

info matters



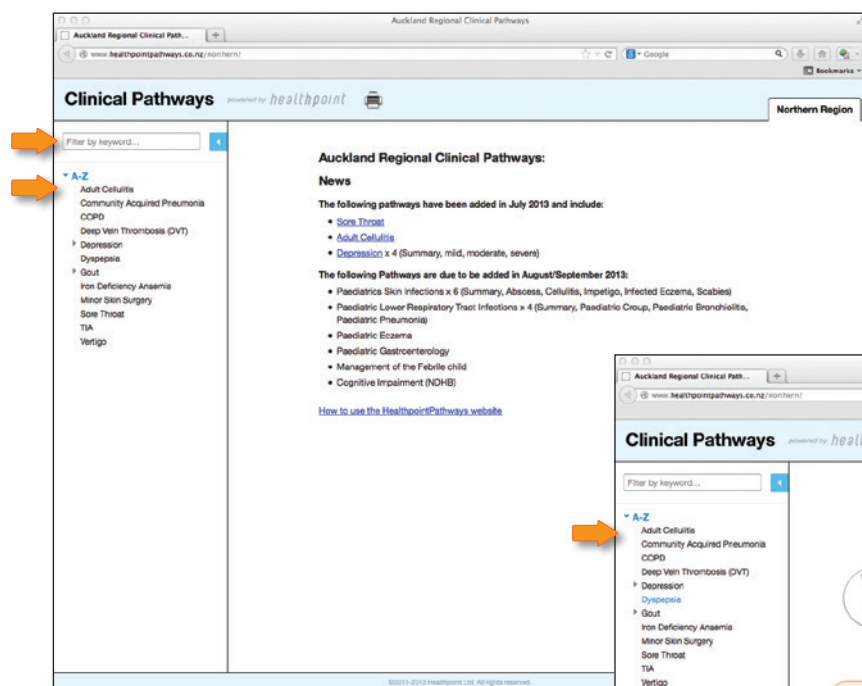
A newsletter to all Medical Specialists and GPs throughout the Auckland and Northland regions

August 2013

Healthpoint News

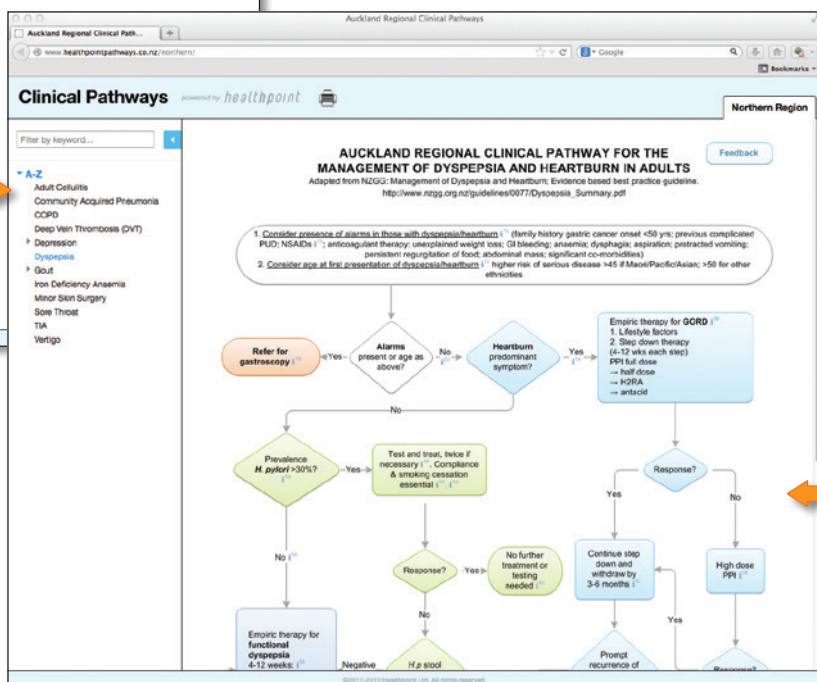
Healthpoint is excited to announce a new look front landing page for 'clinical pathways'

The new look is a response to a growing list of clinical pathways available for medical professionals to access. The page design allows the user to more easily find the pathways they are looking for using the simple A-Z menu, along with an easy to use search box. The search box will filter by keyword and when you start typing, all the relevant pathways will be presented.



This screenshot is the front landing page, with collapsible menu and filter search box.

This screenshot shows that once you have located the pathway you are looking for, it will be presented in the central page and the therapeutic area menu will still be displayed allowing for easy navigation.



There is also a link on the front page on 'How to use the Healthpoint pathways website'. Please refer to this if required – www.healthpointpathways.co.nz

www.healthpoint.co.nz

To view go to: www.healthpoint.co.nz

Ammara Medical Laser Clinic (Tattoo Removal)

Many companies stipulate "No visible tattoos" and, using the very latest Nd-YAG Q-Switched Laser, we can safely do this for all skin types and for all colours. The laser is also very effective for acute and scarred acne vulgaris, melasma, pigmented lesions, and skin rejuvenation.

Assessment and treatment done by doctors
Ph: (09) 444 6637 or visit our website:
www.tattoocare.co.nz



Before treatment



After treatment

The Vein Centre

NZ's first dedicated clinic for the management of varicose veins. Ultrasound guided sclerotherapy was started in 1995, and laser treatment (EVLT) was introduced into NZ by The Vein Centre. We teach ultrasonographers, doctors, and surgeons from all over the country. All treatments are done on site, so there is no bias in which treatment is recommended.

Ph: (09) 444 5858, info@theveincentre.co.nz
www.theveincentre.co.nz



Dr Ammar Al-Abid – Consultant Obstetrician & Gynaecologist

Ammar has worked on the Shore for nearly 15 years. He finished his training in 2008 from the Australian and New Zealand Royal College of O&G. He works mainly at Waitemata DHB and consults in private at 131 Shakespeare Rd, Milford and at Kate Sheppard Midwifery in Rosedale, Albany. Ammar also did some training in general surgery, for 4 years prior to changing to O&G.

Ammar's main interest is in laparoscopic surgery, especially for pelvic pain, operative hysteroscopy, colposcopy and general gynaecology.

"I enjoy the social and challenging aspects of obstetrics."

For appointments in Milford please Ph: (09) 486 0182
For Rosedale Ph: (09) 489 1437



Dr Andrew Baker – Immunologist /Allergist

In addition to his consultant immunologist post at Auckland City Hospital, Andrew has now opened the Waitemata Allergy Clinic in Takapuna.

Andrew welcomes referrals for all typical allergy and immunology problems including:

- Allergic rhinoconjunctivitis
- Asthma
- Desensitisation
- Non-allergic rhinitis
- Allergy testing and diagnosis
- Desensitisation for bee and wasp allergy
- Food allergy (including skin testing and food challenge)
- Urticaria
- Angioedema
- Anaphylaxis
- Eczema

New patient appointments are 60 minutes long to allow for accurate history taking, full discussion and patient education, and to individualise management according to the clinical situation and patient's values.

Ph: (09) 441 2750, Fax: (09) 441 2759

Healthlink EDI: waitemas, Email: consult@wsurg.co.nz

Or enquiries to: Andrew.baker@waitemataallergy.co.nz
www.waitemataallergy.co.nz



**Waitemata
Allergy Clinic**

BEXLEY CLINIC

More than fifty years after Bexley started as the first private psychiatric clinic in Auckland, we now have seven psychiatrists and two psychologists working at the clinic.

Psychiatrists

- Dr Campbell Emmerton, Psychiatrist
- Dr John Joseph, Psychiatrist
- Dr Bede McIvor, Psychogeriatrician and Psychiatrist
- Dr Amanda Renfree, Psychiatrist
- Dr Katie Ritchie, Psychiatrist
- Dr Alexa Srzich, Psychogeriatrician and Psychiatrist
- Dr Russell Wyness, Psychiatrist

Psychologists

- Julian Reeves
- Renate Bellve-Wack

Our expertise covers all adult psychiatric conditions, psychiatry for the elderly and forensic psychiatry. Our reception is open from 9:00am - 5:00pm and we aim to see all clinical referrals as soon as possible.

For appointments Ph: (09) 520 5280, Fax: (09) 520 5284
Email: bexleyclinic@extra.co.nz

Dr Yashu Chang – Respiratory Physician


Yashu has been working at North Shore Hospital and Waitakere Hospital as a respiratory physician since 2010. She graduated from University of Otago and spent her junior years in Auckland. She completed her FRACP training in Sydney, Australia. Her Taiwanese background enables her to speak fluent Taiwanese and Mandarin.

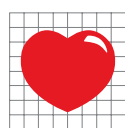
She has recently started a private practice at Waitemata Cardiology, Takapuna. She sees all respiratory problems and has special interest in lung cancer, COPD, asthma, bronchiectasis and chronic cough. She also sees patients requiring respiratory review for immigration purpose.

Yashu is passionate about her work and happy to be contacted directly to discuss patients and urgent referrals.

For referrals Ph: (09) 918 1666, Fax: (09) 523 6890
Email: consult@wcardio.co.nz



 **Dr Yashu Chang**



**AUCKLAND
HEART
GROUP**

*Putting your heart
in safe hands*



Dr Ruvin Gabriel



Dr Wil Harrison



Dr Tim Sutton



Dr Niels van Pelt

Drs Gabriel, Harrison, Sutton and van Pelt are cardiologists at Middlemore Hospital and provide a private cardiology service with the Auckland Heart Group at Ormiston Hospital.

They are committed to providing comprehensive assessments and management of outpatients and inpatients at Ormiston Hospital including exercise treadmill tests, echocardiography and vascular ultrasound, stress echocardiography, heart and blood pressure monitoring. The Auckland Heart Group is an Affiliated Provider to Southern Cross Health Society and provide a GP advice line (0800 222 411) and a free ECG reporting service.

Other clinic locations:
Papakura, St Heliers, Epsom, New Lynn, Glenfield.
Ph: (09) 623 1020, Email: ahg@heartgroup.co.nz
www.heartgroup.co.nz

Dr Eva Fong – Urologist

A NZ-trained Auckland urologist specialising in female urology and urogynaecology, Eva completed a two-year fellowship in female pelvic medicine and reconstructive surgery in New York, gaining specialised experience in treatments of incontinence, pelvic organ prolapse and complex pelvic reconstructive surgery.

"It is not a normal part of the aging process to develop uncomfortable, troublesome symptoms of incontinence or prolapse. Women need not 'learn to live with it'."

Eva practises at OneSixOne. Ph: (09) 623 0161
www.onesixone.co.nz, and WDHB



Dr Mark Fulcher – Sports Physician

Mark is a consultant sports and exercise medicine physician. He has an interest in sports injuries, managing medical issues in active people and in using physical activity as medicine.

He is the Medical Director of New Zealand Football, the Silver Ferns and the ITU World Championship Triathlon event held in Auckland. He is also involved with ASB Classic and Heineken Open Tennis Tournaments and holds an academic post with the University of Auckland.

Mark's research interests include football injuries, tendon pathology and injury prevention.

Mark practises at Unisports Sports Medicine, 71 Merton Road
Ph: (09) 521 9811



Associate Professor Vernon Harvey – Medical Oncologist

Vernon been a consultant Medical Oncologist at Auckland Hospital since 1984 and in private practice since 1992. He is currently consulting in the rooms One Six One, Gillies Ave.

Vernon's primary interest is the management of patients with breast cancer and welcomes phone calls to discuss potential referrals. He is a keen supporter of clinical trials and was made an Officer of the New Zealand Order of Merit (ONZM) for services to Medicine, particularly Oncology Research in the 2010 New Years Honours.

Vernon is a member of the Cancer Treatment Subcommittee of PHARMAC, the government agency responsible for public funding of medicines in NZ.

For appointments Ph: (09) 623 2161, Fax: (09) 623 4161
Email: oncology@onesixone.co.nz
or visit our website: www.onesixone.co.nz



Professor John Kolbe – Respiratory Physician

John Kolbe is a graduate of the University of Queensland. His postgraduate training was undertaken in Auckland and then at Johns Hopkins Medical Institutions, Baltimore MD. He is currently a respiratory physician at Auckland City Hospital and Professor of Medicine and Head, Department of Medicine, Faculty of Medical and Health Sciences, University of Auckland. Previous roles have included: President of the Thoracic Society of Australia & New Zealand, and more recently President, Royal Australasian College of Physicians (2010- 2012). His clinical interests include all aspects of respiratory including asthma, COPD, bronchiectasis, diffuse lung disease and lung cancer.

Please Ph: (09) 524 9055 for appointments



Mr Andrew Lienert – Urologist

Mr Andrew Lienert is a New Zealand trained urologist specialising in laparoscopic uro-oncology and kidney stone surgery. He also provides a full range of general urological expertise.

Andrew completed post-fellowship training at the prestigious Imperial College in London, UK. He mastered laparoscopic radical prostatectomy, laparoscopic nephrectomy and partial nephrectomy, and laparoscopic pyeloplasty while in London. He also learnt some new and novel techniques especially within the field of kidney stone surgery and sling surgery for male incontinence.

In addition he has been trained in laser prostatectomy (HoLEP) for treating male lower tract symptoms.

Andrew practises at Gilgit Road Specialist Centre and Eastmed
Ph: (09) 623 7525



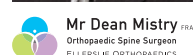
Mr Dean Mistry – Orthopaedic Spine Surgeon

As an NZ trained orthopaedic spine surgeon, I have returned to Auckland to establish my private practice after extensive fellowship spine surgery training in Sydney and Vancouver. I previously worked in Wellington Public Hospital.

I strongly believe that good communication with patients forms the basis for guiding them through an understanding of their pathology and engaging in rehabilitative treatments.

I look forward to receiving your enquiries and spending time with your patients at my full time private practice in Ascot Office Park. I operate at Brightside, Ascot, and Mercy Hospitals.

For more information or appointments please Ph: (09) 523 7052
Fax: (09) 522 0782, Email: dean@orthopaedicsurgeon.co.nz
or visit our website: www.orthopaedicsurgeon.co.nz



Dr Brendan O'Neill – Sports Physician

Dr Brendan O'Neill completed his medical studies through the University of Otago in 1996. He has been involved in sports and exercise medicine early in his career, initially in his four year term as a medical officer in the New Zealand Army, through to his graduation as a Fellow of the Australasian College of Sports Physicians (FACSP) in 2011.

Brendan has worked extensively in elite sports, including the ITM Cup, NRL, A-League and in Netball as the Medical Director. He is currently the Medical Director for BikeNZ and has a strong personal interest in cycling, running and swimming, regularly competing in triathlon and multisports events.

Brendan practises at Unisports Sports Medicine, 71 Merton Road and 22 Chartwell Avenue, Glenfield
Ph: (09) 521 9811 for enquiries and appointments



If you are interested in profiling
yourself and your services please
email info@healthpoint.co.nz
or phone (09) 630 0828

www.healthpoint.co.nz



Dr Craig Panther – Sports Physician

Dr Craig Panther graduated from Auckland University in 1994 and initially worked in sports medicine on a part time basis, including as team doctor for the All Whites in 2001 and for the French America's Cup syndicate in 2003. From 2006-8 he spent two years in London, working full-time in private practice at Pure Sports Medicine, and as a club doctor at Premier League club Fulham FC.

He began ACSF fellowship training in 2009 and spent 2 years working in Melbourne at the Olympic Park Sports Medicine Centre, and with AFL club Geelong FC.

**Craig practises at Unisports Sports Medicine, 71 Merton Road and 22 Chartwell Avenue, Glenfield
Ph: (09) 521 9811 for enquiries and appointments**



Dr Jackie Smalldridge – Urogynaecologist

Jackie moved her private rooms at the end of July 2013 to OneSixOne at 161 Gillies Ave, Epsom.

"I'm looking forward to working in a new environment where there is a day stay theatre, urodynamics, and nursing support."

Jackie became a specialist in obstetrics and gynaecology in 1994 and has been working at Counties Manukau Health as a specialist gynaecologist since then. Jackie's area of expertise is in the management of urinary incontinence, prolapse, urodynamics and general gynaecology.

**For urogynaecology and general gynaecology referrals please:
Ph: (09) 623 0161, Fax: (09) 623 4161
email: smalldridge@onesixone.co.nz
or visit the website www.onesixone.co.nz**



Vein & Laser – Vein, Face and Laser Treatments

Vein & Laser is a specialist varicose vein medical clinic that offers surgical and non-surgical vein treatment options to both male and female patients. We also provide small (spider) vein treatments, wrinkle reduction, laser hair removal, tattoo removal & sunspot removal.

Treatments are provided at our centres in Herne Bay, North Shore and Warkworth by our dedicated team of doctors, sonographers and laser nurses. Dr Elisabeth De Felice is our vein physician and Mr Stan Govender our vein surgeon.

We are a Southern Cross affiliated provider for certain treatments.

**For referrals Ph: (09) 410 0990, Fax: (09) 410 0993
Email: info@veinandlaser.co.nz**

Dr Michelle Wong – Otolaryngologist

Michelle graduated from Auckland Medical School and specialist trained in highly competitive Sydney, Australia and Oxford, UK. Returning to New Zealand in 2010, Michelle now holds her public appointment at Auckland Hospital and offers private clinics in Remuera, Albany and Silverdale.

Michelle is happy to see patients with all general and paediatric ENT concerns and has a specialist interest in diseases of the ear, including childhood ear and hearing problems, surgery for ear infections, cholesteatoma, otosclerosis, and balance issues.

For enquiries and appointments please phone: (09) 522 0989



Auckland DHB

Ophthalmology Update

The Acute Eye Service at Greenlane Clinical Centre has been split into two separate clinics including the ARC (Acute Referral Clinic) and EEC (Emergency Eye Clinic).



These changes have streamlined the process, improved patient waiting times, and allowed for much easier access to the service for referrers. A dedicated phone line with a direct dial number (avoiding transfer through the hospital switchboard) gives referrers immediate access to talk to a clinician in ARC. If the patient needs to be seen, a time for the patient to attend the clinic will be organised according to the urgency of the problem. All acute referrals should be sent through this system.

This clinic is available Monday – Friday 8.00am – 4.30pm, however the Acute Eye Referral Line is staffed at all times.

All eye emergencies i.e. chemical burns, penetrating eye injuries etc. will be seen immediately. This is a very busy phone and we appreciate your patience by trying to call again.

Acute Eye Referral Line: (09) 630 9964.

NB: Please do not give this phone number to patients. This is a dedicated number for referrals only.

The walk-in Emergency Eye Clinic (EEC) is still available but patients may have a long wait of up to six hours. Therefore it is preferable for them to be referred and offered an appointment in ARC. Non-acute patients who present to EEC will be advised to return to their GP or optometrist for a referral to the routine clinic system via the Central Referrals Office.

The process for non-acute referrals remains unchanged with all referrals to be sent to the Central Referrals Office.

Auckland DHB Ophthalmology Services

We are continuously updating the information on our Healthpoint page to try to provide the most up to date information. Recently we have introduced two new referral forms for Glaucoma and Suspected Wet AMD, and there are more being developed. These forms outline the required information to ensure appropriate triage of referrals can be made. We have also updated the hydroxychloroquine screening protocol.

Sore throat management guidance for primary care practitioners

Reducing the rate of rheumatic fever by 66 percent over five years is a key government target. The aim is to reduce the high rates in Pacific and Maori people to that of New Zealand Europeans.

Group A Streptococcus (GAS) infection is a necessary precursor to rheumatic fever in susceptible individuals. Early identification and treatment of GAS in high risk individuals is essential to eradicate this disease. At the same time, unnecessary investigations and antibiotic treatment of sore throats in low risk individuals are to be avoided. To support primary care practitioners in assessing the risk and providing the most appropriate management, the sore throat management decision guide is now available on Healthpoint - Auckland Regional Clinical Pathways site (www.healthpoint.co.nz)

This guideline has been adapted from the New Zealand Primary Care Handbook 2012, (pages 85-91). Primary care practitioners are encouraged to use the guidance to assist with decision making when a patient presents with a sore throat.

**The guide is found on this link:
www.healthpointpathways.co.nz/sore-throat/**

Waitemata DHB

The doors to Waitemata DHB's Elective Surgery Centre (ESC) opened for business on July 15 following a formal opening ceremony on July 11.

Speaking to more than 150 visitors gathered to recognise and celebrate the opening of the new facility, Minister of Health Hon Tony Ryall congratulated Waitemata DHB for its innovation and future focus.

"There's a huge demand in New Zealand with our ageing population for elective surgery with more New Zealanders wanting the relief of pain and the restoration of wellness. And that's why investing in elective services is so important," he said.

The ESC model of care is at the forefront of global trends in healthcare to separate emergency/acute care from elective services and aims to increase efficiency and productivity by separating acute surgery from elective, cohorting patients and having dedicated teams of clinicians working together to support shorter patient journeys to elective surgery. While only having been operational for just a few weeks, the ESC is well on its way to being one of the most productive and cost-effective public operating theatres in New Zealand.

Only days before the ESC was officially opened the pilot programme it stemmed from won a public sector excellence award. The pilot scheme, a clinician-led, incentive-based model for hip and knee surgery at Waitakere Hospital, won a highly commended recognition by the 2013 IPANZ Gen-i judges at the awards on July 3.

Check out ESC information on Healthpoint.



Waitemata DHB's Elective Surgery Centre (ESC)

Northland DHB

There have been several recent additions to our services information on Healthpoint.



These are:

Maternity: a link to the new website: How to find your midwife.

Liver: details of the fibro scan service.

Orthopaedics: a table to help with the diagnosis and management of shoulder problems.

Paediatrics: a link to a web page on developmental assessment with a useful checklist of considerations.

Renal: patient sheets on dietary changes for potassium (what to eat to reduce your blood level) and sodium (low salt diet information sheet and pictorial chart for patients).

Mental Health: a redesign of the Alcohol and Drugs service site.

A reminder that probably the quickest way to access the Healthpoint site is via the "H" icon you use to access the eReferrals. Go to the Healthlink home page, from here you can access Healthpoint with no additional login. This is something that would be well worth passing onto your nursing staff. I frequently talk to nurses who are not aware of this option.

If you are not sure of the referral process for a specific problem, I would recommend a search on Healthpoint before ringing a booking clerk.

Please let us know if there are gaps in the information so we can remedy this.

Dr Di Davis

Counties Manukau Health

Counties Manukau Health have now completed a full maternity upgrade to include comprehensive midwifery information on midwives and birthing facilities. The maternity 'pink' pages help inform and connect women in the Counties region with maternity services in the area they live. Profiles for 48 midwifery services are now live as well as pages for DHB Community, Diabetes in Pregnancy, Young Mums and Maternal & Fetal Medicine Midwives. The Assessment, Labour and Birthing Unit (ALBU) at Middlemore Hospital has also been added offering an array of information such as 'what to bring' and 'where to park' for expecting mums and their whanau.



Other new or recently amended guidelines/pathways now live:

- **NEW** CM Health Maternal Mental Health Service
- **NEW** CM Health Wound Care Service
- CM Health Services for Older People – Dementia Care Pathway and The Memory Team launch information
- CM Health Gastroenterology and Hepatology and General Surgery have added rectal bleeding guidelines
- CM Health GP Liaisons – GP liaison contact details

Access, Training and Feedback

If you have any GPs or practice nurses new to your practice or who may like a quick training session on accessing and using Healthpoint please contact Nikki Rhind, Primary Care Communications Co-ordinator, and she will arrange a time to visit.

If you have any feedback or requests for referral information please either contact Nikki Rhind directly or click on the feedback box found on all clinical information pages. Nikki.rhind@cmdhb.org.nz Ph: (09) 276 0044 ext. 9077

Healthpoint Limited manages a web based portal of information about health services, which helps the public and referrers better understand and use health services. www.healthpoint.co.nz

Better understanding means more effective use, leading to better health outcomes and less cost.

Regional News

Auckland Regional Clinical Pathways:

There have been some recent clinical pathway additions to the Auckland Regional Clinical Pathways section on Healthpoint.

The following pathways have been added in July and include:

- Sore Throat
- Adult Cellulitis
- Depression x 4 (summary, mild, moderate, severe)

The following pathways are due to be added in August, except where otherwise indicated:

- Paediatric Gastroenterology (POAC) – September / October
- Management of the Febrile child (POAC) – September / October
- Paediatric Cellulitis
- Infected Paediatric Eczema
- Paediatric Scabies
- Paediatric Abscess
- Paediatric Impetigo
- Paediatric Croup – September / October
- Paediatric Bronchiolitis – September / October
- Paediatric Pneumonia – September / October
- Paediatric Eczema – September / October
- Cognitive Impairment (NDHB) – September / October

Those previously published and available include:

- Community Acquired Pneumonia (CAP)
- COPD
- Deep Vein Thrombosis (DVT)
- Dyspepsia
- Acute Gout
- Gout Prevention
- Iron Deficiency Anaemia
- Minor Skin Surgery
- TIA
- Vertigo

To access these pathways go to www.healthpoint.co.nz

Use your username and password to log in if you are outside the DHB or in general practice, then click on the Auckland Regional Clinical Pathways link below the DHB logos (see screenshot below).

If you are working in a DHB where you have access to the intranet you will automatically be logged into the medical professional area.

Alternatively you can insert the following URL into your browser.

www.healthpointpathways.co.nz

The screenshot shows the Healthpoint Medical Professional Site interface. At the top, the browser address bar displays www.healthpoint.co.nz. The site header includes the Healthpoint logo and a navigation menu with links for Hospitals & Specialists, GPs (General Practice), Maternity Services, Eye Care Services, NGO Mental Health & Addictions, Dentistry, and Cancer Support. The main content area is titled "Medical Professional Site DHB Service Directory" and features logos for various District Health Boards: Auckland DHB, Capital & Coast DHB, Counties Manukau Health, Northland DHB, Waitemata DHB, and Starship Children's Health. A prominent orange arrow points to the "Clinical Pathways" section, which includes a link to "Access the new Auckland Regional Clinical Pathways content." Below this is a search bar with filters for Region (Central Auckland), Limit to (All, DHB, Private), and checkboxes for Clinical and Referral, and Consumer. A "Find a Service" section lists various medical specialties such as Allergy and Immunology, Nephrology (Renal), Neurology, Neurosurgery, Obstetric and Gynaecology, Occupational Medicine, Older People's Health, Anaesthesia, Breast, Burns, and Cardio Thoracic Surgery. On the right side, there is a "Your Bookmarks" section listing various services like Auckland DHB Gastroenterology and Hepatology, and a "Useful Information" section with links to Patient Rights, Support Groups, Government Organisations, Medical Organisations, Health Careers, and ACC. The bottom of the page shows a timestamp: "Our information last updated at 8:52AM on August 9, 2013".