways which have been added in the last three months or about to be added next month, for the Northern region.

Please log on to Healthpoint as a medical professional to access the 30 currently available pathways.

Pathways added in October 2013:

- Northland DHB Management of Cognitive Impairment
- Acute Respiratory Illness in Children x 4 (Diagnostic Algorithm, Paediatric Croup, Paediatric Bronchiolitis, Paediatric Pneumonia)

Pathways due to be added in November 2013:

- Paediatric Eczema

Pathways added in September 2013:

- Febrile Illness - Paediatric
- Gastroenteritis - Paediatric

Pathways added in August 2013:

- Paediatric Skin Infections x 6 (Diagnostic Algorithm, Abscess, Cellulitis, Impetigo, Infected Eczema, Scabies)

If you would like to discuss the inclusion of a clinical pathway please contact:

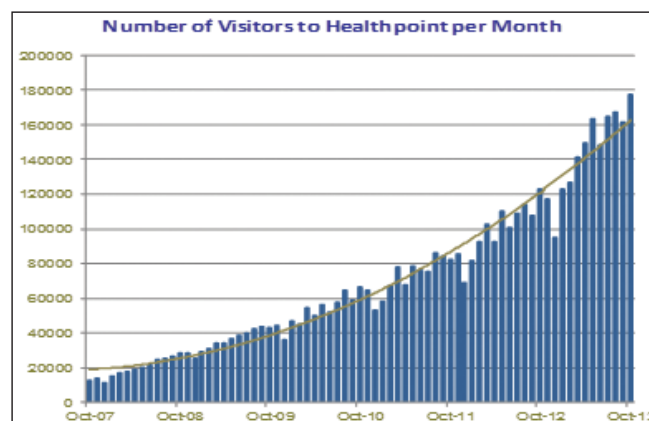
Sarah Hyder, Project Manager

Greater Auckland Integrated Health Network (GAIHN)

Email: sarah.hyder@gaihn.health.nz, Ph: 021 681 319

Major Milestones

177,496 visitors in October 2013



www.healthpoint.co.nz

To view go to: www.healthpoint.co.nz



**AUCKLAND
HEART
GROUP**

Putting your heart in safe hands



Dr Nezar Amir Dr Ted Clark Dr Colin Edwards Dr Malcolm Leggett

The above cardiologists provide a comprehensive private service from within the Northern Clinic – Southern Cross Hospital, Wairau Road, Glenfield. They are passionate and committed to managing both outpatients and inpatients and their assessments include exercise treadmill tests, echocardiography (echos) including stress echos, vascular ultrasound and heart and blood pressure monitoring.

The Auckland Heart Group is an affiliated provider to Southern Cross Health Society and provides a GP advice line (0800 222 411) and an ECG reporting service. Other clinic locations include: New Lynn, Epsom, St Heliers, Botany, Papakura.

**Ph: (09) 623 1020, Fax: (09) 623 1030, Email: ahg@heartgroup.co.nz
www.heartgroup.co.nz**

Dr Allen Fraser – Consultant Psychiatrist

Having established Auckland Mind in 2005, in 2006 Allen began working out of rooms in Richmond Road, Grey Lynn. He is a general adult psychiatrist with extensive experience in the diagnosis and treatment of severe mental illness. His main research and treatment interests have been in the major mood disorders, and he has particular expertise in the treatment of bipolar disorder in the community, and with the management of treatment-resistant depression. His interest in ethics has been linked to an interest and understanding of medico-legal issues. This has led to a sizeable portion of his clinical time being assessment, report writing, and court appearances on various matters. Allen is currently a member of Medical Council of New Zealand.

**For appointments please Ph: (09) 360 8818, Fax: (09) 360 0884
Email: enquiries@aucklandmind.co.nz**



Auckland Radiation Oncology welcomes three new radiation oncologists into private practice, bringing the total number of consultants at ARO to nine.

Dr John Childs will consult from a satellite clinic in Whangarei. The appointment of Dr Childs brings the choice of private radiation therapy to a greater number of patients in the Northland area.

Dr Louis Lao has a special interest in the treatment of lymphoma and oligometastases, as well as gastrointestinal and lung malignancies using Stereotactic Ablative Therapy (SABR/SBRT).

Dr Giuseppe 'Peppe' Sasso specialises in the treatment of breast and genitourinary malignancies and is also qualified in Stereotactic Radiation Therapy (SRT).

John, Louis and Peppe are now welcoming private referrals. All patients will be treated at ARO in Epsom, Auckland.

**For referral enquiries Ph: (09) 623 6587 or
Email: specialistcentre@aro.co.nz
www.aro.co.nz**

Mr John Chaplin – Head and Neck Surgeon

Head and Neck Surgery Videos on Healthpoint

John has recently published a series of videos on the Healthpoint website demonstrating the common procedures he performs.

These include thyroid and neck dissections.

Feedback from patients has been overwhelmingly positive regarding these.

They can be found at:

www.healthpoint.co.nz/specialists/ent-head-neck-surgery/mr-john-chaplin-head-neck-surgeon-otolaryngologist, or use the search box on the main page and search for 'Chaplin'.

Please Ph: (09) 631 1948, Fax: (09) 630 8167

Email: john@thyroid.co.nz for appointments



Dr Alex Chapman – Respiratory Specialist

Alex has seven years' experience working at consultant level both here and in the U.K. He is particularly interested in helping make a diagnosis when the cause of breathlessness or cough is unclear. Alex is an interventionalist and offers thoracic ultrasound to guide and make safe any necessary procedures.

Specialising in

- Cough
- Asthma
- COPD and smoking related disorders
- Pulmonary fibrosis
- Lung cancer
- Mesothelioma and occupational lung disease
- Cardiopulmonary exercise physiology

Contact Ph: (09) 427 9997, Fax: (09) 427 8080

Email: tess.silvermed@gmail.com for enquiries and appointments



Dr Dragan Damianovich – Medical Oncologist – Gastrointestinal, Lung, Neuroendocrine, Brain Cancers

Dr Dragan Damianovich has been a consultant medical oncologist at Auckland Hospital since 2006 and in private since 2008.

He has been a principal investigator in a number of international clinical trials in lung, gastrointestinal, neuroendocrine and CNS cancers. He has been a member of a working group for the development of Australian and New Zealand neuroendocrine tumour treatment guidelines.

In private practice, Dragan consults at the suites at One Six One Gillies Avenue.

For further information, appointments and enquiries please

Ph: (09) 623 2161, Fax: (09) 623 4161

Email: oncology@onesixone.co.nz



**If you are interested in profiling
yourself and your services please
email: info@healthpoint.co.nz
or phone (09) 630 0828**

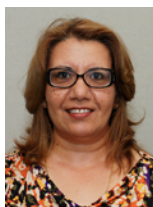


Hamilton Eye Clinic operates out of the Bridgewater Building on Grantham Street, beside the Waikato River, in the heart of Hamilton. We also operate other clinics from Cambridge, Morrinsville, Matamata, Te Awamutu, Thames and Huntly.

Our eye surgeons specialise in all aspects of ophthalmological care, including laser and cataract surgery. Our clinic has an extensive range of specialised equipment and the latest technological advances available for eye care.

We are also delighted to advise that Dr Selma Matloob has just agreed to join us as an associate.

Her special skills in neuro-ophthalmology, hereditary retinal diseases and visual electrophysiology plus general ophthalmology will add to the already extensive range of sub-specialties of the other eight colleagues.



For further information, appointments and enquiries

Ph: (07) 834 0006, Fax: (07) 839 4918

Email: info@hamiltoneyeclinic.co.nz

www.hamiltoneyeclinic.co.nz

www.healthpoint.co.nz/specialists/ophthalmology/hamilton-eye-clinic



Hamilton Radiology – is a large, multi-specialty radiology practice that aims to provide top quality radiology services using state of the art equipment for the population of the Waikato area.

Our specialist radiologists work to provide quick and efficient diagnostic reporting across the enterprise.

Hamilton Radiology provides general radiography, mammography, fluoroscopic procedures, obstetric, musculoskeletal and Doppler ultrasound, CT, pregnancy ultrasounds, echocardiograms and other radiographical services.

We are ACC, Southern Cross Healthcare and International Accreditation New Zealand accredited.

Hamilton Radiology also welcomes Midland PET-CT, our newly built state of the art facility based at the Anglesea Medical Complex, which is pushing the boundaries of modern day diagnostic imaging with state of the art Molecular Imaging technology.

For further information, appointments and enquiries please

Ph: (07) 839 4909 or Free phone: 0800 HAMRAD (426 723)

Fax: (07) 839 5780 or Email: info@hamrad.co.nz

www.hamiltonradiology.co.nz

Mr Mike Hulme-Moir – General Surgeon

Mike is offering a new treatment for haemorrhoids: haemorrhoidal artery ligation and anopexy for haemorrhoids (HALRAR).

The surgical options for treatment of symptomatic haemorrhoids have become more complex. While banding and injection is the mainstay treatment of grade I and II haemorrhoids, treatment of stages III and IV now includes surgical excision, stapled haemorrhoidopexy and recently haemorrhoid artery ligation (HAL) plus or minus trans-anal rectoanal repair (RAR). HAL was first described in 1995 and involves the use of a Doppler to locate and ligate the haemorrhoidal arteries. This leads to shrinkage of the haemorrhoidal cushions and reduction of prolapse. Because the sutures are placed within the rectum post op pain is said to be reduced. When performed in conjunction with RAR it is effective long term in about 90% of patients and is potentially associated with less pain and fewer risks than either the stapled haemorrhoidopexy or open haemorrhoidectomy. The long term results are similar or slightly worse than stapled haemorrhoidopexy with recurrence rates in the order of 10 to 15%. The majority of patients can be done as daycare procedures and return to work is quicker than with a conventional haemorrhoidectomy.

Enquires and referrals through 'The Waitemata Specialist Centre', 15 Shea Terrace, Takapuna, Auckland.

Ph: (09) 441 2750, Fax: (09) 441 2759



Dr Mark Insull – Specialist Gynaecologist, Laparoscopic & Hysteroscopic Surgeon

Mark has long term experience in the use of laparoscopic and hysteroscopic procedures to manage a wide range of gynaecological conditions. He has a special interest in the investigation and management of heavy periods and endometriosis and is a director of Endometriosis Ascot. Mark utilises laparoscopy to manage endometriosis, ovarian cysts, fibroids and to perform hysterectomies.

He is based at Ascot Hospital, Greenlane where he consults and operates.

For further information visit his website: www.markinsull.co.nz

For appointments please Ph: (09) 522 3797, Fax: (09) 520 9526

Email: linda@markinsull.co.nz



David Kim – Diabetes, Endocrinology & Internal Medicine Specialist

Dr David Kim is an Auckland trained Endocrinologist/General Physician. He has been working as a consultant at Waitemata DHB for the past three years and now offers a private clinic based at the Specialist Suite @ Apollo in Albany. David welcomes referrals for patients needing specialist care for diabetes and other endocrine disorders. He would also accept relevant general medicine referrals.

Dr Kim's special interests include:

- diabetes
- thyroid and parathyroid/ calcium disorders
- osteoporosis
- pituitary and adrenal disorders
- obesity/bariatric medicine

David has a Korean ethnic and cultural background, hence would welcome referrals for patients with relevant conditions who would benefit from consultation in Korean. David is an affiliated provider to Southern Cross.

For further information, appointments and enquiries please

Ph: (09) 477 3640, Fax: (09) 477 3641

Email: drdavidkim@hotmail.co.nz



www.healthpoint.co.nz



Dr Warren Leigh – Knee, Hip, Shoulder and Spine Orthopaedic Surgeon

Warren is a New Zealand trained orthopaedic surgeon based at Orthosports at the Millennium Institute of Sport and Health, Mairangi Bay. Warren has a keen interest in sport and completed Australasian fellowships in arthroscopic surgery of the knee, hip and shoulder, and in knee arthroplasty. He is also a fellowship trained spine surgeon. Warren is happy to see, assess and help patients with all sports, knee, and spine orthopaedic concerns.

Orthosports, Millennium Institute of Sport and Health
17 Antares Place, Mairangi Bay, Auckland
Ph: (09) 477 2080, Fax: (09) 475 0376
Email: warren@orthosports.co.nz



Dr Gerald Lewis – General Physician, Cardiologist

Gerald is a NZ graduate having practised general medicine and cardiology in Napier and Wellington before moving to Auckland. He has focused upon prevention, recovery and rehabilitation, stressing lifestyle and nutrition as well as conventional medicines. He also provides help for people who have reached the end of the conventional therapeutic line. He has opened a consulting general medical practice in Epsom, looking at the whole person rather than just one system, with ECG and echocardiogram available. While his subspecialty is cardiology (especially angina, heart failure and hypertension), Gerald is happy to advise on any general medical condition. He is an affiliated provider to Southern Cross Healthcare.

Gerald has rooms at: 2 Ngaire Ave, Epsom, Auckland
Ph: (09) 302 2691, Mob: 021 443 779
www.drgerald.co.nz



medimaging

is a specialist radiology practice. We have been serving the Waikato for seven years, beginning with one site and now operating at four convenient, comfortable and modern locations. We pride ourselves on friendly, professional service and diagnostic excellence.

Patient Services

- MRI
- Ultrasound
- Xray
- Mammography
- Bone Density

medimaging provides a picture archiving and communication system – IntelPACS. This system offers referrers rapid access to reports from desktop, tablet or smart phone so please contact medimaging so you can be set up with a username and password.

For further information, appointments and enquiries:

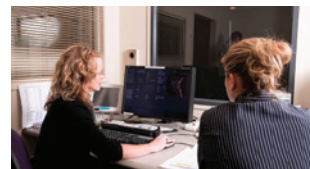
Hamilton East – Ph: (07) 834 3530

Hamilton Central – Ph: (07) 834 0000

Cambridge Ultrasound – Ph: (07) 823 1090

Huntly – Ph: (07) 834 0000

www.medimaging.co.nz



Midland MRI provides premium magnetic resonance imaging (MRI) services to patients from across the Waikato at two Hamilton locations, Anglesea Clinic and Waikato Hospital.

As an industry leader in diagnostic imaging, Midland MRI is focused on providing patients with immediate access to the highest quality of care available, in a professional and friendly environment.

Our radiologists are committed to excellence in patient care and management.

Patients will notice the friendly welcome they receive on arrival, our comfortable rooms and the relaxed environment we have created for them.

We are ACC, Southern Cross Healthcare and International Accreditation New Zealand accredited.

For further information, appointments and enquiries please

Ph: (07) 957 6050 or Freephone: (0800) 687 674, Fax: (07) 957 6051

Email: info@midlandmri.co.nz

www.midlandmri.co.nz



At Surgical Obesity Service, we believe we offer one of the most comprehensive, supportive bariatric surgery centres in New Zealand, offering a number of surgical options in the treatment of obesity, including

- gastric bypass
- sleeve gastrectomy
- gastric banding

All procedures are primarily performed via a laparoscopic approach by our experienced and dedicated bariatric surgeons, David Schroeder, Rowan French and Atul Dhabuwala. Between them they have performed over 2300 weight loss surgery procedures, continually updating surgical and psychological techniques to help patients achieve their goals.

Practices located at:

Hamilton – 36 Grey Street, Ph: (07) 859 0185 and

Wellington – 242 Thorndon Quay, Ph: (04) 473 6887

www.obesitysurgery.co.nz



Andrew Williams – Urologist

Andrew now consults at One Six One Gillies Avenue. He is an experienced urologist with subspecialty training in urological oncology.

His international exposure has included a formal 2-year fellowship at The University of Western Ontario, one of only 15 centres in the world accredited for subspecialty training in urological oncology.

Andrew has performed high volumes of complex cancer surgery and has also extensive exposure to other areas of surgery, medical oncology and radiation oncology.

Andrew has particular expertise in the surgical and non-surgical management of cancer as well as the treatment of prostate disorders.

For further information, appointments and enquiries please

Ph: (09) 623 0161

www.onesixone.co.nz/AndrewWilliams.php



www.healthpoint.co.nz



Auckland DHB



DEPARTMENT OF NUCLEAR MEDICINE
AUCKLAND CITY HOSPITAL
Ph: (09) 307 4949, EXT 24532

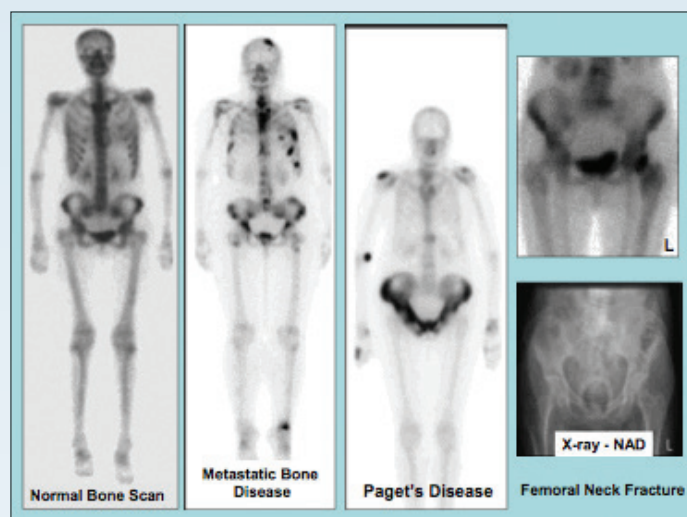
Dear Doctor,

Nuclear medicine is a very simple, sensitive and non-invasive physiological test used in diagnosing functional abnormalities. Nuclear medicine staff at Auckland Hospital have great pleasure in reminding you of the type of scans that we can do and your right to request them.

Below are a few examples:

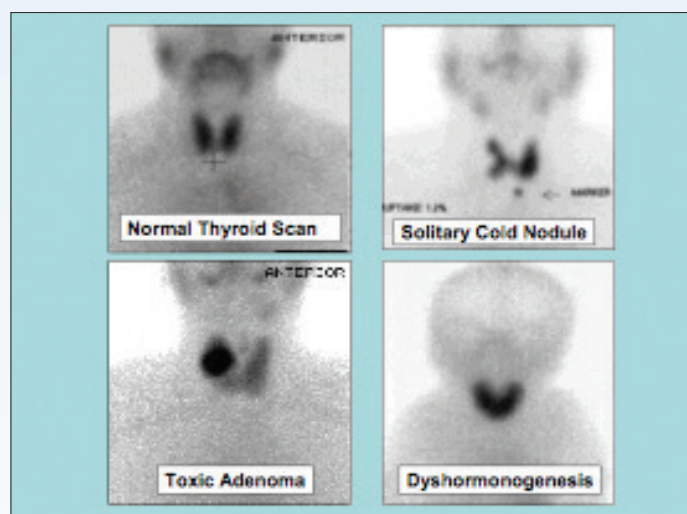
Bone scans

For stress injuries, infection/inflammation, benign and malignant bone diseases.



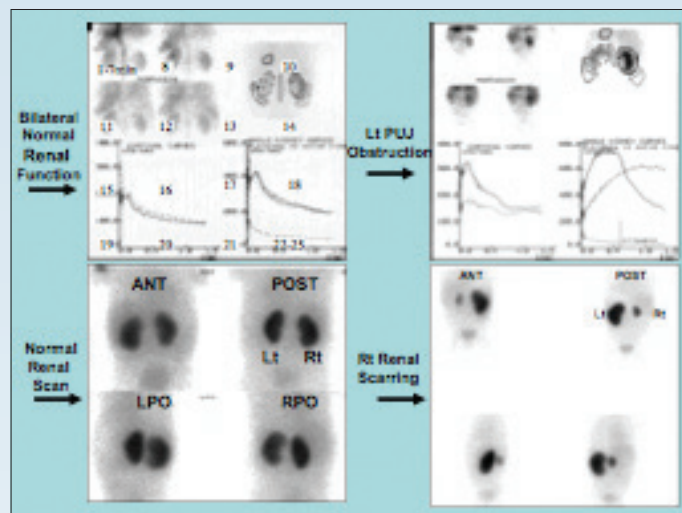
Thyroid scan

For nodular, hypo and hyperthyroidism or abnormal TFTs.



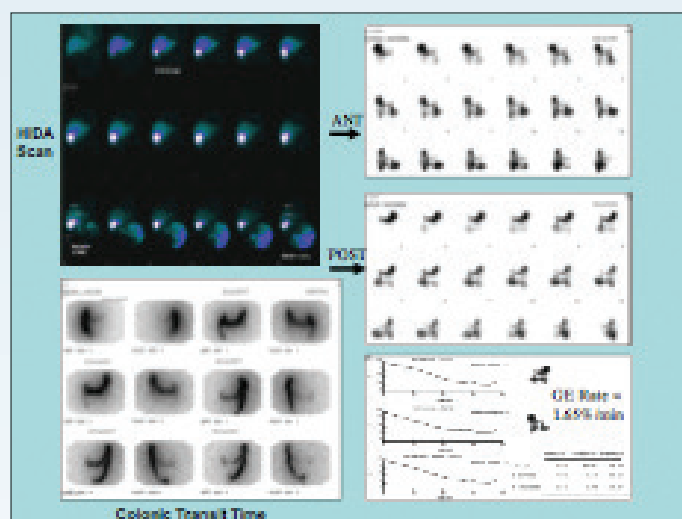
Renal scans

For functional assessment by (99mTc-DTPA) or morphological information cortical scarring by (99mTc-DMSA)



Hepatobiliary scans (HIDA scans)

For GB function or Sphincter of Oddi dysfunction, gastric emptying small intestine and colonic transit time.



Our referral process is easy and our waitlist currently less than one month. Our consultants are more than happy to discuss any particular patient requirements and whether a nuclear medicine scan can assist in their management.

Please call on the following number: (09) 307 4949, ext: 24532

Our booking clerk is Vinnie Upoko on: (09) 307 4949, ext: 28360

She will always be more than willing to help.

Outpatient referral numbers

Fax: (09) 375 7043 or (09) 631 0731

Northland DHB



Since the last edition we have added food allergy and constipation assessment and treatment guidelines for children to the Child Health site.

Prior to this we added a developmental assessment guide to assist with assessing a child when you or the parents have concerns about their development.

We have just added an enuresis and public health nursing eReferral process and as with all our referrals, you can access referral information about this service by clicking on the "referral Info" tab at the top of the referral. Here you can assess the assessment guideline and referral pathway for children with enuresis.

We have done some work on the presentation of the information in the orthopaedic site to make it more accessible. Here and with other documents that are quite long we have used "anchors" which means anywhere you see something blue and underlined, if you click on it, it will take you directly to that information. We hope this helps.

The Northland cognitive impairment (dementia) pathway is now available. You can access this by the Auckland Regional Clinical pathways link then select the cognitive impairment (Northland) option or via the link in the Health of Older People site.

We have opened up access to GPs for DEXA scans for specific clinical indications. These indications and the referral process are available to view on the Radiology Healthpoint site.

Please let us know if there is information missing from any of these sites or if information presentation needs improving.

Dr Di Davis, Dr Win Bennett.

Counties Manukau Health



Counties Manukau Health share news with primary care via the eUpdate newsletter which is emailed directly to practices fortnightly. A full archive of eUpdate Issues is kept on the Counties Manukau Health GP Liaison Healthpoint site (logged on) and the most recent eUpdate issues are under 'News' in the right hand column of the Counties GP home page (where the full list of services is). The eUpdate contains DHB news, amendments to guidelines and education/learning opportunities specific to all practice staff.

New or recently amended guidelines for Counties Manukau Health services:

Gastroenterology

- Algorithms are now available to assist with the investigation and management of hepatitis B and hepatitis C.
- Gastroenterology and Hepatology department does not recommend FOB testing by GPs. Please see the departmental guidelines.

General Surgery

- Rectal bleeding guidelines.
- Home Health Care have updated the rheumatic fever referral form.

Access, Training and Feedback

If you have any GPs or practice nurses new to your practice or who may like a quick training session on accessing and using Healthpoint please contact Nikki Rhind, primary care communications co-ordinator, and she will arrange a time to visit.

If you have any feedback or requests for referral information please either contact Nikki Rhind directly or click on the feedback box found on all clinical information pages.

Nikki.rhind@cmdhb.org.nz

Ph: (09) 276 0044 ext 9077

Waitemata DHB



A significant enhancement to local elective plastic and reconstructive breast services for Waitemata DHB population at North Shore Hospital – from 1 July 2013

We are pleased to announce from July 2013 Waitemata DHB has been providing significantly improved local elective reconstructive breast services at North Shore Hospital. This service has been previously provided by Counties Manukau Health at Middlemore Hospital and Manukau Surgery Centre.

The service will be managed locally at Waitemata DHB by the general surgery department with the input and collaboration of visiting specialists from Counties Manukau Health plastic reconstructive surgery service.

With effect immediately all primary care referrals for elective plastic breast services should be directed to the Waitemata DHB referral office. They will be graded using the same criteria as previously applied. It is anticipated that most patients will be able to be offered local consultation and treatment by regional plastic surgery specialists. More complex cases will still require treatment at Counties Manukau Health.

Any enquiries relating to this service change may be directed to:

Mr Richard Harman

Breast Surgeon, Waitemata DHB

Mob: +64 21 934 570

richard.harman@waitematadhb.govt.nz

Anne Haller

Perioperative Services Manager, Waitemata DHB

Mob: +64 21 225 5171

anne.haller@waitematadhb.govt.nz

Waitemata DHB offers videos to prepare for surgery

Waitemata DHB has designed three patient videos to help prepare you for your surgery by explaining the operation, how to prepare for it in advance and outlining what you can expect both during and after the procedure. We want you to be able to approach your surgery and post-operative care with confidence.

It is important to ensure you have the support of family and friends and so we encourage you to watch this video presentation with them.

By now you will have been in for a specialist assessment at either our Elective Surgery Centre or North Shore Hospital and your surgeon has confirmed your need for surgery. You can assist in the success of your operation and recovery by being well prepared.

Most of our patients go home within 3-4 days depending on the type of procedure they have had so we encourage you to give your immediate rehabilitation period your very best shot.

The success of your surgery depends greatly on you. Now is the time to start planning for your return home and post-operative rehabilitation.

To view go to: Waitemata DHB Elective Surgical Centre, look under services provided.

Healthpoint Limited manages a web based portal of information about health services, which helps the public and referrers better understand and use health services. www.healthpoint.co.nz

Better understanding means more effective use, leading to better health outcomes and less cost.