

info matters



A newsletter to all Medical Specialists and GPs throughout the Auckland and Northland regions

December 2012

Healthpoint News

Healthpoint have added new information on medical services in the CMDHB and WDHB regions

In the CMDHB region, GP practice information, along with the GPs who work there, has been added from the 1st October 2012. Approximately 60% of practices to date have in-depth information for consumers on who they are, what services they provide and which doctors work there. This information complements GP profile information already live in the ADHB and WDHB regions.

In the WDHB region, maternity providers (LMC providers) have been added from the 1st October 2012. This includes obstetricians, midwives and a few GPs. The information enables consumers to find an LMC provider by suburb, to understand their philosophy, find where they work and how to make an appointment. This complements information already provided on Healthpoint in the ADHB region.

The expectation is that the list of all service providers in these areas will be complete by early December.

If you are not yet included please contact Will Mitchell via email: will@healthpoint.co.nz

Searching for a private specialist

You can use the medical professional only search engine to find private specialists.

Firstly log into the Healthpoint site with your unique username and password.

Look for the light blue box, select your region, click on private and key in the procedure you are interested in;

in this instance hernia. Click on the arrow to the right and get a list of all private specialists in Auckland and Northland who have 'hernia' highlighted in their profiles.

See screenshot opposite.

Search Hospitals & Specialists: hernia

Search Healthpoint

Region: All regions (change)

Limit to: All DHB Private

Services Consultants

Keywords: hernia

Search results for "hernia" (25 matches)

Type	Result	Scope
Specialist	Mr Lincoln Israel	General Surgery
Specialist	Mr David Moss	General Surgery
Specialist	Mr Grant Baban	General Surgery
Specialist	Mrs Anna Kolbe	Paediatric Surgery
Specialist	Mr Gary Stone	General Surgery
Specialist	Mr Andrew Bowker	General Surgery
Specialist	Professor John Windsor	General Surgery
Specialist	Mr Rishi Ram	General Surgery
Specialist	Mr Michael Rodgers	General Surgery
Specialist	Dr Stephen Dunn	General Surgery
Specialist	Mr Luigi Sussman	General Surgery
Specialist	Mr Julian Hayes	General Surgery
Specialist	Mr Andrew Hill	General Surgery
Specialist	Mr Habib Rahman	General Surgery

www.healthpoint.co.nz

To view go to: www.healthpoint.co.nz

November was 'World Lung Cancer Awareness Month'

Please visit the yellow tab on the left hand side of the Healthpoint home page titled 'Cancer Support'. www.healthpoint.co.nz

Lung cancer is the leading cause of cancer death in New Zealand. Dr Wendy Stevens, from the University of Auckland, conducted an audit of lung cancer care from presentation to secondary care to treatment in 2004. At this time, five year survival from lung cancer was 10.2% in New Zealand, compared to 13% in Australia and 15% in the US.

The audit revealed that:

- More patients presented to secondary care via an acute admission (36%) than as an outpatient referral to respiratory medicine via their GP (29%)
- Patients presenting via ED more often had advanced, incurable disease
- Diagnosis and treatment was often subject to lengthy delays, particularly noticeable in outpatients (often with potentially curable disease)
- Only 28% of patients were presented at a thoracic multidisciplinary meeting (thought to be the gold standard approach to management)
- Rates of delivery of anti-cancer therapies (surgery, radiotherapy, chemotherapy) were low, and below those in comparable countries
- Maori patients were 2.5 times more likely to have locally advanced disease, and 4 times less likely to receive curative therapies compared to Europeans by multi-variate analysis.

In 2007 a multidisciplinary study was also set up, led by Dr Wendy Stevens and funded by the Health Research Council. Entitled "Barriers to the timely diagnosis and management of lung cancer and description of best practice solutions", this study has now finished and detailed reports are available at www.northerncancernetwork.org.nz

Several recommendations were made including:

- The use of E-referral systems (rather than fax) with regionally consistent investigation and referral pathways.
- To expedite investigations and specialist assessment; systematic approach to action referrals to secondary care in a timely and appropriate manner
- Improve communication between primary and secondary care, and with the patient/family/whanau

As a result general practice can play a large part in earlier diagnosis and referral for these patients. Please see Healthpoint for referral information into the respiratory service at ADHB.

WALKING FROM THE SHOPS TO YOUR CAR ISN'T AN ENDURANCE EVENT.

If you're experiencing shortness of breath, coughing or chest pain visit your doctor.

LUNG CANCER: CATCH IT BEFORE IT CATCHES UP WITH YOU.

November is World Lung Cancer Awareness Month. Over 1500 New Zealanders die from lung cancer annually. To see how healthy your lungs are, visit www.lungfoundation.com.au

*MoH (2012) Cancer: New Registrations and Deaths 2009



Kiwis are a nation of do-it-yourselfers and this attitude extends to health innovation

Why buy off the shelf when, with a bit of creative thinking outside the square, tinkering, tailoring, testing, and tweaking, we can come up with world-class solutions to universal health challenges?

The New Zealand Health Innovation Hub has been created to help nurture and grow New Zealand's health technology industry and to support the widespread adoption of leading innovations developed within the public health sector.

The Hub will bring together health and industry innovators, streamlining progression from concept to prototype to clinical validation and commercial success.

New Zealand has some of the sharpest minds at the frontline of healthcare, and our private sector health industry partners are keen to collaborate to improve health and the economy.

Key Board appointments for New Zealand's new Health Innovation Hub include: Dr Murray Horn as its inaugural chairman and Sir Ray Avery as deputy chair.



www.heartgroup.co.nz

- ♥ NZ's leading private cardiology group
- ♥ Assessment, diagnosis & treatment of adult and paediatric hearts
- ♥ A personalised, supportive, compassionate service
- ♥ Seven outpatient clinics throughout Auckland
- ♥ 22 cardiologists sharing knowledge, experience and specialisation
- ♥ Learning environment using latest technology
- ♥ Research resulting in leading techniques

AUCKLAND HEART GROUP



OSTEOPOROSIS: Risk Assessment & Management

Auckland Bone Density provides Auckland's most comprehensive DXA bone density assessment and advice service.

Auckland Bone Density (ABD) has scanners in the Auckland region at: Henderson, Albany, Takapuna, Epsom and Botany.

BONE SPECIALISTS:

- Prof Ian Holdaway
- Assoc Prof Geoff Braatvedt
- Dr Patrick Frenghley
- Assoc Prof Warwick Bagg
- Prof Ian Reid
- Dr Brandon Orr-Walker
- Assoc Prof Andrew Grey

For appointments, Ph: (09) 623 2301 or Fax: (09) 623 2302
Email: admin@bonedensity.co.nz Website: www.bonedensity.co.nz



A partnership between MercyAscot and Southern Cross Hospitals

Auckland Radiation Oncology

Since opening the doors in 2008, Auckland Radiation Oncology has established itself as a treatment centre of the highest regard. Benchmarked against both New Zealand facilities and international standards, ARO's quality of care, the calibre of the clinicians and the equipment and treatment techniques are second to none.

For timely access to treatment without compromise contact Auckland Radiation Oncology Ph: (09) 623 6046 or visit: www.aro.co.nz

Mr Douglas Barclay – Gynaecologist

Douglas joined Ascot Central Women's Clinic in August 2012.

He is a UK trained gynaecologist with special interests in minimal access surgery including laparoscopic hysterectomy, treatment of endometriosis, ovarian cyst removal and hysteroscopy.

He trained in South West England – Bristol and Plymouth. He has been a consultant at Middlemore Hospital, Auckland, since moving to New Zealand with his family in 2009. At Middlemore he organises laparoscopic education for trainee gynaecologists.

Please Ph: (09) 520 9361 or Fax: (09) 520 9362 for appointments



Mr Adam Bartlett – Hepato-Pancreatico-Biliary (HPB) and General Surgeon

Adam Bartlett is a general surgeon specialising in hepato-pancreatico-biliary (HPB) and laparoscopic surgery who trained in New Zealand and completed a three year HPB fellowship in London, UK. He has a particular interest in benign and malignant disease in the liver, bile ducts, and pancreas. This includes primary and metastatic liver, gallbladder and pancreatic cancer. He performs both laparoscopic and open liver and pancreas surgery and is experienced in laparoscopic hernia repair and cholecystectomy. Adam consults at 148 Gillies Avenue, and operates at both Laparoscopy Auckland and Mercy Hospital.

For appointments please Ph: (09) 623 4789, Fax: (09) 623 6662 or Mobile: (021) 241 4647



Associate Professor Geoff Braatvedt – Endocrinologist, Diabetologist and Physician

Geoff Braatvedt has been a consultant endocrinologist, diabetologist and physician at Auckland City and Greenlane Hospitals since 1992 and has been in private practice at the Mercy Specialist's Centre since 1995. He is associate professor of medicine at the University of Auckland and has more than

50 publications. He welcomes referrals for adults with any endocrine disorder (including osteoporosis and diabetes) and provides an onsite thyroid ultrasound and biopsy service.

For referrals please phone the Medical Specialist's Group on: (09) 623 1170. Geoff can be called directly for advice on: (0274) 362 867



If you are interested in profiling yourself and your services please email info@healthpoint.co.nz or phone (09) 630 0828



**Dr Bernie Brenner – Gynaecologist
and Dr Laura Silk – Gynaecologist**

The Pelvic Floor Clinic has a philosophy to offer the highest standard of care. The practice is equipped with the very latest in high technology instrumentation including high resolution ultrasound which is used as part of every check-up.

Bernie Brenner, who is synonymous with the Pelvic Floor Clinic on Shakespeare Rd, Milford, has been joined by Dr Laura Silk, a generalist gynaecologist trained in the United States with an interest in general gynaecology, dysfunctional uterine bleeding, fibroids, endometriosis and colposcopy.

To find out more please see our Healthpoint profile or contact us on Ph: (09) 486 0182, Email: reception@pelvicfloorclinic.co.nz

**Mr Andrew Bowker –
Laparoscopic Surgeon**

Andrew was involved in general surgical laparoscopy from the outset and his early experience with laparoscopic gallbladder removal led to pioneering work with hernia repair and anti-reflux surgery.



He has accrued what is probably the worlds largest individual series of laparoscopic hernia repairs and has trained many of his New Zealand colleagues on hernia repair and runs teaching courses allied to his busy full time private practice. He has also recently commenced doing single port laparoscopic cholecystectomies, a procedure which shows some promise, mainly from a cosmetic point of view. He has presented his laparoscopic experience at conferences locally and internationally.

For referrals please Ph: (09) 630 0223, Fax: (09) 630 0220
Mobile: (027) 498 8358
or Email andrewbowker@laparoscopyauckland.co.nz

**Dr Carl Eagleton –
Endocrinologist
& Specialist
Physician**



Carl Eagleton is an experienced Auckland trained endocrinologist & specialist physician working at Mercy Specialist Centre & Middlemore Hospital.

Carl is clinical head of internal medicine at Middlemore Hospital. He has expertise in endocrinology and diabetes as well as endocrine disorders complicating pregnancy. He has broad experience in internal medicine including the management of patients with multiple medical co-morbidities and welcomes referrals covering all aspects of endocrinology, diabetes, internal medicine and medical disorders in pregnancy.

For appointments please Ph: (09) 623 1170, Fax: (09) 623 1172
or Email: admin@medspecs.co.nz. For advice Ph: (0273) 620 056

**Eastwood
Orthopaedic Clinic**

Ph 09 522 0103

Eastwood Orthopaedic Clinic

welcomes four new surgeons to their group alongside Richard Nicol and Andrew Campbell. This follows the retirement of Barry Tietjens after his long and successful career with our practice.

Joining our team are Andrew Graydon, Duncan Ferguson, Jacob Munro and Michael Rosenfeldt. All NZ trained, with international subspecialty experience.

Our main clinic rooms are located in Remuera.
Main line Ph: (09) 522 0103, Fax: (09) 522 0107 HDI: eastwood



**DO YOU HAVE PATIENTS WHO NEED A
COLONOSCOPY OR A GASTROSCOPY?**

...TALK TO US AT MERCYASCOT ENDOSCOPY WHERE WE OFFER A COMPREHENSIVE ENDOSCOPY SERVICE.

Contact us:

MercyAscot Endoscopy, MercyAscot Hospital
98 Mountain Road
Healthlink ID: [escopema](#)
Ph: (09) 623 5725, Fax: (09) 623 5704

MercyAscot Endoscopy North Shore
46 Taharoto Road, Takapuna, North Shore
Healthlink ID: [escopema](#)
Ph: (09) 486 4346, Fax: (09) 486 4347

MercyAscot Endoscopy is an Affiliated Provider to Southern Cross Health Society.

To view referral guidelines, visit: mercyascot.co.nz

**Mr David Mills -
Otolaryngology/
Head and Neck Surgeon**

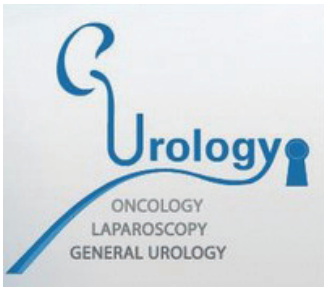


David is a general otolaryngologist, covering all areas of the specialty including: general paediatric, otology and head and neck surgery. He has particular interests in rhinology, both functional and cosmetic, and sleep apnoea and snoring.

He trained locally then furthered his career at the UC Davis Medical Centre in Sacramento, California where he was the Fellow in Head and Neck Surgery and at Ninewells Hospital, Dundee, Scotland where he developed an interest in endoscopic sinus surgery.

David currently works at Counties Manukau DHB and has private rooms and operates at Gillies Hospital and Clinic and He has a secondary clinic at Dilworth Hearing, 260 Botany Road, which he attends three sessions a week.

For appointments please Ph: (09) 631 1947, Fax: (09) 631 1957



Dr Mischel Neill – Urologist

Misch trained in New Zealand prior to completing a two year Society of Urologic Oncology Fellowship in Toronto, Canada, a one year fellowship in advanced laparoscopic urology in the UK and robotic surgical training in San Francisco. He is a public consultant and clinical trials investigator at North Shore Hospital. He consults in private at The Northern Clinic, 212 Wairau Road, Glenfield and at Ascot Central, 7 Ellerslie Racecourse Drive, Remuera.

Please Ph: (09) 309 0912 or Email: misch@aucklandurologist.co.nz
www.aucklandurologist.co.nz

Mr Luigi Sussman – General and Laparoscopic Surgeon

Luigi is in fulltime private practice and is also the founder and managing director of the Auckland Regional Charity Hospital (ARCH). He consults in Milford, Red Beach and Warkworth.



His special interests include laparoscopic surgery for:

- Gallstones and gallbladder problems
- Gastro-oesophageal reflux disease (GORD)
- Abdominal hernias including - umbilical, inguinal, incisional and ventral
- Colorectal surgery
- Haemorrhoids fissures and fistulae
- Pilonidal sinus surgery with flap repairs.

He is a Southern Cross affiliated provider for:

- Gastroscopy and Colonoscopy - both diagnostic and therapeutic
- Varicose veins surgery.

For all appointments Ph: (09) 486 5486, Fax: (09) 486 0184
Email: tolife@xtra.co.nz

For information on the Charity hospital: please see www.arch.net.nz – referral criteria and forms.

The Phobic Trust – Anxiety Disorders Clinic

is a registered charitable trust established in New Zealand to provide specialist treatment, education and support specifically to anxiety disorder sufferers.

The Anxiety Disorders Clinic at St Lukes provides specialist treatment for anxiety disorders and associated issues via a multidisciplinary clinical team. Nationally, the 24 hour 0800 Phobic Phone Line helps thousands of people all over the country who are in crisis; suffering from panic attacks and phobias with literally nowhere else to turn. This number is 0800 14 ANXIETY (0800 14 2694 389) and is available 24 hours every day, 365 days a year.

Referrals are accepted from general practitioners, the community mental health services, CADs (community alcohol and drug services), mental health workers, the courts, school counsellors and other health professionals.

Please Ph: (09) 846 9776, Fax (09) 849 2375
Email: clinic@phobic.org.nz



Vermont Street Specialists

Vermont Street Specialists is made up of a group of individual specialists, practising as solo entities and consisting of psychiatrists: Drs Rob Shieff, Ian Godwin and Pamela Bennett. Clinical psychologists include: Gwendoline Smith and Lisa Cohen.

25 Vermont Street
Ponsonby



Dr Rob Shieff is a general adult consultant psychiatrist. His main areas relate to the evaluation and management of mood disorders – major depression, bipolar affective disorder and the anxiety disorders. Rob has also undertaken extensive training in cognitive behaviour therapy (CBT), which forms the core of his psychotherapeutic approach to understanding and treating psychological problems.

Dr Ian Goodwin is a consultant psychiatrist with subspecialty training in consultation-liaison psychiatry (the interaction between physical and mental illness) and forensic psychiatry. He currently also works at the Mason Clinic in Auckland where he is deputy director.

Dr Pam Bennett is an experienced clinical psychiatrist. Her clinical work informs her research, which examines mental health and wellbeing from Maori perspectives and studies mental health amongst indigenous peoples across the lifespan.

Gwendoline Smith is a clinical consultant psychologist with a specialty in the treatment of depression and anxiety conditions. She is also a published author in this area and her book can be found at <http://www.depressionexplained.com/>

Lisa Cohen is a consultant clinical psychologist who works collaboratively and holistically with each client using techniques specifically suited to the individual's needs to empower the client and their families/whanau.

Clients: Private and ACC including Mental and Physical injuries.
We are all passionate professionals committed to the wellbeing of our clients. For appointments please Ph: (09) 360 0360

Dr Walter Van Der Merwe – Nephrologist

Walter is a nephrologist with a special interest in the management of all forms of hypertension. He is interested in any referrals for patients with hypertension which appears to be resistant or refractory to treatment. There is a lot of interest about the place of renal sympathetic denervation; – if you have a patient in whom you are considering this, please refer them initially to ensure firstly that underlying secondary causes have been excluded, and that pharmacological options have been genuinely exhausted. Walter has several ambulatory blood pressure monitors because he believes ambulatory monitoring has a central place in the diagnosis and management of hypertension. He also sees patients with all forms of acute and chronic kidney disease.



For referrals Ph: (09) 918 1666 or Fax: (09) 523 6890

Dr James Watt – Musculoskeletal & Interventional Pain Specialist

MPM (Musculoskeletal Pain Management). Musculoskeletal disturbance is a frequent cause of both acute and chronic pain presentation.

A treatment and management programme can be designed, frequently to cure, often to relieve or to manage this pain and improve the patient's quality of life.

Management options include:

- biomechanical advice and treatment to alter loading and wear
- pharmacological management to target the pain generator
- interventional pain management procedures. This can include spinal injection, blocks and radiofrequency ablation procedures. These, when done in accordance with specific protocols, offer the only management option capable of reducing facet joint pain to VAS = 0.

For appointments please Ph: (09) 479 4130, Fax: (09) 479 4121
or Email: info@muscpainmed.co.nz



Auckland DHB

Auckland DHB Waiting Times:

Current outpatient waiting times for Auckland DHB are published and regularly updated on Healthpoint. You will find them on the Auckland DHB home page, at the top right under important links.



Mohs referral:

Mohs micrographic surgery is a highly effective and advanced treatment for skin cancer. It offers cure rates of up to 99% because the tumour is precisely removed and analysed layer by layer under the microscope during the procedure, and prior to reconstruction of the wound. The surgeon is also the pathologist. An important additional benefit is its ability to minimise the removal of normal tissue surrounding the tumour, leading to a smaller defect and a superior cosmetic outcome. The visible part of a skin cancer is often only the "tip of the iceberg"; so-called roots of cancer cells unseen clinically may spread deep and wide, and are only visible to examination under a microscope.

What are the advantages of Mohs surgery?

- By aiming to evaluate 100% of the surgical margin, it provides the highest assurance that all the cancer cells are removed during surgery
- The amount of normal tissue loss is minimised and, as a result, the functional and cosmetic outcome can be maximised
- The pathology (microscopic evaluation) is performed on the day by the Mohs surgeon, so there is no waiting for results following surgery
- It can cure skin cancers where other methods have failed

ADHB is unique and fortunate to have this type of surgery available in the public health sector. It is provided by Dr Todd Gunson, a fellow of the American College of Mohs Surgery, assisted by specialist laboratory and nursing staff. **The referral information required is the same as that for any skin cancer referral to the Dermatology Department. However, because of resource limitations, the criteria for acceptance of cases for this procedure are necessarily strict. It is therefore very helpful to state the specific features that make the tumour particularly suited to Mohs surgery. Such features include: head and neck location (particularly surrounding important structures such as nose, lips, ears and eyes), recurrent tumour, poorly defined clinical margins, aggressive histological subtypes (eg micronodular, infiltrating, morphoeic BCC).**

Counties Manukau DHB



GP practices in the CMDHB district are now profiled on Healthpoint. This is exciting news for the GP practices. The in-depth information on each practice is to inform consumers. Each profile describes the practice, the opening hours, languages spoken, the services provided and the GPs involved, as well as all the contact details. This is in a consistent and easy to search format. Being part of Healthpoint means these profiles will be well prioritised in Google.

Service Updates

The Kidz First Outpatient Care – Developmental, Disability and Behavioural service has added detailed new information for referrers to help access their services. Primary Care and other specific organisations in the community can refer to this service, so the referral information, including the school report template, is available on both the consumer and the medical professional areas of Healthpoint.

Kidz First Public Health Nursing (PHN) has recently introduced upgraded ear clinic systems, processes and nursing protocols. Part of this is that a written referral is now required. Full referral criteria, lists of clinic locations and times and a letter on ear wax softening for parents are available in their information for Medical Professionals.

Kidz First Hearing and Vision Testing information has been merged into the Kidz First Public Health Nursing service information. This includes new information on the Newborn Hearing Screening Programme. You can easily find this information by typing 'hearing screening' or 'newborn hearing' into the search box (don't forget you must be logged in).

Access, Training and Feedback

If you have any GPs or practice nurses new to your practice or who may like a quick training session on accessing and using Healthpoint please contact Nikki Rhind, Primary Care Communications Co-ordinator, and she will arrange a time to visit.

If you have any feedback or requests for referral information please either contact Nikki Rhind directly or click on the feedback box found on all clinical information pages.

Nikki.rhind@cmdhb.org.nz Ph: (09) 276 0044 ext 9077

Waitemata DHB

Hip / Knee Referrals - Prioritisation Tool



Hip and knee referral templates are now available via regional eReferral for orthopaedics – if your General Practice has eReferral available please refer your patients to Waitemata DHB using the eReferral templates. Downloadable copies are also available on Healthpoint.

There are links on Healthpoint if your patient should be considered for joint arthroplasty surgery.

You must complete the pre-operative screening tool if you wish your patient to be considered for surgery – this will enable the DHB to stream your patients into the best pre-operative management plan for their health needs and to triage patients to fast-track surgery if appropriate.

The pre-operative screening tool is now available on eReferral, with a copy also on Healthpoint.

The same information and tools are available for hernia repair referrals including the pre-operative screening tool.

To find these you can look at the orthopaedic service for hip/knee and general surgery for hernia or you can use the search box under the DHB logos to locate them.

Other services which have changes and updated information – include:

Community Dietetics

This includes referral and service contact details, referral expectations, entry criteria, information about the service and an information sheet.

Community OT

This includes referral and service contact details, referral expectations, entry criteria and an information sheet.

Community Physiotherapy

This includes referral and service contact details, referral expectations, entry criteria, information about the service and an information sheet.

Community Continence Physiotherapy

This includes referral and service contact details, referral expectations, entry criteria and an information sheet.

Community Social Work

This includes referral and service contact details, referral expectations, entry criteria and an information sheet.

Community Speech Language Therapy

This includes referral and service contact details, referral expectations, entry criteria, information about the service and an information sheet.

If there is any information you think should be included on Healthpoint for any Waitemata DHB service and which is currently not there, please contact Joan Duignan on: Ph (09) 486 8920 ext. 2037 or Email Joan.Duignan@waitematadhb.govt.nz

Northland DHB



Since the last update we have added the anaesthetics service to Healthpoint. This has a strong consumer focus with information about types of anaesthetics, the pre-assessment clinic and what to do if you have medication changes or illness prior to planned surgery.

On the medical professional site there is information around these later two issues and other information that is targeted to GPs.

With the introduction of electronic prioritisation, Healthpoint is becoming much more important. It gives the specialist the option of directing you to management or assessment information thus avoiding the need for your patient to have to wait for the clinic.

Given this, many of our services are continuously adding information in response to frequently asked questions from you.

- The child health service have recently added information on allergies and learning difficulties.
- The general surgery site has updated their referral criteria for femoral and inguinal hernias and varicose veins.
- The breast service has updated their assessment pathway for women with breast pain. This should fit the referral criteria for unilateral, intractable and nonresponsiveness to medical treatment.
- The neurology service has added a treatment protocol for headaches.
- The orthopaedic service is undergoing a major review and there have been a number of additions to the site with more to come.
- The ophthalmology service has recently updated their hydroxychloroquine guidelines as well as adding cataract referral guidelines.

All services are keen to ensure their sites are useful to you, so please, where you find gaps, let us know so we can address them.

Di Davis, GP Liaison.