

# info matters



A newsletter to all Medical Specialists and GPs throughout the Auckland and Northland regions

July 2012

## Healthpoint News

### There are approximately 95% of private medical specialists in the Auckland region listed on Healthpoint

Do you know how to quickly find the private medical specialists you want? It's really easy.

- Go to the medical professional page of Healthpoint, which requires your username and password.
- Look for the light blue search engine, titled 'Search Healthpoint.'

See example below:

If you are looking for a medical specialist (an orthopaedic surgeon who specialises in knee surgery).

The screenshot shows the 'Medical Professional Site' on Healthpoint. The page has a sidebar on the left with navigation links: Hospitals & Specialists, GPs (Primary Care), Maternity Services, Eye Care Services, NGO Mental Health & Addictions, Dentistry, and Cancer Support. The main content area is titled 'Medical Professional Site' and 'DHB Service Directory'. It features a search bar with the text 'Find information for...'. Below the search bar, there are logos for various DHBs: Auckland DHB, Capital & Coast DHB, Counties Manukau DHB, Northland DHB, Waitemata DHB, and Starship Children's Health. A 'Search Healthpoint' section is visible, with a 'Region' dropdown set to 'Central Auckland (change)', a 'Limit to' section with radio buttons for 'All', 'DHB', and 'Private' (selected), and checkboxes for 'Services' and 'Consultants' (checked). The 'Keywords' field contains the word 'Knee'. A small arrow button is next to the keywords field. On the right side, there are links for 'Your Bookings' and 'Useful Info'.

Annotations on the screenshot:

- Click on (change), to change your region. You can click on more than one region.
- Click on private, and tick consultants.
- Type in a key word like 'Knee', then click on the small arrow to the right.

- A list of surgeons will appear.



## Mr Philip Allen, Colorectal & General Surgeon

Philip Allen is a locally trained general surgeon specialising in colorectal surgery. He obtained experience in the UK and Australia before setting up in private practice in Auckland in 1995.

He consults most days of the week from his rooms in St. Marks Rd, as well as operating at Mercy Hospital and undertaking colonoscopy and gastroscopy both in Epsom and on the North Shore.

He has extensive experience in laparoscopic surgery for bowel cancer and other conditions. Interests also include:

- Haemorrhoids, anal fissures and fistulas
- Pilonidal sinus surgery
- Laparoscopic hernia repair

For appointments please Ph: (09) 529 4172 or email: phil.allen@xtra.co.nz



We are pleased to welcome Drs Rachel Bergman and Tim King to our practice.

We were established in 1994 and continue to grow our practice offering a comprehensive service in gastroenterology and hepatology. We have a central location in the Mercy Specialist Centre, Epsom and benefit from the extensive range of support services at Mercy Hospital (such as Mercy Radiology with the latest MR scanner and PET/CT and Mercy Endoscopy offering complete endoscopy services including ERCP).

We also collaborate with a wide range of upper GI, colorectal, hepatobiliary, liver and bariatric surgeons and also oncology services who use our rooms or have a nearby practice.

For appointments please Ph: (09) 630 1838, Fax: (09) 630 8589 or email: admin@aucklandgastro.co.nz

## Auckland Head and Neck Associates

Providing clinical assessment, nasendoscopy, neck ultrasound and fine needle aspiration (FNA) Biopsy.

For a one stop management of all thyroid and neck lumps and head and neck pathology

Mr John Chaplin, Ph: (09) 631 1948  
www.thyroid.co.nz

Mr Nick McIvor, Ph: (09) 488 7349  
www.neck.co.nz



Auckland  
Head & Neck  
Associates

## BEXLEY CLINIC

### Bexley Clinic, Mental Health Service

Bexley Clinic is the premier provider of private mental health care in the Auckland region.

We have seven psychiatrists, all fellows of the RANZCP of whom two are women. We also have a male and a female registered clinical psychologist.

Our scope of work ranges from adult general psychiatry, psychology including cognitive and dialectical behavioural therapy and counselling, maternal mental health and forensic psychiatry and psychology (related to legal issues).

Reception staff manage referrals and enquiries during office hours.

For appointments please Ph: (09) 520 5280, Fax: (09) 520 5284 or email: bexleyclinic@xtra.co.nz



## Mr Michael Booth, General & Bariatric Surgeon

Surgery for morbid obesity – gastric bypass / sleeve gastrectomy / adjustable gastric banding.

Morbid obesity is a serious disease affecting 2-5% of New Zealanders. Surgical intervention is indicated in patients with a BMI of over 40 or over 35 with or without significant co-morbidities.

Bariatric surgery is of use for those patients who have unsuccessfully and repeatedly tried diets and exercise programs in the past. It is particularly effective in the treatment of Type II diabetes, obstructive sleep apnoea and the metabolic syndrome.

For appointments and further information please Ph: (09) 623 3098 or 0508 934 448



### Brightside increases surgical nursing capabilities

A new Intermediate Care Facility developed at Southern Cross Hospital, Brightside is a specialised post-operative unit for patients requiring an enhanced level of monitoring and care, and the first such private sector facility in central Auckland. Developed in consultation with medical specialists, and consultant anaesthetist Dr John Foy, it offers access to state-of-the-art dynamic monitoring systems and a specially trained nursing team.

Ph: (09) 925 4200, Fax: (09) 925 4201 or email: brightside@southerncrosshospitals.co.nz

## AUCKLAND HEART GROUP 2012 GP SYMPOSIUM

Saturday 4 August, 2012  
WAIPUNA CONFERENCE CENTRE  
Endorsed by the RNZCGPs

Register online: [www.heartgroup.co.nz](http://www.heartgroup.co.nz)  
Enquiries to [cme@heartgroup.co.nz](mailto:cme@heartgroup.co.nz)

Not to be missed

Not to be missed

### Canopy Cancer Care

Canopy Cancer Care is a newly established cancer clinic at Mercy Hospital in Epsom. The practice consists of seven of New Zealand's most well-known oncologists and haematologists, specialising in a number of cancer disciplines.

The Canopy team are all passionate professionals committed to the good health and wellbeing of their patients. Their aim is to deliver world class tailored cancer treatment in a dignified and respectful manner for their patients and their families.

Ph: (09) 623 5602, Fax: (09) 638 7295, [www.canopycancercare.co.nz](http://www.canopycancercare.co.nz)



CANOPY  
CANCER  
CARE



### Dr Megan Cornere, Respiratory Physician

Megan is a NZ trained respiratory physician. In 2001 she travelled to the United Kingdom where she studied for a PhD in infection and immunology at Imperial College, gaining a fellowship from the British Infection Society. She spent 2 years in San Jose California before returning to New Zealand in 2008 where she is a Respiratory Physician at North Shore and Waitakere hospitals and currently Clinical Director of Respiratory Medicine for the Waitemata DHB. Dr Cornere has expertise in all fields of respiratory medicine and a special interest in chronic cough, bronchiectasis, asthma and management of chronic airways disease. She will be working out of the Medplus Building, 327 Lake Road, Hauraki Corner Takapuna.

For appointments and enquiries Ph: (09) 489 2011 Fax: (09) 282 4741  
or email: [megancornere@respmed.co.nz](mailto:megancornere@respmed.co.nz)

**RespMed**  
Dr Megan Cornere  
MBCHB, FRACP, PhD  
Respiratory Physician



### Mr Simon Edmonds, Gynaecological Surgeon

Simon (MBBS, BSc, MRCOG, FRCSEd, FRANZCOG) has joined Ascot Central Women's Clinic. He is a UK trained gynaecologist with a special interest in laparoscopic surgery, including hysterectomy and the treatment of severe endometriosis. His initial training was undertaken at St Thomas's Hospital in London, followed by five years as a consultant in the South East of England. He moved to Auckland in 2010 where he is now the lead for gynaecology at Middlemore Hospital.

For appointments Ph: (09) 520 9361,  
Fax: (09) 520 9362



### Mr Gary French, Orthopaedic Surgeon

Mr Gary French – Ormiston Orthopaedics, is an experienced hip, knee and musculoskeletal oncology orthopaedic surgeon who is now dedicating his full attention to private practice at Ormiston Hospital. Gary had spent over 18 years committed service at Counties Manukau DHB, and although still an honorary consultant, he is now concentrating on his private service.

Gary is an affiliated provider to Southern Cross Health Society for primary total hip and knee joint replacement surgery. Other surgery he provides includes:

- primary and revision total hip and knee joint replacement
- knee arthroscopy
- bone and soft tissue tumour surgery
- foot, ankle and general orthopaedic surgery

For enquiries and appointments please call Johanna on:  
(09) 252 0370

If you are interested in profiling  
yourself and your services please  
email [info@healthpoint.co.nz](mailto:info@healthpoint.co.nz)  
or phone (09) 630 0828



### Mr Rob Fris, General & Bariatric Surgeon

Bariatric surgery is technically extremely difficult, and fraught with problems. This is because the morbidly obese have an abnormal amount of fat affecting nearly every organ in the body, and so the patient is not in good health, and the tissue is also in a poor state. The pre-operative Optifast™ regime to minimise the size of the liver and reduce the amount of fat dripping becomes

very important. My research that was published on this liver fat reduction is now internationally recognised and followed.

One of the benefits of working with the morbidly obese is that other laparoscopic procedures inside "normal" sized abdomens become easier, safer and cost effective. And so instead of taking one and a half hours for a laparoscopic cholecystectomy, the average time is reduced to 30 minutes.

So after 21 years of laparoscopic surgery I have decided to cut back on bariatric surgery and concentrate on cholecystectomies, anti-reflux procedures, and all types of hernias, and varicose veins through "The Vein Centre".

[www.theveincentre.co.nz](http://www.theveincentre.co.nz), Ph: (09) 444 3660

### Kensington Hospital, Whangarei

Kensington Hospital is Northland's only private surgical hospital offering a relaxing environment which blends modern facilities and traditional personal attention. With four operating theatres and a 19 bed inpatient suite, the hospital performs a broad range of surgical procedures including orthopaedic, general surgery, endoscopy, gynaecology, ENT, ophthalmology, plastic surgery and urology.

Ph: (09) 437 9080, email: [admin@kensingtonhospital.co.nz](mailto:admin@kensingtonhospital.co.nz)  
[www.kensingtonhospital.co.nz](http://www.kensingtonhospital.co.nz)



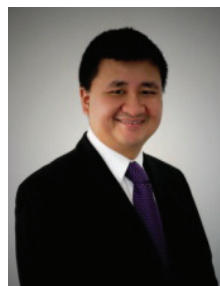
### Dr Padmaja Koya, Gynaecologist & Laparoscopic Surgeon

Padmaja subspecialises in laparoscopic gynaecology and the majority of her practice is major laparoscopic surgery – total laparoscopic hysterectomy, fibroid removal, endometriosis, ovarian cyst removal. She has been in private practice in Auckland for over 10 years and works part time at National Women's hospital at Auckland City. She is a training supervisor and is involved

with training gynaecology fellows in laparoscopy.

She operates at Ascot and Southern Cross Brightside hospitals and consults at 161 Gillies Ave and Ascot. She can be contacted through her office for advice and consultation.

The office numbers are Ph: (09) 529 4395 and Fax: (09) 529 4396.  
Edi: [padmajak](mailto:padmajak)



### Mr Stanley Loo, Plastic Reconstructive & Cosmetic Surgeon

Stanley Loo is a fully trained and qualified plastic reconstructive and cosmetic surgeon who has particular interest in skin cancer, breast, hand, cosmetic and reconstructive surgery. He is committed in providing care to the highest standard.

Originally from Auckland, Stanley graduated in 1995 and gained international experience in New Zealand, Malaysia, Taiwan, South Korea and Japan. Stanley is a consultant plastic surgeon at Middlemore hospital and also consults privately at East Care Medical Specialist Centre.

For appointments please  
Ph: (09) 277 1540, Fax: (09) 277 1559 or  
email: [ask@plasticsurgerynz.org.nz](mailto:ask@plasticsurgerynz.org.nz)  
[www.plasticsurgerynz.org.nz](http://www.plasticsurgerynz.org.nz)





### **Dr Steven Miller, Endocrinologist, Waitemata Endocrinology**

Steven studied medicine at the University of Glasgow. After completing specialist training in the UK, picking up a PhD in diabetes research and enjoying a postdoctoral fellowship in Sydney, he moved to Auckland in 2010 and now works as consultant physician at North Shore and Waitakere Hospitals.

At Steven's new private service, Waitemata Endocrinology, patients can be seen

promptly in rooms on the North Shore, and he welcomes referrals in all areas of endocrinology and diabetes.

**Ph: (09) 441 2750, Fax: (09) 441 2759, 13-15 Shea Terrace, Takapuna**  
**www.waitemata-endocrinology.co.nz**



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H E A L T H  
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### **Dr Claire McLintock, Haematologist & Obstetric Physician**

Claire gained her undergraduate degree in Edinburgh, Scotland but moved to Auckland in 1990 where she completed joint training as a physician and pathologist specialising in haematology and later obstetric medicine. Her hospital appointment is with National Women's Health where she is clinical director of obstetric medicine but in private she enjoys looking after patients with general haematological (blood) disorders as well as women who have medical problems that complicate pregnancy or women who have developed pregnancy complications such as miscarriage and preeclampsia.

**For appointments Ph: (09) 360 0360 or visit the website:**  
**www.redhealth.org.nz**

### **Dr Helen Rawlinson, Orthopaedic Foot & Ankle Surgeon**

Helen graduated from Otago Medical School in 1995 and completed her Orthopaedic training in 2005.

Helen completed 18 months fellowship training in foot and ankle surgery; six months with Matthew Tomlinson in Auckland and 12 months in Seattle USA.

She is a consultant at Auckland City hospital focusing on orthopaedic trauma, foot & ankle surgery, hip and knee arthroplasty as well as other general orthopaedic surgery. Helen consults at the Ascot Office Park, Silverdale Medical Centre, and Eastridge White Cross.

**Please Ph: (09) 523 2766 or Fax: (09) 522 0786**



### **Mr Chris Seeley, Ear Nose & Throat Surgeon, Northland Ear, Nose & Throat**

Chris was appointed as a consultant ENT surgeon at Whangarei Hospital in 1992 and works privately at Northland Ear, Nose & Throat.

He is experienced in the management of all general ENT disorders with particular expertise in paediatric otolaryngology, management of allergic rhinitis, sinusitis and head and neck skin cancers, plus interest in snoring and obstructive sleep apnoea.

He is experienced in using innovative techniques in both sinus surgery (functional endoscopic sinus surgery) and tonsillectomy which minimise surgical complications.

The Kowhai Court practice is equipped with modern technology and offers adequate parking and easy wheelchair access.

Referral to the practice can be made by: e-mail, mail, telephone or fax.

**Ph: (09) 438 4884, Fax: (09) 438 7664, email: entnorth@orcon.net.nz**  
**Please see the Healthpoint profile for more information.**



### **Shore Birth, Obstetric Specialists**

Delivering babies for over 25 years.

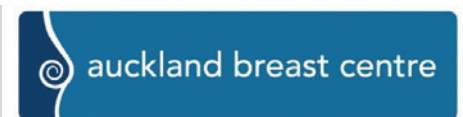
Shore Birth offers specialist lead care and shared care options during pregnancy and birth.

Shore Birth is made up of a team of six specialist obstetricians (five are women doctors) who work together with our practice midwives to provide 24/7 option of private obstetric care.

**Obstetricians include:**

Dr Vijay Bhoola	Dr Abir Abed-Ali
Dr Kerri Meuli	Dr Helen Allen
Dr Maha Haddad	Dr Alex Ivancevic

**Ph: (09) 475 0099, Fax: (09) 479 4080 or**  
**email: office@shorebirth.co.nz**



### **Dr Erica Whineray Kelly, Breast Surgeon**

Erica is an Otago graduate who trained in general surgery in New Zealand, also working at St Vincent's hospital in Dublin, and doing an oncological fellowship in

Auckland. She is now a specialist breast surgeon at Auckland Breast Centre and Breast Screen Waitemata/Northland. Erica is a member of BreastSurg ANZ, Australasian Society for Breast Disease, and a surgical auditor for BSA, and on the executive of the Auckland Breast Cancer Study Group.

**For appointments please Ph: (09) 488 9179, Fax: (09) 486 0410 or**  
**email: info@aucklandbreastcentre.co.nz**

### **Professor John Windsor, General & Laparoscopic Surgeon**

John is an experienced general and laparoscopic surgeon specialising in pancreatic, biliary, gastric and oesophageal surgery. Providing expert, personal and multi-disciplinary care.

**HBP/Upper GI Surgery Limited, Mercy Specialist Centre, 100 Mountain Rd, Epsom.**  
**Ph: (09) 623 7126, Fax: (09) 630 8589 or**  
**email: j.windsor@auckland.ac.nz**  
**Mob: (021) 901 930**



**www.healthpoint.co.nz**



## Clinical Pathways Live

Recently GAIHN have launched a number of new clinical pathways. These have been developed by regional teams of expert primary and secondary care clinicians to reflect current best practice in the New Zealand context.

The pathways are easily accessible by clicking on the "Clinical Pathways" box on the Healthpoint Medical Professional page. (See arrow on graphic below)

Pathways now live are:	Over the next weeks and months the following pathways will be added:
<ul style="list-style-type: none"> <li>• TIA</li> <li>• Community Acquired Pneumonia</li> <li>• COPD</li> <li>• DVT</li> <li>• Acute Gout</li> <li>• Gout Prevention</li> <li>• Iron Deficiency Anaemia</li> <li>• Dyspepsia</li> <li>• Minor Skin Surgery</li> </ul>	<ul style="list-style-type: none"> <li>• Chronic Kidney Disease</li> <li>• Cellulitis</li> <li>• Depression/Anxiety</li> <li>• CHF</li> </ul>

Where necessary the pathways will provide guidance for access to local services.

The DVT pathway includes a new primary care clinical decision rule with a point of care d-dimer test (initially distributed via POAC). This will support primary care to make real time decisions on referral to ultrasound.

We will continue to update you and link with local CME sessions as new pathways are released live.

Please provide any feedback to the GAIHN clinical pathways project manager, Kris Vette – [kris.vette@gaihn.health.nz](mailto:kris.vette@gaihn.health.nz)

**healthpoint**  
INFORMATION MATTERS

**Medical Professional Site**  
DHB Service Directory

Find information for...

- Hospitals & Specialists
- GPs (Primary Care)
- Maternity Services
- NEW Eye Care Services
- NEW NGO Mental Health & Addictions
- NEW Dentistry
- NEW Cancer Support

Our information last updated at 10:38AM on July 4, 2012

**Measles Information — Auckland Region only**

**Auckland DHB**

**Capital & Coast DHB**

**Counties Manukau DHB**

**Northland DHB**

**Waitemata DHB**

**Starship Children's Health**

**NEW Clinical Pathways**  
Access the new [Auckland Regional Clinical Pathways](#) content.

**Search Healthpoint**

Region: All regions ([change](#))

Limit to: ☐ All ☒ DHB ☐ Private

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

To view go to: [www.healthpoint.co.nz](http://www.healthpoint.co.nz)

## Auckland DHB

### ADHB Radiology, CMDHB Radiology, WDHB Radiology

All hospitals now triage incoming referrals for radiology from GPs. There is a set of "acceptance criteria" published on the respective radiology parts of the DHB's HEALTHPOINT websites. Please check on these before sending a request in. Doctors who have used the criteria will have noticed that they are required to give a reasonable amount of clinical information before referrals will be accepted for triage. For example, if you request liver ultrasound for suspect steatosis, then you should include a note of the patient's current alcohol consumption, a list of all drugs they are taking and the results of two LFTs 3 months apart. If you request pelvic ultrasound for abnormal menstrual bleeding in an under 45 year old, you need to include the results of your 3 month trial of tranexamic acid and/or hormones. Including this information enables the radiologist to give high priority to patients who need scans soon, and lower priority (or sometimes no priority) where the results of a scan, positive or negative, have little or no chance of usefully informing future clinical decision making. Including a BMI on all referrals is very useful in helping make the decision about whether ultrasound or MRI or CT is the best test in a particular patient.

### New Acute Eye Service at Greenlane Clinical Centre (ADHB)

From Monday 28 May there were changes to the way the acute eye service is offered at Greenlane Clinical Centre. These changes will streamline the process, improve patient waiting times, and allow for much easier access to the service for referrers.

The service will be separated into two clinics:

ARC (Acute Referral Clinic) and EEC (Emergency Eye Clinic).

A dedicated phone line with a direct dial number (avoiding transfer through the hospital switchboard) will give referrers immediate access to talk to a clinician in the Acute Referral Clinic. If the patient needs to be seen, a time for the patient to attend the clinic will be organised according to the urgency of the problem. This will avoid long waits for patients.

All acute referrals should be sent through this system. This clinic is available Monday-Friday 8am-4.30pm, however the Acute Eye Referral Line is staffed at all times.

#### Acute Eye Referral Phone Line: (09) 630 9964

The walk-in Emergency Eye Clinic is still available however patients may have a long wait of up to 6 hours, therefore it is preferable for them to be referred and offered an appointment in ARC. Non-acute patients who present at the EEC will be advised to return to their GP or optometrist for a referral to the routine clinic system via the Central Referrals Office.

The process for non-acute referrals remains unchanged with all referrals to be sent to the Central Referrals Office.



## Waitemata DHB

### One Point of Entry for Referrals to Older Adult and Adult Community Health Services at Waitemata DHB

From 28th May 2012 all external referrals to services for mental health of older adults at Waitemata DHB are being directed through the same entry point as the other services that make up Older Adults and Home Health. This is a significant milestone on the road to integration.

A single point of entry for referrals to district nursing, NASC, the geriatricians, gerontology nurse specialists, allied health, ostomy, continence and, more recently, AIRS services was originally established in 1999.

Integrating referrals to mental health services for older adults into this process is an enhancement to what has proven to be a very effective process.

**For Referrals to Older Adult and Home Health Services, including Mental Health of Older Adults, Fax (09) 486 8997.**

**For requests, information and advice, Ph: (09) 486 8945, ext 3222 (8.00am - 4.30pm, Mon to Fri)**

Criteria for referral to the different Waitemata DHB services are available through the medical professionals site on: [www.healthpoint.co.nz](http://www.healthpoint.co.nz)

### Hip/Knee Referrals – Prioritisation Tool Available

Waitemata DHB orthopaedics has recently added the 'Hip / Knee Referrals – Prioritisation Tool' to the medical professional orthopaedic service page. It is under the heading Referral Process or you can use the search box under the DHB logos to locate it. Remember to set your region to Waitemata DHB.



## Northland DHB

With the release of electronic prioritisation for our eReferrals, Healthpoint has never been more important to both you as a referring GP and to the hospital specialists. Most specialists are now able to provide rapid turnaround in respect to triage of eReferrals with the outcome being instantly messaged into your inbox. This opens up opportunities for the specialists to be able to provide advice to you, to enable the patient to have ongoing care in the community and avoid the inconvenience for the patient waiting for a hospital appointment.

So you will be seeing Healthpoint utilised in this way. Commonly recommended management protocols can be added to the sites and the specialist can simply refer you to the appropriate one.

I would encourage you all to consider setting up an organisation log-in so that all the team members, doctors and nurses, have the same log-in for practice. If you or your practice manager needs any help with this, don't hesitate to contact Win or myself.

I would also ask that you recommend this site to your locums as it will help orientate them to the processes of the NDHB. This is especially important in relation to the ultrasound guidelines that the DHB has. Reviewing these prior to referral will stop scans being declined and avoid delays for the patient in accessing the most appropriate treatment or investigations.

**Di Davis**

**GP Liaison Northland DHB**

**Mob: 021 830 938**



## Counties Manukau DHB



### New Service Information

Lymphoedema service now live.

### Service Updates

#### CMDHB Paediatric Outpatients – General Paediatrics New Guidelines

Dr Raj Maikoo has added the following guidelines for GP's to access;

- Cellulitis and abscess – guideline
- Coeliac management guidelines and flowchart
- Cough and wheeze – Your guide to bronchiolitis – patient handout
- Eczema – emollients available for use in eczema – 2012
- Eczema – topical corticosteroids in New Zealand – 2011

CMDHB Urology information has now been merged with the Auckland Regional Urology site. GP's can access directly from the CMDHB GP home page or via the search box. Patients can access consumer information from either the Manukau Super Clinic location page or search box.

### Access, Training and Feedback

If you have any GP's or practice nurses new to your practice or who may like a quick training session on accessing and using Healthpoint please contact Nikki Rhind, Primary Care Communications Co-ordinator, and she will arrange a time to visit.

If you have any feedback or requests for referral information please either contact Nikki Rhind directly or click on the feedback box found on all clinical information pages.

**email: [nikki.rhind@cmdhb.org.nz](mailto:nikki.rhind@cmdhb.org.nz)**

**Ph: (09) 276 0044 ext 9077**