

# info matters

## Healthpoint News



## Clinical pathways tool now available on Healthpoint

Working closely with Auckland region District Health Boards and GPs, we have developed a Clinical Pathways tool. This web-based system is designed to work seamlessly and instantly via the internet, including connectivity via modern mobile devices such as the iPad, iPhone and android devices (see photo above).

Simply by clicking on the Clinical Pathways content link in the medical professional section of the Healthpoint website, you can access an easy to follow pathway/algorithm with clinical guidance and links to comprehensive notes or tools.

The first two pathways, used for the development process and now live on Healthpoint, are Iron Deficiency and Dyspepsia. The next two will be DVT and TIA. These will be followed by many more. The pathways are inter-linked with and underpinned by Healthpoint's management platform. This ensures they are easy to edit and manage.

The development team, including the doctors and Healthpoint, believe that a pathway will provide a step by step approach with regional agreement between primary and secondary care that is the best evidence-based method to take.

It enables a consistent approach which will identify those at high risk who can be best sent to secondary care versus those who should be best treated in primary care. This means the patient gets the right treatment option at the right time, improving patient wellness and increasing system efficiencies.

To view go to:  
[www.healthpointpathways.co.nz](http://www.healthpointpathways.co.nz)

## Advanced Imaging Services

Advanced Imaging Services is an independent imaging practice that caters primarily to dental and maxillofacial practitioners. We run a Cone Beam CT scanner and the types of images produced range from a simple OPG and Lateral Cephalometric x-ray through to cross sectional imaging, and 3D reconstructions. We can also provide DICOM data which is compatible with numerous 3rd party software programmes used for dental/surgical planning procedures.

For enquiries or to book an appointment please call (09) 522 7198  
Email: [referrals@see-more.co.nz](mailto:referrals@see-more.co.nz)



Because no two eyes are the same, Auckland Eye offers two new approaches to cataract surgery: PersonalEyes® and PersonalEyes®plus. By utilising the latest diagnostic equipment, surgical techniques and lens implants, Auckland Eye offers a unique 'measure and match' approach to lens replacement. These personalised measurements enable us to recommend the perfect IOL to match individual readings, providing the best visual outcome possible.

For more information visit [www.aucklandeye.co.nz](http://www.aucklandeye.co.nz)



## Auckland Orthopaedic Practice (AOP)

is a group of highly trained, experienced orthopaedic surgeons who provide specialist treatment of bone, joint and musculoskeletal soft tissue problems.

The consultants at the practice are:

- Mr Brendan Coleman - Knee & Shoulder Specialist
- Mr Wolfgang Heiss-Dunlop - Hand, Wrist & Upper Limb Specialist
- Mr Peter Hucker - Hip & Knee Specialist
- Mr Kevin Karpik - Joint Replacement, Knee, Shoulder & Sports Injury Specialist
- Mr Chris Taylor - Hand, Wrist & Peripheral Nerve Specialist

To make an appointment either phone us on (09) 523 7050 or visit [www.aucklandorthopaedicpractice.co.nz](http://www.aucklandorthopaedicpractice.co.nz) for more details and consulting locations.

## Mr Michael Barnes – Consultant Orthopaedic and Spine Surgeon

Mr Mike Barnes is a New Zealand trained orthopaedic spine surgeon who undertook fellowship training in Australia and the USA. He spent 18 years as a consultant in the Auckland public hospitals and is currently in full-time private practice (Domain Orthopaedics, Parnell and Ormiston Hospital).

His practice is devoted entirely to surgery of the spine (cervical, thoracic, lumbar; degenerative, developmental, post traumatic).

For appointments contact Claire on  
Tel: (09) 307 4281  
Email: [claire@domainortho.co.nz](mailto:claire@domainortho.co.nz)



## Dr Satvinder Bhatia – General Paediatrician

'Dr Sat' trained in paediatric medicine in England, New Zealand and Australia. He currently works as a consultant paediatrician at North Shore Hospital and consults privately at Auckland Medical Specialists where he welcomes enquiries for all forms of common general paediatric medical problems. Dr Sat also periodically provides a locum service in rural and remote communities in Australia.

To book an appointment please call (09) 638 9945



Not to be missed

**AUCKLAND HEART GROUP**  
**2011 GP Symposium**  
RNZCGP Endorsed  
**Waipuna Conference Centre**  
**6 August, 9-3pm**  
Invitations and programme posted June  
Enquiries to: [cme@heartgroup.co.nz](mailto:cme@heartgroup.co.nz)

Not to be missed



**Auckland Obstetric Centre** in Parnell is a unique practice made up of six specialist obstetricians and support staff. They work as a team sharing patient care and expertise to provide the highest standard of pregnancy and birth care.

AOC provides a full range of care including pre-pregnancy advice, antenatal, labour, birth and postnatal care. They have an obstetric physician and paediatrician based at their centre and close links with physiotherapists, lactation consultants, psychologists and midwives to provide complete pregnancy care.

For further advice please contact AOC on (09) 367 1200 or visit [www.obstetrics.co.nz](http://www.obstetrics.co.nz)

**Mr Colin Brown** is a New Zealand trained ENT surgeon specialising in ear and hearing problems. He also welcomes general paediatric and adult ENT and sinus referrals.

Mr Brown is a consultant ear surgeon at Starship Children's Hospital and Cochlear Implant Programme. He is also Hon. senior lecturer in surgery, University of Auckland and immediate past president of the Australasian Society Paediatric Otolaryngology (ANZPORA).

For information: [www.ear.co.nz](http://www.ear.co.nz)  
For private consultations at Gillies Clinic, Epsom please phone: (09) 631 1965





**Mr Clayton Chan** is a New Zealand trained orthopaedic surgeon who specialises in spinal surgery and also hip and knee joint replacements.

He completed clinical fellowships in Toronto and Calgary before returning to work as a consultant at North Shore Hospital in 2002. He also consults privately at 131 Shakespeare Rd, Milford and at the White Cross St Lukes and Glenfield clinics.

Contact details – phone: (09) 486 0182  
Fax: (09) 486 0817



**Clayton Chan** MBChB FRACS  
Orthopaedic & Spine Surgeon

## Early Miscarriage Management at Columba at Ascot

- Procedure can be organised within 24 to 48 hours.
- Specialist gynaecologist will perform the procedure.
- Patients can self refer, GPs and midwives can refer directly to Columba. Require recent scan and antenatal bloods. Patient can be rescanned pre operatively.
- Specialised nursing staff.
- Surgical management of miscarriage is covered by most medical insurers.

[www.columbasurgical.co.nz](http://www.columbasurgical.co.nz)  
Ph: (09) 520 9527, Fax: (09) 520 9536



## Mr Murray Cox – Vascular Surgeon

Mr Murray Cox is a vascular surgeon managing all arterial, venous and other vascular conditions including risk assessment, diagnosis, imaging, and treatment. New Zealand trained with dual RACS fellowships in general and vascular surgery, he is a consultant at Middlemore and privately consults at Ormiston Hospital and Manukau Health Trust. Murray is also a Southern Cross affiliated provider accredited for varicose vein surgery.



For general enquiries or to book an appointment please call (09) 277 8249

## Mr David Crabb – Plastic Surgeon

Mr David Crabb is a plastic surgeon who obtained his medical degree in the UK before coming to NZ, completing his training in general surgery and then plastics.

David specialises in reconstructive surgery and has a long standing interest in skin cancer surgery and prevention of skin cancers which he incorporates into his practice.

He operates out of Northland DHB, Kensington Hospital, Vinery Lane Surgery and Rodney Surgical Centre, with clinics in Whangarei, Kerikeri and Warkworth.

For enquires or to book an appointment please phone (09) 438 8514



## Mr Stephen Dunn – General Surgeon

Stephen is a general surgeon with operating facilities at Vinery Lane Surgery and Kensington Hospital. He is a Southern Cross affiliated provider and welcomes referrals across a broad range of general surgery conditions including:

- |                        |                              |
|------------------------|------------------------------|
| • Upper GI Endoscopy   | • Skin Cancers               |
| • Breast Surgery       | • Hernia                     |
| • Laparoscopic Surgery | • Ultrasound Guided Biopsies |
| • Thyroid Surgery      | • Duplex Dopplers            |
| • Varicose Veins       | • Sclerotherapy              |

For appointments please call Maureen on (09) 438 7477  
Consults at Vinery Lane Surgery, 4 Vinery Lane, Whangarei



VINERY LANE  
SURGERY

**Mr Adam Durrant** is a New Zealand trained orthopaedic surgeon specialising in hand, shoulder and elbow surgery. Adam has completed subspecialty fellowships in Canada and Australia. Surgery he specialises in includes arthroscopic shoulder surgery (stabilisation, rotator cuff), shoulder and elbow joint replacement & arthroscopic elbow surgery. Hand surgery includes wrist arthroscopy and rheumatoid hand reconstruction.

Appointments can be made at his rooms in Ascot Park, Greenlane or at his peripheral clinics – White Cross New Lynn, CityMed (CBD) or One Health (Remuera Rd).



**Fertility Associates** have been busy building families for over 20 years and as part of our ongoing commitment to our patients, we offer a range of fertility related services including simple fertility tests for both men and women. We also have a range of free clinical resources for GP practices including the Biological Clock, the Pregnancy Wheel and our book Making Babies: the NZ guide to becoming pregnant.

If you would like copies of these for your practice, please email [info@fertilityassociates.co.nz](mailto:info@fertilityassociates.co.nz) or call 0800 10 28 28

## Hospice West Auckland

The HWA Community Palliative Care Team comprises a dedicated team of professionals, both clinical and non-clinical who strive to ensure specialist palliative care needs are met in the community. We welcome referral enquiries from GPs and other professionals and provide medical palliative specialist support to GPs caring for patients with specialist palliative care needs in the West Auckland region.

Contact Clinical Manager, Karen Talbot [karent@wah.org.nz](mailto:karent@wah.org.nz)  
or phone (09) 834 9755  
Web: [www.wah.org.nz](http://www.wah.org.nz)



## Dr Patrick Kay – Consultant Interventional Cardiologist

Patrick is a NZ trained cardiologist with European experience who has been supplying specialist cardiology services for over 12 years.

His private clinic covers all adult cardiology conditions and as an individual consultant provides a unique and personal patient service. Consulting locations are across the Auckland region.

Public appointments include a regional appointment for angioplasty over all Auckland DHBs.

For appointments please call: 0800 997 650, Fax (09) 623 2026



## Mrs Anne Kolbe

Anne is a specialist paediatric surgeon. Her special areas of interest include the care of children with hernias and hydrocoeles, undescended testes, umbilical hernia, tongue tie, circumcision, constipation and abdominal pain. Together with anaesthetist, Dr Kaye Ottaway, they provide quality day stay paediatric surgical care from the Auckland Surgical Centre in St Marks Road, Remuera, Auckland.

Please contact Linda: (09) 524 6473 Fax (09) 524 6472



## Dr Dinesh Lal – Gastroenterologist

Dinesh is an Auckland trained gastroenterologist and hepatologist and has been a specialist at Middlemore Hospital for 10 years. Graduated in 1988 and highly experienced in managing all aspects of general gastroenterology and liver disorders. Therapeutic endoscopist including gastroscopy, colonoscopy and ERCP.

Private work is at Ormiston Hospital, Manukau Health Trust, MacMurray Gastroenterology and Mt Roskill Medical and Surgical Centre.

For contact details see Healthpoint profile.



## Dr Keith Laubscher - Musculoskeletal & Interventional Pain Specialist

Dr Keith Laubscher has established the PAINCARE clinic as an outpatient pain management service with an interventional focus. The particular area of interest of the clinic is in the management of musculoskeletal and neuropathic pain.

For enquiries or to book an appointment please call (09) 523 7057.  
Consulting locations at Ascot Office Park & Victoria Central, Hamilton.



## Dr Paul Le Grice,

a dermatologist who specialises in skin laser treatment.

He established the Auckland Skin Laser Centre in 1994 to provide an expert diagnostic and treatment service for a wide variety of conditions ranging from skin cancers to cosmetically concerning skin changes. Paul and his team use a comprehensive range of lasers, light sources, focused ultrasound and other non-surgical skin treatments.

Contact details: 247 Remuera Road, Remuera, Auckland.

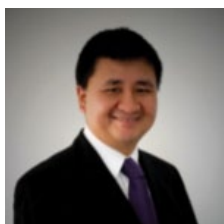
Phone: (09) 520 3200, Fax: (09) 520 5886

Email: mail@skinlaser.co.nz



**Mr Stanley Loo** is a New Zealand trained plastic surgeon with experience in all areas of plastic surgery. He specialises in cosmetic surgery, skin cancer surgery, head and neck surgery, reconstructive surgery, hand surgery and cleft lip and palate surgery. He completed fellowships in Taiwan, Japan, South Korea and Malaysia before returning to work at Middlemore Hospital and privately at Eastcare Specialist Centre.

For appointments please call (09) 277 1540 fax (09) 277 1559  
Website: [www.plasticsurgerynz.org.nz](http://www.plasticsurgerynz.org.nz)



**Dr Derek Luo** is a Chinese speaking New Zealand trained gastroenterologist who speaks Mandarin and Cantonese. He is a consultant at CMDHB. His post fellowship training was in advanced therapeutic endoscopy at the Institute of Digestive Disease, Hong Kong. He is experienced in the care of Asian patients with gastrointestinal and liver diseases.

To make an appointment for a consultation or endoscopy please contact:

MacMurray Gastroenterology, 5 MacMurray Rd, Remuera.

Tel: (09) 550 1080, Fax: (09) 550 1081.

[www.macmurray.co.nz](http://www.macmurray.co.nz)

Manukau Health Trust, 901 Great South Rd, Manurewa.

Tel: (09) 277 1648, Fax: (09) 277 1649

Email: [manukau@middlemore.co.nz](mailto:manukau@middlemore.co.nz)



## Mr Simon JC Mills – Orthopaedic Surgeon

Simon Mills has recently joined Healthpoint. He is an orthopaedic surgeon at Ascot Hospital where his practice has been established for ten years.

Simon's specialist interests are in hip and knee replacement, sports surgery, arthroscopic knee and ankle surgery, trauma, foot and ankle surgery.

He is a consultant orthopaedic surgeon at Auckland City Hospital, having been there also for ten years.

For appointments at Ascot contact Maxine

Ph: (09) 522 3793 Fax: (09) 522 3794

Email: [sjcmills.ascot@xtra.co.nz](mailto:sjcmills.ascot@xtra.co.nz)

Level 1, Ascot Integrated Hospital, 90 Greenlane Road East, Remuera, Auckland



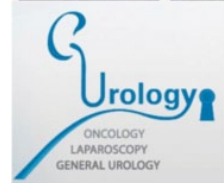
## Mr Misch Neill – Urological Surgeon

Misch trained in New Zealand prior to completing a two year Society of Urologic Oncology Fellowship in Toronto, Canada, followed by a one year fellowship in advanced laparoscopic urology in the UK. He is a public consultant and clinical trials investigator at North Shore Hospital, provides acute on-call care at Auckland City Hospital and consults in private at The Northern Clinic, 212 Wairau Road, Glenfield.

Please call (09) 309 0912

Email: [misch@aucklandurologist.co.nz](mailto:misch@aucklandurologist.co.nz)

[www.aucklandurologist.co.nz](http://www.aucklandurologist.co.nz)



## The NZ Respiratory & Sleep Institute

is based at Ascot Office Park in Greenlane, Auckland. We are a private specialist medical practice providing respiratory and sleep clinical consultation, lung function testing, sleep testing, clinical research, sleep psychology and respiratory physiotherapy.

Specialists in the practice:

- A.Prof. Jeffrey Garrett
- Dr Stuart Jones
- Dr Chris Lewis
- Dr Mark O'Carroll
- Dr Conor O'Dochartaigh
- Dr Andrew Veale
- Dr Kenneth Whyte
- Dr Elaine Yap

Sleep Psychologist/Health Psychologist:

- Dr Anna Clarkson
- Maree Young

Respiratory Physiotherapist:

- Sarah Mooney

Urgent advice is available every day and urgent visits can be accommodated.

[www.nzrsi.health.nz](http://www.nzrsi.health.nz) Telephone: (09) 638 5255. Fax (09) 638 6022

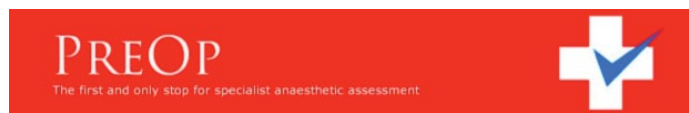
**Mr Bruce Peat** is a NZ trained plastic surgeon specialising in skin cancer, hand surgery, trauma surgery, head and neck surgery and reconstructive plastic surgery. He completed clinical fellowships in Canada, USA and England before returning to a consultant plastic surgery appointment at Middlemore Hospital where he has worked as Head of Department. He continues to work at Middlemore and Auckland Hospitals and consults privately from the Eastcare Specialist Centre at Botany and Handworks Clinic at Newmarket.

For appointments please call:

Eastcare (09) 277 1540 or Handworks (09) 529 7461







**PreOp** is Auckland's first pre-operative assessment service in private. It is based centrally at Gilgit Road, behind Epsom's Mercy Hospital. PreOp's anaesthesia consultants can see any self funding, insured, or ACC patients with ARTP approval. The assessment and documentation are comprehensive; designed in conjunction with Meredith Connell the Crown Health Solicitors to enhance the medico legal position of all involved. Ring or fax us a referral. We will do the rest.

Consultants are: Dr John Foy, Dr Graham Morton

Phone: 0800 GOPREOP or 021 175 0058

Fax: (09) 623 7519



**Rodney Surgical Centre** is a private surgical facility in Warkworth. Established in 2009, it has a dedicated team of highly qualified & experienced staff. Certified with two state of the art operating rooms, a procedure room and endoscopy service.

Our specialties include, but are not limited to: general surgery, cataract surgery, gynaecology, orthopaedic, plastic & cosmetic surgery, ocular plastic surgery, endoscopy and a skin cancer clinic.

See our Healthpoint profile or visit [www.rodneysurgicalcentre.co.nz](http://www.rodneysurgicalcentre.co.nz)

## Mr Robin Smart – Urologist

Mr Smart consults mainly from his rooms at Mt Hobson Road in Remuera but also holds clinics at Counties Care in Papakura and Eastcare in Howick. He has a broad interest in all areas of urology with a special expertise in prostate cancer, PSA issues, renal and ureteric management and urinary incontinence.

For appointments please call: (09) 530 9007



**Dr Suppiah** is a NZ trained rheumatologist who currently works for Counties Manukau and Auckland DHBs. He has experience in all areas of rheumatology, musculoskeletal and sports medicine and has recently returned from post fellowship training in Oxford (UK). He has an academic interest in systemic vasculitis and has published research papers and book chapters in this area.

To refer private patients:

Fax: (09) 442 1526

Healthlink: northern

Email: [referrals@aucklandrheumatology.co.nz](mailto:referrals@aucklandrheumatology.co.nz)

[www.aucklandrheumatology.co.nz](http://www.aucklandrheumatology.co.nz)



## TRINITYMRI

BRAIN, SPINE & NEUROVASCULAR IMAGING

All examinations at Trinity MRI are planned and reported by Auckland Hospital specialist neuroradiologists Drs Ayton Hope, Maurice Moriarty and Ben McGuinness.

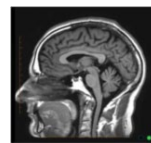
We provide state of the art imaging in a modern and comfortable facility with easy access and free undercover parking.

Phone: (09) 522 0848, Fax: (09) 522 0849

96c Carlton Gore Road, Newmarket

Email: [info@trinitymri.co.nz](mailto:info@trinitymri.co.nz)

[www.trinitymri.co.nz](http://www.trinitymri.co.nz)



## Mrs Eva Juhasz, Mr Michael Booth, Mr Richard Harman, Mr Mike Hulme-Moir

We are a group of general surgeons all with subspecialty interests who work together in the private sector to provide a multidisciplinary service to your patients. We also individually hold public appointments at Waitemata District Health Board.

The following multidisciplinary services are available:

- Breast Clinic
- Gall Bladder Surgery
- Melanoma & Skin Lesion Clinic
- Reflux Disease
- Upper Gastrointestinal Malignancy
- Colorectal Clinic
- Hernia Clinic: Laparoscopic and Open Mesh Repair
- Obesity Clinic
- Management Thyroid and Endocrine Clinic
- Varicose Vein Clinic

For all appointments please phone: (09) 441 2750, fax: (09) 441 2759 EDI: WAITEMAS

Waitemata Surgeons are Affiliated Providers to Southern Cross HealthCare.

## Professor John Windsor

is a general surgeon with extensive experience in laparoscopic surgery for gallstones, reflux, achalasia, and spleen disorders. His specialty interests are pancreatic, biliary and gastro-oesophageal surgery.

John would be happy to see your patient at the Mercy Specialist Centre, usually within a week of referral.

For appointments please phone

(09) 623 7126 or fax (09) 630 8589

Visit website on [www.windsorsurgery.com](http://www.windsorsurgery.com)



If you are interested in profiling yourself and your services please email [info@healthpoint.co.nz](mailto:info@healthpoint.co.nz) or phone (09) 630 0828

[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

## Auckland DHB

### Changes in the way ADHB outpatient radiology requests are booked (stage 2)



We have changed the process for scheduling appointments for your patients. These are significant changes. Please read this carefully. These changes have resulted in:

- Waiting times for GP ultrasound appointments reducing from 8 months to 3 months
- DNA Rate now <5% cf. > 20% in past
- 38% of Invite letters sent have resulted in referrals being returned to the GP. Because: (1) the patient did not reply to the "invitation to phone" letter, or (2) we were subsequently unable to contact them by phone, or (3) they called because they no longer required the appointment.

#### Inaccuracy of patient details continues to be a problem

- » 39% of respondents claimed that they did not receive an appointment letter.
- » 20% forgot about the appointment or were confused with another appointment.
- » 14% no longer required the ultrasound.
- » From mid April 2011 we are extending this process to include GP radiology requests for the modalities other than ultrasound.

#### **The process will be:**

Semi-Acute process

- Scheduler calls patient
    - › If contact is successful, address details are confirmed and appointment made
- Standard process where appointment will be booked greater than 4 weeks from triage

- Scheduler sends a letter inviting the patient to contact the scheduler within 2 weeks
  - › If the patient responds within this period
    - » Appointment is made and confirmation letter sent to patient
  - › If no response to invitation to contact letter after 2 weeks
    - » Scheduler calls patient
      - » If contact is successful, address details are confirmed and appointment made
      - » If contact is unsuccessful Scheduler returns referral to GP (with explanation) to follow up with patient (semi-acute+standard)
      - » If no contact received within 1 week, referral request is cancelled

Please check your patient data (current phone number) before faxing referral.

## Northland DHB



Since our last article to you we have completed the revamp of the ENT site.

The focus of this site is two-fold.

Firstly, what services they provide, what are the referral criteria and what information is required in the referral. Secondly, guidance on the primary care management of these conditions. As always we ask that where you identify gaps you hit the feedback button and tell us what you think they are, so we can address them.

We have also added two new services, Dietetics and Dermatology. The Dermatology service information has been developed to support the recently launched revamped outpatient service that we offer. This is a capped service and our aim is to ensure better access for those patients with true secondary care needs. To this end the Healthpoint site provides guidance on the primary care management of common skin conditions as well as guidance on when to refer and what to include in the referral.

We are gradually working through all the services on Healthpoint and reviewing the content to ensure they meet your needs but if there is one you would like us to review ASAP we will happily oblige. Win and I as GPLs are also happy to provide practice based support for staff in the use of Healthpoint. For either of these things, give us a ring or send us an email.

**Contact Di Davis - [dianne.davis@northlanddhb.org.nz](mailto:dianne.davis@northlanddhb.org.nz)**

**or Win Bennett - [winfield.bennett@northlanddhb.org.nz](mailto:winfield.bennett@northlanddhb.org.nz)**

## Counties Manukau DHB

### Chronic Pain Service

The Chronic Pain Service is located at Manukau SuperClinic and provides an outpatient clinic for residents within the CMDHB area.



CMDHB work in collaboration with a patient's GP and expect that all referrals will be made in consultation with their GP. All referrals are reviewed by a multidisciplinary team who assesses the appropriateness of the referral, discusses it with the most appropriate team member to see the patient and establishes a priority rating for how urgently they need to be seen. If you have a patient that might benefit from this service, please see more info on Healthpoint re the Referral Criteria, Triage Categories & Process and Contact Details.

### Obstetrics & Gynaecology

New Primary Care Management and Referral Guidelines have been added to Healthpoint for Gynaecology Outpatient (GOP) and Colposcopy Outpatient Clinics at CMDHB.

### Counties Manukau Palliative Care Network

The DHB services, including Home Health Community services and hospital, together with hospice and residential services, are all working together to provide the best palliative support services for all people in Counties Manukau.

Please go to Healthpoint for info on the Referral Process, Generalist Palliative Care Guidelines, Patient Resources and Advance Care Discussion.

### Advisory Lines for General Practitioners

The CMDHB Palliative Care Specialist Advisory Line for General Practitioners is available 24/7. Phone (09) 276 0000 and ask for the Palliative Care Specialist. Patients do not have to be identified as requiring specialist palliative care.

## Waitemata DHB



### New Information on Healthpoint

Intensive Care Unit/High Dependency Unit information has been added to the list of services.

Primary Health Care service information has also been added. This will help patients and consumers find a general practice which suits them.

### Allied Health Service Restructure Update

Allied Health service information has been updated to reflect the restructure of the service's workforce. Allied Health includes areas such as physiotherapy and social work, pharmacy and cardiac sonography.

The restructure has created a 'round table' approach, which enables discussion about research, innovations, developments and ways of working together so patients receive the best service possible.

### Multicultural Information added to Diabetes Service

Waitemata DHB has loaded a resource about basic nutrition for people with diabetes in the following languages: English, Arabic, Chinese, Cook Island, Maori, Gujarati, Hindi, Maori, Mandarin (Simplified and Traditional), Niuean, Punjabi, Samoan, Tongan and Vietnamese.

These are easily accessible under Referral Protocols and Guidelines and can either be printed and handed to patients, or the patients can access them directly under Procedures and Treatments in the consumer area of the Diabetes service.

Patients can also find information here about starting insulin for Type II diabetes in English, Chinese, Korean and Samoan.

If you can't find what you are looking for on Healthpoint, or if you think the information on Waitemata DHB services can be improved, please let us know.

**Contact Joan Duignan by emailing [joan.duignan@waitematadhb.govt.nz](mailto:joan.duignan@waitematadhb.govt.nz) or telephone (09) 486 8920 ext 2037**